

## BRAIN AND NERVES

DEPENDENT ON CERTAIN ELEMENTS  
OF NATURE WHICH ARE  
FOUND IN

### Dr. Chase's Nerve Food.

The Christian Scientists are right enough when they claim that the mind influences the body.

Worry, excessive mental toil and strong emotions consume nervous energy at an enormous rate.

Rest of mind and body is essential for the restoration of an exhausted nervous system.

But the mind is dependent on the brain, and the brain in turn is a bundle of nerve cells, which are nourished and sustained by pure, rich blood. Hence the absolute necessity of supplying the elements from which blood is made.

These elements of nature which go to form new rich red blood and revitalize wasted and depleted nerve cells are found in splendid proportions in Dr. Chase's Nerve Food.

By using this great food cure you supply the material substances from which are found brain and nerve force.

By all means have a cheerful, hopeful mind, but do not depend on this to make you strong and well or you will be terribly disappointed when it is forever too late.

It may take weeks or even months, to thoroughly restore your health with Dr. Chase's Nerve Food, but you can be absolutely certain that every dose of this great food cure is at least of some benefit to you.

Mrs. James B. Lloyd, of Gaspereaux, N. B., writes:—"On the advice of a neighbor I began the use of Dr. Chase's Nerve Food and can say it has done everything for me. I was very much run down, would feel nervous and my head seemed to get all in a whirl. I was easily overcome by any little trouble and my health generally was in a miserable condition. Since using Dr. Chase's Nerve Food I am very much better in every way and cannot praise this treatment too highly. We have also used Dr. Chase's Kidney-Liver Pills in our family with splendid results."

The healthful complexions, the well-rounded forms, the energy and elasticity of movement characteristic of persons who have used Dr. Chase's Nerve Food are the strongest evidence of its wonderful restorative influence, 50 cents a box, at all dealers, or Edmanston, Bates & Co., Toronto.

#### Banker's Clever Scheme.

New Orleans Times-Democrat.

"Speaking of runs on banks," said the veteran story teller, "reminds me of a story I once heard of a bank that was on the verge of going through when a clever scheme of the cashier saved it from utter ruin. And the best of the whole thing was that in saving the bank the cashier floated a big issue of counterfeit money, and the deception was never found out. Here is how the thing occurred: Some of the bank directors and some of its officers had been dabbling in stocks. The crash came, and when it did some of the bank's officials got their fingers jammed. It looked to be all up with the bank. The run began, and it seemed as if the old bank would have to close its doors forever. It happened that the cashier had a brother who was a secret service man. This brother had led a raid on a counterfeiters' den several days before, and had secured thousands of dollars worth of paper money, which represented some of the most beautifully executed counterfeits ever seen in that territory. He had placed in the bank box, by himself and brother this money, which he was holding as evidence. The cashier thought of this, and brought it into play. Figuring that all the depositors who had large amounts of money in the bank would return it to the institution after the run was over, he paid all the claims of the depositors with this class of money, keeping a record of those to whom counterfeit money was given. The bills were of large denomination. No one tried to change any of them. This money saved the day, and the run on the bank ceased when it was known that all depositors were being paid. When it was all over the cashier went up to the men to whom he had paid counterfeit money and succeeded in getting them to again become depositors. In that way he succeeded in again getting possession of all the issue and within a week had restored every one of the big counterfeit bills to its place in his and his brother's bank box. Only the president, vice-president and cashier of this bank ever learned of the manner in which the institution was saved."

#### Cow Testing Associations.

Probably every farmer in Canada would like to obtain more profit from each individual cow in his herd, but at present there is lack of cooperation amongst farmers to accomplish this object.

In Denmark, the home of agricultural co-operation, there have been testing associations since 1895, and there are now nine thousand farmers having their cows tested systematically. Similar work will pay here, and pay well. Wherever such work has been done, the average production per cow has speedily been raised twenty-five, and even fifty pounds of butter per annum. Surely there are hundreds of farmers, painstaking and thoughtful, willing to show a little enterprise for an almost certain return of from five to

ten per cent.

In Michigan an association was organized in September 1905. During the first year it made the average production of each cow 131 pounds of butter. In 1906 fifteen cows were kept giving an average of only 131 pounds of butter. In 1900 tests were commenced of each cow separately. The milk being weighed regularly. In 1904 twenty cows were kept (on the same land which when purchased in 1881 would not decently keep nine cows) and the average production per cow was 254 pounds of butter. This increase of 123 pounds per cow can be attained on many other farms.

In some illustration testing undertaken in 1904 and 1905 by the Dominion Department of Agriculture it was shown that very poor returns are received from many cows, therefore the urgent need of cow testing associations is apparent. Valuable practical bulletins on the subject are available and will be sent free to any applicant.

Where any twenty patrons of a factory will agree to weigh the milk from each cow on three days during the month through the milking period, and furnish themselves with scales and sample bottles costing about two to three dollars complete, the Minister of Agriculture announces that the testing will be done free of cost to the patrons. As the Department is anxious to assist farmers in organizing, Mr. J. A. Ruddick, Dairy Commissioner, Ottawa, will be glad to hear from any progressive farmer or factory owner in any community relative to this most important matter, and will arrange for meetings to discuss the question.

#### The Dedication of The Bible.

An interesting point has been raised in England regarding the publication or not of the dedication to King James in the authorized version of the Bible printed by the Oxford and Cambridge University Presses. Like most Englishmen with a point to make, Dr. Dawson Burns has opened the discussion by writing a letter to the London Times, in which he says: "The adulatory style of this dedication would have made it offensive if addressed to the wisest and greatest of monarchs but, knowing as we do the object of this degrading sycophancy, we can hardly believe it possible that it should any longer be associated with the volume entitled, 'The Holy Bible.'"

"The actual James the First of England and Sixth of Scotland was the opposite of the belauded James of the dedication. James was not a 'Most High and Mighty Prince,' but a low, mean and despicable one. He was not King of France. His coming to the English throne was not a national blessing, but a national calamity, and his 'hopeful seed' (not Prince Henry, who was dead in 1611) filled the land with confusion and bloodshed. Instead of 'many singular and extraordinary graces,' James had not one ordinary grace of body or mind. He had not one attribute which the epithet 'kingly' is intended to express. He was a coward by temperament and a tyrant by disposition. It is true that he patronized the production of the authorized version of 1611, but not without laying slavish restrictions upon the translators. But the real question is whether, with our knowledge of James, the authorities of our Universities' Presses are justified in giving prolonged currency to a document, which in charity to its authors, should be consigned to oblivion."

Editorially, the Times cites that "the Bible Society, which is, perhaps, one of the largest of the customers of the presses, will have none of it. We think we are not far wrong in saying that none of the English bibles circulated by the society, in the last twenty years, has contained it. If Dr. Dawson Burns wishes to enter on a successful crusade against the dedication, his plan would seem to be to urge the British public, or that part of it which sympathizes with him, to decline to purchase a copy in which it appears. If he would add to his labors an effort to bring about the more frequent printing of original preface called 'The Translators to the Reader,' he would be doing a service to the history of English Biblical scholarship."

#### Watchwords of Famous Men.

"After me, the deluge," was the watchword of the great Napoleon, who died in exile.

"Right makes might," was Abraham Lincoln's motto for times of struggle and contest.

"Do the best, but if you can't do the best, then do the best your can," was his watchword for all kinds of days.

"There is no difficulty to him who wills," said Louis Kossuth, voicing his brave opinion from the steps of Independence Hall.

A moment's reflection will suggest interesting ideas in regard to the effect of an accepted motto on the life and work of those who plan to will, do it.

President Roosevelt has at different times voiced a variety of mottoes in which he believes, leading off, it may be, with the famous utterance about speaking softly and carrying

a big stick. Here are a few of his sayings, gathered by those who believe in the man and the results of his honest thought.

"Be ready."

"A square deal for every man."

"It is hard to fail, but worse never to have tried to succeed."

"Face the facts as you find them; strive steadily for the best."

"Be never content with less than the possible best, and never throw away the possible best because it is not the ideal best."

"It is better to be faithful than famous."

"Have all the fun you honestly and decently can; it is your right."

"Be honest with the world and the world will be honest with you. This is the fundamental truth of all real prosperity and happiness," says Senator Albert J. Beveridge in beginning his recent book, "The young man and the World."

"Get the habit of happiness."

"Utilize your enthusiasms."

"The world is hungry for faith."

"Let every failure merely teach you the game."

"A man who won't get up when he is knocked down is of no use."

There are other thought provoking aphorisms of the man who has proved the worth of what he says.

"Do the next thing," is the motto that enables John W. Wainwright to successfully manage his own business and the largest Sunday school in the world.

"Today," inscribed upon a large piece of chalkedony, was the motto of Ruskin, always in plain sight on his study table.

#### Blow Your Nose Gently.

(London Daily Mail.)

Medical experts are calling the attention of the public to the importance of performing the nose blowing operation in a scientific and hygienic manner. First one nostril and then the other should be blown without undue violence.

Doctors state that the two nasal passages should never be closed at the same time. If they are obstructed, as in the case of a cold, the back of the throat is filled with compressed air, and this, together with the discharge and the microbes which it contains, may be driven through the eustachian tube into the middle ear and lead to serious results.

A great authority on the subject used to forbid his patients to blow their noses when suffering from a cold. This course is hardly one which will commend itself to those in the habit of catching colds.

The best advice would seem to be that when it is necessary to blow the nose the blowing should be done gently.

An Irishman with his eyes black and face cut went to a magistrate for a warrant. Your honor, I want a warrant for Pat Murphy for batin me.

For Pat Murphy, why I thought you and Pat were the best of friends.

So did I, your honor, so did I; but its a batin he gev me and I wants a warrant for him.

What did he best you for?

Sorra one o' me knows what he batin me for, but I'll tell you about it and perhaps you'll know more'n I know.

You see, your honor, I hev been away from home for three months and when I kem home last night, I went down to Pa's place. He was out, but his missus bid me come in, and in I goes, and sits down, and we talks about this and about that, and by and by the baby in the cradle commenced to cry. I took it up on my arrums and was quietin' it when in comes Pat.

How are ou, ma bouchal, says he.

I'm holdin' me own, said I.

The devil you are, says he, and with that he ups and gives me the batin that makes me the figure I am, and I wants a warrant for him.

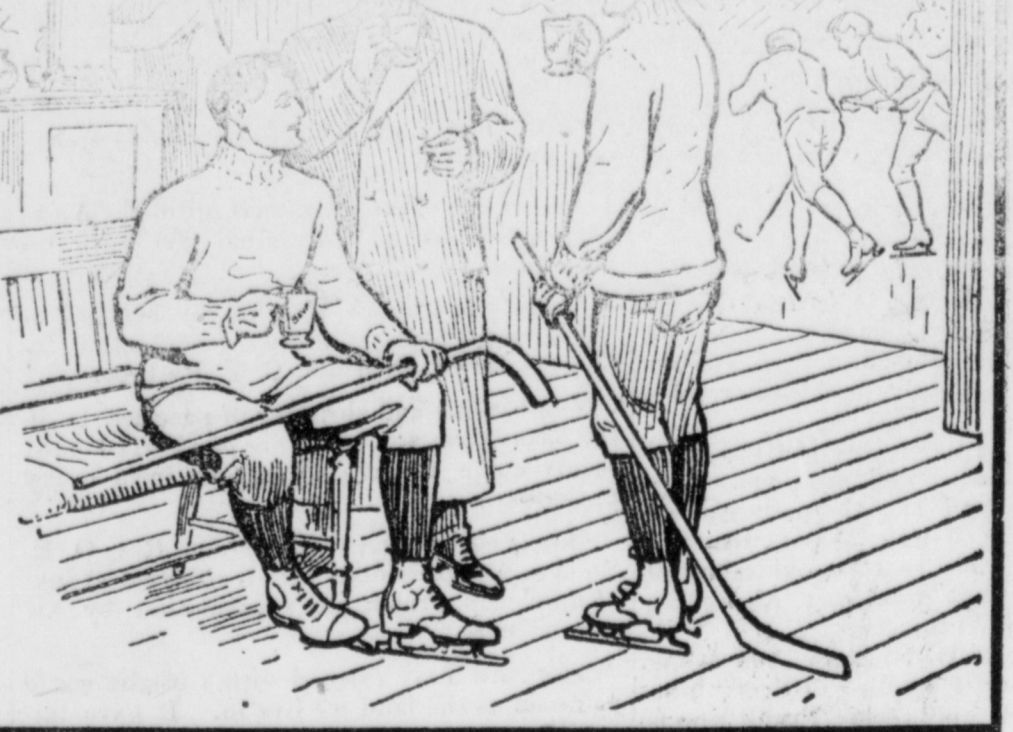
To prove to you that Dr. Chase's Ointment is a certain and absolute cure for each and every form of itching, bleeding and protruding piles, the manufacturers have guaranteed it. See testimonials in the daily press and ask your neighbors what they think of it. You can use it and get your money back if not cured. 60c a box, at all dealers or EDMANSTON, BATES & CO., Toronto.

**Dr. Chase's Ointment**

## A Steaming Cup of

## DOVRIE

gives the player  
strength to play,  
and keeps the  
watcher from  
catching cold.



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MANUFACTURERS OF

**Doors, Sashes, Blinds, School Desks, Sheathing, Flooring and House Finish of all kinds**

We employ a first-class Turner, and make a specialty of Church, Stair, and Verandah work. Call and see our stock or write for prices before purchasing. All orders promptly attended to.

Just imported, a consignment of No. 1 White Wood.

Clapboards for sale.

**Hard Pine Flooring and Finish.**

N. B. Telephone No. 68-3.

Union Telephone No. 119.

#### NOTICE OF SALE.

To Annie A. Estabrooks, widow of Ezra Estabrooks, and the heirs and assigns of Ezra Estabrooks, late of the Parish of Brighton, Carleton County, Province of New Brunswick, and all others whom it may concern:

NOTICE is hereby given that under and by virtue of a Power of Sale contained in a certain Indenture of Mortgage bearing date the 3rd day of March, A. D. 1893, registered in the office of the Registrar of Deeds of the said County of Carleton in Book "Q" pages 254, 255 and 256, the 8th day of March, A. D. 1893, made between said Ezra Estabrooks late of the Parish of Brighton County aforesaid and Annie A. Estabrooks his wife, of the one part and George E. Foster of the City of Toronto, Province of Ontario, Gentleman, of the other part, and by said George E. Foster assigned to the undersigned Alban W. Estabrooks by Indenture dated the 20th day of January, A. D. 1903, and registered in the Registry Office aforesaid in Book "F" Number 4 of Records, pages 775 and 776 the 28th day of January, A. D. 1903, there will, for the purpose of satisfying the money thereby secured, default having been made in the payment thereof, be sold at public auction in front of the office of William M. Connell, Barrister-at-Law, Town of Woodstock, County aforesaid, on SATURDAY the THIRTEENTH day of JANUARY next at the hour of eleven o'clock in the forenoon the lands and premises described in said Indenture of Mortgage and Assignment thereof, to wit:

All that certain piece and parcel of land situate in the Parish of Brighton aforesaid, bounded as follows:—Beginning at the mouth of the Gin Brook so called, and following up the said brook in its various courses to the point where said brook cuts the western line of Lot Number Twelve, occupied by Samuel Cook, thence following said line in a northern direction to the bank and shore of said Becaguimic river, thence following the bank or shore of said Becaguimic river down stream to the place of beginning, containing by estimation Fifty Acres more or less, and distinguished as part of Lot Number Eleven on the north side of Becaguimic river, being same land conveyed to said Ezra Estabrooks by Samuel S. Foster and wife by deed dated the 7th day of October, 1890, registered in office aforesaid in Book "M" page 537.

And there will also be sold at Public Auction in front of the office of William M. Connell aforesaid, on the THIRTEENTH day of JANUARY next at the hour of eleven o'clock in the forenoon the lands and premises above mentioned and described.

Above sale will be made by virtue of a Power of Sale contained in a certain Indenture of Mortgage made between the late Ezra Estabrooks aforesaid of the one part and the undersigned Alban W. Estabrooks of the other part, by deed dated the thirtieth day of April, A. D. 1893, registered in the office aforesaid in Book "W" Number 8 of Records, pages 37, 38 and 39, the first day of May, A. D. 1893, for the purpose of satisfying the moneys thereby secured default having been made in the payment thereof.

ALBAN W. ESTABROOKS,  
Assignee of Mortgage and Mortgagee.

WILLIAM M. CONNELL,  
Solicitor for Assignee and Mortgagee.

Nov. 8, 1901.

## NOTICE.

**You Have Some Plumbing**

You want done before winter. Why not get it done now? I can do it for you promptly, thoroughly and neatly, and at a reasonable price. Don't delay this work till the cold weather is here. Orders from out of town promptly attended to.

**J. P. PICKEL,**  
Plumber.

Connell St. Woodstock.

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**VICTORIA HOTEL,**

**ST. JOHN, N. B.**

**D. W. McCORMICK, - Proprietor**

**JUNCTION HOUSE,**

**Newburg Junction**

Meals on arrival of all trains First-class  
**E. E. OWENS, Proprietor**

#### BRISTOL

#### WOODWORKING

#### FACTORY

Having Repaired and Replaced Machinery, is ready to do First-Class Work at lowest possible prices.

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**DOORS SASH MOULDINGS**

**"HOUSE FINISH SHEATHING ETC.**

**STAIR WORK.**

Prices to suit the times.

Estimates given. Orders promptly executed.  
Write or call.

**JOHN J. HAYWARD,**  
BRISTOL, N. B.

## A DIPLOMA

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Than at some business colleges, but it is EASIER to GET and HOLD a good position after you get it. Send for free catalogue of this large, well equipped, well-conducted, up-to-date school.

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Fredericton, N. B.

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HEAVE CURE.**

FOR SALE AT

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**HARNESS OIL**

20c, per quart.

Bring your bottle and get it filled at

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