FREE!

A Little Essay About Girls.

There is one good result which I firmly believe girls are going to get out of their collective life in college and that is a fuller development of the sense of honor. This is a delicate subject. Everyone knows that women are generally better than men. Their standards of purity and temperance and reverence and kindness and self-sacrifice are higher, and they are more in earnest about living up to them. But one thing is lacking, a clearer conception and a stronger sense of the fine flower of fair dealing which is called honor.

Women are inclined (remember, I am speaking collectively, and with a full allowance for a multitude of beautiful exceptions) to think somewhat lightly of obligations which rest merely upon a tacit understanding and mutual confidence. They are not trained in a state of things in which a nod of the head amounts to a binding contract, and a gesture of the hand is a promise to pay good money. They have so long enjoyed the privlege of changing their minds that they regard it as a reserved right, only surrendered when they have actually signed a document. Within the limits of the law they will do their best to get out of things that they do not like. It is not easy for them to see why they should not take an advantage when it is for their interest to do so. They have a tendency to regard the states of love and war as perpetual and universal, and to deal with their rivals and their enemies according to the old maxim which says that everything is fair under those conditions.

College life sometimes develops a peculiar form of self importance which cannot be regarded as agreeable or useful either in its masculine or in its feminine form. It may be called the academic vanity; and it comes from mistaking the little world of college for the big world in which it is only the vestibules. You will see every now and then a young person who has made this mistake; a collegian, whose college spirit is a form of selfcomplacency, and who exercises a bland contempt or a painful condescension towards all outsiders: a prize winner or a class idol whose successes have resulted in a visible enlargement of the cranial circumference. Girls as well as men are subject to the attacks of this bacillus of the big head. The megacephalous microbe is less frequent among girls than among men, and its effects are likely to discovery. Dr. Lapponi, however, has availbe of shorter duration. They seldom last more than two or three years after graduation. As a rule, I think you will find that girls who have had the benefit of collective life are characterized by a certain straightforwardness and level-headedness which makes them easy to get on with. Supercilious airs and self-complacent assumptions are more rare among them than among the girls whose experience of life has been confined to the mirror-lined spartments of a luxurious home and the echoing solitudes of what is called "society."

The Abstemious Japanese.

In the war between Russia and Japan the problem of furnishing a food supply will be for both countries one of the hardest to solve, and will limit the number of men that can be put into the field. In this, says the author of "Japanese Physical Training," great advantage will lie with the little islanders because of the amount of work they are able to do on a small amount of food.

The Japanese are naturally abstemious in the matter of eating. Rice is the staple of diet, with dried fish as almost the only meatand with plenty of vegetables and fruit when they can be obtained.

An American traveler in Nagasaki was amazed one day at seeing the swiftness with which the Japanese men and women, boys and girls, passed baskets of coal from lighter to ship, chattering meanwhile as if it were but a picnic in which they were engaged. When noon came and they stopped for lunch, he went among them and examined their provisions. One had an apple, a tomato, and an onion. Another had two tomatoes and a tiny rice cake. Of the man with the onion the traveler asked:

"Is that all you have?"

"Why yes," was the reply, "I would not care to eat any more just now, for I have five hours' more work this afternoon."

"What did you eat for breakfast?" "Oh, something very fine; a bowl of rice with some little strips of dried fish."

"And what will you est tonight, when work is done?'

"Probably some boiled fresh fish, lettuce, tomatoes, onions and cucumbers."

Accustomed to such a light diet from infiney, the Japanese builds great endurance on it. On the road to Pekin the Japanese soldiers outmarched even the Americans, and at the end of a day required only a handful of rice and a kettle of boiling water to prepare a diet which met every requirement.

He married his typewriter; made quite a

And now he's her "darling Jim:" For fully five years he dictated to her, But now she's dictating to him.

THE POPE'S DOCTOR.

AN INTERESTING SKETCH OF A FAMOUS CHARACTER.

How He Differs From His Canadian Colleagues -An Example Worthy of Being Followed.

Dr Lapponi, the famous physician to the Vatican, whose name has recently come so greatly to the from on account of his unremitting attention to His Holiness the late Pope, Leo XIII., and the high esteem with which he is regarded by the present Pope, His Holiness Pope X., is a man of commanding genius. But he is something more than that. He is more than a mere man of science. He is a man of original and independent mind. He stands out among medical men of all nations, themselves the flower of the world's intellect, by reason of of his fine independent personality. He has had differences with his fellow scientists. But no one has ever disputed for an instant the remarkable nature of his professional attainments or the unflinching integrity of his porsonal character. He is afraid of no man. But he has a higher courage still. He is not afraid of the bugbear of professional etiquette which frightens even some of the greatest doctor. As an example of this may be mentioned

one very interesting respect in which he has differed from the medical men of this country. The latter are trammelled by medical etiduette. No one disputes their scientific skill or their unselfish devotion to their work. But they are limited to their work by one remarkable scruple. They will prescribe and experiment with drugs of all kinds sanctioned by the Pharmacopoeia or newly introduced; but where a medical discovery, even when it is the life work of a regular practising physician, is recommended to the general public by a manufacturer, professional etiquette steps in and frightens them. No matter how overwhelming the evidence of what such a discovery, when sold as a proprietary medicine, has accomplished, they look coldly upon it and will rarely admit that they have used it with success. It would be 'unprofessional" to do so! Dr. Lapponi is troubled by no such scruples. For instance the numerous remarkable cures which have been proved by newspaper reports, independently investigated, to have been accomplished by the medicine sold in Canada under the name of Dr. Williams' Pink Pills for Pale People, must be known to all Canadian doctors. They have been published far and wide. There can be no doubt of their accuracy. The names and addresses of the men and women cured are freely published. Their statements have been investigated by some of the most important newspapers in this country and abroad. No ono has ever attempted to dispute the facts. But Canadian doctors have never cared to admit publicly that they have availed themselves of this ed himself of Dr. Williams' discovery, and has, in his own fearless, had no hesitation in making the fact publicly known. The following letter, with his signature, freely avows the facts and endorses the value of Dr. Williams' Pink Pills with an authority no one will venture to question.

TRANSLATION.

"I certify that I have tried Dr. Williams' Pink Pills, in four cases of the simple anaemia of development. After a few weeks of treat. ment, the result came fully up to my expectations. For that reason I shall not fail in the future to extend the use of this laudable preparation, not only in the treatment of other morbid forms of the category of anaemia or chlorosis, but also in cases of neurasthenia and the like.

Dr. Giuseppe Lapponi, Via dei Gracchi 332, Rome.

(Signed) The "simple anaemia of development" referred to by Dr. Laponni is of course that tired, languid condition of young girls whose development to womanhood is tardy, and whose health, at the period of that develop ment, is so often imperilled. His opinion of the value of Dr. Williams' Pink Pills at that time is of the highest scientific authority, and it confirms the many published cases in which anaemia and other diseases of the blood as well as the nervous diseases, referred to by Dr. Laponni, have been cure by these pills, which, it need hardly be mentioned, owe their efficacy to their power of making new blood, and thus acting directly on the digestive and nervous system. In all cases of anaemia, threatened consumption, decline, indigestion, kidney disease and all affectious of the nerves, as St. Vitus' dance, paralysis and locomotor ataxia, they are commended to the confidence of the public, and now that they have received the emphatic endorsement of so high a professional authority as Dr. Lapponi, the trusted physician of the Vatican, they will be accepted by the medical and scientific world at their true value.

All Things to all Beliefs.

A certain woman of a lively disposition and much beloved in her circle says that she is woman suffragist once a year: at the time of the annual dinner. "They have such a lot of ice-cream and strawberries!" she exclaims, with sparkling eyes. The New York Times tells another story to mate with this:

A woman in Brooklyn who is active in promoting the suffrage cause in that city tried recently to induce a lively young matron to join the Woman's Republican League. She met with a flat refusal. "But your husband is a Republician, and you belong to the Woman Suffrage Association."

"I belong to the Suffage Association and to the Anti-Suffrage Association," was the placid reply. "I like the women in one and the refreshments in the other. But honestly, I don't believe in either!"

"I hope Rockfeller won't give away any more millions for a while!" "Why?"

"Because I am paying all I can afford for

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Call and See us.

We will be please to explain how to get a DINNER SET FREE.



We want you to come and get a Dinner Set FREE whether you have been a regular customer in the past or not.

The pattern is a Scroll Design of rare beauty, lavishly interwoven with gold tracing; in fact, we have spared no expense in making it the most beautiful pattern ever imported from the Famous Staffordshire Potteries.

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Splendid assortment and exceptional values in Black Goods, leading shades and popular weaves.

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We have sole control of the Northway Garments, noted for Style, Fit and Finish. A fine range of Ladies' Skirts, Coats and Rain Coats, at popular prices.

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Clothing and Furnishings. Sole agent for the leading brands of Clothing. Fit-Reform, Royal Brand, Lion Brand, and many other lines which are the best values to be had in the market.

Do not miss this opportunity, but come and trade with

THE BUSY DRY GOODS STORE.

B. B. MANZER. Oak Hall.

MARRIED.

PELCHIE-CRAIG. - At the residence of the bride's mother, Mrs. Mary Pelchie, May 11th, Lincoln Craig and Georgie Pelchie, both of Forest Glen, were united in marriage by Rev. R. W. Dem-

DIED.

RICKETSON.—At Woodstock, May 10th, Winifred Cynthia, eldest daugther of the late Jordan and Irene Ricketson.

WATSON .- At Salmon River, Victoria County, May 10th, Lydia, beloved wife of Chas. Watson, aged 45 years. She leaves a husband, seven sons and two daughters to mourn the loss of a good wife and devoted mother.

lan Maclaren's Views.

Was there ever such cant as to defend horse-racing because in secures a good breed of horses in the land, when we had to buy, by the hands of the most incapable agents, the rubbish of the world for mounting our cavalry, and then in many a case were outwitted and outridden by Boer farmers on native-bred ponies?--"Ian Maclaren."

Blessed shall be the statesman who shall recast the land laws and so renew the conditions of country life that people will begin to stream from the smoke and the noise, from the unhealthy competition and the crowded tenements, back to the quietness and the pure air, and the security, and the neighborliness of country life. - "Ian Maclaren."

A Modest Briton.

Like the traditional Englishman, Arthur Stanley, Dean of Westminister, wore home from his first visit to America an expression of amazement which only time could efface. He was at once beset by interviewers, says the author of "Out of the Past," who asked the usual questions.

"What was the thing which most impressed you in America?" was one of these. Without moment's hesitation Dean Stanley replied; "My own ignorance."

> Orange Meat The Nation's Cereal

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NOTICE OF PARTNERSHIP.

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have this day entered into partnership for the purpose of carrying

General Grocery Business.

They will be found at the store formerly occupied by R. E. Holyoke. April 30,-04, Tm.

A Right Idea.

There was a strain of romantic extravagance in Mr. Cecil Rhodes. He sometimes propounded theories of extreme and impossible socialism, and, what is more, he acted on them. "No man should ever leave money to his children," he once said; it is a curse to them. What we should do for our children, if we would do them the best service we can, is to give them the best training we can procure for them, and then turn them loose in the world without a sixpence. . . for any money you may have, it should all go to the public service—to the State in some

form or another."

What He Might Say. A fine specimen of an old-fashioned method

of political abuse was heard lately in the Senate of the United States. Senator M'Comas, having dealt in a speech with some remarks of Senator Wellington, the latter in his reply said: "If my colleague will at any time outside this Chamber say that what I have said is not true, I will say to him what I am restrained from saying to him now out of respect for the dignity of the Senatorthat he utter a cowardly and malicious false-

SUCCESS is generally merited. The success of

