

Girlhood and *Scott's Emulsion* are linked together.

The girl who takes *Scott's Emulsion* has plenty of rich, red blood; she is plump, active and energetic.

The reason is that at a period when a girl's digestion is weak, *Scott's Emulsion* provides her with powerful nourishment in easily digested form.

It is a food that builds and keeps up a girl's strength.

ALL DRUGGISTS, 50c. AND \$1.00.



Community Breeding.

Prof. W. A. Henry of Wisconsin, in a recent address, said:

"The next great advance will be community effort. The farmers in each community should meet at the schoolhouse and harmoniously agree upon one breed of dairy cattle for that community. If the most blood in the dairy herds now in Holstein, they should all agree upon Holsteins, and Holsteins only. If it is some other breed, then upon that breed. Where the farms are not large, instead of having one scrub bull on each farm, two, three, or even four neighbors should join and buy one or two registered bulls. The scrub bull has no place on hundred dollar land.

Lake Mills, for example, is a Holstein neighborhood. If every farmer within ten miles of Lake Mills will, from this time on, use nothing but registered Holstein bulls of high quality, the prosperity of this region will continue to advance. If he will use the Babcock test, and scales in addition, he will make still more money. It is urged that those farmers who are good breeders, and who already appreciate good blood in dairy cattle, embark cautiously but consistently in the breeding of pure-bred Holsteins. Half the farmers around Lake Mills should have no other than pure-bred Holsteins.

Buyers always go where there are large quantities of goods for sale. No man likes to go a hundred miles with the bare hope of finding a cow or two at the end of his journey. The more he can see to select from, the more ready he is to part with his money. Already buyers come long distances to buy grade and pure-bred Holsteins at Lake Mills. If there were five times as many Holsteins there would be fifty times as many buyers. All honor to the breeders of Holsteins about Lake Mills. The early breeders deserve a vote of thanks from the farmers. Every farmer about Lake Mills has felt the benefit of the patient, thoughtful work of these pioneers. The best way to show appreciation is to embark in the same enterprise and get some of the money that buyers are willing to pay out for good Holsteins. There is no danger of an over-supply of good Holstein cows, pure-breeds or grades. If the market is going to be overrun, then the breeder of scrub cattle will suffer the most. If it is going to be hard to sell pure-breeds and high grades, it will be impossible to get any profit out of the scrubs."

THE "COME INTO MY PARLOR" STORY

The invitation of the manufacturers of muddy, blotchy and adulterated package dyes to the ladies of Canada to use their poor colors for home coloring is as dangerous as the call of the spider to the fly. The invitation of the makers of common dyes if accepted, means loss of money and ruin of valuable clothing and materials; the acceptance by the fly of the spider's offer, is death.

Today, many ladies know too well that in the past they have been victimized by the false stories told by makers of crude dyes, and have suffered serious losses.

The DIAMOND DYES, used all over the civilized world have always done good and profitable work for our women and girls. No other package dyes are as strong, bright, full and as lasting as the DIAMOND DYES; old and young can use them with equal success and pleasure.

Ladies should see that the words "DIAMOND DYES" appear on each package they purchase. Refuse all imitations and substitutes if you would avoid loss and trouble.

Booklets on Home Dyeing and Card showing 50 Dyed Samples sent free to any address. Wells & Richardson Co., Limited, Montreal.

Be Content.

Don't worry because your neighbor's wife gives pink teas and cuts a swath in society while yours have to be content with the church tea meetings as a social function. You don't know what your neighbor has to

take with the Pink teas; if you did it might make you and your wife feel a little more contented. The question "where does the money come from" often has a most tragic answer. If you have a happy home and are paying your way let the other fellow have the excitement and worry of keeping up appearances in society. Better is a dinner of herbs where love is than a stalled ox and hatred therewith." Money and place are not everything. There are men and women in high positions who envy their servants and others who have no anxiety beyond the day's duties. The happiest man on earth is he who has learned "in whatsoever state he is therewith to be content."—Solomon, in the Canadian Shoe Leather Journal.

The News—No Pure Drug Cough Cure Laws would be needed, if all Cough Cures were like Dr. Shoop's Cough Cure is—and has been for 20 years. The National Law now requires that if any poisons enter into a cough mixture, it must be printed on the label or package. For this reason mothers, and others, should insist on having Dr. Shoop's Cough Cure. No poison-marks on Dr. Shoop's labels—and none in the medicine, else it must by law be on the label. And it's not only safe, but it is said to be by those that know it best, a truly remarkable cough remedy. Take no chance, particularly with your children. Insist on having Dr. Shoop's Cough Cure. Compare carefully the Dr. Shoop package with others and see. No poison marks there! You can always be on the safe side by demanding Dr. Shoop's Cough Cure. Simply refuse to accept any other. Sold by All Dealers.

Cold Feet.

Many persons are seldom really comfortable as regards their feet, except perhaps in midsummer. Their feet are always cold, not only during the day, but also and especially when in bed. Associated with this condition we often find chilblains—not so frequently in this country as in England, yet often enough to warrant a few words regarding their prevention and cure.

Persistently cold feet are due to defective circulation. There is a lack of tone in the blood-vessels or a weakness in the contractile force of the heart which results in a semistagnation in the outlying parts of the body. The sufferer from cold feet usually has cold hands as well, and is in danger of having his ears frost-bitten on a stinging cold day if he does not keep them well rubbed or protected by ear-mitts.

One who is troubled with this condition should have the feet well protected by stout shoes with thick soles, which will keep out the moisture, and if the feet have been wet there should be no delay in changing shoes and stockings on returning home. Overshoes may be worn on cold and snowy days, but rubbers should be avoided, except the kind that cover only the soles of the shoes, which are sometimes necessary, since water-proof soles are unfortunately seldom found on the ordinary shoe.

Better, however, than protecting the feet by extra covering is treatment directed to improving the local and general circulation. The best local treatment is by means of water. Night and morning the feet should be immersed in hot water for a minute, then plunged into cold water,—the colder the better,—kept there while one counts ten slowly, and then rubbed briskly with a coarse towel until they are thoroughly dry. They should then be stroked for a minute or two, with the hands pressed firmly against the skin, in an upward direction. This treatment should be kept up for a long time—a year or two if necessary, until the tone of the vessels is restored.

As the condition is one of faulty general circulation, general treatment should also be instituted. Indeed, habitually cold feet and hands constitute a danger-signal. The sufferers are in a condition of weak resistance, and are especially prone to become consumptive. Fatty foods are usually required, especially butter and cream.

If the simple uses of water that have been indicated, and changes in diet, do not overcome the tendency, a physician should be consulted, for there is a constitutional fault that call for remedy.

Dual-Purpose Cow.

We do not believe there is a domestic ani-

mal today, as conditions now exist, in more universal demand the world than the dual-purpose cow. No farm east or west but is benefited by her most useful combination unless we except the exclusive, special-purpose dairy farm. The strength of her claim is the universality of her sphere. Perhaps her most natural home is on the small farm or the average farm. Her annual credit account is a good supply of milk and butter for the family, and a lusty, vigorous calf that matures into a highclass carcass or beef. In this capacity she turns to the very best account. When her best working days are over and she is dried off she readily and quickly fattens into a fine carcass, and the last account of her on the block is no mean consideration.

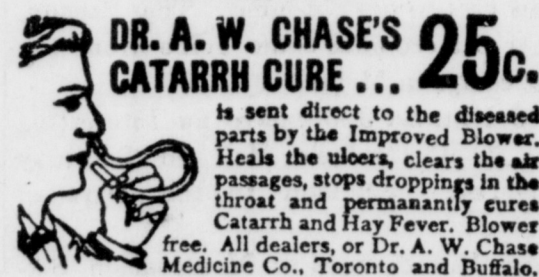
We are far from being at war with any improved breed. The scrub breed is our only enemy. Against it we will combine forces with any recognized breed. We envy not the special-purpose breed. It also has its sphere, and certain conditions all for it. But there is a special-purpose breed, and there is a dual-purpose breed. Each will adapt itself to conditions that suit. The dual-purpose is for the many, for the masses. The special-purpose is for the few, for the classes.

It is all right to develop the exclusive beef type. But this is not the class that furnishes milk for the family and butter for the board. It is not the cow for the small farm. It is not the cow for the thousands of large families of moderate means and small estates.—W. P. Harned before Missouri Dairy Association.

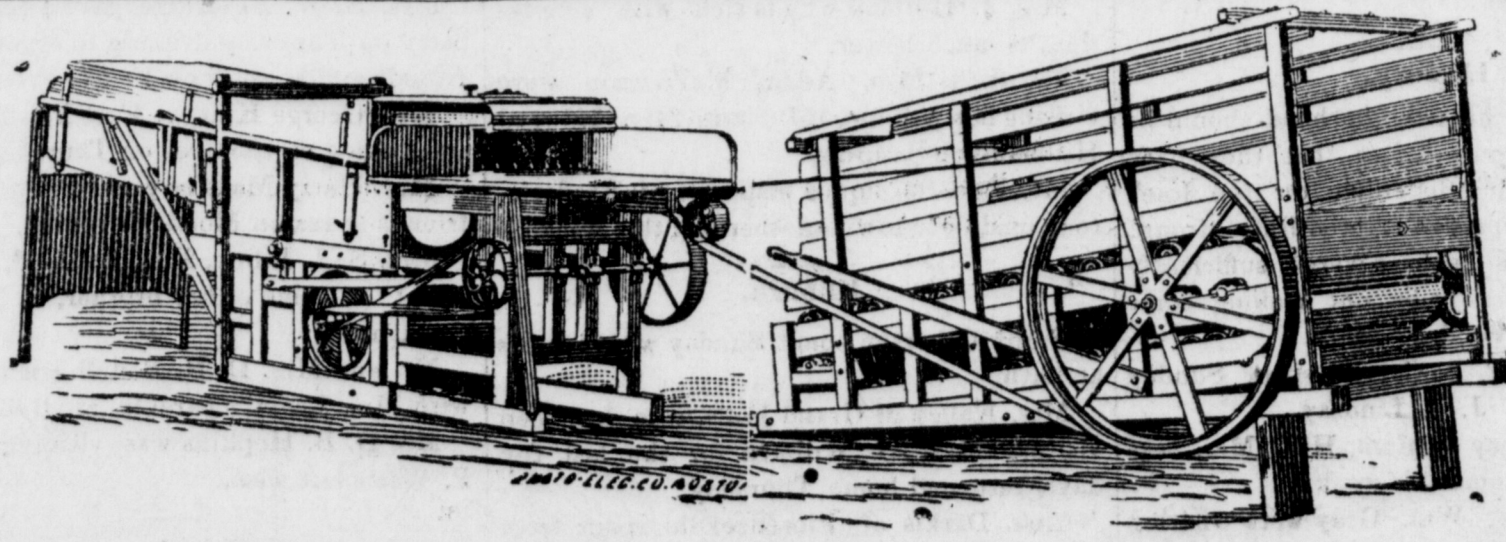
Poverty at Oxford and Cambridge.

(London Times.)

There is a very prevalent misconception that because the colleges, or some of them, at Oxford and Cambridge are rich, therefore the universities themselves are well endowed. In reality the exact contrary is the case. It is no paradox to say that the universities are poor because the colleges are comparatively so rich. The wealth and prestige of the colleges attract many undergraduates and some students, but it is the university that has to supply the needs of both, especially those of the students. It may be that this circumstance suggests a source from which further university endowments might be obtained, but it is a source which can only be tapped by parliamentary action. It is, as we are well aware, a perilous thing even to hint at the possible suppression of some of the smaller colleges both at Oxford and Cambridge and the amalgamation of others. Nevertheless we are bold enough to suggest that in the present desperate need for academic re-endowment, even that perilous leap must not be regarded as altogether impracticable. Such a reform will probably never come from within. Not merely vested interests but sentiments entitled to all possible respect are against it. But parliament has already given permissive powers in the direction indicated, and the fact that these powers have never been used attests the strength of the forces arrayed against them. This points to a fresh inquiry into the subject and possibly to a strengthening of the existing parliamentary powers if after due inquiry, which should be both exhaustive and considerate, such a measure were found to be conducive to the re-endowment of the university and its adequate equipment for the satisfaction of modern intellectual needs. There is abundance of historical precedent for such a proceeding. There is scarcely a college at Oxford or Cambridge which is not built on the debris of older and now extinct foundations.



"Guiltily or innocent?" asked the Judge. "Oh, go 'long, judge," replied the prisoner, "des, gimme dat time what you gwine ter gimme, en go home!"



Having bought the Plant, Stock in Trade and Good Will of the Small & Fisher Company, Limited, we are at the old stand open for business, and solicit a continuance of the patronage so liberally bestowed on our predecessors. The above cut represents our celebrated LITTLE GIANT THRESHER which is the most reliable Roller-Bearing, Double Geared Machine on the market. These Threshers have been many years before the public, and through skilful workmanship and improvements, where circumstances have demanded it, they are still to the front. We are making them both End and Side Shake to suit the requirements of our customers. Call and see us before purchasing elsewhere.

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