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#### CHINESE FOOD PRODUCTS.

Beans a Leading Article of Diet in China. (From 'What to Eat.')

Dr. Yamei Kin, a Chinese woman doctor, now studying in America, gives some interest ing facts about Chinese food products. ()ne surprising thing Dr. Yamei Kin tells is that Chinese soy is made from a sort of red bean ground up and fermented. While fermenting it smells much like sauerkraut, only worse, The fermented product is shipped in large cases to England, where it is mixed with vinegar and other produc's and is sold as lives on beans as much as does the Boston qualified himself to pass the most rigid extype-writer girl. The bean in China is more like our small round cowpea. This is ground ane, mixed with water and a little lities of the British colonies and possessions salt. Then the water is pressed out and the by experience and study on the spot. We bean cake is sold to the poor. This bean cake may be mixed with other things, fish, chickens, etc. It is highly nutritious, and explains why the Chinese laborer can endure so much on so little food. Vegetables are eaten in quantities, and so are chickens and his station, but without consideration of ducks, incubador ducks being known in China one hundred or two hundred years before America discovered the incubator. Fish is popular but very little meat is eaten. An ninal is never killed to be eaten until it is too old to work; hence the Chinese do not like beef, considering it too tough. Pork is popular, and every family keeps one or two

The chinese are great cooks and love to give eleborate dinners. This is the chief means of entertaining in China. However, the dinner consists of sixty courses, and it takes several hours. The guests are seated at small tables, and ten courses are served. Then the tables are cleared and the guests enjoy games, matching poetry being a very old pastime in China. A guest receives half a couplet and supplies the other half. Impromptu verse making is another favorite Geo. Meredith, Sir Edwin Arnold and not a Chinese entertainment.

Rats and cats are not eaten save by the very poor in times of famine. The birds nests eaten are those of the sea swallow, which eats quantities of sea-weed until its craw is full. Then it selects a high cliff and builds its nest by throwing the seaweed, which is now in a mucilaginous state, from its mouth round and round until a small, clear ball is made. This ball is lined with feathers. The fishermen secure the nests by means of long poles. They are cleaned and scraped until they are like clear gelatine. incandescent light. But he evinced no great They are a great delicacy and only eaten by the rich. They taste much like the Iceland moss which we eat.

# A Prayer at Random.

Dr. Peabody-good old Dr. Peabody for so many years a shining and beneficent light at Harvard, where his truly noble nature endeared him to all who come under his influfluence, also had his amiable eccentricitieseccentricities that only served to make him more widely known and more singularly beloved. He was emphatically one of those whom the world will not willingly let die. Early in his clerical career he was hastily summoned to take the place of another misister who had fallen ill. Shortly after he had entered the pulpit a note was handed to him in which "The children of Mrs. Wilkinson requested the prayers of the church for the death of their mother." Having had no chance to inquire into the circumstances of Mrs. Wilkinson's death or her family affairs, the preacher drew the most natural inference, and offered such a prayer as he thought best fitted to comfort the bereaved ones, ending with the hope "that their youthful feet would be guided into the paths of virtue, piety, and true holiness." As his eyes were closed, he could not see the smiles, apparently irreverent, that settled upon the faces of his hearers, and if he had seen them he would have been at a loss to account for them. Some time after he learned, to his chagrin, that Mrs. Wilkinson had died at the age of ninety five, the oldest woman in the parish, and that her afflicted children were two old maids of sixtyfive and seventy years each each. It may be doubted if they received much comfort from the ministrations so feevently offered in their behalf."-Lippincott's."

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# Fairly Even Up.

know that you are not marrying me for my the shoe-horn or the buttonhook.

"It is an even break," replied the young man who was addicted to the clove habit. "How am I to know that you are not marrying me to reform me.-Chicago "News."

#### Famous Journalists.

By Joseph Hatton.

Lord Salisbury traveled without a servant, became a miner in Australian camps, roughed it, washed his own cloths and in later years showed his business capacity by dealing with the difficulties of an unluck railway company so successfully that he was presented with a splendid service of plate by grateful shareholders and directors. Not the least of his possessions in his estimation was that testi- in that sea. monial which occupied an important place in his dining-room at Hatfield. And, mind you amination in the nature, politics and possibiheard recently all about his to journalism in London for a living, rendered necessary because he had not altogether pleased his father by making a love match, not beneath money. Journalism is not a bad training for statesmanship. It helped Disraeli. Lord Milner was a journalist, and he was sent to South Africa by a Liberal government. John Morley may almost be said to be a journalist still, and Sir William Harcourt was one of the most brilliant pens on The Times. Apart from these notable instances of journalists who have become great statesmen, and interesting list might be complied of men who have adorned literature and art and might have been famous as legislators had they chosen to give up to politics what was meant for mankind: Joseph Cowen, Sir William Ling, Sir Edward Russell, Herbert Spencer, few others who served an apprenticeship on the newspaper press.

### How he Put it Out.

The Louisville "Herald" tells a story of the experiences of a countryman with an electric light. showing the embarrassments of the present day hotel to the rural mind. When Pius Whallen of Springfield, Ky., came to a Louisville hotel he saw his first surprise. It was not until he went to his room, where they bellboy had already switched the current, that he noticed there was no opening in the circular globe. He blew upon it gently, and was encouraged rather than disheartened to find that it did not blow back. But the encouragement turned to anger when a stronger whiff produced no result whatever. Mr. Whallen had strong lungs, and he did his best, his indignation increasing with each effort. To his great relief he noticed that the string by which the strange light was suspended contained a loop to shorten it. The light hung over the dresser. Mr. Whallen let out the loop and put the light in the top drawer of the dresser. He closed the drawer and found to his satisfaction that the room was in Stygian darkness. So he lay down and slept peacefully, with no light to annoy him.

# The Trouble With Thibet.

The history of the present trouble with Thibet dates back to 1886. A body of Thibetans then invaded Sikkim, a British protecorate, and it became necessary for the British to drive them out. In 1893 trade regulations with Thibet were drawn up by an Anglo-Chinese commission - Thibet being under the suzersinty of China-but Thibet has refused to recognize these agreements. The Indian government continued to make efforts to arrive at a satisfactory understanding, but to no purpose. British boundary pillars have been destroyed and encroachments continually made on our territories. Other means having failed, Colonel Younghusband was despatched by the Indian government into Thibet to confer with the Thibetan and Chinese officials.

# Some Fashion Don'ts.

Don't dress for golf until you can play it. The caddies have names for these things. Don't ask your tailor for a large check. He might respond with a similar request, Small checks are fashionable on both sides.

Den't go away with the wrong overcost, lest someone else goes away with the wrong

Don't, after you have pulled your boots "But," said the herress, "how am I to on, leave the tabs visible. You do not wer

# Facing Death Calmly.

caught in a terrible gale. The captain had in one and two pound wrappers, at this his wife on board, and when the wind was office

still rising he told her to go down below and sleep, for all was well

He remained on the bridge till the mate came up, and said, "We've done all we can. Hadn't you better tell the chaps to get out

"Yes, yes, any lad, if you think so," said. the captain, who knew the only chance left was whether to go down with the ship or in a small boat, which couldn't live ten seconds

The engineer came up with the news that the fires were all out, "Very well, my lads," Worcestershire sauce. The Chinese laborer he did not enter parliament until he had said the captain, quickly; "save yourselves if you can." "Won't you fetch your wife on deck, sir," asked one of the men. "No!" was the calm reply: "Let her sleep, poor, old girl. I am going down to have a smoke."

And smoking by the bedside of his sleeping wife, he went down with the ship.

A small boy of six, who was always wanting to do whatever his father did in the way of sports and games, said to his governess be a manly man like father when I grow up.' The governess asked him why he thought so. "'Cos don't you think I am rather a boyly boy now?" was the reply.

"Are you fond of sports, Mrs. Wheatpit?" "I ought to be, I married one."-Ex.

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Iufante White Muslin Dresses Infauts' Cream Cashmere Cloaks, Infants' Silk and Muslin Bonnets. Children's Cashmere Hose, pink, sky, car-dinal, cream, tan and black, Children's Muslin Hats, Children's White Dresses, etc.

MISS A. M. BOYER.

Woodstock, April 13, 1904.

# CAUTION.

The public are cautioned not to buy a promis-ory note made at Upper Wicklow dated October 14th, 1901, payable three years from date, for the sum of \$75.00 made by Eber J. Kearney, payable to Wendell Hutchinson and indorsed by him and by Mrs. Mary Hutchinson. The same has been lost and should be returned to me RUPERT HUTCHINSON.

April 20, 1mo

# "Barrister's Champion"

He is registered in the D. C. Stud Book 1222, and was sired by the old Scottish "Barrister" (Imp.) Has on his mother's side such horses as "McGill," "Lucky Lad," "Robert Bruce," "Columbus," etc. He is a blood bay, with white mark. ings, and has a sprightly upright carriage, with a spirit that would grace a French coach horse, legs and feet that cannot be beaten in the province, and although scarcely got his growth, tips the beam at nearly I700 pounds.

In offering the services of "Barrister's Champion" to the public for the season of 1904, we have a confidence of his superior merit as a stock getter by the grand test of a two years' service. that has resulted in some of the best stock this county has seen for a number of years.

Those intending to breed the coming season can make no mistake in using "Barrister's Champion as he not only possesses himself, but comes of a family, on both his sire's and dam's sides, that were the possessors of those essential qualities that go to make up an all round draft horse that sells at the top of the market.

"Barrister's Champion" will leave owner's stable on April 25th for Waterville, by way of Jacksonville. On Tuesday at Avondale. Returning home Wednesday. Will stand at Debec Thursday all day, returning to owner's stable Friday. Will stand all day Saturday at the Brunswick

Hotel stable. Terms: Single service \$5.00; to ensure **\$**8.00.

REID BROS., Owners. April 20-1m

Some few years ago a Swansea vessel was Butter Paper, printed and unprinted

#### The General Store.

- I'd know it by the sight of it, I'd know it by the I'd know it by the sound of it and know it mighty
- well; I'd know it if you set me down at mid-night, 'mid Of coffee bags and sugar bins and country butter
- With eyes shut, I can smell again the prints upon Amid the hickory shirting-you could do the same
- If you had lived among them in the days when life was bleak, And all you saw was in the town-say every other
- On that side is the candy-I can see it now, and,
- How good those striped sticks used to look in days of long ago! On this side is the muslin, with blue trade marks
- printed on,
  The bleached and unbleached, side by side; and here's some slazy lawn
- And dimity that wouldn't sell (they'd bought it by mistake); Some blacking, tans, and currycombs, with hoe and garden rake
- We used to carrry in the eggs and butter and we'd Our sugar, tea, and bluing, and the concentrated
- We used to wander back into the small room where they kept
  The "coal oil" and the axle grease—'twas hardly ever swept;
- But there it was we found the scales and weighed ourselves and said It wasn't like the steelyards in our old wagon
- 'Twas there that in the spring time pa would buy us all straw hats,
- The ten-cent kind made out of straw they use for making mats, In fall we got our footgear that must last the
- winter through,

  For pa said, "Them's yer winter boots—ye've got
  t' make 'em do."
- I've been in houses mercantile, that covered blocks I've seen the clerks that swarmed around in bevies and in flocks; I've seen the elevators; but I cannot make it seem
- Like anything substantial, for 'tis nothing but a very thoughtfully one day, "I think I shall To me the real "store" will be, as long as life shall That smelly country village place I knew there in
  - With just one clerk to sell you things-some fellow that you knew, Though sometimes on a circus day there'd be as
  - high as two. No fun to "do th' tradin'" like I used to, any
  - How clear is memory's picture of that "gen'ral" -Strickland W. Gillilan, in Leslie's weekly.

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April 13.1m