

Do You Weigh Enough?

Everyone of average intelligence knows something of the immense value of Cod Liver Oil and Iron as remedial agents. Consequently no one would be surprised to hear that very satisfactory results had followed from giving "FERROL" (a perfect emulsion of Cod Liver Oil, Iron and Phosphorus) in cases where Iron and Oil appeared to be needed.

But, when we ask people to believe that in an actual and scientific test made by an eminent and well-known physician, twenty-five bottles of

FERROL

were given to ten patients and the result was a net increase in weight of ninety-five pounds, we are aware that we are asking a great deal; nevertheless we are prepared to prove that this is an absolute fact, by evidence that no reasonable person can reject. Moreover, this is no isolated instance, but only one of many equally remarkable.

Very few people properly appreciate the importance of maintaining their normal weight.

There is no surer indication of approaching disease than a considerable loss of weight and even where this is not the case, a man whose weight is not up to the average is always in danger of contracting any of the germ diseases which are unfortunately so prevalent. On the other hand, while his weight is well maintained, a man is practically proof against attack, and if disease is already present, the fact that the weight is being increased is proof positive that the disease is being overcome.

The desirability of maintaining the weight should therefore be apparent. In view of this we can confidently recommend "FERROL" as the surest, speediest and most effective medicine by which the weight may be maintained or restored.

Edgar W. Mair, Main and King Sts, Woodstock, N. B.

Cured By The Open Air Treatment

A remarkable cure of a bad case of consumption by means of the open-air treatment has been recorded in New Brunswick. Charles E. Mollins of Hillsboro, with one lung almost entirely gone and the other one affected, had been given up as lost by his friends, when he went under treatment by Dr. Botsford of Moncton. He built a three-roomed shack in the Caledonia Mountains, in Albert County, and for seventeen months, through spring, winter, summer and autumn, he has lived there, in the open air continuously. Large windows, on hinges, admitted the air to his room, and at times during the winter, the thermometer in his room registered twenty-five degrees below zero, but he says he enjoyed the cold. He slept from ten to twelve hours a day, and spent the rest of his time in the open air. His diet consisted of milk and eggs, meat, raw beef sandwiches, plenty of potatoes, vegetables, nuts and light puddings. When he first started treatment Mollins weight was 112 pounds, and to day he weighs 146 pounds stripped. His chest and body measurements have greatly increased, and at the present time he is enjoying excellent health. During the winter he has taken several long snowshoe tramps without the least fatigue.

A Real Rosery.

To most of us a rosery means just a plot of ground set apart exclusively for roses. That, however is only the hasty assumptions of the ordinary person. A Rosery in its real sense is something much more than this. It must contain a specimen of every known species and variety. At present there are believed to be only three in Europe which come up to this standard. Two of these are in Germany, and the third is at L'Hay, near Paris. France, however, is desirous of 'getting even' with Germany in this matter, and a fourth rosery has just been laid down at Bagatelle in the heart of the Bois de Boulogne. It will contain 10,000 plants and will include all the 1,200 types at present known, with an open space in the centre to receive all new varieties of merit as they appear. Parisians have to thank M. Forestier, the curator, for this charming embellishment of the Bois.—London 'Globe.'

How Birds Learn To Sing.

(London 'Globe.')

Do young birds learn to sing by direct imitation of their parents or is the power of song an innate quality? Some observations

made by W. H. Hudson on a species of tinamou (*Rhynchotus rufescens*) throw some light on the question. This species has a peculiar and characteristic song or call of its own, and according to Mr. Hudson's observations, it does not require to learn it. A young bird was taken from the nest when just breaking the shell and brought up in a house where it never could have had the chance of hearing its parents. Yet long before it was full grown it would retire to a dark corner of the room and give its characteristic song in great perfection. Here the song must have been innate. The experiments of the Hon. Daines Barrington, in which various species were reared under linnets, and learned and sang the linnet song instead of their own, suggest, on the other hand, that the young bird learns by direct imitation.

The News—No Pure Drug Cough Cure Laws would be needed, if all Cough Cures were like Dr. Shoop's Cough Cure—and has been for 20 years. The National Law now requires that if any poisons enter into a cough mixture, it must be printed on the label or package. For this reason mothers, and others, should insist on having Dr. Shoop's Cough Cure. No poison-marks on Dr. Shoop's labels—and none in the medicine, else it must be law be on the label. And it's not only safe, but it is said to be those that know it best, a truly remarkable cough remedy. Take no chance, particularly with your children. Insist on having Dr. Shoop's Cough Cure. Compare carefully the Dr. Shoop package with others and see. No poison marks there! You can always be on the safe side by demanding Dr. Shoop's Cough Cure. Simply refuse to accept any other. Sold by All Dealers.

The Kaiser's Latest.

The Kaiser is breaking out in a new place. He is going into the China business. He has founded out of his private treasury a manufactory of majolica ware on his estate at Cadinen. He himself laid down all the plans of the new manufactory and follows its development with the greatest interest. It is likely "Kaiser ware" will be popular among china collectors. His majesty is doing his best to transform his Cadinen estate into a model property, a kind of German Sandringham.—London Mail.

"Preventics" will promptly check a cold or the Grippe when taken early or at the "sneeze stage." Preventics cure seated colds as well. Preventics are little candy cold cure tablets, and Dr. Shoop, Racine, Wis. will gladly mail you samples and a book on Colds free, if you will write him. The samples prove their merit. Check early Colds with Preventics and stop Pneumonia. Sold in 5c and 25c boxes by All Druggists.

Had the Judicial Idea.

(Argonaut.)

A newly-elected squire in Wisconsin was much elated by his honors, but was not sure that he could carry them gracefully. So he haunted the court-house for weeks that he might gather up crumbs of wisdom from the judicial table of the higher statton. Finally he sat in judgment on his first case, and when the testimony was all in and the argument made he said: "The court takes the case under advisement until next Wednesday morning, when it will render a verdict in favor of the defendant."

A Distinction.

"Effie," said Margie, who was laboriously spelling words from a first reader, "how can I tell which is a 'd' and which is a 'b'?" "Why, replied Effie, wisely, the 'd' has its tummy on its back."

Incomprehensible.

The Pilgrim Press once received three letters from one customer, only the third of which was signed and neither of which bore any address except a postmark more or less blurred. The first was an order for supplies; the second and third, indignant queries as to why the first had been ignored. A letter of explanation brought post haste this irate demand: "If you didn't know my name and where I lived, why didn't you write and ask me?" Why, indeed?—Congregationalist.

Sponge Treatment.

A young housekeeper in one of the suburbs had just succeeded in getting a new cook, who came highly recommended. One day Nora made a sponge cake which was so hard it could not be eaten. The housekeeper said: "Nora do you call this sponge cake? Why, it's as hard as can be." "Yes, mum," replied the cook calmly. "That's the way a sponge is before it's wet. Soak it in your tea mum."

Expensive Luxury.

(Washington Star.)

"What is a brain storm?"

"Well," answered Farmer Cornstossel, "as near as I kin make out, it's somethin' like sayin' appendicitis stid of stomach ache. It's an expensive name fur a mighty common complaint."

Seeing's Believing.

Attentive Waiter—Feel like a cup of tea, sir?

Irascible Customer—Do I look like a cup of tea?

Nothing is eternal but that which is done for God and others. That which is done for self flies. Perhaps it is not wrong, but it perishes. You say it is a pleasure—well enjoy it. But joyous recollection is no longer joy. That which ends in self is mortal. That alone which goes out of self into God lasts forever.—Frederick W. Robertson.

Semple Bros.

East Florenceville,

Are doing business at the same old place. Get your order in now for

SAP CANS

and avoid the rush.

I have a few of those nice Calenders left. You get one with a half dollar order.

Try some of our good oil.



A Help to Economy

Steam or Hot Water Heating will prove economical after the pipes are in. The fittings cost a little more than stoves or a furnace, but the advantage is greater. You operate a hot water system for almost nothing—it is almost no bother—it is the most perfect method.

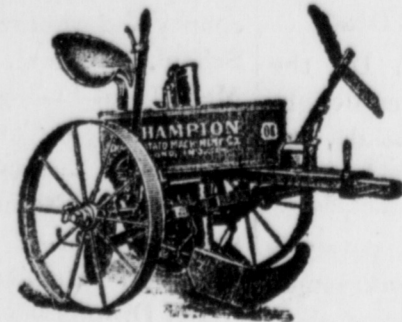
Let us take measurements and tell you the cost.

FEWER BROS.

Connell Street, Woodstock.

WANTED.

A 2nd or 3rd class female teacher for Foreston school, District No. 10, Parish of Aberdeen, Carleton County, N. B., to begin April 1st. Apply stating salary to FRANK J. STATEN, Secretary of Trustees, Foreston, N. B. Feb. 27, tf.



The O. K. Champion Potato Planter.

With this great machine one man with a team will plant from five to seven acres per day.

Does not destroy or bruise the seed.

Fitted with Fertilizer Attachment which can be regulated to distribute any quantity desired.

A carload of these celebrated Planters to arrive within a few days. For prices and terms call on us or any of our agents.

BALMAIN BROS., Connell St., Woodstock.

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RESERVE FUND, \$5,250,000

Exchange. Domestic and Foreign bought and sold.

Letters of Credit. Issued available in all parts of the world.

Collections. Made at the current rates and promptly accounted for.

Savings Department. One dollar opens an account, and interest credited quarterly.

WOODSTOCK BRANCH,

W. M. McCUNN, MANAGER.

Sap Time Is Coming!

We have just received our stock of Sap Cans and Spiles. Now is the time to buy. Our prices are right, and our goods are the best manufactured.

W. F. DIBBLEE & SON,

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CENTREVILLE.

Hartland Farmers' Exchange.

Special sale of Caps, Boys' and Men's O'Coats Horse Blankets.

MUST BE SOLD AT ONCE.

C. HUMPHREY TAYLOR, Prop.

THE STEPHENSON HOUSE.

All Modern Improvements. Permanent and Transient Boarders.

MISS STEPHENSON, Proprietor.

Queen Street, Woodstock, N. B.

HORSE FOR SALE.

For particulars apply to MRS. C. A. GECES VENOR, Meductic, N. B.

FARM FOR SALE

A 165 acre farm in Jacksontown, formerly owned and occupied by Cook Estey. Eighty acres cleared and rest well wooded. House and farm buildings. Apply to Rev F S Todd, Woodstock, Jan 9, tf

HORSE WANTED.

Horse from 3 to 5 years old, weighing about twelve hundred pounds, bay or black, must be kind, smooth and a good looker. Apply to W. D. STEEVES or F. L. ATHERTON, Harness Shop, Woodstock.

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