Honey as Food.

Honey, which is described as "one of nature's best foods," is the subject of a report by the Ontario department of agriculture. In this it is pointed out that it is only within the past few centuries that sugar has become to go into ecstasies of mirth over them. How known, and only within the last generation that refined sugars have become so low in price that they may be commonly used in the poorest family. Formerly honey was the principal sweet and it was highly valued 3000 years before the first sugar refinary was built. "It would add greatly to the health of the present generation," it is declared, "if honey could be at least partially restored to its former place as a common article of diet.

Excessive use of sugar brings in its train a long list of ills. When sugar is taken into the stomach it cannot be assimilated until first changed by digestion into grape sugar. Only too often the overtaxed stomach fails properly to perform this digestion and then come sour stomach and various phases of indigestion and dyspepsia. In the laboratory of the hive the honey has been fully prepared by the bees for prompt assimilation without taxing either the stomach or the kidneys, so that eating honey the digestive machinery and dragged him in, and shrieked for every is saved work and health is maintained.

Moreover, the same report says that "in many cases it will be a real economy to lessen the butter bill by letting honey in part take its place. Une pound of honey will go as far as a pound of butter, and if both articles be of the same quality the honey will cost the less. Honey is strongly recommended for children, while for persons of all ages a pleasant and wholesome drink is called 'Ger. man honey tea'. This is made by pouring a he backed up against the wall and got mad teacupful of hot water on from one to two teaspoonfuls of honey.

Kidney Disease On the Increase

BUT PREVENTION AND CURE ARE READILY OBTAINED BY THE USE OF

DR. CHASE'S KIDNEY-LIVER PILLS

Recent reports of the New York Board of Health prove that the mortality from kidney disease is greatly on the increase.

Bright's disease as well as the other dreadfully painful forms of kidney disease can usually be prevented and cured by giving some attention to the diet and to the activity of the liver and kidneys.

Excesses in eating and the use of alcholic drinks must be avoided, and the filtering organs can best be kept in good working order by the use of Dr. Chase's Kidney. Liver Pills.

The derangements which lead to Bright's disease usually have their beginning in a torpid liver and there is suffering from headaches, biliousness and indigestion before the kidneys fail and such symptoms appear as backache, scanty, highly colored urine, painful, scalding urination, deposits, etc.

MR. WM. McCRAE, Belledune River, N. B., writes:-"I was a sufferer from sore, lame back for over eight years and had tried most everything. When I received Dr. Chase's Almanac I was almost in despair but I read there about Dr. Chase's Kidney-Liver Pills and began using them. They have proven of such value to me that I feel in duty bound to recommend them to others as the best treatment obtainable for backache and kidney disease."

MR. Luc Dugas, Theriault, Gloucester County, N. B., writes :- "I am sixty-eight years of age and used to suffer a great deal ent form the necessary source of supply." with very severe pains in the back from deranged kidneys. Dr. Ohase's Kidney-Liver Pills have cured me and I have given a good many to friends who have also been much benefitted by their use."

Dr. Chase's Kidney Liver Pills succeed where ordinary kidney melicines fail, because of their direct and combined action on the liver and kidneys. This has been proven in thousands of cases of serious and complicated diseases of the kidneys. One pill a dose, 25 cents a box, at all dealers, or Edmanson, Bates & Company, Toronto.

Religion No Excuse.

A certain theatrical manager of Chicago tells of an Irish policeman in that city possessing Dogberry-like traits.

On one occasion, at midnight, the custodian of the law overhauled a sleep-walker who was promenading a principal thoroughfare clad only in his night robes. When the officer had awakened the unfortunate man, placed him under arrest, and was hustling him off to the station, the sleep-walker exclaimed with indignation:

"Surely you are not going to lock me up?" "Surest thing you know!" airily responded the bluecoat.

Why, man, I can't be held responsible for the predicament you find me in! I am a somnambulist!"

"Sure, it makes no difference what church ye belong to," sharply returned the officer; ye can't parade the streets of Chicago in your mighty!"

All Harry's Fault.

hat with the trelliswork of roses on it, "it to do things that are tunny, and expects us were we to know this wasn't one of them? It was my turn to entertain the club," she continued, says a writer in the Chicago News, "and it was to be a costume party.

"I decided to have a Dutch luncheon, and every one was to come dressed as a Hollander. Nearly all of them came early but Harry, and we were all laughing at each other, when ety that would yield the greatest number of I heard some one on the front porch. When I opened the door I nearly died of laughing. of work getting up his costume, I thought, for he had on big blue trousers, and a checked shirt with pearl buttons, and under his potatoes. So it would be within bounds to cap was a wig of straight yellow hair; and he wore a big vellow moustache.

"He hung back, and acted as though he was ashamed of himself-and, really, I didn't blame him, for you know how proud Harry usually is of his appearance. I grabbed him one to come and look. They just went crazy over him, told him he was splendid, and asked where he got the costume, while they were turning him round till he must have been dizzy.

"He played the part pretty well, too, actually stammering some Dutch at us, and sending us off into fresh spasms. We all laughed so no one could have told what he was saying if any one had wanted to. Then and threw his arms round and knocked over a lamp. When he didn't stop acting after that, or seem sorry, we all stopped laughing and began to feel a little indignant. It seemed to be carrying the joke too far.

"Goodness knows what would have happened next, for he was breathing hard and glaring at us, when there was a fresh commotion in the hall, and who should walk in but Harry himself, in ordinary clothes, with nothing but a big Dutch cap to disguise him. "I looked at him, and then I looked at the

man I had dragged in, and I thought I must be losing my mind. " 'Who are you, anyway?' I demanded of

the man against the wall. "He took a long breath and swallowed hard, and looked as though he would like to

eat some one in revenge. " 'I haf try to tell you,' he said. 'I am the brudder of Lena, und I come to see her.

"Lena is our new maid. I led the man out into the kitchen, where Lena was. Then I hurried back to scold Harry. We all took it out on him, and he got real provoked about it-though I am sure he might have seen he was the one to blame, and ought to have been willing to apologize for it."

Farms to Furnish Fuel, Light and Power.

Secretary Wilson, U. S. Department of Agriculture, calls attention to the fuel problem which the country will soon have to face. Coal is a stored product, and must give out in time. The forests are disappearing. The same is true of mineral oils and natural gas. Eventually the world will be compelled to look to agriculture for its fuel, light and motive power. "It seems to me," says Mr. Wilson, "that through the medium of alcohol agriculture can furnish in the most conveni-

There is little limit on the quantity of alcohol that may be produced from corntops, potatoes, sweet potatoes and yams, and from sugar beets. "Looking at the question from the geographical point of view," continues Mr. Wilson, "the northern States could depend upon the white potatoe, the southern States on the yam, and the western States on the sugar beet. The extensive irrigation projects now carried forward by the government will result in watering land that will produce sugar beets more profitably, perhaps than any other crop. The molasses can readily be turned into alcohol."

Stalks of Indian corn, at the time when the grain is sufficiently ripe to be perfectly sound, contain a large quantity of starch. "If the stalks of corn could be utilized at that time for the manufacture of alcohol," Mr. Wilson adds, "they would produce a quantity which would be almost incredibly large. There would be approximately ten tons of stalks to the acre of corn, yielding 2,400 pounds of fermentable matter, or 170 gallons of commercial alcohol. This is on a basis of 50 bushels of corn to the acre. The average yield of corn is only about half that, but the heavier corn lands of the country that would be used for growing corn for alcohol, average easily 50 hushels to the acre. It is safe to say that the average amount of starch and sugar which goes to waste in the stalks of Registrar of Probate for the County of Carleton.

To Cure a Cold in One Day

Take Laxative Bromo Quinine Tablets. 6. 7. Grove on every box. 25c.

Seven Million boxes sold in past 12 months. This signature, 6. 7. Grove box. 25c.

corn would annually make 100 gailons of "Anyhow," said the girl in the new spring commercial alcohol to the acre. When we consider the vast number of acres of corn in was Harry's own fault. He is always trying this country, approximately 100,000,000, it is seen that the quantity of alcohol that is lost in the stalks is so large as to be almost beyond the grasp of our conception."

"We raise potatoes," he adds, "for human food and for scarcely any other purpose. We plant the potatoes that has the finest flavor, independently of its yield per acre. When we are raising potatoes for alcohol, these considerations need not be regarded. The varibushels would be planted. Where potatoes are used for food for cattle, as is the case in whatever in doubling the 255 gallons per acre received from the present average yield of say that 500 gallons of alcohol can be had from an acre of potatoes.'

An Honest Man

wrote and told us that Ozone had not cured him of stomach trouble. He did not say what kind of Ozone so we wrote and asked him if he was sure he had been taking Solution of Ozone, the kind that contains a coupon entitling the purchaser to one full sized 25 cent package of Celery King free of cost. He replied that he had unknowingly taken some other brank, and was sorry that he had treated us unjustly. Then he commenced to use Ozone (the coupon kind) with Celery King, he is a well man today. You can be cured just as easily if you are careful to ask your druggist for Ozone (the coupon kind) made by THE PUBLIC DRUG CO., BRIDGEBURG, ONT.

Our Chief End.

The older I grow, and now I stand on the brink of eternity, the more comes back to me the sentence in the catechism which I learned when a child, and fuller and deeper its meaning becomes: "What is the chief end of man?" "To gloryify God and enjoy Him forever." And surely this is the begining and end, the Alpha and Omega of that strange, indefinable thing which we call life. -Carlyle.



I have been appointed

SOLE LOCAL AGENT

for this celebrated shoe,

"THE INVICTUS,"

and have just opened out several lines for Ladies and Gentlemen in the most popular leather of to-day-Patent and Grn Metal Calf. Call and examine them.

WALLACE GIBSON,

Corner Main and Queen Streets, Woodstock, N. B.

Probate Court, County of Carleton, Province of New Brunswick.

To the Sheriff of the County of Carleton or any Constable of the said County, -GREETING: WHEREAS Margaret Guest, of the Parish of Kent, in the County of Carleton, wife of William Guest, hath by her Petition prayed that Letters of Administration of the estate and effects of Patrick Haley, who died on or about the Nineth day of June, in the year of our Lord, one thousand nine hundred and six, at the Town of Woodstock, in the said County of Carleton, may

be granted to her. You are therefore required to cite the heirs, creditors, next of kin of the said Patrick Haley, deceased, and all others whom it may concern, to appear before the Judge of Probate for the County of Carleton, at a Court of Probate to be held in and for the County of Carleton at the office of the said Judge of Probate in the said Town of Woodstock, in said County of Carleton, on Thursday the 30th day of August next, at two of the clock in the afternoon, to show cause (if any) why Letters of Administration of the said estate should not be granted to the said Margaret Guest as prayed for by her.

: Given under my hand and the Seal of the said Probate Court this 26th day of June, (Signed) CHARLES APPLEBY,

Judge of Probate for the County of Carleton. JAMES McMANUS,

Cures Grip

in Two Days.

on every

THE OLD AND RELIABLE MUSIC STORE.

PIANOS

Bell, Karn, Dominion, Morris, also The Gorlay, high priced but worth the price.

ORGANS

Bell, Dominion, Karn, and Sherlock & Manning.

I have as good a selection of Musical Instruments as any dealer in the province and can quote prices and terms that can not be beaten by any of them. In offering you the Gorlay I am offering you the leading high priced piano of Canada. It is I knew at once it was Harry, for I recognized many foreign countries, varieties of this kind highly recommended by the greatest artists of the day and has been imported into his eyes. He must have gone to an awful lot | are planted, and there would be no difficulty | the United States in spite of the duty by people who appreciated its quality.

I can supply any taste in musical instruments, either modest or expensive. If you think of buying a musical instrument write me for information. My

traveller can call upon you at any time. I also sell NEW WILLIAMS SEWING MACHINES.

C. R. WATSON,

Dealer in Musical Instruments.

NORTH

SOLID

AMERICAN LIFE

CONTINENT

Woodstock.

Twenty-Fifth Annual Stater

North American Life **Assurance Company**

For the year ended Dec. 31st, 1905.

Standing as at Dec. 31st, 1905: Assets..... 6,958,013.66 Net Surplus..... 570,010.43

C. S. EVERETT, PROVINCIAL MANAGER. ST. JOHN, N. B!

A. C. CALDER, Barrister-at-Law District Agent, Woodstock, N. B

Some people think that they are philosopers because they can laugh at another man's

It takes faith in the depraved as well as in the divine to fashion this old world to the heavenly ideal.

"I had a strange dream the other night," said the major.

"What was it?" said the Young Thing.

"I went to heaven, and, as an old newspaperman, was interested in their journal up there. It was a miserable sheet; not a well written story in it, and I told St. Peter so.' "What did he say ?"

"He said, "It's not our fault. We never get any good reporters up here."-Hustler's

MOTICE.

Notice is hereby given that the

Assessment Roll

for the year 1906 is now in the hands of the TOWN TREASURER, and that a

Discount of 5 per cent.

will be allowed on all taxes paid on or be-

23rd Day of July next.

H. W. BOURNE, Town Treasurer, Collector and Receiver of Taxes. Woodstock, June 11, 1906.

Canadian Pacific Railway

Effective May 6th, 1906.

(Trains daily, except Sunday, unless otherwise DEPARTURES. (QUEEN STREET STATION).

6.10 A MIXED—For Houlton, McAdam Jct. M St. Stephen, St. Andrews, Fredericton, St. John and points East; Vanceboro, Bangor, Portland and Boston; Pullman Parlor Car McAdam Junction to Boston; Palace Sleeper, McAdam Junction to Halifax; Dining Car, McAdam to Terre

9.50 A MIXED—For Aroostook Junction, and Mintermediate points.

11.35 A EXPRESS—For all pionts North; Presque Isle, Edmundston, Riviere du Loup and Quebec.

OFO PMIXED—For Perth Junction, Plaster

M Rock, intermediate points.
P MIXED—For Fredericton, etc., via Gib. 4.35 P MIXED—For Fredericton, etc., via Gib. M son Branch.
5.35 P EXPRESS—For Houlton, St. Stephen, M (St. Andrews after July 1st), Fredericton, St. John, and East; Vanceboro, Sherbrooke, Montreal, and all points West, and Northwest, and on Pacific Coast, Bangor, Portland, Boston, etc. Palace Sleepers, McAdam Junction to Montreal; Pullman Sleepers, McAdam to Boston; Pullman Parlor Car, McAdam to St. John.

ARRIVALS. 11.35 A. M.—EXPRESS—From St. John and East; St. Stephen, (St. Andrews after July 1st), Boston, Montreal and West. 12.15 P. M.-MIXED-From Fredericton, etc via 12.15 P. M.—MIXED—From Fredericton, etc via Gibson Branch. 12.35 P. M.—MIXED—From Perth Junction and Plaster Rock. 5.35 P. M.—EXPRESS—From Fort Fairfield, Cari-bou, Presque Isle, Grand Falls, Edmundston and Riviere du Loup. 4.10 P. M.—MIXED—From Aroostook Junction. 11.00 P. M.—EXPRESS—From Fredericton, St. John and East; St. Stephen, St. Andrews, Houlton, Vanceboro, Bangor, Portland, Boston, etc.

C. E. E. USSHER, G. P. A., Montreal, F. R. PERRY, D. P. A., C. P. R., St. Johr.

FOR SALE

A first class gramophone and forty talking records at half price. Inquire at R. B

Tablets, Foot Stones, Head Stones, Family Monuments.

We make every everything in this line of work, in either Black, Red or Grey Granite or White or Blue Marble.

We buy in car load lots for spot cash and our prices can't be beaten. Our materials and workmanship are the best and we guarantee satisfaction.

Those wishing to buy anything in this line would do well to call and examine the work we have in stock and ask for prices; or if they will write to the firm, Mr. Gallagher will be pleased to call on them with samples of materials, designs, and quote prices.

J. GALLAGHER & SON.

MONUMENT WORKS,

WOODSTOCK.

MONEY TO LOAI On Real Estate. APPLY TO D. M'LEOD VINCE

Barrister-at-Law, Woodstoca, N. B

It is important that persons placing

FIRE INSURANCE

should select strong and reliable companies. This being the case it would be impossible perhanto find four stronger and more reliable companies represented in Carleton County in one office than the following companies for whom the undersigned is agent, namely:

CALEDONIAN, the Oldest Scottish Fire Office NORWICH UNION, Established in 1797. ATLAS, Founded in the reign of King George III and the QUEEN. shall be pleased to see intending insurers.

> LOUIS E. YOUNG, Woodstock, N. B.

THE ATLANTIC MUTUAL FIRE ASSURANCE ASSOCIATION

Its directors include many of the foremost men New Brunswick and Nova Scotia.

It is endorsed by the leading farmers and bus ess men throughout the two provinces Its rates are the lowest.

It is the people's company.

A. C. CALDER Barrister and Solicitor, Agent for Carleton County.