

A FOOD AND A TONIC

What the leading Medical Journal of the world has to say about FERROL.

After making a thorough test of FERROL in its own laboratory the London (England) *Lancet* published an article from which the following is taken:

FERROL

"This is a successful combination of the well-known valuable remedies, Cod Liver Oil, Iron and Phosphorus. The formula is no secret, and our analysis showed the presence and amount of constituents as described. The preparation is a good one and of distinct therapeutic value. The association of an easily assimilable oil, in a fine state of division, with a phosphatic salt of iron which does not disturb the digestive functions and which is easily tolerated, determines its success as a food and tonic in wasting diseases."

What the London *Lancet* recommends as a food and a tonic in all wasting diseases must have very special qualities.

No higher endorsement is possible. The results following the use of FERROL for the past ten years have proved that this endorsement is well deserved.

FERROL is not a patent mystery. The formula is freely published. It is prescribed by the best Physicians. It is endorsed by the most eminent Medical Journals. It is used in prominent Hospitals, Sanitariums, etc.

Forming a Library.

What is your advice as to the formation of a library?

Well, in the first place, everyone ought to have a library. I have read innumerable pathetic stories of slumming in the East End of London. I have seen inventories of the poor rags and sticks serving as furniture which would draw tears from the hardest eyes. But there is such a thing as slumming in the West End. In our comfortable middle-class houses, what spectacles are presented by the libraries! You see round you signs of prosperity, and even of wealth, but when you look at the poor, forlorn, ragged regiment of books, how eloquently they speak of the extremist intellectual destitution, of the direct mental poverty! The subject is too heart-rending for one to dwell upon, but the day is coming when people will be more ashamed of advertising their spiritual nakedness than of exposing their material impover-

ishments. Even those who do not read, and who cannot read, will pay some homage to the new convention. Writing to those who have little to spend, I should advise that they should be content at the beginning to take on trust the opinion of the wisest, and to provide for their home a number of the English classics in the cheap editions now available to everyone. You cannot go wrong among these. The small sum of £10—a sum very easily spent in hideous vases, antimacassars, oleographs and the like—will put you in possession of the very best fruits of the world's thought. But one ought not to be content with these. As soon as possible, books should be bought in larger and seemlier form. More than that, a library, however small, is not satisfactory until it exhibits the signs of individual taste. That is the crowning thing—the proof that books are not mere furniture, but that they are ministers to the life.

Whenever you find that you have friends and lovers among books, buy them freely, fill the room with them, for your own delight, for the delight of your children, for the honor of all concerning people who come to see you. People have come to grief in thousands of ways, but Ruskin said long ago that no one had come to grief by buying books, and I believe his statement stands.—Everybody's Magazine.

The Bone That Wears.

"No, hoof, no horse," is an old horseman's adage that finds verification wherever horse power is employed. It might be said with equal propriety, no bone, no hoof, for the good hoof invariably accompanies the fine, hard bone; or, to put it negatively, a good hoof rarely accompanies a poor quality of bone.

When we say that a horse has bone of good quality, we mean in general that the entire bony structure of the horse is of good quality, but in a more specific sense we refer to the bones and tendons found in those parts of the horse's limbs below the knee and below the hock. The term "flat bone" cannot be translated literally, for we all know that the bones of a horse's leg are not flat. Yet the horseman tells us that a horse must have "flat bone," shaped like a razor with the heavy part forward, the edge back. By this he means that the tendons which act upon and in conjunction with the bones should set well back from them and should be free from all meatiness or excess tissue of any kind. It is therefore the tendons which form the "flat bone," just as it is the excess of meat and connective tissue wrapped about the tendons which causes the so-called 'round bone.' The bone itself is as round in one case as in the other, but the designation "flat" is used when the tendons stand back to give a razor-like shape to the leg, while "round" refers to the condition when there is so much useless tissue around the tendons that the leg as well as the bone is round or nearly so.

But why do we want "flat bone" in a horse? Is he any more useful because his leg happens to be flat instead of round? Is he any more active, or can he do any more work because his tendons are clean-cut and free from meatiness? We answer both questions in the affirmative, and then the story is not half told. Indeed, a horse is more useful because his leg happens to be flat instead of

round. He is more useful because his tendons are placed in a position which gives him the greatest possible leverage at the joints. He is more useful because his tendons act freely and cause full flexion of the parts moved. Because of these facts he is, of course, more active and can do more work. Lastly, the clean cut tendons mean hard, sturdy bone, and that means freedom from splints, spavins, curbs, sidebones and all the other ills that horse bone is heir to. There is a harmonious relation between all parts of the body so that an indication of coarseness in one part finds its counterpart elsewhere. A loose, meaty structure in the tendinous parts of the leg is an indication of a relatively loose and soft, bony structure, and it is this kind of bone that is subject to all sorts of malformations. Besides this, the limb which is overburdened with useless tissue is the one that will be most readily affected with windpuffs, bog and blood spavins. The tendency to looseness in structure extends to the hoofs and opens the way for quarter cracks, contracted heels, etc. Investigators tell us that, other things being equal, the tendency to scratches and grease is much greater with the "round" than with the "flat bone."

After considering all these points we are better able to understand the importance of "flat bone" in horses. It is a guarantee of quality, and quality is a guarantee of endurance.—Wisconsin Agriculturist.

Piles get quick relief from Dr. Shoop's Magic Ointment. Remember it's made ALONE for Piles—and it works with certainty and satisfaction. Itching, painful, protruding, or blind piles disappear like magic by its use. Try it and see. All Dealers.

She Taught Him.

Soon after Mr. and Mrs. Twinkleton had returned from their honeymoon trip, Mr. Twinkleton's mother took her daughter-in-law aside and spoke to her confidentially.

"Tom has been a good son, my dear," she said, "and will make a good husband. His only fault is untidiness. I have never been able to cure him of it. I wonder if you can?"

"I will try," said the little wife, thoughtfully.

That evening, when Twinkleton came home from business, he left his hat on the dinner table, where it remained during the meal, Mrs. Twinkleton appearing sweetly unconscious of it.

"Hallo!" said her husband, at the close of the meal, "what's my hat doing there, I think it ought to have been hung up."

"So do I, dear," said his wife, pleasantly, but meaningly.

Twinkleton laughed a little self-consciously, and placed his hat on its peg.

Next morning, when changing his suit, he threw the discarded garments on the floor. When, on the following evening, he found them in the same place, he complained that the floor had not been swept.

"Certainly it has," said Mrs. Twinkleton, "but I told Jane not to disturb any of your personal belongings. . . And there is a wardrobe for your clothes."

Twinkleton picked up his garments with a puzzled expression, and placed them in their proper receptacle.

And so it went on; Twinkleton's clothes, his pipe, and his personal effects generally were left piously wherever he laid them down, until, in the bitterness of his soul, he complained one day that the place looked like a pigsty.

"Yes, my dear; I agree with you," said Mrs. Twinkleton, pleasantly.

Twinkleton looked up sharply, but made no remark.

"But don't let it worry you, dear," she continued; "you shall put your things wherever you please. Of course, it would look better if you put them in their places."

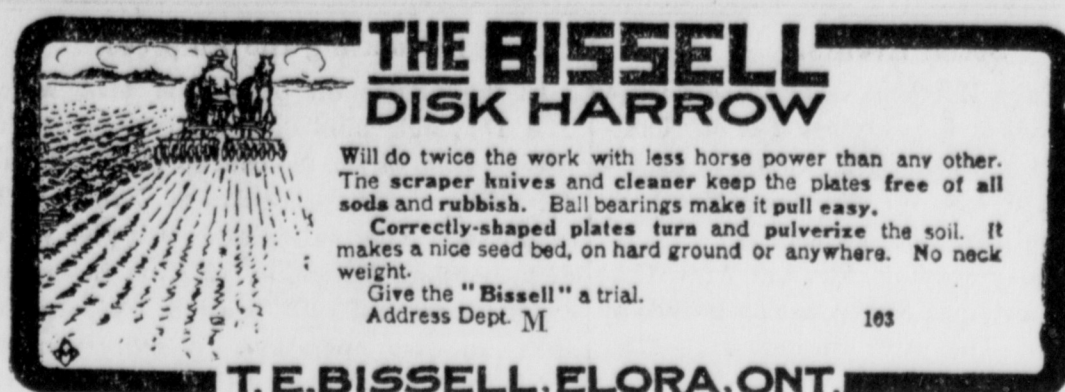
Twinkleton is now on the high road to becoming a tidy man.—Bristol Times and Mirror.

Catarrh Cannot be Cured

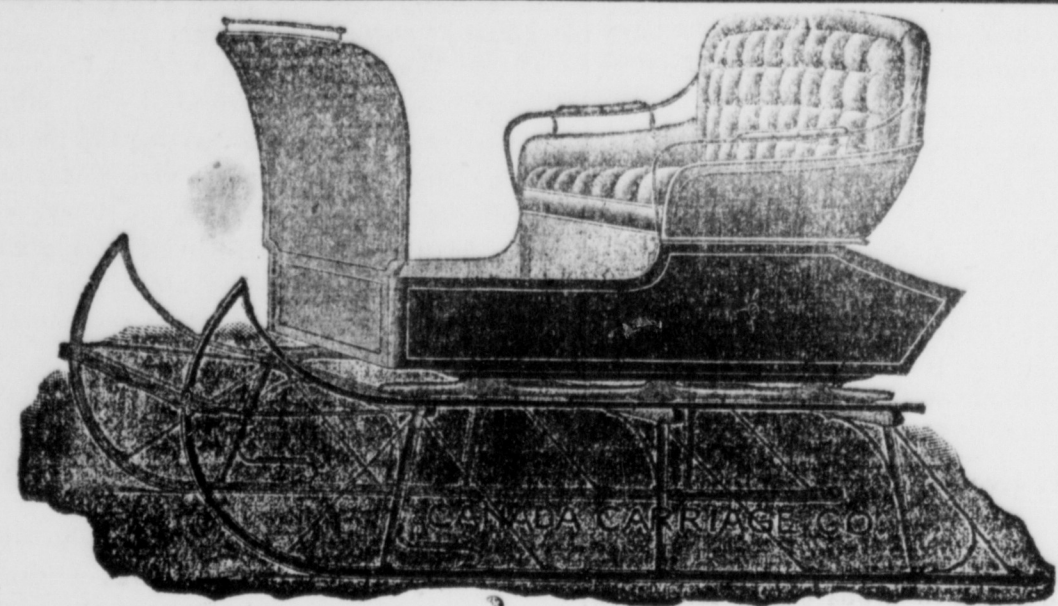
with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is not a quack medicine. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of some of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing Catarrh. Send for testimonials free. F. J. CHENEY & CO., Props., Toledo, O. Sold by Druggists price 75. Take Hall's Family Pills for constipation.

THE NEW PREACHER.

And the new preacher comes. Quite likely he is not the man you desired. Give him a hearty welcome. Pardon us if we indulge in some don't. Don't tell him all the faults of his predecessor as you saw them. Don't gush over him. Don't try to may him believe you are the whole concern. Don't express your opinion of him out loud too soon; some people who throw bouquets at the preacher at the end of the first week are strangely prone to hurl thunderbolts at him at the end of the first year.—Pittsburg Christian Advocate.



E. M. Gilland, Florenceville. General Agent for N. B. and P. E. Provinces.



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UNITED STATES COURT OF CLAIMS

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We are of the opinion that this allegation most clearly and accurately describes the work that has been accomplished and the result that has been reached. The Dictionary, as it now stands, has been thoroughly re-edited in every detail, has been corrected in every part, and is admirably adapted to meet the larger and severer requirements of a generation which demands more of popular philological knowledge than any generation that the world has ever contained.

It is perhaps needless to add that we refer to the dictionary in our judicial work as of the highest authority in accuracy of definition; and that in the future as in the past it will be the source of constant reference.

CHARLES C. NOTT, Chief Justice.
LAWRENCE WELDON,
JOHN DAVIS,
STANTON J. PELLE,
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In the Neighborhood.

After Eben Mason, a contractor, had put a new front on James Emmon's grocery store he suggested to William Lane, whose dry-goods store stood next to it, that he ought to make a similar improvement.

"How much will it cost?" Mr. Lane asked. "Well," Eben began, judicially, "a fine plate-glass, steel-frame window'll cost you in the neighborhood of two hundred dollars."

"Go ahead," said Lane.

When the job was finished, says a contributor to the Boston Herald, Eben presented a bill for five hundred dollars. Lane looked it over, hitched and hemmed several times, but said nothing.

"Well," said Eben, at last, "don't you think the job is worth the price?"

"Yes."

"What's the trouble, then?"

"Nothing," said Lane, slowly, "only you said it would cost in the neighborhood of two hundred. I was just think what a big neighborhood you must do your thinking in."

When the earnest desire of any person is to be of the greatest possible service, this service will not be considered a burden, for it is one of love. A little girl was once carrying a big baby brother across the street. Someone said: "Isn't he a burden?" The little girl quickly replied: "No, he is my brother." So, when we are using time and energy for the brothers and sisters we love, the weight ceases to be a burden and becomes a source of joy.—Christian Home.

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THOSE WHO use it are being quickly and permanently cured of all forms of throat, chest, lung and stomach troubles. It is a scientific preparation, destroying all disease germs in the blood and system. It is a wonderful tonic and system building remedy, and is a certain cure for

COUGHS, LA GRIPPE, Colds, Pneumonia, Bronchitis, Catarrh, Weak Voice, Sleeplessness, Nervousness, Malaria, Anaemia, Bronchial Coughs, Chills and Fever, Difficult Breathing, General Weakness, Female Troubles, Fickle Appetite, Hemorrhages, Night Sweats, Consumption, Catarrh of the Stomach.

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Yours very truly,
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