

# Nervous Prostration

IT IS WORRY THAT KILLS, NOT WORK

Work without worry usually tends to prolong life. On the other hand, worry, with or without work, is fatal, because it uses up what the Doctors call the "Lecithin," a phosphorized fat which is the chief constituent of the brain and nervous system—a waste which, if not stayed in time, means complete nervous wreck. The evident moral is "don't worry"—advice easy to give, and in these days of stress and strain practically impossible to take. The alternative is: find some way of replacing the wasted Lecithin—the phosphorized fat. This absolutely essential element will be found in its most perfect, palatable and assimilable form in

# FERROL

an emulsion of Cod Liver Oil and Phosphorus(phosphorized fat)together with Iron, the recognized blood builder—making FERROL the ideal nutrient it claims to be.

For the prevention or treatment of nervous prostration FERROL is absolutely unequalled—it is safe, sure and speedy.

The formula of FERROL is freely exposed, consequently

**"You Know what you take"**

Sold by E. W. Mair, Woodstock N. B.

### A Lesson in Courtesy.

One of the characters in a little comedy enacted at a Chicago market is an old colored "mammy." She is eccentric, says a writer in the Chicago Record-Herald. But there is wisdom in her and a sense of good breeding. She seems always kind, and grateful for words of greeting from "de white folks" she meets upon the street or in the shops.

She came into the market, and after acknowledging with low obeisance our "Good morning, aunty!" she went into the back of the shop and brought out a rabbit's foot. She stood examining it with the quaintest comments:

"Dis heah a funny rabbit's foot—it only got four tusses 'as I kin see, but it a hind right foot all de same, and guess it bring me luck. Maybe de boss gives me a chicken more cheaper."

We were thoroughly enjoying her monologue when a pert miss came in and said, "Hello, aunty!" The old dame was at once incensed. She gathered her scant skirts about her, and walking to the other side of the store, she said, oh, so scornfully:

"'Hello!' Don you say hello to me. Ain't yo' got no manners? Why don't yo' talk stylish and say 'Good mawwen'? I suppose you say 'hello' to yo' teacher, do yo'? Girls down south never say 'hello.' Dey never did heah such a word."

The girl was truly embarrassed, and seemed to feel the rebuke even though its source was humble.

Free Samples of "Preventics" and a booklet on Colds will be gladly mailed you, on request, by Dr. Shoop, Racine, Wis., simply to prove merit. Preventics are little Candy Cold Cure tablets. No Quinine, no Laxative, nothing harmful whatever. Preventics prevent colds—as the name implies—when taken early, or at the "Sneeze Stage." For a seated cold or LaGrippe, break it up safely and quickly with Preventics. Sold by All Dealers.

### The Kite and the Pigeons.

A FABLE,

Some pigeons had long lived in fear of a kite, but, by always being on the alert and keeping near their dovecote, they had contrived hitherto to escape the attacks of the enemy. Finding his sallies unsuccessful, the kite betook him self to craft; "Why," said he, "do you prefer this life of continual anxiety when, if you would only make me your king, I would secure you from every attack that could be made upon you?" The pigeons, trusting to his professions, called him to the throne; but no sooner was he established there than he exercised his prerogative by devouring a pigeon a day. Whereupon that yet awaited his turn said no more than—"It served us right."

They who voluntarily put power into the hand of a tyrant or an enemy must not wonder if it be at last turned against themselves.

### Chamberlain's Colic, Cholera and Diarrhoea Remedy.

There is probably no medicine made that is relied upon with more implicit confidence than Chamberlain's Colic, Cholera and Diarrhoea Remedy. During the third of a century in which it has been in use, people have learned that it is the one remedy that never fails. When reduced with water and sweetened it is pleasant to take. For sale by all dealers.

### A Visit Spoiled.

"Is that you, Mrs. Bonney? Step right in. Why, yes, it was the doctor's carriage, but nobody's sick—not really. Cousin Fidelia got her hand on a broken lamp-chimney, and

was a mite nervous—that's all. I was glad to see him, though. I thought up every possible complication from blood-poisoning to erysipelas, and made him tell her she wasn't going to have any of 'em. You see, Cousin Fidelia is peculiar.

"Did anybody in your family have a taste for omens, Mrs. Bounoy? Well, then you be thankful for your mercies there didn't! Fidelia's been here three weeks. The first night she heard a screech-owl, and the next morning she hit her looking-glass with her hair-brush and broke it; and if you'll believe it, she hasn't had a cheerful minute since, nor let me.

"She been getting paler and more nervous every day, and if you think I found it soothing to the nerves to see a visitor surveying the premises with a wild and hunted eye to see how many kinds of accidents they could provide—well, I didn't. Maybe you'll think me heartless, but when she came to me this morning with a scared face and a bloody rag on her thumb, I was downright glad.

"'Now something's happened,' thinks I. 'Maybe she'll stop expecting worse.'

"She leaves next week, and has invited me to go back with her to spend a month, but I daren't, Mrs. Bonney, I daren't. How'd I know but arriving with a purple flower in a gray bonnet in a strange house mightn't afflict my hostess with a squint? or setting down a grip crosswise upon a chair instead of tother way start an epidemic of typhoid in town? or sticking a black pin and a white pin side by side in a blue pincushion precipitate an earthquake?

"I'd feel more comfortable to stay at home. I'm not sufficiently educated in omens to risk visiting Cousin Fidelia."

### Sore Nipples.

Any mother who has had experience with this distressing ailment will be pleased to know that a cure may be effected by applying Chamberlain's Salve as soon as the child is done nursing. Wipe it off with a soft cloth before allowing the babe to nurse. Many trained nurses use this salve with best results. For sale by All Dealers.

### Judge Fitzgerald.

Mr. Justice Fitzgerald who tried the Thaw case in New York, is an Irishman, and one of the youngest Judges in the United States. He was originally intended for the Church, but when quite a youngster he emigrated to New York and got employment at a large store. So successful was he in business that before long he was director of a group of companies which had an aggregate capital of many millions of dollars. He had, in fact, reached the height of his business. When but little over 30 years of age he was extremely wealthy, and he then resolved to enter the law. Here the same good fortune followed him, and at 56 he is one of the leading Judges of his adopted country. Legal etiquette is less stringent in the United States than in British countries, and not long since Justice Fitzgerald warmly reprimanded a counsel who appeared wearing a red necktie. The case had proceeded some way when the Judge stopped and remarked: "Mr. —, I cannot let the case proceed until you have retired and removed that glaring tie, which, I contend, is calculated to distract the court." The lawyer retired, and in a few moments reappeared wearing a black one, which he had hastily borrowed from an attendant.

### Open to Conviction.

No rock was ever more firmly fixed than were Mrs. Manser's opinions; but she considered herself of an extremely pliable disposition, with a mind open to conviction on all sides.

"It's the strangest thing to me, the way the rest of the family talk as if I were set in my views," she said one day to her nephew William's bride, with whom she had been laboring on the subject of calling cards for more than an hour.

"It seems to me you're sort of taking the same tone," she continued, looking sharply at the young woman, "and I don't want you to. There isn't anybody in this world that is readier to be convinced she's in the wrong than I am by people who know more than I. All they've got before 'em, ever, is to prove to me that they do know more than I—and I tell you, my dear, there hasn't one of 'em ever been able to in this family!"

### A few Tariff Facts.

Here are simple facts, and if they do not make the simple tax-payer squirm, he must be made of putty: The United States Steel Corporation has fixed the selling price of steel rails in the domestic market for the season of 1908 at \$26 a ton, the same as for the expiring season. The Transcontinental Railway Commission of Canada is paying \$34.50 for the same class of rails to the Dominion Iron & Steel and the Sault Ste. Marie corporations. Besides that, these companies receive large bonuses on all the iron and steel they make for any purpose. In spite of that, we are paying a third more for our rails than is paid in the United States, and the difference in the cost on many thousands of miles of railway must be enormous. This is 'protection' with a vengeance. The case is even worse than as above present-

ted, for did not Mr. Charles Schwab boast not so long ago that the United States Steel Corporation was selling rails in Great Britain at a profit at nineteen dollars, or thereabouts? If that figure is a reasonable competitive one, and in the open market, we are paying dearly indeed for the luxury of bolstering up a few infant pauper industries.

In a small Georgia town live an old negro couple. The wife supports both. Uncle Jeke, says a writer in the Philadelphia Public Ledger, spends most of his time fishing in the brick-yard pound; not that he expects to catch any fish, but "des to have some harmless 'musement, chile." Aunt Mary takes in washing.

One day one of Aunt Mary's patrons broached the subject to her, and suggested that she should not encourage her husband's laziness by supporting him in idleness, but Aunt Mary protested.

"'Deed, honey, mah ole man ain't lazy," she declared. "'It's des 'dem scientific notions he got when he was a-wuckin' at de college."

"'But what have scientific theories got to do with his not working?" the lady demanded. "'Got er whole lot to do, honey," Aunt Mary said, gathering up her basket. "'Yo' see, dem ideas what he got was dat it wasn't healthy ter wuck after meals; an' he ain't been able ter figger out no way ter 'complish dat, not yet, 'less he gibs up estin', an' course he can't do dat."

In an advertisement by a railway company of some uncalled-for goods, the letter 'L' has been by some accident dropped from the word 'Lawful,' and it now reads: 'People to whom these packages are directed are requested to come forward and pay the awful charges on the same.'

First—Fit yourself for the work God has for you to do in this world, and lose no time about it.

Second—Have all the fun that is coming to you.

Third—Go ahead, do something and be willing to take responsibility.

Fourth—Learn by your mistakes."

### DR. A. W. CHASE'S 25c. CATARRH CURE ...

Is sent direct to the diseased parts by the Improved Blower. Heals the ulcers, clears the air passages, stops droppings in the throat and permanently cures Catarrh and Hay Fever, Blower free. All dealers, or Dr. A. W. Chase Medicine Co., Toronto and Buffalo.

### BOYS READ AND HEED THIS

Many people seem to forget that character grows; that it is not something to put on ready-made with womanhood or manhood; but day by day, here a little and there a little grows with the growth and strengthens with the strength, until, good or bad, it becomes almost a coat of mail. Look at a man of business—prompt, reliable, conscientious, yet clear-headed and energetic. When do you suppose he developed all those admirable qualities? When he was a boy? Let us see how a boy of ten gets up in the morning, works, plays, studies, and we will tell you just what kind of a man he will make. The boy that is late at breakfast, late at school, stands a poor chance to be a prompt man. The boy who neglects his duties, be they ever so small, and then excuses himself by saying, "I forgot; I don't think!" will never be a reliable man, and the boy who finds pleasure in the suffering of weaker things will never be a noble generous man—a gentleman.—Sel.

## DIGEST YOUR FOOD

and you will be healthy, strong, and active. Headache, Sore Throat, Wind, Dizziness, Constipation, and impurities in your blood resulting from indigestion will quickly disappear if you take

## MOTHER SEIGELS SYRUP.

Price 50 cents per bottle. Sold everywhere. A. J. WHITE & CO., Montreal.

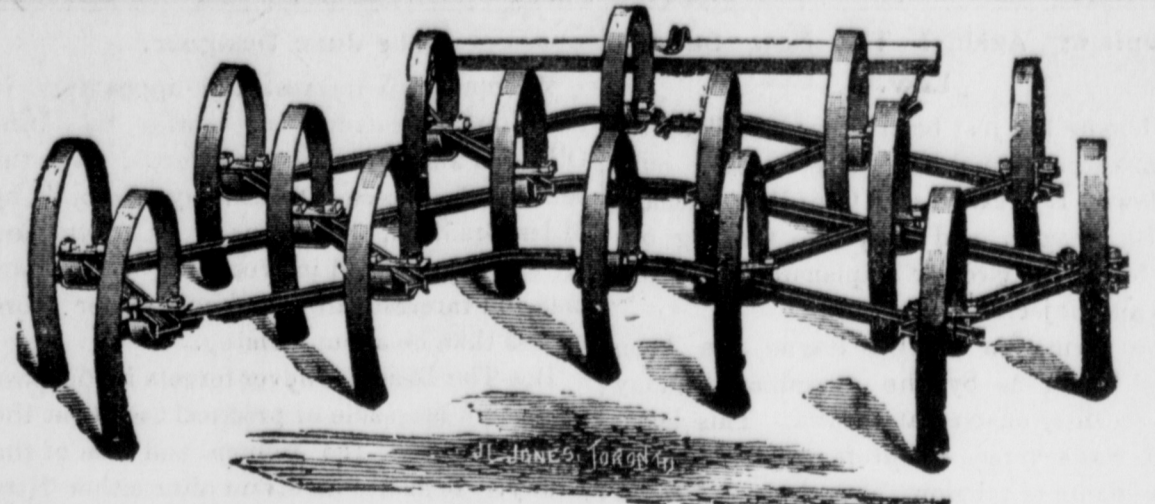
### NOTICE

A vote of the property holding rate payers and of all the ratepayers of the said Town will be taken at the Council Chamber in the Town Hall in the Town of Woodstock on THURSDAY the THIRTIETH day of May next, and the poll will be open for voting at TEN of the clock A. M. and close at FIVE of the clock P. M. on said day. The vote will be taken on the question as to whether or not the said ratepayers approve the guaranteeing by said Town of the Bonds of "The Alexander Dunbar & Sons Company, Limited," for the amount of FIFTY THOUSAND DOLLARS, and interest thereon at rate not exceeding FOUR and A HALF PER CENTUM per annum, for the purpose of enabling the said Company to extend and enlarge its present plant within the said Town. And such question shall be determined by the majority property vote of the said ratepayers and majority vote of all the ratepayers voting at such time who are assessed in the assessment list last filed.

Dated at Woodstock, N. B., this TWENTY THIRD DAY of April A. D. 1907.

By order of the Town Council, J. C. HARTEY, Town Clerk.

April 24-6.



# The Bluenose Spring Harrow.

Light, Strong, durable—less breakage than in any other spring tooth harrow.

We have also Spike Tooth Harrows, Deering Hoe Drills, Deering Disc Drills, Deering Broadcaster with spring teeth, Potato Planters, Wheeled Cultivators, Power Sprayers, Cream Separators, etc.

These excellent machines are sold by us and our agents at favorable prices and right terms.

BALMAIN BROS., Connell St., Woodstock.

# BANK OF NOVA SCOTIA

(INCORPORATED 1832.)

CAPITAL, - - \$3,000,000  
RESERVE FUND, \$5,250,000

The accounts of Corporations, Firms and Individuals solicited.

Letters of credit issued available in all parts of the world. Domestic and Foreign exchange bought and sold.

Collections promptly accounted for.

Savings Department. Interest paid quarterly.

WOODSTOCK BRANCH,

W. M. McCUNN, MANAGER.

# Hartland Farmers' Exchange.

# Special sale of Caps, Boys' and Men's O'Coats Horse Blankets.

MUST BE SOLD AT ONCE.

C. HUMPHREY TAYLOR, Prop.

## Now Is the Time

TO GET YOUR

## Waggon or Carriage

Ready for Spring use. Don't delay. Bring it to

F. L. MOOERS,

Carriage and Sign Painter,

over Loane's Factory, Connell street, Woodstock

## THE BEST PLUMBING

At most reasonable prices is what I am offering the public.

Estimates cheerfully furnished on any kind of work in my line

A full line of materials of all kinds. Aqueduct Pipe at specially low rates. All work guaranteed first class.

I. C. CHURCHILL,

Connell Street, Woodstock

### FARM FOR SALE

A 165 acre farm in Jacksontown, formerly owned and occupied by Cook Estey. Eighty acres cleared and rest well wooded. House and farm buildings. Apply to Rev F S Todd, Woodstock, Jan 9, 11



## Know-How Workmen Insure Economy.

No loss of time in experimenting if the workmen know their business. No waste of material if they know how to figure. No loss from unreasonable repairs. The way to do the best plumbing is to have men who know how to do the work.

## FEWER BROS.

Connell Street, Woodstock.

### FARM FOR SALE.

A farm containing 140 acres at Jacksonville. About 100 acres under cultivation. For further information apply to David Burpee, Jacksonville. April 24-11.