

Constipation

Baked sweet apples, with some people, bring prompt relief for Constipation. With others, coarse all-wheat bread will have the same effect. Nature undoubtedly has a vegetable remedy to relieve every ailment known to man, if physicians can but find Nature's way to health. And this is strikingly true with regard to Constipation.

The bark of a certain tree in California—Cascara Sagrada—offers a most excellent aid to this end. But, combined with Egyptian Senna, Slippery Elm Bark, Solid Extract of Prunes, etc., this same Cascara bark is given its greatest possible power to correct constipation. A toothsome Candy Tablet, called Lax-ets, is now made at the Dr. Shoop Laboratories, from this ingenious and most effective prescription. Its effect on Constipation, Biliousness, Sour Stomach, Bad Breath, Sallow Complexion, etc., is indeed prompt and satisfying.

No gripping, no unpleasant after effects are experienced, and Lax-ets are put up in beautiful lithographed metal boxes at 5 cents and 25 cents per box.

For something new, nice, economical and effective, try a box of

Lax-ets

San Francisco's Plight.

The indictment of Mayor Schmitz and of "Abe" Ruef, the boss whose creature the Mayor is, for blackmailing disorderly resorts, gives hope at last that something may be done, to free San Francisco from evils far worse than those resulting from earthquake and fire. Not in the whole depressing history of our municipal government has there been a more flagrant alliance of the authorities and the forces of evil than in the chief city of the Pacific coast. The "system" was direct and un concealed in its methods, which of course, pleased the corrupt railroads and corporations, the merchants who profit by illegals, favors, and all the elements that make money out of a "wide-open town." A modern Sodom, San Francisco has been; its citizens admit it. It has been the custom to denounce the degradation of Chinatown—long maintained in evil condition for money making purposes—but if the Chinese had wished to retaliate by setting forth the facts as to San Francisco's "Tenderloin," the *tu quoque* would have been unanswerable.

A year ago, the decent citizens of San Francisco made an effort to rescue the city by electing as Mayor John S. Partridge, a young lawyer of integrity and courage. He came within a few thousand votes of winning, but the dissolute, the criminals, the grafters, the labor unions, and those affiliated with corrupt corporations were successful in retaining Schmitz, or rather Ruef, in power. The former was first violin of the Columbia Theatre when originally elected Mayor as the representative of union labor; since then he has become an owner of race horses, and a heavy "plunger" on the tracks. That he was an outright grafter has long been believed by men of standing in the community. The details of the present charges against him have already appeared in print; so have many others. Fortunately, there is now a public prosecutor in San Francisco who has kept his word, and indicted both of the chief offenders. He has publicly declared that most of the judges of the city are "crooked," and his sources of information are excellent.

Moreover, two of Schmitz's officials have practically turned State's evidence. H. W. Hutton, a police commissioner who had the respect of the community, was removed by the Mayor on trumped-up charges because he tried to close up two notorious resorts. His experience he has stated as follows:

I was carrying on an active fight against the resort at No. 620 Jackson Street and was trying to put it out of business. I was informed that the effort I was making, together with my campaign against the French restaurants, was the last straw on the camel's back. I was removed from office within a week. I was advised by Mr. Ruef on one occasion that I had the saloonkeepers terrorized, which I took as a gentle hint to quit. But I didn't quit.

Another police commissioner, Thomas Reagan, is said to have insured every saloon keeper in town at outrageous rates. He finally fell out with the Mayor, against whom he made definite charges of rascality sufficient to fill a book. The Mayor declined to answer him, but brought no suit for slander or libel, Reagan having stated that there were other things he could tell later. The lucrative nature of public office under Schmitz is well illustrated by the case of Supervisor Rea, once a municipal ownership advocate, until the United Railroads got an immensely valuable franchise for nothing. It has since been announced that this once poor painter is in a real estate deal involving \$700,000. With his partner, a Mr. Sullivan, he has leased an entire Spreckels block at a total rental of \$500,000 upon which he will build stores valued at \$200,000.

But the chief cause of San Francisco's downfall, the reason why her confident hopes of early reconstruction are dashed, is the greed, the corruption, the rascally selfishness of the labor unions. A bold defender of organized labor must be speechless in view of its San Francisco record. It has owned the city and the judges. According to an admirable article on the situation in American Industries, no injunction suit against a labor union can be brought even before the honest judges, so elaborate is the labor-union conspiracy. Gompers himself declared three years ago that "every non-union man in San

Francisco must get out," and the threat was nearly carried out. When a ship-owners' association asked for protection for non-union workmen, Schmitz told them that he would not allow "his police" to protect a lot of strike-breakers, and he did not. When the great fire was over, the labor leaders stated in a proclamation that no union would be allowed to raise wages, and that non-union men would be allowed to work. This was hardly published before non-union men were driven from the ruins, and there is not a trade today in which wages have not been raised from 20 to 30 per cent. Yet San Francisco cannot be rebuilt without the aid of non-union workmen. Already men who wish to erect \$100,000 buildings realize that they must spend \$150,000—the extra sum going as tribute to the unions.

Labor agitators the country over have long dwelt on the halcyon days certain to come when everybody was unionized and labor controlled the Government. Well, it has been tried in San Francisco, and the whole world can read the result. In the face of a great calamity the city's hands are tied; its name is besmirched. Union control has meant simply license to graft, to rob, to extort. It has carried with it the rule of the corrupt, the wanton and the depraved. And organized labor has gloried in it.—New York Post.

Thousands of Horseshoes.

In one of the junk yards on North Grand Avenue there is a stack of horseshoes in the shape of a rick of hay, a little more than twelve feet high by actual measurement, and twelve feet thick at the base.

"Pretty big stack to be solid horseshoes, second hand at that, isn't it?" smiled the junk man to another who had stopped to look at it.

"Yes," coincided the stranger. How much do you reckon it weighs?"

"Well, our books show a little over twenty-seven tons of horseshoes on hand, and they are all in that pile."

"How many individual horseshoes do you suppose there are there?" went on the visitor.

"That's hard to tell exactly," was the reply. "There are all sizes in that pile. I should say the average horseshoe would weigh a little less than two pounds."

The visitor did a little lightning calculation on the back of an envelope.

"In the neighborhood of 30,000 horseshoes," he announced, "all in one pile."

"Yes," added the junkman, "and that is the accumulation of only a little more than four months."—Kansas City Star.

Tore Their Flesh to Stop Itching.

LITTLE CHILDREN SUFFERED GREATLY WITH ITCHING, STINGING ECZEMA—CURE CAME WITH USE OF

Dr. Chase's Ointment.

Baby eczema brings keen suffering to many a little one and worry and anxiety to many a mother, who can find nothing to cope with it nothing that will stop the dreadful itching and heal the raw, flaming skin.

Doctors fail, internal medicines are at the best slow and uncertain, and often do more harm than good to young children. Dr. Chase's Ointment, on the other hand, is applied direct to the diseased parts and brings relief and cure.

Mrs. Lois McKay, Tiverton, Digby Co., N. S., writes:

"My children were taken with an itching, burning skin disease and tore their flesh until it was sore, and their shirts would sometimes be wet with blood. The doctor did not seem to know what ailed them and could give no relief, so I began using Dr. Chase's Ointment."

"Whenever it was applied it did its work well and has entirely cured them of this horrible disease. They suffered so they could not sleep nights, and I think if it had lasted much longer I would have gone crazy from the anxiety and loss of sleep. I cannot find words to praise Dr. Chase's Ointment enough for the good it has done my children."

Mrs. Wallace Minton, River John Road, Colchester Co., N. S., writes:—"My little took eczema when she was five weeks old. Though we doctored her until she was nearly a year old, she got no better. I was advised to use Dr. Chase's Ointment and this treatment completely cured her."

Wherever there is itching of the skin or a sore that refuses to heal you can apply Dr. Chase's Ointment with every confidence that the results will be entirely satisfactory.

While thoroughly effective in the most severe cases of eczema and salt rheum. Dr. Chase's Ointment will not injure the most delicate skin. 60 cents a box at all dealers or Edmanson, Bates & Co., Toronto.

Climate and Consumption.

Only a few years ago one suffering from consumption was thought to be incurably ill, and doomed to a death which, although perhaps slow, was inevitable. Modern scientific knowledge has changed all that. It is now known that tuberculosis taken in time is quite amenable to treatment, and indeed often gets well of itself without any special effort on the part of patient or physician.

The modern treatment is mainly climatic, that is to say, a removal, if possible, to some part of the world where the climatic conditions are such that the patient can pass most of his time in the open air. But if this were

all that is needed the question would be a much more simple one than it really is. It is indeed the main, but not the only thing.

It is desirable also that the place of residence of the consumptive shall be dry, sunny, and free from high winds and dust. Whether it shall be in the mountains or near sea-level, in the so-called temperate zone or in the tropics, is a matter to be determined by circumstances. Some persons prefer warm air to cold; others suffer from heat and feel well only in cold weather. Naturally the patient's inclinations are to be consulted in such a case, for it would be cruel and disastrous to send a lover of the tropics to winter in Minnesota, and equally cruel to compel a snowbird to live in the West Indies.

A climate that will be beneficial in one stage of the disease may be harmful in another. Elevated regions, for example, are suitable as a rule only for cases of consumption in the early stages, and may aggravate the condition at a later stage, when the patient has had one or more hemorrhages. At a very advanced stage no climate, however ideal, will compensate for the fatigue and dangers of a long journey, and home is the only place.

But after all that can be said for the climatic treatment of consumption, the main thing is the open air, and that one can get without the trouble and expense of travel by simply keeping windows open day and night. It is harder to follow out the open-air treatment in a large city than it is in Colorado or southern California or Jamaica, but it can be done, and no one need forego its benefits while there are windows in walls, or while there is space in which to pitch a tent.

If "taken at the Sneezing Stage" Preventics—a toothsome candy tablet—will surely and quickly check an approaching cold or Lagrippe. When you first catch cold—or feel it coming on—take Dr. Shoop's Preventics, and the prompt effect will certainly surprise and please you. Preventics, surely supply the proverbial "ounce of prevention." Sold in 5 and 25 cent boxes by all dealers.

The Hundred Best Books.

(T. P.'s Weekly.)

Mr. Mostyn T. Pigott, whose hand never seems to lose its cunning and lightness of touch, thus delivered himself on the subject of the hundred best books:

First there's the Bible,
And then the Koran,
Odgers on Libel,
Pope's Essay on Man,
Confessions of Rousseau,
The Essays of Lamb,
Robinson Crusoe,
And Omar Khayyam.
Volumes of Shelley,
And Venerable Bede,
Machiavelli,
And Captain Mayne Reid.
Fox Upon Martyrs
Liddell and Scott,
Stubbs on the Charters
The works of La Motte,
The Seasons by Thomson,
And Paul de Verlaine,
Theodore Mommsen
And Clemens (Mark Twain.)

The House of Seven Gables,
Carroll's Looking Glass,
Aesop's Fables,
And Leaves of Grass,
Departmental Ditties,
The Women in White,
The Tale of Two Cities,
Ships that Pass in the Night,
Meredith's Feverish,
Gibbon's Decline,
Walter Scott's Peveril,
And—some verses of mine.

Piles get quick relief from Dr. Shoop's Magic Ointment. Remember it's made ALONE for Piles—and it works with certainty and satisfaction. Itching, painful, protruding, or blind piles disappear like magic by its use. Try it and see. All Dealers.



COLD

JOHNSON'S

Anodyne

LINIMENT

and never mind the rest. Cold in any part of the body needs prompt attention whether it be in the throat, chest, lungs or bowels. A few drops taken on sugar will relieve and cure respiratory troubles. Will also cure colic, cholera, diarrhoea and kindred bowel complaints. Use it externally for cuts, burns, insect bites and stings, strains, sprains, sore muscles, lame back, muscular rheumatism, frostbite, chaps and chilblains. For whatever pain, whether inside or out, Johnson's Anodyne Liniment is the remedy—sure and speedy.

Everywhere 25c and 50c

I. S. JOHNSON & CO., Boston, Mass.

Chest Colds

Many a life has been sacrificed to a common, everyday cold. First a sneeze—then a snuffle—a cough—pains in the chest—then—but why continue? Remove the first symptoms by using

Help the Liver

It is a well-known fact that when your liver refuses to do its work you cannot do yours. As the heart is the body's mainspring even so is the liver its regulator. When you "lose time" or are "run down," just try

and get into "standard" form again. They regulate gently yet effectively. Stomach, bowels and liver all work in harmony after using—that means good health. Don't lose a minute, but get them NOW.

25c at all druggists or 5 bottles for \$1.00 postpaid



I. S. JOHNSON & CO., Boston, Mass.

Twenty-Fifth Annual Stater

—OF THE—

North American Life Assurance Company

For the year ended Dec. 31st, 1905.

Standing as at Dec. 31st, 1905:

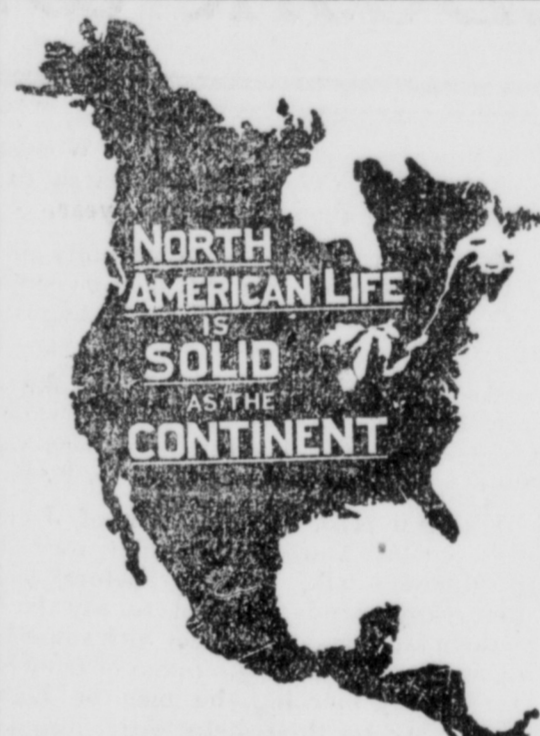
Insurance in force	\$87,827,606.00
Income	1,663,854.13
Assets	6,958,013.66
Net Surplus	570,010.42

If you require any information regarding life or endowment insurance, kindly send to address given below, your age next birthday, when full particulars will be furnished.

C. S. EVERETT,

PROVINCIAL MANAGER,

ST. JOHN, N. B.



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I can fit you up a

BATH ROOM

I have on hand the very latest goods

in the Plumbing line.

Aqueduct Pipe,
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East Florenceville.

The London Mail mentions a fact that even a good many Germans do not know, viz., that the German emigrant keeps his German nationality for only ten years; after that, unless he has registered himself at a German consulate or embassy in the country to which he has emigrated, he automatically ceases to belong to the Fatherland.

Ferreira, the leader of the Boers, who raided the Cape Colony for a few days recently till the colonial forces rounded them up, is, as his name would indicate, a Portuguese. His lieutenant is named Max Jensen. He fought bravely for the British against the Boers during the war, but is reputed to be a desperado.

Notwithstanding some recent good gun records on British warships, the admiralty still seems to lack confidence. The plan to make a target of the wrecked and abandoned battleship Montagu on Lundy Island has been abandoned, for fear the gunners might destroy a lighthouse that is in the neighborhood.

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HOULTON COLLEGE

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Take Laxative Bromo Quinine Tablets.

Seven Million boxes sold in past 12 months.

This signature, E. W. Lowe

Cures Crip in Two Days.

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