

Dark Side Of Life.

No deepening of the colors by the brush of fiction is needed in the painting of the last hours on earth of Mrs. Caroline Mason; the colors of truth stand out clear and distinct enough in all their repulsiveness, to point the moral.

"A prolonged debauch," the jury said she died from, and left it an open verdict.

On Thursday morning she came trudging along to the home of Alexander Wright, in Toronto, a whiskey bottle in one hand, already intoxicated. Soon after the last drunken spree of her life commenced, and lying in bed, she drank down nearly one gallon of whiskey in the two days that remained. Wright himself stayed home from work to supply her demands for drink and to drink himself. On Saturday morning ten empty bottles lay upon the floor, the woman with half closed eyes crying for more drink, the man with bleeding face, from a cause he knew not, in a drunken stupor, and wife and daughter and son, not daring to enter the home. Then came the man's arrest, and the woman's death at 10.30 in the evening.

The autopsy showed a fatty degeneration of the heart, Bright's disease of the kidneys, and signs of pleurisy, but no bruises to indicate violent treatment.

Margaret Wright described her father. "He was in a stupor, his eyes were like glass."

"Why did you give Mrs. Mason whiskey when she was in that condition?" was asked of Alexander Wright.

"She was often that way, and I didn't think it would do her any harm."

"Was Mrs. Mason usually drunk at your house?"

"That's what she came there for. She would lay in bed and drink 25 or 30 bottles of brandy. She kept it up six weeks at a time. I've known her to drink two bottles of Cognac in one day."

Nervous Diseases

No Longer a Fad.

ALL CLASSES NOW SUFFER FROM EXHAUSTED NERVES—SPLENDID RESULTS OBTAINED FROM THE USE OF

Dr. Chase's Nerve Food.

"The breakdown of the nervous system is no mere society craze from which it is fashionable to suffer, but is becoming a national calamity which bids fair to rob our descendants of many of those qualities which have done so much to make this empire what it is," writes Dr. Guthrie Rankin, an eminent London physician.

The keen competition of life is now felt in all grades of society, and as the result prostration, paralysis and insanity are becoming more and more common as the natural outcome of exhausted nerves.

Sleeplessness, irritability, indigestion, headache and general lack of energy and ambition are among the early indications of nervous troubles, and with women the result is not infrequently derangements and irregularities of the feminine organism.

If a committee of experts on diseases of the nerves were to prescribe for you they would give you just such a formula as that of Dr. Chase's Nerve Food, for this medicine is composed of the most powerful nerve restoratives known to medical science.

This is no idle boast, as we shall be pleased to prove to you if you will have your physician call at these offices and examine the formula.

What we consider as better proof of what Dr. Chase's Nerve Food will do for you is to be found in the letters of recommendation published from time to time in Dr. Chase's Almanac and in the newspapers of this country.

Naturally and gradually this great food cure forms new, rich blood, the substance from which the brain creates new nerve force. This is the only means by which diseases of the nerves can be actually cured. Stimulants and narcotics give temporary relief, but with great expense to the nervous system. Dr. Chase's Nerve Food slowly but certainly revitalizes the wasted nerve cells and by filling the body with vitality overcomes weakness, sickness and disease.

A favorite means of proving this is by noting your increase in weight while using this medicine. Dr. Chase's Nerve Food, 50 cents a box, 6 boxes for \$2.50, at all dealers or Edmundson, Bates & Co., Toronto.

Land Law Reform Coming in Britain.

The new Premier of Great Britain, in the course of one of his speeches in the late campaign, thus referred to the land question: "In many districts there are empty villages, houses going to ruin, and land derelict or used only as preserves for birds for people to shoot at. It is certainly worth considering whether our territorial system and the drags of the old feudal system under which we live are the best means of bringing out of the soil all the good it is capable of producing.

We should get rid of some of the restrictions which have come down to us from earlier generations, and treat agriculture as we treat other industries, viz., as one in which the men conducting it should have the greatest freedom to exercise their ability and employ their capital in the way they think most profitable. If a greater degree of security is given, not only to the capital but to the profits of farmers, and some better chance of an improving career can be afforded to the laborers, we may reasonably hope to make many a place now no better than a wilderness blossom like the rose."

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Toledo, O. We the undersigned have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by his firm.

WALDING, KINNAN & MARVIN, Wholesale Druggists, Toledo, O. Hall's Catarrh is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all Druggists.

Take Hall's Family Pills for constipation.

Are Card Players Intelligent?

"Does aptitude for card-playing denote general intelligence?" This is the point briefly discussed by Mr. Basil Tozer in a sprightly article in The Monthly Review for January, alliteratively entitled "Brains and Bridge." The question had been made the subject of a hot discussion at a country house-party, and Mr. Tozer proceeded to get out side opinions on the subject, and has now sifted and winnowed these for the benefit of the public. One of the most interesting replies was from Mr. F. G. Adalo, editor of the "Encyclopaedia of Sport," who answered Mr. Tozer's question with an emphatic negative. He went on to say that he was far from declaring that good card-playing was incompatible with general intelligence, but did not believe that it denoted this quality. He goes on: "Let my card-playing friends for give me if, waiving personal points of view, I suggest that any one who thinks otherwise should, if he happen to be a judge of physiognomy, correct his illusion by spending half an hour in contemplation of the faces gathered round the table in the card room of his club. If this experience bring no cure, then let him take a bridge-girl into dinner and hang on her conversation. Her simpering grandmother, who worked in colored silks and hid her maidenly blushes behind a shower of ringlets, was a Minerva to her! The bridge girl wears, as a rule, neither ringlets nor blushes, but is a hard-featured, calculating, nervous, nail-biting product of ultra-emanicipation, and her 'general intelligence' is in all probability on the level with that of the kohleyed playthings that eat sweetmeats in eastern harems and peer out on the world of freedom through barred windows. She has no longer any taste for music, or the play, or the picture-gallery. The mid-day sun, like the midnight lamp, finds her staring at the cards or thinking of them. Dinner, which, in a more cultured and less hurried age, was a period of pleasant nutrition and brilliant conversation, is to her an interlude of boredom, through which she sustains herself only with dreams of the winning hand that will presently be hers."

Several bridge enthusiasts write indignantly on the subject, doubtless angry that their skill at the game should not be taken at once as evidence of general, or even exceptional intelligence. Most of the correspondents quoted are unnamed. Mr. Yoxall, M. P., comes to the rescue of the card-player with the remark that "Upon the whole, therefore, I should say that the aptitude for card games indicates the possession of general intelligence—in varying degrees, of course—and more developed along certain lines than others; but nevertheless an amount of intellectuality above the average."

Mr. Tozer judiciously sums up the evidence for and against, and gives practically an open verdict. "The conclusion to be arrived at," he says, "after weighing carefully the pros and cons contained in the foregoing expressions of opinion, would seem to be that, though a natural aptitude for card-playing may not necessarily denote the possession of natural general intelligence in any high degree, yet a careful, methodical and judicious course of training in the art of playing games of cards, such as whist and bridge, that require brain-power and thought-concentration, is bound to strengthen the intellectual powers of any man or woman of average ability, and thus presently lead to a direct increase in his or her share of general or ordinary intelligence."

Butter paper for sale at this office.

Information For Consumptives.

If you were perfectly healthy and knew that some one living with you had tuberculosis of the lungs, would you not be most anxious that that other person should do nothing which might convey the disease to you?

If therefore you are tuberculous, or suspected of having the disease, do everything that will not merely help to cure yourself but will also prevent others being placed in danger.

You should help to cure yourself by attention to the following rules:—

1—Stop work, if that is possible, and take as much rest as ever you can.

2—Rest in the open air every day, when possible, from the time you get up until sunset. A balcony, gallery, or clean yard, with a comfortable chair or sofa, warm clothes, and rugs to keep the legs warm, are all that is needed to carry out this part of the treatment.

3—If it rains or snows when you can have no proper shelter outside, sit indoors with the windows open but keep the door shut and never sit in the draught. If warmly wrapped up while sitting thus you will run no risk of catching cold.

4—Sleeping indoors have your bedroom windows partly open all the year round.

5—Go to bed early.

6—Keep clean; sponging with cold water in the morning followed by rubbing with a coarse towel is both helpful and stimulating.

7—Do not be ashamed to eat as much nourishing food as you can digest. Meat, eggs, milk, butter, raw beef juice, are especially recommended. Take your milk and raw beef whether you feel like it or not.

8—Avoid crowded rooms, meetings, theatres and other places of amusement, where the air is sure to be bad and to do you harm.

9—Do not smoke and do not take alcoholic stimulants except on the advice of the doctor.

10—Do not take walks, drives, or any form of exercise, except on the advice of a doctor, as you may do yourself harm instead of good.

11—In short, avoid fatigue; one single fatigue may change the course of your disease from being favorable to becoming very unfavorable.

12—Keep up your courage. Make a brave fight of it. More people recover from tuberculosis than die from it; so that the odds are in your favor, especially if you do what you are told to do as if your recovery depended upon the carrying out of every little detail.

You can prevent others taking the disease and being harmed by you, by carefully carrying out the following rules which are all based on the fact that the tubercle bacillus or germ is the cause of the disease, and it you can prevent it from getting about, you can prevent it from getting into other people's system:—

1—Do not spit on the pavement, on the street, the floor, nor into any places where you cannot destroy the germs which you spit up.

2—Spit into a spit cup when it is possible to do so. At home use a paper spit cup if possible or spit into the folds of a newspaper, or use soft pieces of cloth or paper (toilet paper.)

3—Burn the cloths or paper after using them.

4—Do not let the spit dry on them and do not put them into your pocket because the spit dries and the germs are easily shaken into the air in the form of fine dust.

5—When away from home you should have a portable spit cup in your pocket, or spit only into open drains or gulleys.

6—Handkerchiefs are bad, and if you use them for blowing the nose or wiping the mouth they must be boiled for half an hour to kill the germs before they are put into the wash. Paper napkins are the best thing to use. Carry a paper bag in your pocket and put into it the napkins that you have used as handkerchiefs, and every evening before going to bed burn the paper bag and all its contents.

7—When you cough hold a damp cloth or soft paper to your mouth.

8—If you have a moustache or beard, shave it off or crop it close.

9—Always wash your lips or hands before eating and drinking, and rinse out your mouth.

10—Avoid kissing people. This custom is dangerous to you as well as to others. It may give others consumption and may give you colds which will make your condition worse.

11—Lastly, if your own disease is too far advanced for you to recover, comfort yourself with the thought that it is in your power to keep those who are near and dear to you from getting the disease.

She Played the Spy.

A Viennese baroness, recently murdered, carried the art of being at war with servants to the highest degree of perfection. She had a secret system of tubes leading from her sitting room to the kitchen and servants' rooms. By means of these she was able to hear all manner of uncomplimentary references to herself. She enjoyed this strategic advantage very much, for she was always haling her servants into the courts, and she slept with a loaded revolver under her pillow for fear of assassination.



ARMOUR CLAD Lumberman's and Boots are the best thing you ever put a foot into. Comfortable, strong and durable; weather-proof, waterproof, snag proof.

You'll know them by "the mark of quality" on all styles.



Most housewives judge the purity of a flour by its whiteness. White somehow signifies purity. But while pure flours are always white, white flours are not always pure.

Royal Household Flour is the whitest flour that is milled. It is also the purest. You may think the flour you are using is about as white as flour can be. Yet if you place it beside Royal Household Flour it will look yellow by comparison. Ask your grocer for Royal Household, and make sure that he understands that you mean it.

Ogilvie Flour Mills Co., Ltd. Montreal.

"Ogilvie's Book for a Cook" contains 130 pages of excellent recipes, some never published before. Your grocer can tell you how to get it FREE. 152



BABY'S OWN SOAP

prevents roughness of the skin and chapping.

Best for toilet and nursery use. 035 ALBERT TOILET SOAP CO., MRS. MONTREAL.

It is important that persons placing

FIRE INSURANCE

should select strong and reliable companies. This being the case it would be impossible perhaps to find four stronger and more reliable companies represented in Carleton County in one office than the following companies for whom the undersigned is agent, namely:

CALEDONIAN, the Oldest Scottish Fire Office. NORWICH UNION, Established in 1797. ATLAS, Founded in the reign of King George III and the QUEEN.

I shall be pleased to see intending insurers.

LOUIS E. YOUNG,

Woodstock, N. B.

Jan 9 tf

TEACHER WANTED.

A second or third class female teacher for District No. 18, Parishes of Kent and Aberdeen, to begin in April. Apply stating salary to R. J. LEE, Secretary Trustees, Beaufort, Carleton County. Feb. 7, 7ins.

FOR SALE.

That desirable residence at Bristol occupied for years as office and residence by the late Dr. Atkinson. Part of purchase money to be paid in cash; the rest may remain on mortgage. Information may be had from MRS. SANKEY H. ROGERS, Bristol. Feb. 21, 3 mo.

For Sale.

MONEY MAKING FARMS.

Interval farm of 123 acres on the Aroostook river, very level, with nice brook running through centre and thus draining the land; 65 acres in tillage. House, 1-story, 4 rooms; barn 30x20; only 1 mile from stores, school, etc. near neighbors, mail delivered; the owner has business elsewhere and will sell for only \$2,000—\$500 down and easy terms. Shown by A. E. McQuire, Presque Isle, Maine.

152 acres, \$3500.

Located on a slight elevation of land, overlooking the prosperous village of Presque Isle; soil is mostly a red loam, especially adapted to potato growing; 60 acres cleared, 50 of which are in a good state of cultivation, cutting 40 tons of hay; ground ready for 22 acres of potatoes in spring; plenty of pasture for 20 head of cattle and 300 cords of mixed wood; only 3 mile from school, near neighbors; mail delivered. House of 7 rooms, nearly new; barn, 40x40, with cellar, horse hay carrier. A hustler can make a \$10,000 farm out of this in a few years. The owner has other business and must sell at once. Price only \$3,500; \$2,500 down and balance on easy terms. Shown by A. E. McQuire, Presque Isle, Maine. Mr. McQuire has many other good trades in farms. Write him what you wish. 3in.

NOTICE OF SALE.

To Joseph H. Ivey of the Parish of Richmond in the County of Carleton in the Province of New Brunswick, Farmer, and Lydia Jane his wife, and all others whom it may concern:—

There will be sold at Public Auction in front of the office of D. McLeod Vince on King Street in the Town of Woodstock in said County of Carleton on MONDAY the NINTH day of APRIL next, at the hour of two of the clock in the afternoon: All that certain lot piece or parcel of land situate in the Parish of Richmond aforesaid and bounded as follows, to wit:—Beginning at the south eastern angle of the lot granted to Benson Potter in the Seventh Tier, South Richmond, thence running by the Magnet of the year 1856 north eighty-seven degrees west eighty chains to a post, thence south eighteen degrees west thirteen chains and twenty-five links, thence south eighty-seven degrees east eighty chains to a spruce tree, and thence north seventeen degrees east thirteen chains and twenty-five links to the place of beginning, containing one hundred acres more or less and distinguished as lot Number Fifteen in the Seventh Tier, South Richmond, granted to Barney McAttee the Fourteenth day of November, A. D., Joseph H. Ivey by Alfred H. Henderson and 1867, and being same land as deeded to the said wife, together with all and singular the buildings, improvements, privileges and appurtenances to the said premises belonging or in anywise appertaining.

The above sale will be held under and by virtue of a power of sale contained in a certain Indenture of Mortgage bearing date the Fifteenth day of July in the year of Our Lord one thousand eight hundred and ninety-three and registered in the office of the Registrar of Deeds for said County of Carleton in Book R Number 3 of Records on pages 208, 209 and 210, and made between Joseph H. Ivey of the said Parish of Richmond, Farmer, and Lydia Jane his wife of the one part, and me Alfred H. Henderson, of Philadelphia, in the State of Pennsylvania, one of the United States of America, Dentist, of the other part, default having been made in the payment of the moneys thereby secured.

Dated this Twenty-sixth day of February, A. D., 1906.

ALFRED H. HENDERSON.

ASSESSORS NOTICE

Notice is hereby given that the undersigned have been appointed Assessors of Rates in and for the Town of Woodstock for the present year. All persons owning property in the Town may within Twenty Days give in a statement of their property and income as provided by law.

Dated at Woodstock, Feb. 17, 1906.

HUBERT SEELEY,

JOHN THIBBIDEAU,

THOS. W. DUNCAN,

Assessors of Town of Woodstock for 1906.

CAUTION.

Every person is liable to a penalty of Twenty Dollars who upon any part of any span of any bridge which exceeds forty feet in length rides or drives or permits to be driven any horse, horses or cattle at a pace faster than a walk. It shall be the duty of every constable, policeman and other peace officers to strictly enforce this act by prosecuting as by law directed any person found violating the same. Supervisors of Great Roads, Highway Commissioners and Caretakers of any bridge are also constables, ex-officio, for the purpose of this act.

Extract from act for protection of bridges.

SALESMEN WANTED for "Canada's Greatest Nurseries." Largest List of Hardy Specialties in Fruit and Ornamental Stock, suited for New Brunswick. Spring season now starting. Liberal inducements. Pay weekly. Exclusively Territory. Write for terms and catalogue. STONE & WELLINGTON, Toronto, Ont.

To Cure a Cold in One Day

Take Laxative Bromo Quinine Tablets. *E. W. Grove* on every box, 25c.

Seven Million boxes sold in past 12 months.

This signature, *E. W. Grove*

Cures Grip in Two Days.

on every box, 25c.