

WOODSTOCK, N. B., MAY 3, 1905.

Courtesy and Kindness.

What culture is to the scholar, and what perfume is to a flower, that courtesy is to a gentleman. Kindness makes the youth a happiness-maker. Courtesy is a delicate exhalation that sweetens the atmosphere. Good will diffuses itself in a genial glow. It has been said that a gentleman is for his companions' minds what an easy chair and a warm fire are for the body. It makes the youth consider the rights of others; and once the law of kindness is fixed in the heart, it manifests itself in goodfellowship, wholesome, ness, cordiality, and those refined attentions that go to make a youth popular among his companions. One day a friend asked a freshman in Harvard College why the boys always cheered a certain professor. Now, the freshman had never considered that point before, and he jumped at an answer, and he gave the right one: "Oh, he is so kind it always seems good to have him around."

Some people call courtesy a minor grace. But how can that virtue be little that lifted a professor to a throne and made him loom large above his fellows? Remember that roughness is a sign of weakness. Some men are so harsh that their softest word is a blow. There are blunt, brutal men who ride roughshod over their fellows and companions, and they say, "Oh, you mustn't mind me! It is a way I have." Suppose a porcupine were to say, "Don't mind my quills; it's a way I have." A hedgehog has its way, but the way is very bad. Bad manners, sarcasm and disregard of the rights of others are great faults. Remember that one yellow stain ruins a marble, one black spot in the ceiling ruins the fresco, and one great fault, like the absence of courtesy can injure character, threaten prosperity, and have one's influence and success.—Rev. Newell Dwight Hillis.

When a Maiden Marries.

Real happiness in married life means that the love rests on a firm basis of congeniality and friendship. Women are sentimentalists, and would be happier were the lover not so soon replaced by the prosaic husband, but no man can spend all his time lovelinking, so the wives must be content with the calm aftermath of the once turbulent lovemaking.

One great mistake that many a wife makes is the thrusting forward of her own family on all occasions. A man marries a woman for her own sake, not for that of her entire connections, and, if he has mother, father, brothers, sisters and cousins around all the time, he naturally grows weary of it. Scores of young married people who are bickering and quarreling would get on very well if it were not for the well meant interference of "in-laws," says the Philadelphia Bulletin.

The first year of their married life a man and woman should be left to themselves. Even where the greatest love exists, it is hard for two people brought up in widely differing atmospheres to settle down to each other's little ways and peculiarities. By the time a year has passed they have learned to appreciate the virtues and tolerate the faults of one another, and their little matrimonial life is safely floated on the sea of experience.

So many girls seem to look on marriage as a grand opportunity to fly about and do things they were not permitted to do in their girlhood days, to spend their husband's money freely and to be allowed certain freedom in conversation.

A married woman is supposed to have arrived at years of discretion, and is, therefore allowed certain privileges which a young girl might abuse. But no woman of either sense or justice should feel that, just because she is a man's wife, she has a right to squander his money. He has worked hard to make it. It is her duty to help him keep it.

As for liberty in conversation, it is inexcusable, and none but foolish, ill-bred women ever indulge in it. The married woman who entertains her friends with vulgar stories and expressions is most objectionable.

The Chicago Record-Herald describes some ingenious jewel safes. Most women, it is said, prefer a secret hiding place of their own devising to the strongest of conventional safes. The secret panel, opened by an invisible spring, has its fascination. The casements of windows and doors are often utilized, the pushing to one side or up and down revealing the secret compartment. A clever hiding place for jewels is in the post of a Louis XV. bedstead. Almost half of the post can be laid open, and the plush-lined interior shows numbers of semi-circular shelves on which boxes and jewels are laid. Another bedpost is fitted with hooks on which hang chains, necklaces, belts, and bracelets. One woman whose drawing room contains several handsome lamps uses the bowl of one for her jewels. Needless to say that the lamp is fired with an electric bulb, and that no oil has ever been poured into the heavy bronze bowl. Just the right twist to the top of the lamp, and it swings around to show a locked metal box large enough to hold a modest collection of gems. Safes in desks, tables, and other common articles of furniture are made in quantities by manufacturers.



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(Philadelphia 'Ledger'.)

Little Tommy, aged six, one day found four little kittens in the cellar. His aunt came to pay him a visit, and being told of them expressed a desire to see them. Tommy hastened to bring them to her, and soon crying and caterwauling was heard in the hall.

"Don't hurt the kitties, Tommy," said his mother.

"No, mamma," said Tommy, "I'm carrying them very carefully by their stems."

Importance of Pure Air.

There are some things in nature of which we take but little cognizance, probably from the fact of their apparent simplicity. Pure air, pure water, pure food are essential and fundamental to good health and health to happiness, so it is clear that our very lives depend upon the exercise of principles which we frequently neglect to study, possibly because we have other matters pressing for our consideration and other duties to perform. But nature's laws are invariable, and the time comes when due results follow a disregard of first principles. Everyone admits that pure, unadulterated food is necessary to health. Food is converted into blood, which having circulated through the body, is unfit for further use until purified. This purification takes place through the medium of the air, with its life-giving oxygen. Hence it follows logically that pure air is necessary to health, and other things being equal, our health will be imperfect in proportion to the impurity of the air we breathe. Pure air then is an absolute necessity to those who would preserve a state of health. We must have pure air or air as pure as we can get it in our living rooms, and in our sleeping rooms. So many people are afraid of draughts and keep their windows and doors tightly closed. Thousands of women spend the greater portion of their lives in close rooms breathing and rebreathing the same air. Is it any wonder that they suffer from headaches and cannot eat and work with any degree of pleasure? They have no life in their systems because there is no oxygen in their blood. They get run down and in many cases become diseased. Proper ventilation of all living, working and sleeping rooms cannot be too strongly emphasized. Everyone should sleep in a room where the air is constantly changing. In most cases one can sleep with the window open summer and winter. It is a good plan to do one's sewing out of doors, and, while the morning's work is being done, to open all the windows good and wide that every room in the house may be thoroughly aired.

With Humboldt's Notes.

Auctioneer—This book, gentlemen, is especially valuable, as it contains marginal notes in the handwriting of Alexander von Humboldt. A hundred marks are offered. Going—going—gone! It is yours, sir." (The autograph marginal note by the renowned scholar was as follows: "This book is not worth the paper it is printed on.")—London Telegraph.

Bradford Torrey, the naturalist, tells of a walk he took near Miami, Florida, and of a conversation he overheard; I was walking away from the city at a rather brisk pace one morning, when I passed a lonesome shanty. A white man sat upon the rude piazza, and another man and a boy stood near. "Are you going to work today?" asked the boy of the occupant of the piazza. "No," was the answer, quick and pithy. "Why not?" "I ain't got time." I do not expect to hear the philosophy of indolence more succinctly and pointedly stated if I live a thousand years.

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Habit is one of the strongest forces of nature. It is like a rut into which it is easy to run, but which too often leads to misfortune and calamity.

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Dr. Chase's Nerve Food, 50 cents a box, at all dealers, or Edmansons, Bates & Co., Toronto. Portrait and signature of Dr. A. W. Chase, the famous receipt book author, are on every box.

Adrian Fairley, the noted portrait painter was talking in his New York studio about delicacy. "I was very poor in my youth," he said, "but despite my poverty, I always managed to be delicate, tactful and polite. I often had to put off creditors. I often had to do many other disagreeable things, but I always did them in a delicate way. Once, for instance, I ordered a 5 cent plate of soup in a Bowery restaurant. When the waitress brought this soup to me, its condition was such that I felt called upon to rebuke her. I coughed my rebuke in delicate terms." Emma I said, taking something out of the soup and holding it up before the girl, "I am grateful to you for this remembrance, but next time kindly give it to me in a locket."



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of the North American Life Assurance Company.

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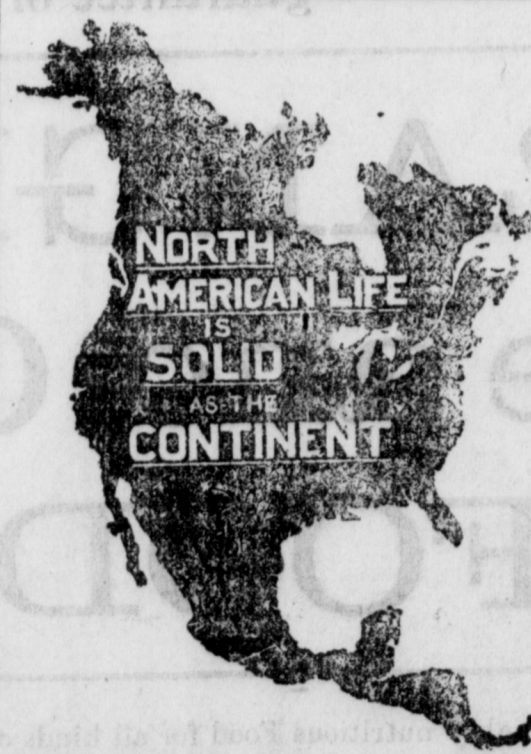
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