

**Effects of Tennis and Golf.**

Which is it better, asks a writer in the New York Sun, for a girl to play, golf or tennis, if she has proper regard for her good looks and her health—and her nerves? Or should she play either? Does incessant golf or lawn tennis impart its stamp on the girls and women who are adepts? Is there a golf face and figure distinct from the lawn tennis face and figure? Among the benefits claimed for lawn tennis are the special ones that to play well improves the carriage of the body, imparts a grace of motion and gives lightness to the step—the tripping walk of the poets—aside from the general benefits of the exercise to the entire system. On the other side of the account is the argument that the game draws too heavily on the physical and nervous force, and is by far too exhausting. In support of this charge it is asserted that a composite picture would show the average woman tennis player to be spare of body, lithe and quick of movements and of nervous tense facial expression. Placidity, on the contrary, would beam from the face of the woman golfer shown in a composite picture, while her figure would be solid of bone and flesh, without any degree of corpulency, yet broad of shoulders and hips in the true proportion to the height. These, it is asserted, are the results of the upbuilding effects of the pastime, the combination of the arm swinging in the strokes and the long walks which exercise the hidden muscles of the body to a greater degree than lawn tennis, while there is at no time a sudden shock to the nervous system.

These are indications that hard golf is less prostrating than hard lawn tennis, and bear out the statement that there is less waste of mental or physical tissue on the links than in the courts. At golf there is always the interval between strokes to permit the player to gather herself together in the restful walk onward to where the ball lies; but at lawn tennis there is no let up, and however panting, the player must keep in action.

Many women through nervousness are not at their best on the first hole of an important golf match, but the manifestation is a matter of temperament. With bolder temperaments the first tee is approached in the spirit with which a war horse goes into battle, and the result sometimes is a fozzled drive from pressing due to over eagerness. At lawn tennis the woman who is nervous is apt to suffer from the reaction on the physical powers; for, expect in the brief time between sets, she has no restful soothing intervals of relaxation from active play. On the other hand, she may be too busy to think of her nerves, and this is a happy relief.

The special strain in playing in singles at lawn tennis—which makes it the most strenuous game played with a ball, rests in the fact that the player must always go for the ball. At court tennis, racquets, squash or handball the player may save himself by waiting for the ball to come to him from the back or side walls, but to make a return at lawn tennis demands unceasing vigilance.

To this continuous effort is due the wearing effect of lawn tennis on the physique of its feminine adherents; but, while married women are seldom prominent in the game, it is to be doubted that the hard work has any further effect than to banish plumpness and a rounded contour during the time of tournament activity and training.

Beauty lies in the eye of the beholder, and in these days of clinging, billowy skirts and veils the fact that lawn tennis is the enemy to every ounce of adipose matter may be one of the reasons for its charms to many women. Aside from this the women themselves are admirers of the fast tournament play, and more than one who is charged with toying with the racquet would no doubt, had she her way, or the necessary skill, become an aspirant for championship honors.

**The Calendar.**

Eugene Aram is among the few robbers and murderers whose life has become the theme both of a novel and a poem. He was born in Yorkshire, where he received a fair school. Then he became a clerk in a London counting house. Returning to his native place, Aram set up a school and married unfortunately. He next lived at Knaresborough, where, by great application, he obtained an extensive knowledge of Greek, Hebrew and Latin. All this took place before 1744. In that year he came again to London and was engaged as an usher at a school in Piccadilly. Here he added to his store of knowledge by studying Chaldee, Arabic and Celtic. He seemed to be the last person who would commit a murder and robbery. In 1758 some workmen digging at Knaresborough found the remains of a man who appeared to have been murdered. Fourteen years before a shoemaker named Clark had mysteriously disappeared. It was recollected that one Richard Housman was the last person seen in his company and the finding of the body led to the apprehension of Housman. Housman implicated Eugene Aram, and both were committed for trial, which, however, did not take place until the year following. It appears that the three men—Clark, Aram and Housman—entered into a conspiracy for borrowing as much valuable property as

possible, as if for Clark's wedding, and then dividing the spoil between them. Clark soon afterwards was missing and suspicion fell on the other two, but nothing definite was found out. It was then Aram left for London, deserting his wife, who had some suspicion of what he had done. Housman at the inquest said that Aram murdered Clark to conceal the evidence of the robbery; Aram denied this. At the trial Housman was acquitted of murder and turned King's evidence against Aram. Everything told heavily against him, but Aram conducted a most elaborate defence. He was found guilty and condemned to death. He made a partial confession and attempted to commit suicide, but was finally brought to London and was hanged at Tyburn, August 16th, 1759.

**Mark Twain and The Italian Verbs.**

Examination and inquiry showed me that the adjectives and such things were frank and fair-minded and straightforward, and did not shuffle; it was the Verb that mixed the hands, it was the Verb that lacked stability; it was the Verb that had no permanent opinion about anything; it was the Verb that was always dodging the issue and putting out the light and making all the trouble.

I had noticed, in other foreign languages, that verbs are bred in families, and that the members of each family have certain features or resemblances that are common to that family and distinguish it from the other families—the other kin, the cousins and what not. I had noticed that this family mark is not usually the nose or the hair, so to speak, but the tail—the Termination and that these tails are quite definitely differentiated; inasmuch that an expert can tell a Pluperfect from a Subjunctive by its tail as easily and as certainly as a cowboy can tell a cow from a horse by the like process, the result of observation and culture. I should explain that I am speaking of legitimate verbs, those verbs which in the slang of the grammar are called Regular. There are others—I am not meaning to conceal this; others called irregulars, born out of wedlock, of unknown and uninteresting parentage, and naturally destitute of family resemblances as regards all features, tails included. But of these pathetic outcasts I have nothing to say. I do not approve of them; I do not encourage them; I am prudishly delicate and sensitive, and I do not allow them to be used in my presence.—[Mark Twain in Harper's Magazine.]

**CHEER UP.**

**There Are Millions of People Much Worse off Than You Are.**

Cheer up. The world is taking your photograph. Look pleasant. Of course you have your troubles, troubles you cannot tell the policeman. A whole lot of things bother you, of course. Business worries or domestic sorrows, it may be, or what not. You find life a rugged road whose stones hurt your feet. Nevertheless cheer up.

It may be your real disease is selfishness—ingrown selfishness. Your life is too self centered. You imagine your tribulations are worse than others bear. You feel sorry for yourself—the meanest sort of pity. It is a pathetic illusion. Rid yourself of that and cheer up.

What right have you to carry a picture of your woebegone face and funeral ways about among your fellows, who have troubles of their own? If you must whine or sulk or scowl, take a car and go to the woods or to the unfrequented lanes.

Cheer up. Your ills are largely imaginary. If you were really on the brink of bankruptcy, or if there were no thoroughfare through your sorrows, you would clear your brows, set your teeth and make the best of it.

Cheer up. You are making a hypothetical case out of your troubles and suffering from a self inflicted verdict. You are borrowing trouble and paying a high rate of interest.

Cheer up. Why, man alive, in a ten minute walk you may see a score of people worse of than you are. And here you are digging your own grave and playing palbearer into the bargain. Man alive, you must do your work. Smile even though it be through your tears, which speedily dry. And cheer up.—Milwaukee Journal.

Honesty was one of the fundamental traits of John's Hopkins' character as the following illustrates: He had been sent by his mother to borrow a flat-iron of a neighbor, and the latter offered him a piece of pumpkin pie. "No, thank you, I don't want any pie," and the red-faced boy started home. Half way there the pie and his conscience were too much for him. He wheeled about and knocked again at the neighbor's door, his face redder than ever. "I lied," he explained; "I did want that pie."—What to Eat.

The Joyful Inebriate—"Scuse me, woo' you min' tellin' me which is the other side of the street?"

The Other Man—Why, over the road, of course. What—

The Joyful Inebriate—Thanksh aw'f'ly. I was over jes' now, an' tha' fool of a copper tol' me it was this side.—Pick Me-Up.

"I am afraid you are one of those people who look down on toil."

"Not all all," answered the luxurious youth. "My great-great-grandfather worked hard and invested his money, and we are quite pleased with him for doing so."—Washington Star.

**NEW GOODS!**

**NEW GOODS!**

1904 Fall Season 1904

**WE HAVE JUST OPENED**

**10 Cases of Ladies', Misses' and Children's Cloth Jackets for Fall and Winter Wear,**

And we want you to see them. Every style is worthy your inspection, yet the prices are kept within bounds at popular figures, which will please our customers. When in town, call, we have in store a surprise for our customers. If you are not one of them we invite you to become one. We are receiving new good every day.

**15 CASES OF FURS**

Have just arrived, consisting of Ladies' and Gent's Fur Coats, Ladies' and Gents' Caps Gauntlet Gloves, Ladies Fur Ruffs, Collars, Muffs, etc. We are now exhibiting the latest creations in Ladies' Neck Furs, consisting of Alaska Sable, Mink, Martin, Grey Lamb, Thibet, Astrachan, etc.

**50 Cases of French All Wool Flannels and Flannelettes,**

Elegant and Handsome Patterns. See our Display in Front Window at

**15 CENTS PER YARD.**

You can get the right styles here.

The balance of our Summer Goods will be sold Below Cost.

**Oak Hall.**

**B. B. MANZER.**

**MARRIED.**

WEAVER-DIBBLEE.—At Christ Church, Woodstock, on the 17th instant, by Rev. Horace E. Dibblee, M. A., assisted by Ven. Archdeacon Neales, M. A., Rector of Woodstock, Walter J. Weaver, M. D., of Fredericton, and Emily Gertrude, daughter of the late Livingston Dibblee, Esq.

**DIED.**

WHITEHOUSE.—At Knowlesville, Carleton Co., N. B., August 13th, of paralysis, Maggie M., aged 48 years, beloved wife of Prince Whitehouse, leaving a husband, four children, five brothers and three sisters to mourn their loss.

**Deafness Cannot be Cured**

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surfaces. We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars, free.

F. J. CHENEY & CO., Toledo, O. Sold by Druggists, 75c. Take Hall's Family Pills for constipation.

**Senate Vacancies.**

When the two new senatorships for the North West Territories and the three existing vacancies are filled the government will command a majority of seventeen in the Upper House of Parliament. It is hard to realize the mortality that the last few years has shown in the Senate when one recalls that eight years ago the Conservative party commanded a plurality of more than sixty, or, in other words, had the Red Chamber practically to themselves. The three existing vacancies are for Nova Scotia, New Brunswick and Ontario respectively, caused by the refusal of Mr. Rufus Currie, of Windsor, to accept a proffered appointment, the death of the Hon. William Dever of St. John, and the death of the Hon. Mr. Aikins, of Toronto.

**WOODSTOCK WOOD-WORKING COMPANY, LIMITED,**

MANUFACTURERS OF

**Doors, Sashes, Blinds, School Desks, Sheathing, Flooring and House Finish of all kinds.**

We employ a first-class Turner, and make a specialty of Church, Stair, and Verandah work. Call and see our stock or write for prices before purchasing. All orders promptly attended to.

Just imported, a consignment of No. 1 White Wood.

Clapboards for sale.

N. B. Telephone No. 68-3.

Union Telephone No. 119.

**WANTED.**

A second-class female teacher for District No. 2, Middle Simonds. Applicants will address the undersigned stating salary. CHARLES RAYMOND, Sec'y to Trustees. Aug. 10-21.

**TEACHER WANTED.**

First or second class female teacher for school District No. 1, Parishes of Gordon and Lorne. Apply to MILES E. FLADERS, Sec'y, School Trustees, Maple View, Victoria County, N. B.

**TEACHER WANTED.**

A female teacher for school District No. 17. Apply stating salary to the Secretary of School Trustees, South Knowlesville, Carleton County. 4, Aug. 10.

**NOTICE.**

Having recently installed a Generator, we are prepared to supply power to run factories, water works, etc.

**Woodstock Electric Light Co'y, LIMITED.**

**Intercolonial Railway.**

**Tender for Cribwork Protection.**

Sealed tenders, addressed to the undersigned, and marked on the outside "Tender for Cribwork, Grand Narrows," will be received up to and including

FRIDAY, THE 2ND DAY OF SEPTEMBER, 1904, for the construction of a Cribwork Protection to the bridge at GRAND NARROWS.

Plans and specification may be seen at the Station Master's office, at Grand Narrows, N. S., and at the Chief Engineer's office, Moncton, N. B., where forms of tender may be obtained. All the conditions of the specification must be complied with.

D. POTTINGER, General Manager. Railway Office, Moncton, N. B. August 18th, 1904.

**FOR SALE OR RENT.**

Two houses and store at Debec Junction, 12 mile from Woodstock, 8 from Houlton on the C. P. R. Best farming country, all round. Steam saw mill and grist mill will soon be in operation, good water and fishing boating, &c. Grand chance for good doctor, dentist, carpenters, shoemaker, blacksmith, milliner, dressmaker or wide awake business men. Inquire of DE. A. H. HENDERSON, Debec. June 22nd-3mos.

**FOR SALE**

A Tornado Separator made by Connell Bros. Will be sold at a bargain. Apply to FRED M. EVERETT, Jacksonville, Carleton County. Aug. 4, 4m.

**VIM TEA is PURE CEYLON and INDIAN.**