

## The Drink Question in Great Britain and Ireland.

According to the London 'Times' the people of the United Kingdom are solving the drink question for themselves by each succeeding generation becoming more temperate than the preceding. It quotes the annual letter of Dr. Dawson Burns to show that a great change is gradually coming about in the habits of the country, and that in no great time the British people, once a hard-drinking race, may become among the most sober. Those who belong to the well-to-do classes drink much less than their fathers, who were abstemious as compared with their thirsty predecessors, and a like change is going on in lower social strata. This change in the manners of the people arises mainly from the stress of competition in all walks of life, and the consciousness this brings of the necessity for right conduct in order to avoid failure and misery. All the influences of modern civilization are on the side of temperance. To get drunk is no longer an amiable failing of a good-natured man, but the vice of a man of weak will and unreliable character. He who yields to it signs his own warrant of uselessness in a world which needs men with all their wits about them to do its work. But an improving public sentiment with regard to drinking, and the fact that men are becoming more temperate through social pressure, will not be found effective reasons why laws should not be made to protect the people against the mischief which the drink traffic works. On the contrary, it will be found in this, as in all other matters, that laws are the gauge which marks the standard which public opinion has reached, and, as the people as a whole become more and more emancipated from the drink custom, the more intolerant they will be of the agencies by which men and women are snared to their ruin and the more determined to sweep these away. They will try it first on the moderation basis by attempting to run drink shops that will make men temperate and shutting up those that seek to make them drink. Then they will give that up and vote the bar an incurable evil.

## PURE BLOOD

## SOURCE OF HEALTH

AND THE BLOOD CAN ONLY BE  
PURIFIED BY THE HEALTHFUL  
ACTION OF THE LIVER AND  
KIDNEYS.

## DR. CHASE'S KIDNEY-LIVER PILLS

At this season of the year as at no other the importance of pure blood is brought home to the minds of most people. As the result of artificial winter life—living on artificial foods and being shut up in badly ventilated rooms—the liver and kidneys become clogged and sluggish in action, the bowels constipated, and the blood loaded with poisonous impurities.

Is it any wonder that spring finds us run down in health and feeling languid and fatigued? Is it any wonder that our systems become an easy prey to every form of disease which lurks in the spring air? Is it any wonder that we have aching heads, aching backs and suffer from indigestion, and biliousness? Dr. Chase's Kidney-Liver Pills are especially suitable as a spring medicine, because they act directly on the liver and kidneys and enliven the action of these great blood-filtering organs.

Except by the action of the liver and kidneys, there is no means by which the poisonous impurities can be removed from the blood. With these organs in health, a person is almost immune from colds and all forms of contagious disease.

Dr. Chase's Kidney-Liver Pills should not be confused with medicines which merely act on the bowels. They do effect prompt action of the bowels, and they do infinitely more, for by setting the liver right they bring about a good flow of bile and thoroughly cure constipation.

Biliousness, liver complaint, constipation, kidney derangements and impure blood cannot exist when Dr. Chase's Kidney-Liver Pills are used. And there is a great satisfaction in using a medicine which has stood the test of time and proven its right to a place in every home as a family medicine of worth and reliability.

Put Dr. Chase's Kidney-Liver Pills to the test and you will avoid the usual ills and weaknesses of spring. One pill a dose; 25 cents a box; at all dealers or Edmondson, Bates & Co., Toronto.

### Stand by Rest Day Law.

Parliament would do well to pass the Sunday legislation introduced by the Minister of Justice. It is a reasonable measure, moderate in its restrictions, just in its purpose, and as fair in its provisions as any law intended for such a variety of conditions could possibly be. It is not perfect. At some points it is too lax for many communities, and at other points too strict for other communities. But for the purpose of the whole Dominion,

and having in view the legitimate ends of such a measure, the bill presented by the Hon. Mr. Fitzpatrick is wisely drawn and ought to be made law.

There is no touch of Sabbatarianism in this bill. It impinges in no way on the liberty of any man in the matter of the religious or non-religious uses of the day. To talk as though it was proposed to compel men by Act of Parliament to go to church is to go wide of the mark. The purpose and provisions of this bill—Provincial legislation having been found to be constitutionally inadequate—make solely for a day of rest, not for a day of worship.

And certainly but little fault can be found with the measure from the point of view of "the works of necessity and mercy." It is the unnecessary and unmerciful toil that would be prohibited, the toil on trains, and in factories, that would rob thousands of men of their day of rest and relaxation, and make their lives dull and degrading with unrelieved drudgery, and the toil that in the sadder guise of sport would have men play the fool even with life itself. A wide interpretation is given to "work of necessity," and it is the spirit of inordinate greed that would throw down all restraints and make a seven-day week the bane of the toiler's life.

The bill now before Parliament has been drawn in the full light of Canadian conditions. Although it may have defects it has been approved by representatives of all classes and of all creeds. Archbishop Bruchesi as well as the spokesmen of Protestantism give it approval.

What Parliament is bound to do is to safeguard to the utmost the Sunday rest for all classes of citizens. It is, unfortunately, true that some must toil that the many may rest, but the bars must be kept up or the flood of mammonism and selfishness will sweep away this bulwark of our civilization. The Christian Sabbath is at once an institution and a bulwark of Anglo-Saxon civilization. The sober-mindedness of our people, their strength of character, and their steadiness of purpose are due to the rest and opportunities of our Canadian Sabbath as much as to any other cause. And at this critical stage in our national development, with thousands of alien tradition and alien temper coming into every Province of Canada, we can ill afford any weakening of the forces that make for soundness of moral character and integrity of public life. A day of rest with the chance of worship is chief among those forces, and it should be guarded sacredly by wise legislation. Parliament would do well to pass the Sunday legislation introduced by the Minister of Justice.—Toronto Globe.

### Hints From the Hired Man.

A practical farm hand writes as follows in Goodall's Farmer:

The man who yells at the horses and jerks them by the bits ought to be kicked off the farm.

The best man I ever worked for taught me the value of reading things about my work. After I had learned to be a pretty good farmer in this way he raised my wages, because, he said, "I don't want to have to teach another man in your place." No man who is willing to work full time during the rush season, who helps the owner to plan, shows an interest in his work, and keeps himself clean in mind and body, will ever be out of a job.

Don't try to drink all the whiskey in town. It's too big a job for any man.

Be fair with the boss, but don't be a slave. No fair man will require it.

Give the women folks a lift any time you can. They will help to smooth your way in return.

Don't be a crack.

Keep your body and clothes clean. If there is no bath tub in the house, rig up one from a barrel in the barn or woodshed and buy a dozen bars of soap and a dozen bath towels. They will make you glad you are alive after a hard, hot day's work.

Be cheerful. The day will pass more quickly if your heart is singing.

"Laugh and the world laughs with you," kick and you kick alone.

Don't be afraid to help out in chores on holidays. Give everybody a little lift at such times. It pays.

The man who brags about the big things he can do soon becomes the butt of the neighborhood.

Save a little of your wages every month. The rainy day may come. Always keep in mind the day when you will be your own boss and hire other men.

I go to every institute meeting in our county, and I generally learn something.

Jimmy—A man had two eggs for breakfast every morning. He never stole them; he never bought them; he never had them given him, and he never kept hens. How did he get them?

Johnny—Give it up.

Jimmy—He kept ducks.

### Their Supper.

The simplest, most straightforward acts are often fraught with a dramatic power which elaborately studied art would fail to produce. Much homely tragedy is contained in the deed of a poor woman related in the Chicago Chronicle. Quietly and modestly she entered a barroom and advanced to her husband, who sat drinking with three other men.

She placed a covered dish on the table and said: "Thinking you'd be too busy to come home to supper, Jack, I've brought it to you here." Then she departed.

The man laughed awkwardly. He invited his friends to share the meal with him. When he recovered the cover from the dish he found that it was empty save for a slip of paper, on which was written:

"I hope you will enjoy your supper. It is the same your wife and children have at home."

### A Poor Occupation.

A well known artist was once engaged upon a sacred picture. A very handsome old model named Smith sat for the head of St. Mark. Artist and model became great friends, but when the picture was finished they lost sight of one another. One day, however, the artist, wandering about the Zoological Gardens, came upon his old model, with a broom in his hand, looking very disconsolate. "Hullo, Smith," said he, "you don't look very cheery. What are you doing now?" "Well, I ain't doin' much, sir, and that's a fact. I'm engaged in these ere gardens a-cleaning about the hehephants' stables; a nice hooceppation for one o' the twelve apostles, hain't it, sir?"

### State Millinery.

A commonwealth, as well as a kingdom, has a majesty of its own, and its appropriate robe of state. We are all of us open to impression through our senses, and need to be rightly impressed. If the story of Jefferson tying his horse to a rail at the foot of the capitol when he went to be inaugurated is true, it shows that in his worship of democracy he misread human nature. But the carnival of mock-monarchy which now opens the session at Ottawa is the reverse of appropriate to a commonwealth, and, instead of rightly impressing, perverts the sentiments of the people. It stimulates the vulgar passion for display which the social columns of our journalism are constrained to feed. These things in the old world have at least the redeeming dignity of age. Puritanism, when it had a chance, showed how it could be grand with simplicity.—Golden Smith.

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If we fail to please you it will cost you nothing. But our guarantee of satisfaction insures that you will be pleased.

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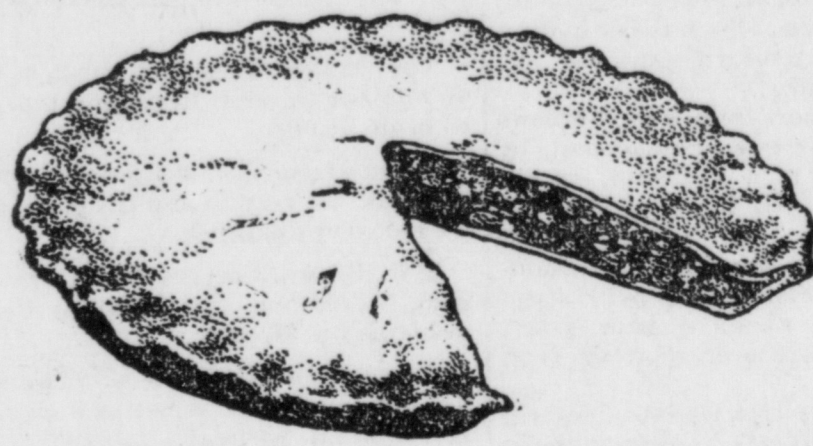
RESULT of expert blending of strong, rich Indian Tea with delicate, fragrant Ceylon Tea. That "rich fruity flavor" has made Red Rose Tea the table beverage of thousands of homes.

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good Tea  
T. H. Estabrooks  
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People didn't want it—they were using soft, winter wheat flour, and saw no reason for changing.

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The flour that is doing the most for the reputation of hard wheat flour is the brand known as

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