

IF WE ONLY UNDERSTOOD.

Could we but draw back the curtains
That surround each other's lives,
See the naked heart and spirit,
Know what spur the action gives,
Often we would find it better,
Purer than we judge we should;
We should love each other better,
If we only understood.

Could we judge all deeds and motives,
See the good and bad within,
Often we should love the sinner,
All the while we loathe the sin;
Could we know the powers working
To overthrow integrity,
We should judge each other's errors
With more patient charity.

If we knew the cares and trials,
Knew the efforts all in vain,
And the bitter disappointment,
Understood the loss and gain,
Would the grim, eternal roughness,
Seem I wonder, just the same?
Should we help where now we hinder,
Should we pity where we blame?

Ah! we judge each other harshly,
Knowing not life's hidden force;
Knowing not the fount of action
Is less turbid at its source;
Seeing not amid the evil
All the golden grain of good;
And we'd love each other better,
If we only understood.

—RUDYARD KIPLING.

Girls on the Farm in the Crisis.

(London 'Advertiser'.)

In various parts of the country, male labor is so scarce that girls are being employed to help in the harvest fields. It will do them no harm. Very many of their mothers and grandmothers helped to make this province what it is by engaging in many varieties of work on the farm. And they were none the less womanly or less fitted to adorn their homes because of this timely co-operation. Through the aid of machinery, work on the farm is made much easier than it was in those days, and only an empty pride will prevent the daughter of the farm, now that there is such a great dearth of farm labor, from now lending a hand. What more healthful occupation than mounting a reaper seat, and controlling the horses while the golden grain is being mowed down? This is certainly much easier work than the women of former generations, both in Canada and Great Britain had to perform. If the boys of to-day go off to build the railways or to look for farms in the new districts the girls must save the old homes till they return.

There is more Catarrh in this section of the country than all other diseases put together, and until the last years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven catarrh to be a constitutional disease and therefore requires constitutional treatment, Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials.

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Suicide and Religion.

There are about 600 suicides every year to 100,000 of our population, and the ratio is increasing a little every year. Among the causes assigned for this increase by Dr. Hanz Rost, who has been making the subject special study, is a letting down in religious sentiment and faith. That is to say, the simple belief of the fathers, taken in connection with man's immediate responsibility to God, was in a measure preventive of suicide. The doctor's investigations have led him to the conclusion that suicide is not caused, to any great extent, by mere privation or physical suffering; but it comes through mental disturbances and anguish that the old-time religious belief and habit could in a measure requite.

Here is a point for some thoughtful preacher to take hold of—that a settled religious belief is a condition of sanity, and that if there is any doubt about the future world there is no doubt that a man is safer in this world who believes in God, His mercy and His love. There seems to be no doubt of the conditions that contribute to this argument. It is a matter of psychological proof supported by comprehensive statistics.

This fact, if properly used, is a greater argument for religion than the discovery of a new balsam on the slopes of Khorsabad, or a banded papyrus in the tombs of the Pharaohs.—Ohio State Journal.

When taking in your house plants in the fall remember to give them plenty of water, and do not allow the soil to harden. When

water is put in saucers to be drawn up through the bottom of the pot, the plants gets very little of it. The roots alone are not the only important part of the plant. The leaves need water and considerable attention, for dust clogs the pores and prevents the plant from getting moisture. Sprinkle the leaves and flowers every time you water the plant. In the case of plants with large leaves, it is well to wash them off lightly with a wet sponge. The water should not be cold, but about the same temperature as the room. It does not hurt the plant to give them a thorough soaking once in a while. It is much better than frequent wettings, with only a little water. Some authorities say plants should not be removed from the pots when placed in the ground in the spring. If this is done it disturbs the roots when they are reported in the fall. If the house is heated by steam or furnace, it is necessary that water should be kept on the radiators to prevent the air becoming too dry. It is not well to keep plants in painted pots. The paint closes the pores of the clay and prevents the air from reaching the roots.

Why the Business Girl Makes a Good Wife.

She should make the best sort, because she knows the worries that beset a man in business.

She understands the value of money, having had to work for it herself.

She has probably learned to dress neatly and carefully, without extravagance.

She knows by experience the workers' need of a quiet, restful home at the day's end.

She has learned in her business career the necessity of system in all work.

She knows the unfairness of loading the business person down with household errands.

She knows how easy it is to be detained at the office, therefore, won't fuss if dinner is kept waiting.

She knows that there are bigger things in the universe than the trifling little personal things that happen to her each day.

Her own experience has taught her that it is only in a cheerful, peaceful home, lit by the light of love, that the worker can find strength and refreshment to start each day's toil anew.—Detroit 'News.'

For Lovers of Dickens.

Readers of "Nicholas Nickleby" will remember the "little cottage at Bow," where the hero took his mother and sister to live whilst he served the genial Brothers Cheeryble. The Dickens Fellowship, to whose labors the public owe so much of reminiscence, have identified the spot with the Grove Hall Estate, which was, until recently, the site of a private lunatic asylum. The estate is surrounded by a high wall, upon which to this day the back gardens of some cottages abut, so that here we have the origin of the comical story of Mrs. Nickleby's lunatic admirer. The Council of the Fellowship, whose address is Whitcomb House, Witcombstreet, W. C., now suggest that the estate, which is in the market, and comprises a dozen acres of nicely wooded land, might be acquired as a public recreation ground. Dickens himself would have been delighted at such a proposal, and crowded Bow would be equally pleased.—London Chronicle.

Don't Forget This Cackle.

A duck, which had faithfully struck the business during the summer and laid several dozen, large, fawn-colored eggs, complained that she was not appreciated.

'See that hen over there?' said the duck; 'she has not laid so many eggs as I have, nor so big, but she has books written about her, and verses composed in her honor, while nobody says a word about me.'

'The trouble with you is,' said the wise Buff Leghorn cock that was standing near, 'that you do not tell the public what you have done. You lay an egg and waddle off without saying a word, while that sister of mine never lays one without letting everybody in the neighborhood know of it. If you want to cut any ice in this community you must learn to advertise.'—Troy (N. Y.) 'Chief.'

The King's Welch.

The King, who was Prince of Wales for a longer period than any of his predecessors, is said to speak a few words of Welsh. There is a story told of a Chicago girl, the daughter of a millionaire, who, in the days before his Majesty had ascended the throne, had determined to visit England. A friend found her studying Welsh, and in reply to a question the girl said: "I'm going to be presented to the Prince of Wales when I'm in London, and I should like to be able to speak to him in his real native language."—[St. James's Gazette.

A delicious sandwich mixture for afternoon tea or luncheon is made of an equal amount of cold chicken and tongue, chopped up very finely in a bowl. To this add a dozen large olives, stoned, and half a dozen hard boiled eggs. Chop this until it is as fine as possible, and then mix in enough mayonnaise to make a thick paste. Spread this upon thin white bread and butter, and you will confess it is as good as it sounds.

The Fame of Dickens.

The London Times in noticing G. K. Chesterton's book on Charles Dickens makes this statement:—

'There was a time when a critic who stood up for Dickens felt that he risked his own reputation for culture and had almost of necessity to begin his task by knocking down the nine-pins earlier critics had set up. There are no longer any nine-pins in the path, for all sensible people are of the same opinion about Dickens. His admirers admit his faults, and the faultfinders admit his merits. He is the most solid fact in English literature, a more solid fact than even Shakespeare.'

How She Dressed.

"Ladies and gentlemen," said the manager, of the amateur entertainment, "I ought to explain that Miss Curtis, of Boston, who has volunteered to assist in this concert, because of some delay in the baggage service has not received the dress she intended to wear. She has, however, kindly agreed to appear without her dress. "No! no! ladies and gentlemen," he added, blushing furiously, when a roar of laughter showed that his remarks were willfully misinterpreted, "I didn't mean just what I said; I meant that Miss Curtis will appear with what she has on."

A Moderate Desire.

To have feet which require number fourteen-and-a-half shoes to enclose them, is to be a marked man, even in Missouri. So August Spielmann, who owns a last of that size, goes through life sadly but not unknown.

"Meester Hughes," he said to a neighbor one day, thoughtfully twisting an extensive member before reflective eyes, "do you know sometimes my feet troubles me. Sometimes I wish I wore only a moderate size shoes—maybe twelve-and-a-halfs, or t'irteens."



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Twenty-Fifth Annual State

OF THE

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Standing as at Dec. 31st, 1905:

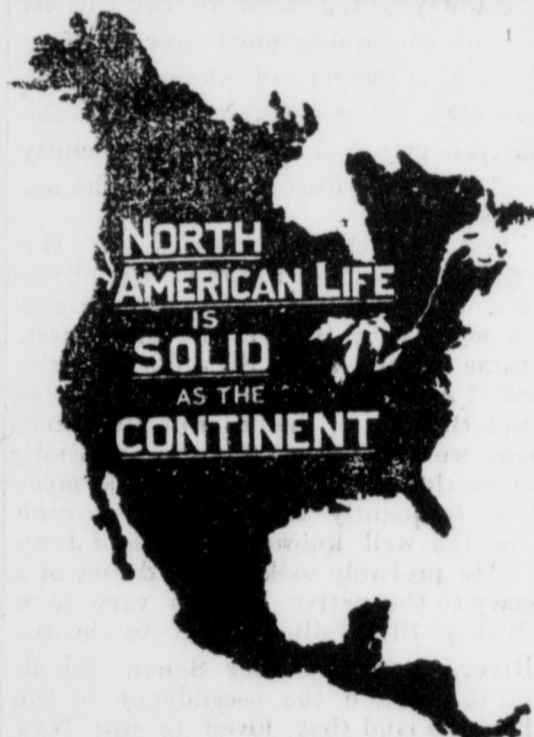
Insurance in force.....	\$37,827,606.00
Income.....	1,663,854.13
Assets.....	6,968,913.66
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(Trains daily, except Sunday, unless otherwise stated.)

DEPARTURES.

(QUEEN STREET STATION.)

6.10	A MIXED—For Houlton, McAdam Jct. M. St. Stephen, St. Andrews, Fredericton, St. John and points East; Vanceboro, Bangor, Portland and Boston; Pullman Parlor Car McAdam Junction to Boston; Palace Sleeper, McAdam Junction to Halifax; Dining Car, McAdam to Truro.
9.50	MIXED—For Aroostook Junction, and M intermediate points.
11.35	EXPRESS—For all points North; Presque Isle, Edmundston, Riviere du Loup and Quebec.
2.50	P MIXED—For Perth Junction, Plaster Rock, intermediate points.
4.35	P MIXED—For Fredericton, etc., via Gib; Mson Branch.
5.35	EXPRESS—For Houlton, St. Stephen, M (St. Andrews after July 1st), Fredericton, St. John, and East; Vanceboro, Sherbrooke, Montreal, and all points West, and Northwest, and on Pacific Coast, Bangor, Portland, Boston, etc. Palace Sleepers, McAdam Junction to Montreal; Pullman Sleepers, McAdam to Boston; Pullman Parlor Car, McAdam to St. John.

ARRIVALS.

11.35 A. M.	EXPRESS—From St. John and East; St. Stephen, (St. Andrews after July 1st), Boston, Montreal and West.
12.15 P. M.	MIXED—From Fredericton, etc. via Gibson Branch.
12.35 P. M.	MIXED—From Perth Junction and Plaster Rock.
5.35 P. M.	EXPRESS—From Fort Fairfield, Caribou, Presque Isle, Grand Falls, Edmundston and Riviere du Loup.
4.10 P. M.	MIXED—From Aroostook Junction.
11.00 P. M.	EXPRESS—From Fredericton, St. John and East; St. Stephen, St. Andrews, Houlton, Vanceboro, Bangor, Portland, Boston, etc.

C. E. E. USSHER, G. P. A., Montreal.
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