

# Constipation

Baked sweet apples, with some people, bring prompt relief for Constipation. With others, coarse all-wheat bread will have the same effect. Nature undoubtedly has a vegetable remedy to relieve every ailment known to man, if physicians can but find Nature's way to health. And this is strikingly true with regard to Constipation.

The bark of a certain tree in California—Casca-sagrada—offers a most excellent aid to this end. But, combined with Egyptian Senna, Slip-perry Elm Bark, Solid Extract of Prunes, etc., this same Casca-sagrada bark is given its greatest possible power to correct constipation. A toothsome Candy Tablet, called Lax-ets, is now made at the Dr. Shoop Laboratories, from this innocuous and most effective prescription. Its effect on Consti-pation, Biliousness, Sour Stomach, Bad Breath, Sallow Complexion, etc., is indeed prompt and satisfying.

No gripping, no unpleasant after effects are experienced, and Lax-ets are put up in beautiful lithographed metal boxes at 5 cents and 25 cents per box.

For something new, nice, economical and effective, try a box of

# Lax-ets

## Reversing the Code.

"Helen Bates called Charles up on the telephone this morning," a middle-age woman remarked to her daughter a few days ago. "She said he was not at the office, so she thought it possible that he had not left home yet. When I asked her if the family was in any trouble, she seemed very much surprised at the question. She was going downtown today, she said, and merely wanted to let Charles know it. Is it the fashion nowadays for young women to keep their men friends informed of their movements in this way?"

"It's the fashion if the young women find it worth while," returned the daughter demurely, but her eyes twinkled. "If you kept abreast of the times, mother, you would know that the average girl in these days must take the initiative if she doesn't want to sit in a corner, unadmired and unappropriated."

"In my day," said the elder woman, with dignity, "the girl who went out of her way to attract a man's attention, was considered bold and forward, if nothing worse."

"In your day, violets were more fashionable than chrysanthemums, mother, that is the difference," the younger woman retorted. "We regret it but times have certainly changed. Nowadays it is the girls who give the attention, the men who receive it."

"You may remember the Carters? Those girls were all pretty and popular, but when they lost their money they dropped out of the public eye, and it wasn't because people really thought less of them, but simply because they hadn't the means to do things that had been everyday occurrences with them hitherto. Bell Carter used to be seen at the matinees and football games with men all the time, and it was generally known that she paid the bills, but no one thought any less of her on that account. Now she never goes anywhere."

"She started on the wrong principle," said the elder woman decidedly. "If she had never done these things for men, she—"

"Would have staid home, or gone with other girls," finished the daughter. Now you meet Ned Carter, everywhere. He isn't a bit better looking or richer, or more attractive than his sisters, but he is a man, he knows a lot of rich girls, and he gets asked by them. There are plenty of girls, and their mothers, too, who are willing to go to any expense for the sake of having a nice looking man to go around with them."

"But the men don't marry that kind of girls," put in the mother triumphantly, "they may accept their attentions, and flirt with them, but it doesn't go any further. Many persons are complaining that the number of marriages is falling off year by year. It seems to me they might see that this

reversing of matters is at the root of the scarcity in weddings. When I was a girl, an old maid in the vicinity was rare enough to cause comment. Look at the unmarried women of today!"

"Well, there are plenty of them, I know," the daughter admitted, "but that's because a woman doesn't have to take the matrimonial vows any more, in order to escape the jibes of her family. She can live in an apartment, take up any fad she pleases, and handle a latch key, without being haunted by the fear that if she doesn't succeed in dragging some man to the altar before very long, she will have disgraced her sex and herself."

"As for men not wanting to marry the girls that run after them, I am in no position to settle that question, since I am not married, and—But personal observation leads me to believe that what a man wants most in a woman depends entirely upon the man. I was talking to a man the other day, whose views would have filled you with joy. He said he wanted a wife who was modest and demure, and waited to be wooed; but I know a girl who calls him up once a week, and hints that he shall take her out to lunch, and—he takes the hint. There are plenty of the modest violet type of maidens unattached, but I haven't noticed that he was hurrying after one of them."

"I know another man who says distinctly that he would never bother about any woman who didn't bother about him first, and why should he? His mail is flooded with invitations from various girls of his acquaintance, he gets barrels of presents in season and out, and as for his taking a girl anywhere when he has to foot the bills—the idea is absurd. Now that man may never marry anybody, but if he does the probabilities will be that the girl will be chosen from among those he knows, and at the present time he has only seen fit to know one kind."

"Well, all I have to say," announced the mother in a tone of finality, "is that I sincerely trust no daughter of mine will ever stoop to such undignified methods. I should feel that all my teaching had been in vain."

"Oh, present company is always the exception, of course, and I trust I have never done anything thus far to cause my ancestors to turn in their graves," said the daughter, stooping to pick up her handkerchief as she spoke, and hiding at the same time, the smile that lurked about the corners of her demure mouth.

If "taken at the Sneezing Stage" Preventics—a toothsome candy tablet—will surely and quickly check an approaching cold or Lagrippe. When you first catch cold—or feel it coming on—take Dr. Shoop's Preventics, and the prompt effect will certainly surprise and please you. Preventics, surely supply the proverbial "ounce of prevention." Sold in 5 and 25 cent boxes by all dealers.

## Some Shorthorn History.

Ex-U. S. Senator Harris, who gave Hoch such a close run last month for the Governorship of Kansas, in a recent article on Shorthorn history, says: "The Collings brothers flourished more than 100 years ago. They had some pretty distinct ideas as to the breeding of cattle, and utilized the principle of in-breeding. They bred the celebrated bull, Comet, which sold for \$6,000 in 1800. Comet was the first Shorthorn bull of distinction of which we have record. In order to demonstrate how the breed would take on fat, the brothers fattened a heifer, which was known as the white heifer that traveled, as the animal was shown over large parts of England. Charles and Robert Collings had the best cattle in England, and seem to have been the pioneer breeders of the cattle that developed into our Shorthorn of today. At the sale of the Collings herd the two principal buyers were Thos. Bates of Kirk Leavington and the Booth brothers of Warlaby, Yorkshire. Mr. Bates and the Booths started two distinct and rival strains from the Collings cattle. Bates was a cantankerous old gentleman, who had very definite ideas about the breeding of cattle. He believed that the ideal cattle should have style, finish and be big milk producers. The Bates cattle came to be known as the dairy breed. While he was breeding along these lines and abusing all other kinds of cattle the Booths were following another line of development. They bred for beef. They believed in broad backs. 'Are not broad backs worth more than a few plants of milk?' was their argument. These two families argued and bred cattle along their respective lines of reasoning for years. In 1838 the Bates herd was dispensed. The Booth herd was continued, and the great grandson of one of the original brothers continues the herd to this day at Warlaby. But neither the Bates nor the Booth cattle gave full satisfaction to practical breeders. In Scotland, particularly, there was a demand from the tenant farmer for a breed of cattle that would thrive on rough feed such as the country afforded. Captain Barclay of Ury, in answer to this demand, took to the north of Scotland a lot of mixed cattle and began developing a practical breed. This old Captain Barclay, by the way, seems to have been the greatest sport among the live stock pioneers. There was no proposition of a sporting nature that did not draw his money from his pocket. He won a wager that he could walk 1,000 miles in 1,000 hours; also that he could drive the same distance in the same



# To Make Pain Disappear

Pain is the body's cry for Help! Johnson's Anodyne Liniment is the response to that cry.

People will get hurt—and they must be cured. Whatever the pain there's a remedy in

# JOHNSON'S ANODYNE LINIMENT

If you ever have a cut, burn, sting, ache, sprain, strain, lame back, sore muscles, muscular rheumatism, stiff joints, swellings, faceache, headache, earache, frostbites, chilblains, chaps, or any other outward pain, you will be glad to know there's a swift cure for all of them in Johnson's Anodyne Liniment. When pain comes to you and yours don't dally or experiment—just reach for Johnson's Anodyne Liniment and follow directions. There's ease in every drop. Sold everywhere. 25c and 50c.

I. S. JOHNSON & CO., Boston, Mass.

Catarrh of the nose and throat should lead you to at least ask us for a free trial box of Dr. Shoop's Catarrh Cure. Nothing so surely proves merit as a real, actual test—and Dr. Shoop, to prove this, earnestly desires that we let you make that test. This creamy, Snow White healing balm, soothes the throat and nostrils, and quickly purifies a foul or feverish breath. Call and investigate. All dealers.

time. He was a plunger on the Derby and a pugilist of much prowess. In his biography, it is told how he became mixed with the celebrated Jem Mace without the formality of gloves, and how Mace finished a very bad second. Captain Barclay was succeeded in his cattle breeding efforts by Amos Cruickshank or Sittytton cattle, which are generally regarded as the premier strain to this day. Cruickshank disregarded the then fashionable strains and produced an animal of good constitution, easy feeding qualities, and of great practical utility. His work was not recognized for a long time, but the name of Cruickshank is now the proudest one in Shorthorn lore. We began to import the Cruickshank cattle about 1881. In England the Bates and Booth cattle were continued by William Torr of Aylesby, T. C. Booth, Jonas Webb, and others, and some of the old rivalry that developed after the Collings sale still exists."

## TO CURE A COLD IN ONE DAY

Take LAXATIVE BROMO Qui nine Tablet Druggists refund money if it fails to cure. E. W. GROVE'S signature is on each box. 25c.

## The Almost Human Dog.

The dog undoubtedly exhibits more human traits than any other or the lower animals, and this by reason of his long association with man. There are few of our ordinary emotions that the dog does not share, as joy, fun, love of adventure, jealousy, suspicion, comradeship, helpfulness, guilt, covetousness, and the like, or feelings analogous to these—the dog version of them. I am not sure but that the dog is capable of contempt. The behaviour at times of a large dog toward a small, the slights he will put upon him, even ejecting his urine upon him, is hardly capable of any other interpretation. The forbearance, too, which a large dog usually shows towards a touchy little whiffet, never resenting its impudent attacks, is very human. "A barking dog never bites, is an old saying founded upon human nature as well as upon dog nature. The noisy blusterer is rarely dangerous, whether man or dog. I do not agree with Stevenson that the dog is a snob. The key to a dog's heart is kindness. He will always meet you half way and more. I have been asked why the farm dog usually shows such hostility to tramps and all disreputable looking persons. It is not their looks that disturb the dog, but their smell—a strange unknown odor.—John Burroughs, in Human Traits in Animals, in The Ouring Magazine for December.

If you like Coffee but dare not drink it, try Dr. Shoop's Health Coffee. It is true that real Coffee does disturb the Stomach, Heart and Kidneys. But Dr. Shoop's Health Coffee has not a grain of true coffee in it. Being made from parched grains, malt, etc., it forms a wholesome, food-like drink, yet having the true flavor of Old Java and Mocha Coffee. "Made in a minute." Call at our store for a free sample. Sold by all druggists.

## January Contents.

The Designer for January offers a line of new ideas for the New Year. The main requirement for a magazine of any kind is to keep a little ahead of the times. It is a difficult proposition, but with hustling and perseverance it can be done. THE DESIGNER



## Twenty-Fifth Annual Stater

## North American Life Assurance Company

For the year ended Dec. 31st, 1905.

Standing as at Dec. 31st, 1905:

Insurance in force	\$37,827,606.00
Income	1,063,854.19
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Net Surplus	570,010.42

If you require any information regarding life or endowment insurance, kindly send to address given below, your age next birthday, when full particulars will be furnished.

C. S. EVERETT, PROVINCIAL MANAGER, ST. JOHN, N. B.



## The Only School in Maine or New Brunswick That Has Found a Position for Every Graduate.

It means a great deal to you to go to work direct from school, instead of after a long wait.

A. O. HODGINS, Prin., Houlton, Me.

makes this its chief aim. Readers who have an eye for important details should not overlook the superiority of the illustrations in THE DESIGNER over other fashion magazines. The models pictured and described are the designs of the fashion makers. Besides this, there are special articles by people who know their subjects well. Among these articles are, "The Business Woman's Outfit," "Lesson in Dressmaking," "Instructions in Millinery," "Homelike Interiors." Laura Seiple's up-to-the-last-minute descriptions of the new fashionable fancies in dress, etc. The other half of the magazine is devoted to stories and poems appropriate to the season, among which is an exceedingly graceful little sketch, "A Cinderella of a Night," by Helen Clark Balmer, and poems by Arthur Powell, John Kendrick Bangs and Susie M. Best. The astonishing part of it is that you can have THE DESIGNER for a year for fifty cents, postpaid. Send subscriptions for 1907 now.

It is important that persons placing FIRE INSURANCE should select strong and reliable companies. This being the case it would be impossible perhaps to find four stronger and more reliable companies represented in Carleton County in one office than the following companies for whom the undersigned is agent, namely: CALEDONIAN, the Oldest Scottish Fire Office NORWICH UNION, Established in 1797. ATLAS, Founded in the reign of King George III and the QUEEN. I shall be pleased to see intending insurers. LOUIS E. YOUNG, Woodstock, N. B.

Jan 9 tf Estate George Leary. Any one indebted to the estate of George Leary late of the Parish of Brighton, deceased, is hereby requested to make payment to the undersigned, who will receive all bills properly attested as owing by deceased. GEORGE DURRELL GRIMMER, Dec. 12, 3 mos. St. Andrews.



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for our Plumbing is a strong one. We see that the work is perfectly done and that perfect materials are used.

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That's what we want to do, so that you will be convinced of our ability and purpose to do that which will prove satisfactory.

## FEWER BROS.

Connell Street, Woodstock.

## In a Class by Itself

It is quite true FERROL is an emulsion of Cod Liver Oil and a particularly good one at that. But it combines Iron and Phosphorus with the Oil, and these are just what are needed to make the emulsion perfect and they are just what all other emulsions lack.

# FERROL

is unique because It combines Iron and Phosphorus with Cod Liver Oil. It is pleasant to take and easy to digest. It holds the record for increasing the weight (95½ lbs from the use of 25 bottles). The formula is freely exposed and its bona-fides are vouched for by eminent analysts in Canada, the United States and Great Britain. It is endorsed by prominent physicians of all schools. It is used in all the leading Hospitals, Sanitariums and other Public Institutions. The London (Eng.) Lancet, after careful analysis in its own laboratory, fully endorses it. We are prepared to substantiate all the above statements. FERROL is the embodiment of health, strength and vitality, and "You know what you take"

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