

Grippe or Influenza, whichever you like to call it, is one of the most weakening diseases known.

Scott's Emulsion, which is Cod Liver Oil and Hypophosphites in easily digested form, is the greatest strength-builder known to medical science.

It is so easily digested that it sinks into the system, making new blood and new fat, and strengthening nerves and muscles.

Use Scott's Emulsion after Influenza.

Invaluable for Coughs and Colds.

ALL DRUGGISTS; 50c. AND \$1.00.



King Edward's Chef.

Every morning between ten and eleven o'clock, when the King is in London, a cab may be seen driving up to Buckingham Palace. A soberly dressed, important-looking man gets out; he wears spectacles though which shine a pair of very bright, alert eyes, and he makes his way with very leisurely steps into the Palace. He is a man of importance, any one can see that even before being told that it is M. Juste Menager, the King's chef. As soon as he reaches his office a man servant brings him the bill of fare for lunch, which has already been drawn up under the directions of Lord Farquhar. The various items looked into, and his directions given, M. Menager is practically free until six o'clock in the evening, when he begins to interest himself about the royal dinner.

He goes to the kitchen and begins to move about in his kingdom of pots and pans—no small kingdom either, since its contents have cost upward of ten thousand pounds. A little idea of its magnitude may be gained by mentioning that for use alone there are six thousand forks and spoons and four thousand knives. M. Menager, as chief master of culinary ceremonies, has naturally very little to do with the actual use of spoons, or forks, or saucepans.

An army of white-clad attendants wait on the chef's nod or frown. He walks up and down, keeping an eye on all, giving a word of instruction here or of warning there; only very rarely does he put his hand to the preparation of any dish. Indeed, he only breaks his rule of observant inactivity for one of the King's favorite dishes. When such a dish has to be prepared the rule of the kitchen is reversed: the master alone works, all others remain in a state of observant silence. M. Menager's favorite virtue is that of all good cooks—punctuality. His dishes are done to the minute.

As soon as dinner is over the chef leaves the Palace. He likes the freedom of a house of his own away from the scene of his work, and as an artist of the highest standing in his profession he can dictate terms even to royalty. His salary of two thousand pounds a year would, in all probability, be doubled by enterprising millionaire did he want to make a change.

M. Menager is a man of extensive reading and broad views. He is almost alone among his brethren in his opinion of the woman cook. He asserts that all his experience goes to prove that, with like opportunities, a woman can become as good a cook as a man.—London 'P. T. O.'

For Very Polite Correspondence.

Humorous wisdom makes even the nonsense of Lewis Carroll profoundly instructive. His genius bleaded sense and fooling so skillfully that he begins in one and ends in the other. In his "Wise Words on Letter-Writing" there is no nonsense, but the grave counsel is strengthened and sweetened by his genial whimsicality.

If your friend makes a severe remark, either leave it unnoticed or make your reply distinctly less severe; and if he makes a friendly remark, tending toward making up the little difference that has arisen between you, let your reply be distinctly more friendly.

If in picking a quarrel each party declined to go more than three-eighths of the way, and if in making friends each was ready to go five-eighths of the way, why, there would be more reconciliations than quarrels! Which is like the Irishman's remonstrance to his gadabout daughter: "Sure, you're always goin' out! You go out three times for want you come in!"

Don't try to have the last word. How many a controversy would be nipped in the bud if each was anxious to let the other have the last word. Never mind how telling a rejoinder you leave unuttered; never mind your friend's thinking you are silent from lack of anything to say. Let the thing drop as soon as possible without discourtesy.

Remember the old proverb, "Cross writing

makes cross reading."

"The old proverb?" You ask, "How old?" Well, not so very ancient, I must confess. In fact, I invented it while writing this paragraph. Still, you know, "old" is a comparative term. I think you would be quite justified in addressing a chicken just out of the shell as "old boy" when compared with another chicken that was only half out.

Excited Nerves, Twitching Muscles.

SYSTEM EXHAUSTED BY WORRY AND LOSS OF SLEEP—PERFECT HEALTH THE RESULT OF USING

Dr. Chase's Nerve Food.

Such cures as this make it impossible to doubt the restorative influence of Dr. Chase's Nerve Food.

Mrs. E. J. Vanderburgh of Eastern Welland avenue, St. Catharines, Ont., states: "For twenty-one years I was badly afflicted with heart trouble, nervousness and cramps in the limbs, also twitching of the muscles and nervous headaches. I became weak, debilitated and emaciated. My condition was distressing and I was made worse through worry and loss of sleep.

"I tried a hundred remedies in vain and reading about Dr. Chase's Nerve Food I decided to try it. After having used half a dozen boxes of this preparation my old trouble had entirely vanished and I was enjoying better health than I had since girlhood. I am now past middle life and am in perfect health. I would not take worlds today and go back to my former state."

There is more or less mystery and doubt as to the specific action of many drugs, but it is positively and definitely known that iron forms new red corpuscles in the blood, or, in other words, makes the blood rich and nourishing.

But iron alone cannot be taken into a delicate stomach. The great secret of the success of Dr. Chase's Nerve Food is in the way iron is combined with certain other restoratives so as to make a preparation that can be used with the greatest benefit by even the most weak and delicate person.

Dr. Chase's Nerve Food is also slightly laxative as well as tonic in influence, and while building up the system insures the regular and healthful action of the digestive, filtering and excretory systems.

If you would enrich the blood, strengthen the nerves and replace weakness and disease with health and vigor use Dr. Chase's Nerve Food; 50 cents a box, 6 boxes for \$2.50, at all dealers, or Edmansons, Bates & Co., Toronto.

Horace Greeley's Penmanship.

Here is what Greeley wrote:

Dear Sir,—I am overworked and growing old. I shall be sixty next February 3. On the whole, it seems I must decline to lecture henceforth, except in this immediate vicinity, if I do at all. I cannot promise to visit Illinois on that errand—certainly not now.

Yours, HORACE GREELEY. M. B. Castle, Sandwich, Ill.

And here is how the lecture committee read it:

Sandwich, Ill., May 12. Horace Greeley, New York Tribune:

Dear Sir,—Your acceptance to lecture before our association next winter came to hand this morning. Your penmanship not being the plainest, it took some time to translate it; but we succeeded, and would say your time, "third of February," and terms, "sixty dollars," are perfectly satisfactory. As you suggest, we may be able to get you other engagements in this immediate vicinity. If so, we will advise you. Yours respectfully, M. B. CASTLE.

The News—No Pure Drug Cough Cure Laws would be needed, if all Cough Cures were like Dr. Shoop's Cough Cure is—and has been for 20 years. The National Law now requires that if any poisons enter into a cough mixture, it must be printed on the label or package. For this reason mothers, and others, should insist on having Dr. Shoop's Cough Cure. No poison-marks on Dr. Shoop's labels—and none in the medicine, else it must by law be on the label. And it's not only safe, but it is said to be by those that know it best, a truly remarkable cough remedy. Take no chance, particularly with your children. Insist on having Dr. Shoop's Cough Cure. Compare carefully the Dr. Shoop package with others and see. No poison marks there! You can always be on the safe side by demanding Dr. Shoop's Cough Cure. Simply refuse to accept any other. Sold by All Dealers.

WHEN THE SWEET SAP DRIPS.

There is promise in the hedges and the briars are aglow, There is music in the marshes where the reeds are bended low; There's a tonic in each zephyr that goes sweeping through the swales, There are thrilling songs of profit in the tinkling of the pails, And the farmer's boy is busy blowing on his finger tips, As he wishes it were summer

When the sweet sap drips.

High the watchful hawk is circling, and the early robin sings Of the glory that is coming and the charm of earthly things; There are whispers in the thicket, there is courting in the brake, All the furry little creatures that have slumbered are awake And the farmer's nose is weeping, as from pail to pail he skips, Wearing mittens that are soggy

When the sweet sap drips.

Crystal streams are busy tinkling on their way to broad ravines, Here and there in shaded places snow still dots the peaceful scenes; Has been tunneled spotted crows are munching still, Shivers shake the early lambkin as the wind sweeps o'er the hill, And the farmer's boy serenely from the brimming bucket sips, While the father isn't looking

When the sweet sap drips.

The Breeding Side of It.

Whether a man is looking for his money in the production of beef, pork, mutton or milk, he is a foolish man at the very start who does not rightly value the importance of a good sire, says Hoard's Dairyman. There is no getting away from that proposition. Here is an example in our case:

Last year we bought a Poland-China boar. He was a very promising pig in some particulars, but because he was offered rather cheap we listened to that side of the case too much. He proved a failure and we lost a lot of money by him. Our feed and care were just as good as ever, but there was no breeding power or potency in him. Some may say that the same luck might have occurred if we had bought a better bred pig. Possibly; but we were like thousands of other men when they come to look for a sire of any kind; we were after something cheap and we got it. Was it wise?

Practically speaking, a farmer cannot have too good a sire for his own interest. He cannot give the young things any too good a start in life, and the sire is the first start. If he looks too much on the side of money at the beginning, he is pretty sure to be badly punished in the quality of the stock. There is only one place we know of where cheapness goes with good quality and that is in purchase of an old sire that is still in his prime.

Because of a fear of inbreeding, men let their sires go after three or four years and they can be usually purchased at stock-yard prices. He may not be as pleasant to handle but if he is a good one he will prove a wise investment in the better quality of his offspring. Just in proportion as the standard of breeding judgment is raised in our minds, as farmers, concerning the quality of the sire, will we produce better stock.

Cause of Stomach Troubles.

When a man has trouble with his stomach you may know that he is eating more than he should or of some article of food or drink not suited to his age or occupation, or that his bowels are habitually constipated. Take Chamberlain's Stomach and Liver Tablets to regulate the bowels and improve the digestion and see if the trouble does not disappear. Ask for a free sample. Sold by All Dealers.

If you are not wearing PROGRESS BRAND CLOTHING, you are not getting as much style—as much service—as much satisfaction as you should.

And any man, who buys "PROGRESS BRAND," will tell you so.

"Progress Brand" Clothing



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MANUFACTURERS OF

Doors, Sashes, Blinds, School Desks, Sheathing, Flooring and House Finish of all kinds

We employ a first-class Turner, and make a specialty of Church, Stair and Verandah work. Call and see our stock or write for prices before purchasing. All orders promptly attended to.

Just imported, a consignment of No. 1 White Wood. Clapboards for sale.

Hard Pine Flooring and Finish.

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Look Anyway

When in our streets and you will see a Harness that came from our shop.

Ask Anybody

If that Harness they got from us was all right. If it's not we want to know. We give a guarantee with every harness we sell. If they were not right, we wouldn't do that, would we?

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At most reasonable prices is what I am offering the public. Estimates cheerfully furnished on any kind of work in my line. A full line of materials of all kinds. Aqueduct Pipe at specially low rates. All work guaranteed first class.

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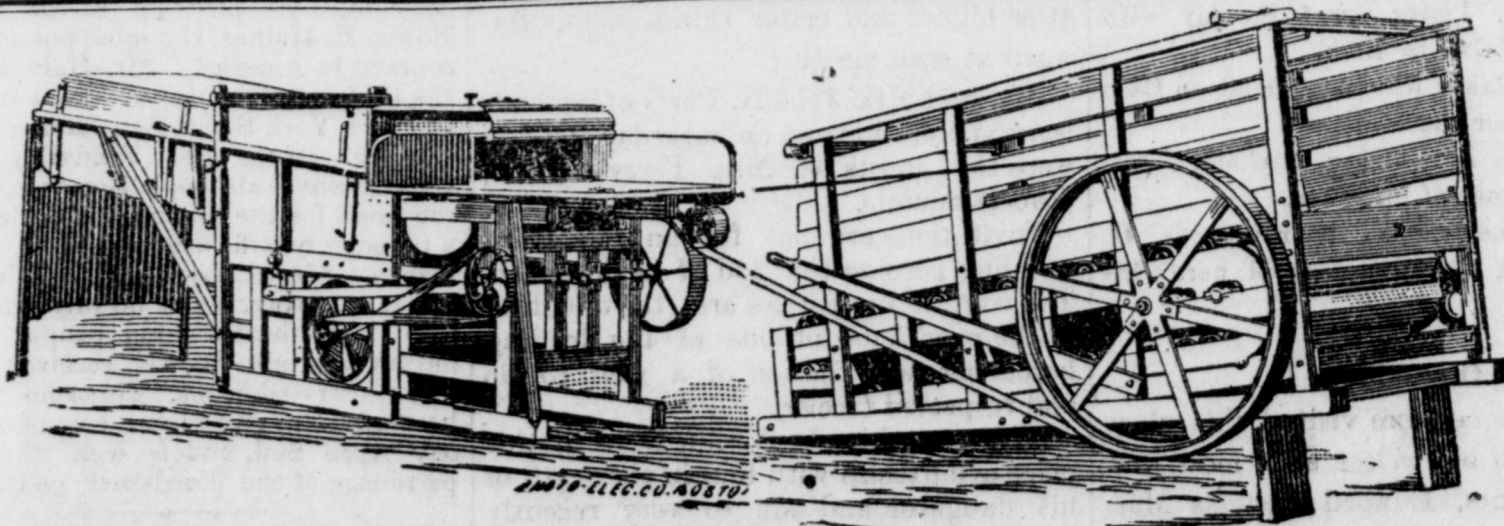
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Outfits for commercial travellers. Coaches in attendance at arrival of trains. All kinds of Livery Teams to let at Reasonable Rates. A First-Class Hearse in connection.

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Having bought the Plant, Stock in Trade and Good Will of the Small & Fisher's Company, Limited, we are at the old stand open for business, and solicit a continuance of the patronage so liberally bestowed on our predecessors. The above cut represents our celebrated LITTLE GIANT THRESHER which is the most reliable Roller-Bearing, Double Geared Machine on the market. These Threshers have been many years before the public, and through skilful workmanship and improvements, where circumstances have demanded it, they are still to the front. We are making them both End and Side Shake to suit the requirements of our customers. Call and see us before purchasing elsewhere.

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