

PLAIN TALK FROM THE DOCTOR

A prominent physician, famous for his success in the treatment of kidney and bladder troubles, stated that to the following prescription is due a great deal of his success:

- One ounce fluid extract dandelion;
- One ounce compound salutarin;
- Four ounces compound syrup sarsaparilla.

Mix and take a teaspoonful after meals and at bedtime, drinking plenty of water.

This mixture will, he says, positively cure any diseases arising from weak, clogged or inactive kidneys, and will assist these organs to cleanse the blood of the poisonous waste matter and acids, which if allowed to remain, cause lumbago, lame back, rheumatism and sciatica, and at the same time will restore the kidneys to healthy normal action. The ingredients, which are purely vegetable and entirely harmless, can be procured from any good druggist and mixed at home at very little cost.

This advice will undoubtedly be much appreciated by many readers.

The Watch Glass Trust.

In a recent report to Washington the United States consul at Marmen says that the manufacture of watch-glasses of a serviceable kind and at a reasonable price is extremely difficult. Carefully educated working men who are thoroughly familiar with the work of their respective branches are indispensable, as well as the most perfect technical equipment and the necessary raw materials of the best quality at low prices. The process of making the watch-glasses is more or less a secret, as is also the construction of the ovens, but it is known that the glass is blown into large spheres or balloons, after which it is baked and annealed. Skilled workmen then cut out the glasses with a diamond point, after which they are ground to the proper sizes. The ovens are very expensive, costing £4000 each, and their operation is so difficult that one firm found it cheaper to have their "balloons" made by the older manufacturers, who were more expert, than to make them themselves. The "United Watch-Glass Factories" is composed of several of the largest and oldest companies in Lorraine, a locality where this industry has had a home during several generations, thus providing a corps of trained workmen such as could not be found at any other place. The trust has also bought factories at Luneville and Geneva, and their works provide the whole world with watch-glasses, of which they have a monopoly. Up to the present time they have had no really serious competition, yet they fought each other until the evils arising out of such a struggle coerced them into a consolidation.

Get a free sample of Dr. Shoop's "Health Coffee." If real coffee disturbs your Stomach, your Heart, or Kidneys, then try this Clever Coffee imitation. While Dr. Shoop has very closely matched Old Java and Mocha Coffee in flavor and taste, yet he has not even a single grain of real Coffee in it. Dr. Shoop's Health Coffee Imitation is made from pure toasted grains or cereals, with Malt, Nuts, etc. Made in a minute. No tedious wait. You will surely like it. Sold by All Dealers.

Girls Learn to Be Wives.

"I believe," says Miss Mary F. Rausch, who is in charge of the domestic science department of the Iowa Agricultural College, "that the day is coming, and very rapidly, too, when people will learn that it is just as important for a girl to learn how to keep house intelligently, economically and healthfully as it is for a young man to prepare for his life work."

Girls are like politicians. One looks forward to matrimony, the other to holding office. And just as politicians study how to make themselves popular, rather than how to be competent public servants; in other words, how to gain public offices rather than how to administer them; so girls study how to win a husband, rather than how to perform efficient the work of a good housewife. Instead of learning how to cook, sew and rear babies, the modern girl learns how to play the piano. Housewifery must be always the principal work of women, and every woman ought to learn the trade thoroly. The art of keeping house must be learned, like any other art, tho a good many women seem to think it comes by nature.

Parents are quite as much to blame as girls for the fact that so few girls attend house-keeping and cooking schools. Fathers laugh at the girls and mothers resent the idea of any persons pretending to be able to teach their daughters more about cooking than the girls can learn at home.

Canvasser—"Good morning, madam. I'm introducing a polish for cleaning silver. It is superior to anything now on the market and the price is only 50 cents a box." Mrs. Smart (sharply)—"Don't want any." Canvasser—"Sorry to have troubled you, madam. I see the lady next door was right." Mrs. Smart—"Eh! What did she say?" Canvasser—"She said I needn't waste my time calling here, as you had no silver." Mrs. Smart—"The imprudent thing! Give me six boxes!"

Newspapers And Insurance.

Mr. George H. Allen, ex-president of the Canadian Life Underwriters' Association, intimated in his address that the insurance interests of this country suffered from the thinly-disguised and even open hostility of the daily press. Mr. Allen is under a mistake. The newspapers are not hostile towards the business of insurance. On the contrary they have the keenest interest in and the warmest sympathy towards a form of thrift which has proved itself well adapted to the requirements of people in all walks of life. But the newspapers undoubtedly are hostile towards loose methods in managing insurance companies. They are hostile towards the investment of insurance funds in speculative enterprises. They have vigorous objections to the practice of rebating. They are unfriendly towards evasions of the insurance law, and New Year "window dressing." In brief, the newspapers are opposed to the methods towards which some insurance men were not unfriendly. Such methods, in the opinion of the press, would have a tendency to undermine public confidence in the business of insurance. The newspapers cannot agree with Mr. Allen in his implied belief that the investigation by the Insurance Commission was uncalled for. The insurance business is too valuable and too important to the people of this country to allow the slightest question to arise as to the wisdom of its management or the safety of its investments.

How Burbank Grasped Opportunity.

Luther Burbank's early life in California was attended by many hard experiences. He was very poor, and was obliged to take any work that came to hand. He cleaned out chicken-coops, helped in market-gardens, got an odd job here and another there, passed through a very severe illness, went "on the tramp" for work until finally he was able to start a little nursery on his own account. Then he was on his own ground with a fair start. To outsiders he seemed an honest hard-working young fellow, who might make his living, but not much more. Then, all at once, he did something that made those who knew about it look at him. An order came for 20,000 young prune-trees. Could he fill it in nine months? He hadn't a prune-tree on the place, and how was he going to supply 20,000 in nine months? He got together all the men and boys he could find to plant almond for him. They grew rapidly. When they were ready, he had 20,000 prune-buds ready for them, and in a short time the prunes were budded into the growing almonds, and before the time was up the trees were delivered to the delighted ranchman. And I have seen these 20,000 prune-trees. They are growing today, and it is really one of the finest orchards in California.

Prof. Fred'k Starr of the University of Chicago, believes Japan could whip the United States in war. He says it is a great mistake to send the great American fleet into the Pacific as the ships are quite likely to show how inefficient the navy is. His views were presented in an address on Japan. Among the pointed statements he made were these: "Japan, from our standard has no superior as a world power today. I am not afraid of a yellow peril. I think of what the white peril has been. Where are the red and black men? We are inclined to think Russia's army was rotten. But Russia was the only power which stood a chance with Japan. Do you think our army of 10,000 deserters a year, whose men complain of cod-fish for breakfast, detest the marches from day to day, who clamor about the small pay they receive, could stand up against the Japanese? I do not know if we will have a war with Japan. I hope not. If we do it will be our own fault. Japan will not start it."

I will mail you free, to prove merit, samples of my Dr. Shoop's Restorative, and my Book on either Dyspepsia, The Heart, or The Kidneys. Troubles of the Stomach, Heart or Kidneys, are merely symptoms of a deeper ailment. Don't make the common error of treating symptoms only. Symptom treatment is treating the RESULT of your ailment, and not THE CAUSE. Weak Stomach nerves—the inside nerves—means Stomach weakness, always. And the Heart, and Kidneys as well, have their controlling or inside nerves. Weaken these nerves, and you inevitable have weak vital organs. Here is where Dr. Shoop's Restorative has made its fame. No other remedy even claims to treat the "inside nerves." Also for bloating, biliousness, bad breath or complexion, use Dr. Shoop's Restorative. Write me today for samples and free book. Dr. Shoop, Racine, Wis. The Restorative is sold by All Dealers.

Nearly every business contributes bits of specialized knowledge to the common fund. It will strike many readers as a curious piece of information that glass insurance companies have decided to class windows with black lettering on them as "extra hazardous" risks. The explanation given is that a black surface absorbs the sun's rays. By this means, it is stated, an unequal expansion is produced throughout the plate; and under the influence of a sudden gust of cold or any other quick change of temperature, a strain is developed which may break the glass.

Sink not beneath imaginary sorrows; call to your aid your courage and your wisdom; think on the sudden change of human senses; think on the various accidents of war; think on the mighty power of awful virtue; think on the Providence which guards the good. —Dr. Johnson.

A Leading Question.

The youngest teachers of the Lincoln school are telling with glee a great joke on Miss Blank, one of the oldest and most capable instructors in the primary grades of our schools.

It was Harold's first day at school, Miss Blank came down to his desk and said, "what is your name?"

"Harold Smith," the bright youngster replied.

"And how old are you?" went on Miss Blank in her methodical way.

"Six," said Harold. "How old are you?" and the young teachers are laughing still. —Lippincott's.

A Hero Death.

In speaking of the death of Professor Maxmillian Schuller, of the Berlin university, who died in that city last month, the Tageblatt says:

"For years Dr. Schuller devoted his time to the study of cancer. Hundreds of sufferers who were poor received treatment at his hands free, and he never wearied of helping those who were afflicted with the disease to the conquest of which he devoted his life. While experimenting with cultures in his laboratory he inoculated himself, and after lingering three months died of cancer of the stomach. —Toronto Mail.

One for the Aule.

Jurymen who have experienced the misery of trying to secure unanimity in a verdict will appreciate this story. The jury had been locked up for hours. At last the officer of the court was instructed to provide refreshment.

"Shall I order twelve dinners?" he said to the foreman.

"Make it eleven dinners and a bale of hay."

Pure Bred Sheep For New Brunswick.

Thomas A. Peters deputy commissioner of Agriculture left Friday evening for the Toronto fair where he will buy pure bred sheep for the provincial government. He will buy sheep of both sexes, Shropshires, Cotswolds and Leicesters. They will probably be sold at the Fredericton Exhibition, the probable date being Wednesday September 18th.

A contributor to The Westminster Gazette, who knows well the physical traits and other peculiarities of the Moors of Morocco, says that the great majority of the Moorish people are as white as the whitest Englishman, and that the prevalent idea that they are black is quite erroneous. "The Moor is a fine, tall man, beautifully proportioned, splendidly strong, abstemious, almost ascetic in his habits, neither drinking nor smoking, but contenting himself at feasting with mint tea and strange, blood-curdling music. Saladin, the famous Saracen opponent of the Crusaders in the time of Richard I. of England, was a Moor. The genuine Moors of Morocco are the descendants of the Moors who were expelled from Spain when the forces of Aragon and Castile were united as the result of the marriage of Ferdinand and Isabella, the patrons of Christopher Columbus.

"He married money, didn't he?" "No, he thought he was marrying money but he merely married something else that talks."

There never yet was a sermon that could have any force on a head full of fashion.

Time to Paint.

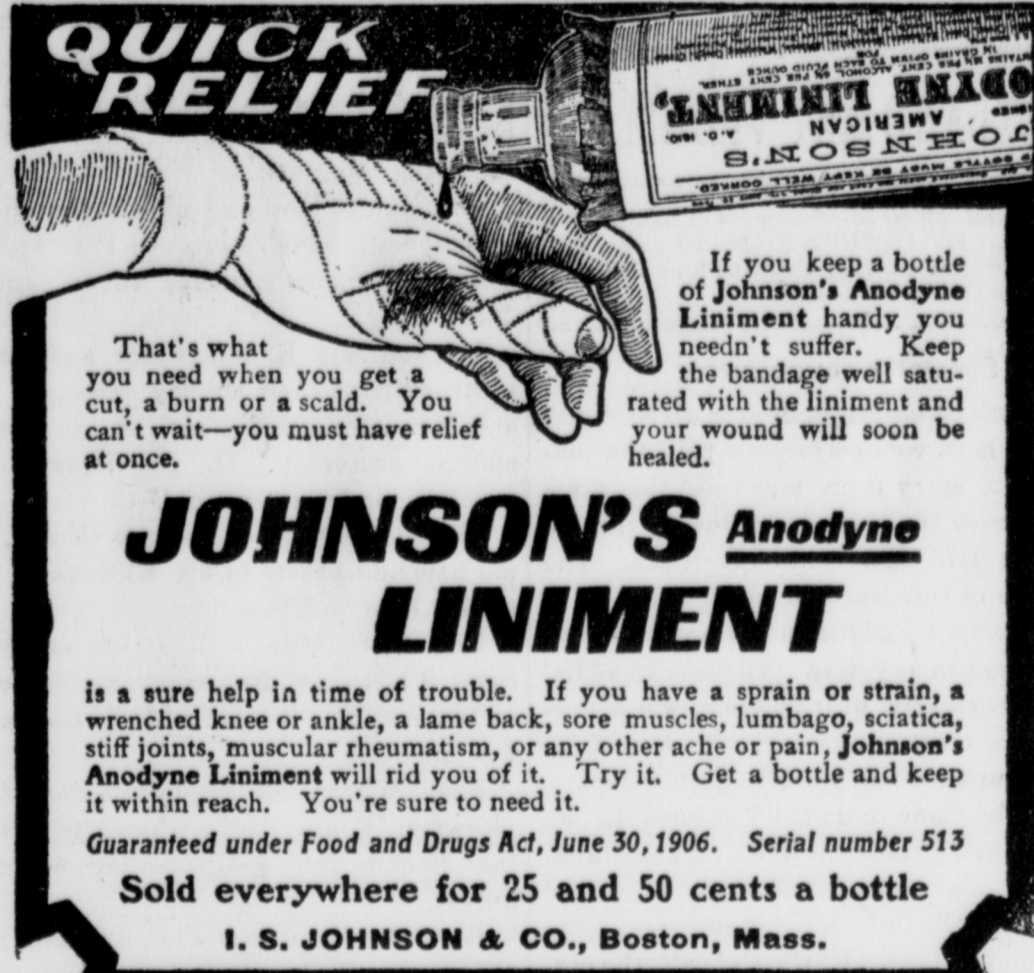
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—SOLD BY—
DRUGGISTS, GROCERS AND GENERAL STORES
10c. per packet, or 3 packets for 25c.
will last a whole season.



QUICK RELIEF

If you keep a bottle of Johnson's Anodyne Liniment handy you needn't suffer. Keep the bandage well saturated with the liniment and your wound will soon be healed.

That's what you need when you get a cut, a burn or a scald. You can't wait—you must have relief at once.

JOHNSON'S Anodyne LINIMENT

is a sure help in time of trouble. If you have a sprain or strain, a wrenched knee or ankle, a lame back, sore muscles, lumbago, sciatica, stiff joints, muscular rheumatism, or any other ache or pain, Johnson's Anodyne Liniment will rid you of it. Try it. Get a bottle and keep it within reach. You're sure to need it.

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Dealer in Musical Instruments. Woodstock.



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