

Nursing baby?

It's a heavy strain on mother.

Her system is called upon to supply nourishment for two.

Some form of nourishment that will be easily taken up by mother's system is needed.

Scott's Emulsion contains the greatest possible amount of nourishment in easily digested form.

Mother and baby are wonderfully helped by its use.

ALL DRUGGISTS: 50c. AND \$1.00

Former St. John Man Candidate.

A former St. John man will be the Conservative candidate for Moose Jaw, Saskatchewan, in the next federal election. The Moose Jaw News of Nov. 28th. says—

"Dr. F. H. Wheeler will carry the standard for the Conservatives of the Moose Jaw constituency in the next federal election. He was chosen yesterday afternoon by the largest local convention ever held in this city. If number and enthusiasm was an augury of victory the doctor may well look forward with confidence to the result."

Dr. Wheeler was chosen in open convention at which no less than eleven names were put in nomination. All but two of those nominated withdrew, and the choice was between Dr. Wheeler and J. R. Bastien. The former gained a majority of votes and Mr. Bastien promptly moved amidst great enthusiasm that the nomination be made unanimous.

Dr. Wheeler was born in Florenceville, N. B., the son of Richard Wheeler of that place, he practiced medicine on the west side for five years. He married Miss Moffat, daughter of James Moffat, of Amherst.

When Your Health Fails--What Then?

BETTER TO GUARD AGAINST SUCH AN EMERGENCY BY KEEPING VITALITY AT HIGH-WATER MARK BY THE USE OF

Dr. Chase's Nerve Food.

Good health is the capital of persons who earn their livelihood with brain and muscle. In these days of strenuous life and keen competition there is no place for tired brains and weak bodies.

Success is for the strong and alert—for those whose blood is rich and whose nerve cells are filled with vigor and energy.

It is not pleasant to contemplate what might happen with failing health and for this reason it is well to heed the first symptoms of nervous exhaustion, such as brain fog, headache, nervous dyspepsia, sleeplessness, failure of memory and loss of power to concentrate the mind.

While Dr. Chase's Nerve Food has succeeded in curing many cases of partial paralysis, locomotor ataxia, and the most severe forms of nervous prostration and exhaustion, it is not well to delay treatment until these stubborn and dangerous diseases set in.

At the slightest indication of waning nerve force begin the use of Dr. Chase's Nerve Food, and with a few weeks' treatment you will be able to restore the vitality of the body to high-water mark, remove the cause of nervous disorders, and prevent serious results.

Miss Mary Leitch, Coulson, Simcoe county, Ont., writes: "When I began the use of Dr. Chase's Nerve Food my nervous system was all run down, and I suffered terribly with nervous headache and sleeplessness. Sometimes I could not sleep for three or four nights in succession. By the use of several boxes of Dr. Chase's Nerve Food these troubles were entirely overcome, and I consider this preparation an excellent nerve tonic."

Dr. Chase's Nerve Food, 50 cents a box, 6 boxes for \$2.50, at all dealers, or Edmanston, Bates & Co., Toronto.

The Season Of Good Cheer.

The Season of Good Cheer—that is what Christmas has been since unnumbered ages before it was called Christmas; and it ought to be doubly so today. Can we make it so?

Yes, if we go at it in the right way. It's a question of three things: good will, energy, and pluck; with a strong seasoning of brains throughout the lot.

Intention first. You want have good cheer yourself unless you're trying to bring good cheer to others. If you've diked yourself in from the flowing tides of human sympathy, your Christmas is bound to be a mockery. The fellow who is too consciously selfish to care how others feel, or too unconsciously selfish to think how they are likely

to feel, is always sailing alien seas when the season of good cheer comes round. It's just as well. He isn't built for that sort of freight. He can carry money and usually does; but the most moderate cargo of human enjoyment would send him to the bottom. If this means you, good-by.

Then energy. If you want good cheer, get out and hustle for it. Don't sit in your office and send kind thoughts by telepathy. Send the unkind ones that way; and trust Uncle Sam's mails with the others. Don't expect your friends to be mind-readers—there are times when you wouldn't like it if they were. If you're thinking of them, let them know it. If you've any good wishes, express them. And do it long ways. When good intentions are bottled up too long, they're liable to turn sour; so use yours while they're fresh—and don't worry for fear the stock will get low. Get busy.

Then pluck. Last but by no means least, pluck. It takes pluck to make good cheer in any quantities; the sort of pluck that can take punishment without wincing; that can mould illusions without losing its appetite, and assimilate a new truth without prophesying the end of the world. You need it all in your business, and especially do you need it here. And you've got a right to it. The world is a good ways from being a garden of the gods, perhaps; but it's a long ways farther from being a house of detention for lost souls. Old Lady Luck may box your ears pretty sharp now and then; but she's got an apronful of big red apples for you if you'll only pester her long enough. Try it and see. Keep up your courage; and keep up the courage of others who may need a little boost in that direction. Pass a good thing along.

Good will, energy, and pluck; with brains mixed all through. These are what make Good Cheer—and this is the season of Good Cheer. Some day that season will last all the year around—and then we'll call it Brotherhood.—George L. Knapp in December Lippincott's.

Simple Home Recipe.

Get from any prescription pharmacist the following:

Fluid Extract Dandelion, one-half ounce; Compound Kargon, one ounce; Compound Syrup Sarsaparilla, three ounces.

Skake well in a bottle and take a teaspoon-full dose after each meal and at bedtime.

The above is considered by an eminent authority, who writes in a New York daily paper, as the finest prescription ever written to relieve Backache, Kidney Trouble, Weak Bladder and all forms of Urinary difficulties. This mixture acts promptly on the eliminative tissues of the the Kidney's enabling them to filter and strain the uric acid and other waste matter from the blood which causes Rheumatism.

Some persons who suffer with the afflictions may not feel inclined to place much confidence in this simple mixture, yet those who have tried it say the results are simply surprising, the relief being effected without the slightest injury to the stomach or other organs.

Mix some and give it a trial. It certainly comes highly recommended. It is the prescription of an eminent authority, whose entire reputation, it is said, was established by it.

A druggist here at home when asked stated that he could either supply the ingredients or mix the prescription for our readers, also recommends it as harmless.

The finest Coffee Substitute ever made, has recently been produced by Dr. Shoop of Racine, Wis. You don't have to boil it twenty or thirty minutes. "Made in a minute" says the doctor. "Health Coffee" is really the closest Coffee Imitation ever yet produced. Not a grain of real Coffee in it either. Health Coffee Imitation is made from pure toasted cereals or grains, with malt, nuts, etc. Really it would fool and expert—were he to unknowingly drink it for Coffee.—Sold by all dealers.

Wash dish towels daily. When greasy throw them into hot water, strong with borax or household ammonia. They should be boiled at least once a week.

THE MONITOR.

O' clock a-standin' on de mantel shelf; Nuffin' much to do excep' a-talkin' to hisself; Tellin' 'bout de seconds an' de minutes an' de hours, Countin' off de days between de snowstorm an' de flowers; Jes' a sing-song story, for de mos' he has to say Is, "Yesterday was jes' about de same thing as to-day"; An' de days dat's still a-comin' you is gwinter find at last, Is purty much de same as you was used to in de past.

So, what's de good o'waitin' if you sees a chance to smile, A-thinkin' dat de laughter may be better after while? An' what's de good o' sighin' foh de hopes of long ago, When de present has its prospects, same as what de past could show? Say, chillun, is you strivin' on an' smilin' in de Now, Or is you jes' complainin' 'bout de whyfore an' de How, An' fixin' up a future dat'll find you on de shelf, Wif nuffin' much to do excep' a-talkin' to yourself? —Philaider Johnson in Washington Star.

Trial Catarrh treatments are being mailed out free, on request, by Dr. Shoop, Racine, Wis. These tests are proving to the people—without a penny's cost—the great value of this scientific prescription known to druggists everywhere as Dr. Shoop's Catarrh Remedy. Sold by all druggists.

'World Wide'

A weekly budget of articles and cartoons, carefully selected from the world's greatest Journals and Reviews. It reflects the current thought of both hemispheres, is internationally fair and is the busy man's best magazine.

Almost better than the privileges of a great library, the selection is so good. As a pleasant tonic—a stimulant to the mind—"World Wide" has no peer; at the price, no equal among the journals of the day. An effort is made to select articles each week so that due proportion is given to the various fields of human interest. Regular Readers of "World Wide" are kept in touch with the world's thinking.

So far as possible, the editors of "World Wide" give both sides of all important questions: Read what some of the subscribers say:

Sir Algernon Coote, Baronet, Mountrath, Ireland, says:—"I am delighted with 'World Wide.' The publication is superior to any of a similar kind that I have seen on either side of the Atlantic. I am recommending it to my friends."

Dr. S. E. Dawson, King's Printer, Ottawa, says:—"World Wide" is a relief to busy men. 'World Wide' is the only paper which I read without skipping."

The Rev. C. E. and Mrs. Dobbs Manitoba, write:—"To be a regular reader of 'World Wide' is to partake of the intellectual life of the present day."

President Trotter, D. D., Acadia University, says:—"I look eagerly for your weekly collection of good things and recommend the paper warmly to my friends."

'World Wide' Annual Cartoon Review is included with all yearly subscriptions. It's great! Five Cents a Copy Weekly, \$1.50 a year, to all parts of the world. Published by John Dougall & Son, 'Witness' Block, Montreal. Samples on application.

UNIFORM KEENNESS

NO HONING—NO GRINDING.

You want comfort and satisfaction of clean smooth shaves every morning.

The Carbo Magnetic is the only razor UNCONDITIONALLY GUARANTEED to give this. The secret Electric Tempering positively merges every particle of carbon (the life of steel) into the metal—giving throughout the blade—something absolutely impossible with fire tempered steel used in making all other razors.

But test this razor in your own home—or have your barber use it on you. Secure one 30 DAYS TRIAL with NO OBLIGATION TO PURCHASE.

W. F. DIBBLEE & SON
Local Agents.

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I have the Best and most economical paint for you to use.

Sample Bros.
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Plumbers and Tinsmiths.

THE MATTER OF SELECTION

The average tailor shows a few patterns at a price. In

"Progress Brand" Clothing

you have unrestricted choice of ALL that is new and good and stylish. The most exacting man can easily be satisfied with such generous assortments as "Progress Brand" provides.

Suits and Overcoats to fit all men, and suit all tastes. LOOK FOR LABEL THAT PROTECTS.

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MANUFACTURERS OF

Doors, Sashes, Blinds, School Desks, Sheathing, Flooring and House Finish of all kinds

We employ a first-class Turner, and make a specialty of Church, Stable and Verandah work. Call and see our stock or write for prices before purchasing. All orders promptly attended to.

Just imported, a consignment of No. 1 White Wood. Clapboards for sale.

Hard Pine Flooring and Finish.

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'The Sign of the White Horse.'

Look Anyway

When in our streets and you will see a Harness that came from our shop.

Ask Anybody

If that Harness they got from us was all right. If it's not we want to know. We give a guarantee with every harness we sell. If they were not right, we wouldn't do that, would we?

FRANK L. ATHERTON,

Harness Maker and Dealer,

MAIN STREET, WOODSTOCK.

A New Woodworking Factory.

The undersigned have taken over the HAYDEN FACTORY and are prepared to supply all kinds of BUILDERS' MATERIALS, in fact everything that is manufactured in a first-class woodworking factory. We will be open and ready for business on April 1st. Soliciting your patronage.

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G. H. HARRISON,

Insurance, Age t,

OFFICE IN

Young Building

OPPOSITE THE CARLISLE HOTEL.

Insurance in all forms will receive prompt attention.

Money to loan at lowest rates.

TO RENT.

The dwelling on Corner of Union and Water Streets, recently occupied by Burns Cummings. For further particulars apply to MISS EMMA HENDERSON, 11 Nov. 20.

LIVERY AND HACK STABLE

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Outfits for commercial travellers, Coaches in a sound condition for arrival of trains. All kinds of Livery Teams to let at Reasonable Rates.

A First-Class Horse in connection.

Emerald Street, - Woodstock, N. B.

Your Pung!

Will not only look better, but will last longer if you keep it in good condition.

You are cordially invited to bring it to my Paint Shop and have it painted and Varnished and made to look like new.

F. L. MOOERS,

Carriage and Sign Painter,

over Loane's Factory,

Connell street, Woodstock