

WHEN
Your Stomach
TROUBLES YOU
and you are afraid to eat be-
cause of the suffering you know
must follow; when you are
plagued with wind, headache,
pains in the stomach or back,
Biliousness or Constipation.
TAKE
MOTHER
SEIGEL'S
SYRUP
Fifty Cents per bottle, sold every where
A. J. WHITE & CO., MONTREAL

**A Far-Reaching Improvement in Condi-
tions.**

(Chief Statistician of U. S. Census.)
"Canaille," is the name which the people of England, after the Norman conquest, gave to that part of the ground wheat from which the fine flour had been taken. Later it came to designate that part which remained after the fine flour and bran, or chaff of the grain, had been removed. It was the flour out of which the "canaille" or "dogs," as the working people were contemptuously called, made their staple food—the so-called staff of their lives. When the word was in common use in England and the United States, the manufacture of wheat flour and wheat bread was the art of producing small quantities of a fair quality for the favored few, and larger quantities of a lower grade for the many. On the continent of Europe, where rye was the principal grain raised, the masses seldom tasted wheat, but instead ate black bread; white bread, or bread from fine wheat flour, was the portion of the elite few. This is still the distribution of bread in Russia and a great part of Central Europe. It is one bread for the King, and another for the subject.

In those lands, as was once the case in England and the United States, a more or less distinct gulf separates and distinguishes the bread of the favored few from that of the many. Since 1850 and more markedly since the introduction in the '70's of the new process of manufacturing flour, the art of flour and bread making in the United States has become democratic. American mills no longer skim the wheat to make a small quantity of exceptionally good flour to be sold at a fancy price, while converting the balance into food for the "canaille." Instead, the capital of syndicates has combined with the inventive skill of the mechanic to convert all the bread-making constituents of the wheat into good flour. Wheats are mixed and flours blended to produce the largest possible amount of good flour of a uniform grade, and the table of the toiler now has upon it the same bread as is found on that of the millionaire. The people are Kings, and all eat the same bread.

Taking the banana as typical of many articles, the following facts mark the changes which thirty years have witnessed in the fruit consumption of the United States: In 1870 not one person in ten in the United States had ever tasted a banana; today, but few have not. From small beginnings, the trade in this fruit has grown to such vast proportions that the Illinois Central Railroad now sends as many carloads of it north from New Orleans as any railroad carries of wheat into or out from Chicago. The consumption of strawberries and other small fruit, in cities and towns, has increased relatively more rapidly than that of beer, and the development of the California and Florida fruit business becomes the basis on which our Harrimans and other transportation magnates are able to change profitless railroads into properties which make them multimillionaires. The cars of the refrigerator trust have played their part, not only in placing good fruit and fresh vegetables upon the tables of the toiling millions, but in giving to those millions as much and as good meat as that consumed by the rich.

In marked contrast to the usages of that earlier day, meat in the United States has become a staple article of food for the toilers, as well as for the rich and powerful. It is found in the dinner pail of the second hand as well as upon the table of the Pullman dining car or in the homes of the millionaires. Furthermore, as a rule, the quality found in the dinner pail is approximately that used by the well-to-do classes. The working man no longer accepts under normal circumstances the shinbone as his legitimate part of the fatted ox.

**CHAMBERLAIN'S COLIC, CHOLERA
AND DIARRHOEA REMEDY, BET-
TER THAN THREE DOCTORS.**

"Three years ago we had three doctors with our little boy and everything that they could do seemed in vain. At last when all hope seemed to be gone we began using Chamberlain's Colic, Cholera and Diarrhoea Remedy and in a few hours he began to improve. Today he is as healthy a child as parents could wish for."—Mrs. B. J. Johnston, Miss. For sale by all dealers.

The Hon. Mr. Pugsley.
(La Patrie.)

The former Prime Minister of New Brunswick is known as one of the most accomplished politicians in the Maritime Provinces. Resourceful and well-trained in business, Mr. Pugsley can successfully surmount difficulties which would bring about the ruin of men less shrewd than he. A good lawyer, an excellent speaker, and a pleasant companion, he has in the East great prestige.

He possesses numerous friends and powerful admirers in the ranks of both parties. Among these admirers is Mr. David Russell, to whom Mr. Pugsley is advisor and right-hand man. The part played by Mr. Pugsley in the famous negotiations on the eve of the last general election has not yet been fully explained, as we know. The dinner at Caledonia Springs, which was followed by the sale of La Presse, is remembered by everyone. Tradition, if not history, is seized of it and will hand the memory down to posterity. Mr. Pugsley therefore can count on the devoted support of influential persons who know how to find the sinews of war. In politics this is a great merit, above all at critical moments. But is this merit, even when added to the incontestable ability which Mr. Pugsley possesses, sufficient in the eyes of Sir Wilfrid Laurier to induce him to open the doors of the Cabinet to this politician? The Liberal Old Guard of the Maritime Provinces, of whom Senator Ellis is the leader (doyen) do not look with favor upon the entry of Mr. Pugsley upon the Federal stage. The St. John Globe does not mention his name. Is it because this foxy politician (ruse) had such deep Conservative attachments that in 1896 he was the unhappy independent candidate in the city of St. John against Mr. Ellis himself? In any case the sympathies of The Globe will go to Mr. Carvell, of Carleton, who claims succession to Mr. Emmerson. Can this sympathy counterbalance the influence of the delegation of Mr. Pugsley's friends which betakes itself to Sir Wilfrid Laurier? If, after having made a sacrifice of the high office of Prime Minister of his Province to become member of Parliament for St. John, Mr. Pugsley sees his aspirations ignored, what attitude will he take? The fight for the portfolio of railways is so interesting that La Patrie believes its readers ought to have a peep at it. We shall not fail to follow its progress and to report developments. We do not believe that Sir Wilfrid Laurier will call Mr. Pugsley to his side. But it he calls him?

Deafness Cannot Be Cured.

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result, and unless the inflammation can be taken out and restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surfaces.

We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars, free.

F. J. CHENEY & CO, Toledo, O.
Sold by Druggists, 75c.
Take Hall's Family Pills for constipation.

Decline of German Industry.

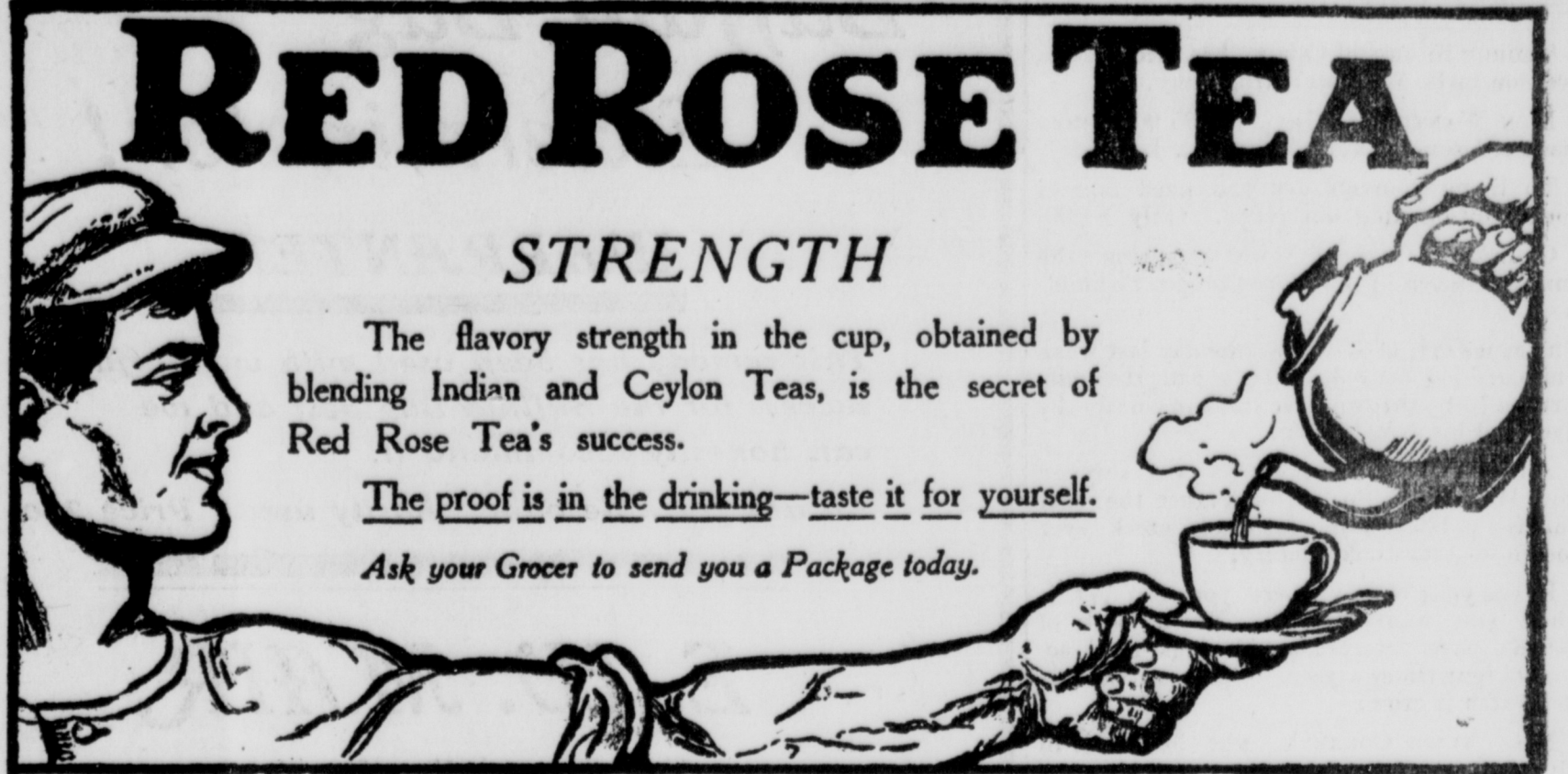
The reported decline of German industry is a convincing proof of the unstable nature of activity resulting from artificial stimulants. The Germans are so completely under the spell of economic theories that they think there is some special advantage in manufacturing and exporting, apart entirely from the profit they yield. One result of this theorizing was the export bounty on sugar, by means of which the Germans furnished sugar to the British at less than its value. The sugar was sold at a loss, the refiners being recompensed by a bonus paid to them from the public treasury. And the people had so much faith in their theories that they thought this loss a gain. The export of other lines of goods has been encouraged and aided in many ways, direct and indirect, and the self-supporting industries have been staggering along under the resultant burden, barely able to sustain the weight of their load of prosperity.

Tabulated statistics have told of the growing exports in which the nation rejoiced, and the British, who trade and manufacture for profits instead of for statistical records, were freely admonished to adopt German fiscal methods. But the effect of Germany's alleged prosperity was seen in a reduction of the standard of living and a growing intensity in the struggle for existence. It is evident that the load has become too heavy, and the people cannot afford so much prosperity. The loss is more than they can stand. Every nation's capacity for such prosperity is limited.

The New Canadian Mint.

Soon after the opening of the new mint at Ottawa, next December, it is understood that there will be one or more new coins put into circulation. It is practically arranged that there shall be a new penny piece of the value of two cents and coined from nickel. This

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STRENGTH
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will be the first time that nickel, though one of Canada's great minerals, has been made use of for Canadian coinage. The United States have used it for many years for the manufacture of five cent pieces. There is felt to be a need for a penny piece in Canada and nickel is to be used, to save bulk, which is a fault of copper coins of the value of two cents. When the mint is in full running order there will be sixty hands employed. It is expected to issue between sixteen and twenty million Canadian coins each year. At the present time the royal mint in London is coming sixteen million coins a year for Canada. Next year this will all be done in Ottawa.

The Mormon Supply.

Under the care of eighteen Mormon missionaries there have arrived at Boston from Europe 123 converts to the faith of John Smith, and all but a small fraction of the number were young women. Mormonism is neither dead nor dying, but is gaining in numbers and strength by systematic and persistent proselytizing, not only in this country but in foreign lands.

It has been noted that in all the bands of converts who arrive periodically from overseas countries, the women largely predominate, and this has created the suspicion that polygamy is still practiced in spite of the repeated denials of the leaders of the Mormon church.—Worcester Telegram.

A Fool's Identity.

Some of the best known people pass unrecognized by those to whom they should be known. Harold Frederick sat one night at dinner next a man whose very silence and taciturnity caused him the more closely covertly to survey him. Not a word was exchanged between the two. "Who was that hopeless idiot that I sat next to at dinner?" asked Frederick at the close of the meal. The hopeless idiot was Cecil Rhodes, he was answered. It was the fact. The Colossus had been in one of the moods in which he would not talk, and Frederick, though he had seen his portrait a hundred times, had not recognized him.—St. James' Gazette.

On Sunday, September 22nd, the Bishop will give conformation in the church of St. Gertrude, Woodstock, and on the following day will continue his pastoral visitation through the county of Carleton. He will visit: Newburg, Willimastown, Johnville, Clearview and Benton. The new church at Willimastown will be blessed by the Bishop during this visit.

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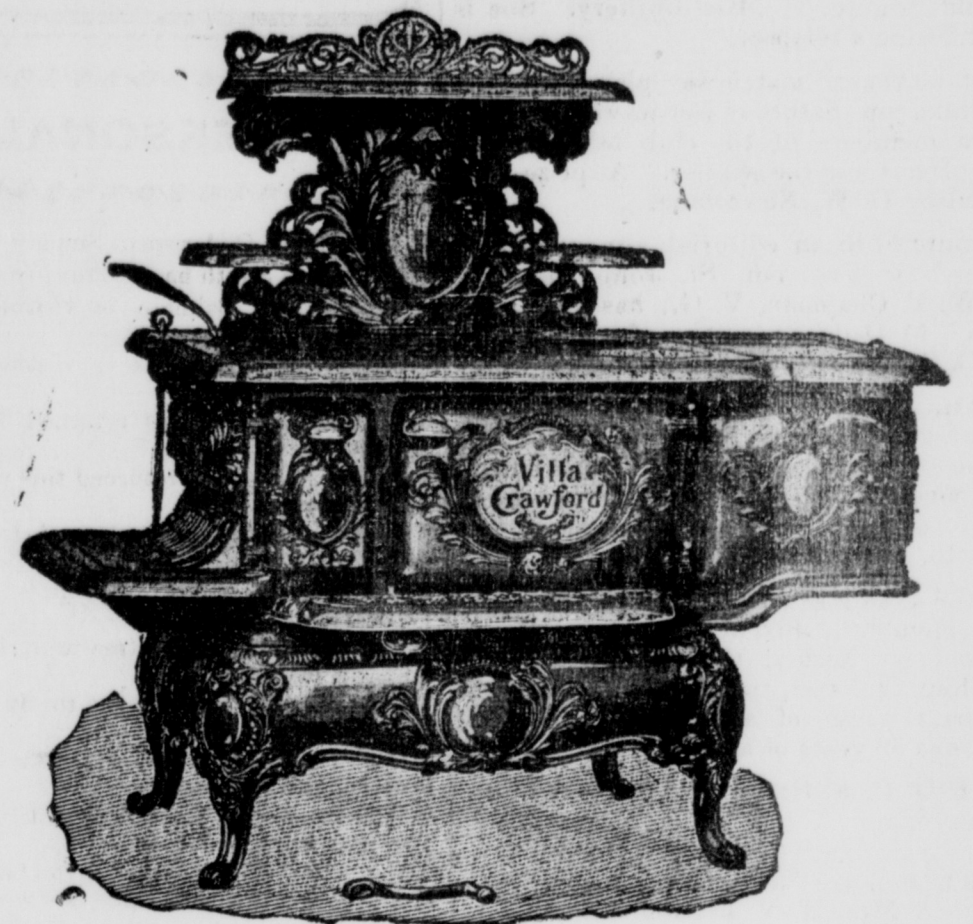
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The "Comfort" Chairs are made in Swing or Morris style and thus combine all the features desired for porch comfort. Call and see them.

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The undersigned have taken over the HAYDEN are prepared to supply all kinds of BUILDERS' material everything that is manufactured in a first-class factory. We will be open and ready for business. Soliciting your patronage.

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