

Women Appreciate.

the silky texture—the satiny smoothness—the luxurious warmth and comfort—of

Stanfield's Truro-Knit Ladies' Underwear

It's made of carefully selected wool—the kind used in the best grades of fingering yarn. The process of cleaning, combing, and knitting, makes it impossible for the woven garments to shrink. We—and your dealer—guarantee "Truro-Knit" Underwear absolutely unshrinkable. We—and your dealer—stand ready at any time to refund your money should Stanfield's "Truro-Knit" Underwear prove otherwise. All sizes to perfectly fit every figure.



BRISTOL WOODWORKING FACTORY

Having Repaired and Replaced Machinery, is ready to do First-Class Work at lowest possible prices.

—MANUFACTURERS OF—
**DOORS SASH MOULDINGS
HOUSE FINISH SHEATHING ETC.,
STAIR WORK.**

Prices to suit the times.
Estimates given. Orders promptly executed.
Write or call.

JOHN J. HAYWARD,
BRISTOL, N. B.

Elephant Paints
Are the Best
For All Purposes.

SEMPLER BROS., Agents.
Plumbing

—AND—
Tinwork
in connection with
Semple Bros.,
HARDWARE,
East Florenceville.

MUSICAL HEADQUARTERS.

Pianos

Mason & Risch, Bell,
Dominion, Karn.

Organs

Bell, Dominion, Karn.

Sewing Machines

The New Williams.

Violins, Mandolins, Harmonicas,
Banjos, Accordions. A full line of
first-class strings always in stock.

C. R. WATSON, Agent,
Woodstock, N. B.

HOW TO AVOID PNEUMONIA.

Over-Heated Houses one Cause—Cold Should not be Neglected.

Pneumonia is the despair of the medical profession. While the death rate from many other diseases has been reduced, that of pneumonia has steadily increased. While in 1860 pneumonia claimed 10,000 Chicagoans and consumption 20,000 in 1900 20 lives were lost to pneumonia for every 15 to consumption.

Not only is there no specific for pneumonia, but many people are to an extent in the incipient stages of the disease without knowing it. This is due to the fact that the bacterium of pneumonia exists so commonly in the saliva of many healthy persons that it is considered "almost a normal inhabitant of the upper part of the digestive tract."

During the six months of the coming winter more than 2100 persons in this city will become victims of pneumonia. Nobody will be immune from the summons of the death captain. It will be served upon the strong as well as upon the weak.

But there are certain rules of living which will reduce one's liability to the disease. From the bulletins of the health department and from other authoritative sources the following rules may be set down for observance:

Do not overheat the house. Most people habitually dwell in apartments the temperature of which is from three to ten degrees too high.

Wear light underwear and heavy overcoats rather than heavy underwear and light overcoats.

Avoid mingling with crowds when extremely tired or when food has not been taken for a longer interval than usual. Avoid becoming chilled when overtired.

Admit into all rooms where you live and work plenty of sunlight and fresh air.

Keep warm when indoors even if it is necessary to build fires in seasons when it is unusual to do so. Avoid indoor chill and dampness as much as possible. For this reason be careful to remove the chill before moving into apartments freshly papered or calomined.

Be careful during variable weather. Where there is continual cold or constant warmth the disease is little known.

If you have an attack of the grip be unusually careful about your diet and about exposing yourself to the weather. Neglected colds develop into pneumonia with startling rapidity.

Take plenty of exercise in the sunlight and fresh air. A good nursing is practically the only cure for pneumonia, so good living is practically the only preventive. — Chicago Tribune.

Thought he was at Home.

An Irishman somewhat under the influence of liquor, ambling toward home on a recent evening, happened to pass a church, and, being attracted by the sound of the music, paused for a while and then staggered toward the entrance.

With his natural bump of caution, however, he looked at the spire to see that the proper kind of cross was on it, for to the mind of most good Catholics it would be almost a sacrilege to go into a Protestant church. He saw the cross, which apparently satisfied his scruples, and he went in, sitting down in a pew near the door.

The heat being somewhat oppressive, he fell asleep.

After the service had ended the sexton began at the altar to turn out the lights.

Coming down the aisle he tripped over the foot of the sleeping man in the pew, and, looking down, diagnosed the case in a moment.

He gave the sleeping man a shake and said: "See here, my good man, wake up and get out of here at once. You are in the wrong place anyway—this is not your church."

The Irishman sat up, rubbed his eyes, and, developing an argumentative strain, said in a rather thick, guttural voice:

"It ain't my church? Whose church is it if it ain't mine?"

"This is the Protestant Episcopal church."

"It's no such thing!"

"I tell you it is, and you must get out of here."

He straightened himself up, and, pointing a weaverly finger toward the altar, said:

"Isn't that the statue of St. Joseph up there on the right?"

The sexton was forced to reply in the affirmative.

"Ain't that the Virgin's statue on the left?"

"Yes," replied the sexton.

"What is that in the centre?"

"That is the statue of our saviour."

The Irishman, with a look of mingled triumph and contempt, said, looking the sexton as nearly in the eye as he could:

"For God's sake, whin did thim turn Protestants?" — [Lippincott's Magazine.]

The Teeth at Fault

A naval surgeon writing to one of the medical journals on the connection between physical degeneration and dental degeneration observes that the teeth of Negroes, Malays,

WOODSTOCK, N. B., OCT. 19, 1904.

Chinese, and Japanese are vastly superior to that of the ordinary European or American. The European and American are, of course he says, handicapped by the obsession of civilization; but in spite of this the masses are less careful to cleanse their mouths after eating than are the Orientals and Negroes. In addition to careful cleansing of the mouth these uncultured people are almost constantly chewing sugar-cane, betel-nut or other detergent; and it is the first of these, sugar-cane, that he considers a remedy by means of which dental caries might be very much diminished. All that is required is to implant in the British palate the taste for sugar-cane, which "besides being of benefit to the teeth and musculature of the jaws, also obviates the occasional bad results of eating the many colored atrocities sold as sweets." It is an interesting proposition, the one is not quite sure what the naval surgeon means by the obsession of civilization, but it is very doubtful if the practice of cane-chewing would arrest the decline of the teeth of civilized races. It is at least as probable that the decay of teeth is the result of physical degeneration as that it is the cause of it. In the vicious reactions of teeth on digestion and of digestion on teeth no one can say quite where the trouble begins.

**All Used Up
By Headaches.**

**Could Not Eat or Work—
Powders and Quick Cures
of no Avail—Lasting Cure
Obtained From**

**Dr. Chase's
Nerve Food.**

This case of Mr. Barber well illustrates the way in which Dr. Chase's Nerve Food cures headaches.

He tried the so called "quick cures" first, but without obtaining benefit. It is a well known fact that such remedies when they do bring temporary relief do so with a tremendous waste of nerve force and consequent injury to the system.

Dr. Chase's Nerve Food cures by enriching the blood, vitalizing the nerves and building up the system. Headache, as well as all other symptoms of an exhausted system, disappear before its influence. Its cures are lasting because it removes the cause of trouble.

Mr. O. Barber, Simcoe, Ont., writes: "Dr. Chase's Nerve Food is a splendid medicine. I was troubled for a long time with headaches, which would come on once a week with such violence that I could not eat or do my work. I tried headache powders and quick cures, which did no good."

"About eight months ago I took six boxes of Dr. Chase's Nerve Food, and I have not been troubled with headache since. It made a thorough and lasting cure."

Dr. Chase's Nerve Food, 50 cents a box, six boxes for \$2.50, at all dealers, or Edman-son, Bates & Co., Toronto. To protect you against imitations, the portrait and signature of Dr. A. W. Chase, the famous receipt book author, are on every box.

Baron Rothschild's Pun.

Owen Wister, the novelist, was talking about puns. "I detest puns," he said, "but Fanny Kemble, who was my grandmother, used to tell one made by a certain Baron Rothschild that was good of its kind. The baron was dining out, and some one spoke of venison. 'I,' said the baron, 'never eats venison. I think it is not so coot ash motton.'

'Oh, absurd!' some one exclaimed. 'If mutton is better than venison, why isn't it more expensive?' The baron laughed, overcome by the brilliancy of the pun that had just come to him. Then he said and his dialect came in very handy, 'The reason why venison is more expensive than mutton is that the people always prefer vat ish deer to vat is sheep.'

TO CURE A COLD IN ONE DAY

Take LAXATIVE BROMO QUININE Tablets. All druggists refund the money if it fails to cure. E. W. Grove's signature is on each box. 25c.

Both Wrong.

Scene—Scotch wayside station; train approaching—Sandy, to his master—"Here's yer train, sir."

Master, who has his own ideas about correct speech—"That's not my train, but rather the train I'm going by."

But it happened to be a special train and didn't stop at the station, whereupon Sandy exclaimed: "we's baith wrang, for it's neither your train nor the ane ye're gaun by, but it's the ane that's gane by you!"

The Place For a Pupil.

"And there is one thing about the pupil of the eye that I can't say about lots of other pupils," remarked the teacher.

"What is that?" asked the scholars in chorus.

"It: it always found up around the head."

Miss Withers—"You are blushing. Coral! What was that clumsy partner of yours saying?" Miss Kuisely—"Oh nothing; only that before he met me, life seemed a desert to him." "Miss Withers—"That is no reason why he should waltz like a dromedary, is it?" — [Town and County.]

I AM WITH YOU

Once more telling you it is time to look over your Sleighs and Pungs, and should they need Painting, remember that McKenzie will try to suit you both in Workmanship and Price. It is well to have them done early giving the varnish all the time you can to harden which gives you a lasting job. Call and see me.

**Shop at Hull & Glidden's,
King Street, next Wollen Mill.**

Yours respectfully,

JOHN MCKENZIE,
Carriage and Sleigh Painter.

Sept. 14-2m

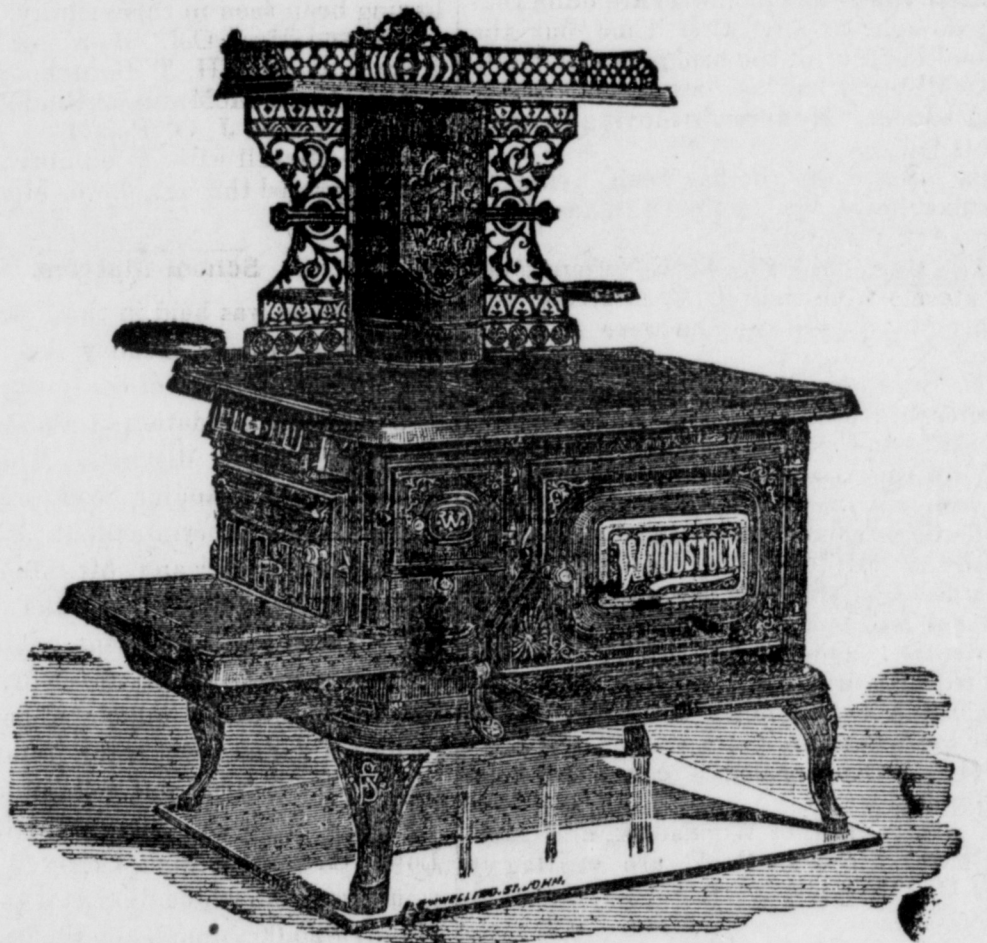
**Comparison of Three
Septennial Periods.**

	New Business	Force	
1888.....	\$1,413,171	\$2,213,937	
1889.....	2,598,217	9,068,862	
1890.....	3,554,960	17,494,170	
1900.....	5,884,890	32,625,063	
*Excluding monthly plan.			
	Income	Assets	Net Surplus
1888.....	\$ 81,014	\$ 151,135	\$ 8,430
1889.....	291,741	816,710	71,365
1890.....	641,788	2,515,833	421,546
1900.....	1,381,364	5,625,801	550,237
*Excluding monthly plan.			
	1903	1902	Increase
Premium Income.....	\$1,132,616.91	\$1,049,652.74	\$82,964.17
Interest Income.....	248,746.78	221,187.47	27,559.31
Insurance Issued.....	5,884,890.00	5,773,905.00	110,985.00
Net Surplus.....	550,236.76	515,044.76	35,192.00

WRIGHT & EVERETT,
PROVINCIAL MANAGERS, ST. JOHN, N. B.

A. C. CALDER, Barrister-at-Law,
District Agent, Woodstock, N. B.

THE WOODSTOCK RANGE.



The Methodist Parsonage, Jacksonville, Carleton Co., N. B., Oct. 11th, 1902

Messrs. Small & Fisher, Woodstock:
Gentlemen,—After upwards of thirty years experience with a large variety of cook stoves, none has ever given the satisfaction derived from your "Woodstock". It is a perfect heater and baker, keeps the water tank hot day and night, with less fuel than any stove we have ever had in our parsonages.

Yours faithfully, JOHN C. BERRIE.
P. S.—I kept the fire going night and day from the 1st of October to the end of March with less than five cords of hardwood.—J.C.B.

SMALL & FISHER COMPANY, Limited,
WOODSTOCK, N. B.

NOTICE.

Having recently installed a Generator, we are prepared to supply power to run factories, water works, etc.

Woodstock Electric Light Co'y,
LIMITED.



MAIL CONTRACT.

SEALED TENDERS addressed to the Postmaster General, will be received at Ottawa until noon, on Friday, the 18th November, 1904, for the conveyance of His Majesty's Mails, on a proposed contract for four years, six times per week each way, between Williamstown and Woodstock, from the 1st January next.

**THE BEST
PLUMBING**

At most reasonable prices is what I am offering the public. Estimates cheerfully furnished on any kind of work in my line. A full line of materials of all kinds. Aqueduct Pipe at specially low rates. All work guaranteed first class.

I. C. CHURCHILL,
Connell Street, Woodstock

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VICTORIA HOTEL,

ST. JOHN N. B.

D. W. McCORMICK, - Proprietor

JUNCTION HOUSE,

Newburg Junction

Meals on arrival of all trains First-class
R. B. OWENS, Proprietor