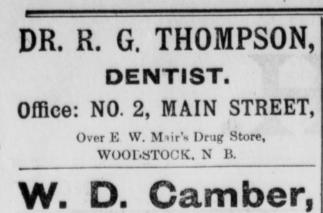
THE DISPATCH



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SPECIAL ATTENTION GIVEN TO DISEASES OF WOMEN AND CHILDREN.

E. K. CONNELL, B.C.L. ATTORNEY-AT-LAW, NOT PUBLIC.

Special Atiention to Collections.

Agent Sun Life Insurance Company. and Commercial Union Fire Insurance Company. Accident Insurance. MAIN STREET, WOODSTOCK, N. B⁴

JAMES R. H. SIMMS, Barrister-at-Law,

Heart Strength

Heart Strength, or Heart Weakness, means Nerve Strength, or Nerve Weakness—nothing more. Positively, not one weak heart in a hundred is, in itself, actually diseased. It is almost always a hidden tiny little nerve that really is all at fault. This obscure nerve—the Cardiac, or Heart Nerve —simply needs, and must have, more power, more stability, more controlling, more governing strength. Without that the Heart must continue to fail, and the stomach and kidneys also have these same controlling nerves.

to fail, and the stomach and kidneys also have these same controlling nerves. This clearly explains why, as a medicine, Dr. Shoop's Restorative has in the past done so much for weak and ailing Hearts. Dr. Shoop first sought the cause of all this painful, palpitating, subocating heart distress. Dr. Shoop's Restorative—this popular prescription—is alone directed to these weak and wasting nerve centers. It builds: it strengthens; it offers real, genuine heart help. If you would have strong Hearts, strong digestion, strengthen these nerves — re-establish them as needed, with



Cleaning the Skin.

Owning to the oiliness of the skin, it cannot be efficiently cleansed by water alone; hence the morning cold bath, which is delight. fully tonic and invigorating to those with whom it agrees, is a delusion and a snare so far as efficient cleansing properties are concerned. The rubbing which one undergoes after the cold bath undoubtedly assists in the removal of the dried secretions from the skin, but there is still need of some substance which will so modify the greasy coating as to render it capable of being washed off. Such an agent we possess in soap, which is essentially a combination of an alkali (soda or potash) and a fat or oil. There is always some free alkali in soap, and this, when rubbed with water on the body, unites with the oily material of the skin and renders it soluble. Soaps made with potash (soft or black soaps) contain too much alkali, so that when they are used to wash the skin the natural oil is so effectually removed as to leave the skin dry and harsh and altogether "too tight," as commonly expressed, for its owner.

ATTACK OF DIARRHOEA CURED BY ONE DOSE OF CHAMBERLAIN'S COLIC, CHOLERA AND DIARR-HOEA REMEDY.

I was so weak from an attack of diarrhoea that I could scarcely attend to my duties, when I took a dose of Chamberlain's Colic, Cholera and Diarrhoea Remedy. It cured me entirely and I had been taking other medicine for nine days without relief. I heartily recommend this remedy as being the best to my knowledge for bowel complaints.

Bookless Libraries.

Under the heading "Bookless Libraries," the editor of the Library World of England, in the current issue of that journal, puts forth a vigorous protest against the policy of treating the building, the reading room and the lecture hall as if they were the essential things in a library and spending on books only what can be spared after the needs of these have been met. That the policy is a very common one, says the editor, and that it is a real menace to the permanency and dignity of the public library as an educational institution, there can be no doubt:

All aver the country there are many bookless libraries in existence, in which, owing partly to lack of money and the absurd policy of maintaining huge news rooms, hardly any expenditure takes place on literature as distinct from newspapers. Many of the socalled Carnegie libraries are really nothing but news rooms, because the whole effort of the local authority is directed to the maintenance of a kind of club room for the newspaper devourer, while the library remains a miserable little neglected collection of out-of-date lumber in which no one can assume the slightest interest.

Regret is expressed that in the lavish gifts of Mr. Carnegie and Passmore Edwards more discrimination was not exercised and better advice secured before such large sums of money were expended on mere brick and morter; and the suggestion is made that in the future generous donors who wish to do their best for libraries make their gifts more conditional and only on the basis of an assured and perpetual provision for books. This is a matter, he says, of tar more fundamental importance than the question of site, building, and general maintenance, and gives the much-needed assurance that the projected building shall be a library and not simply a stone or brick monument to somebody's misplaced benevolence.

The Horse-Power of a Porpoise.

(London 'Times.')

We have received a letter from E. Edwards in which he calls attention to the power exerted by the porpoise. It is well know that a porpoise will maintain a high rate of speed through the water for long periods of time. Our correspondent calculates that fifteen horse-power is exerted by the animal when it is moving at twenty miles an hour, and he asks how such a power could be acquired. He suggests that the explanation may lie in the reduction of the skin friction by a system of glands which continually exude oil, and that therefore such a calculated



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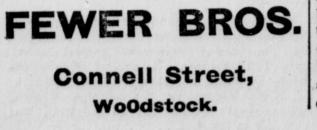
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Know=How Workmen Insure Economy.

No loss of time in experimenting if the workmen know their business. No waste of material if they know how to figure. No loss from unreasonable repairs. The way to do the best plumbing is to have men who know how to do the work.



R. G. STEWART, of the firm of Stewart & Bro., Greenville, Ala. For sale by All Dealers.

A Pleasant Petition.

There is a certain village church where a good member, known as Brother Kirky, is always stirring up strife and causing sorrow. At a prayer-meeting, one of the brethern who had suffered from Brother Kirby's meddling methods, offered up a petition in this fashion:

"O Lord, we pray that Brother Kirby may die." There was a stir of consternation among the kneeling members. But the prayer continued:

"O Lord, we pray that Brother Kirby may die and go to Hell." In horror, the pastor raised his head to remonstrate when the petition conclued:

"Because, O Lord, Thou knowest that he will break up that institution in a week."

Stomach troubles, Heart and Kidney ailments, can be quickly corrected with a prescription known to druggists everywhere as Dr. Shoop's Restorative. The prompt and surprising relief which this remedy immediately brings is entirely due to its Restorative action upon the controlling nerves of the Stomach, etc. A weak Stomach, causing dyspepsia, a weak Heart with palpitation or intermittent pulse, al-

ways means weak Stomach nerves or weak heart nerves. Strengthen these inside or controlling nerves with Dr. Shoop's Restorative and see how quickly these ailments disappear. Dr. Shoop, of Racine, Wis., will mail samples free. Write for them. A test will tell. Your health is certainly worth this simple trial. Sold by all druggists.

Gent and German.

This slang word seems to have come in at first as a mere written contraction. I have found the word laygents in law reports of the seventeenth century, particularly those of Popham and of Davis. In Sir John North. cote's "Note Book," Dec. 2, 1640, Lord Gray is described as saying of one Haliford or Holsord "that he is no gent; that in memory of drivers he kept hoge." The cognate word gemman can be traced about a century earlier.—London Notes and Queries.

SICK HEADACHE.

This disease is caused by a derangement of the stomach. Take a dose of Chamberlain's Stomach and Liver Tablets to correct this disorder and the sick headache will disappear. For sale by All Dealers.

Grace Before Meat.

The "Grand Magazine" tells a story of a Scotch minister who cannily regulated his gratitude according to the meal he saw provided. "Bountiful Jehovah," was always the prelude when the table before him groaned under good things. A meagrelyspread board, however, drew forth the more temperate, "Lord, we are not worthy of the least of these Thy mercies."

power is not developed; and he asks whether a mechanical imitation of nature's process might not be possible for the hulls of ships.

Trial Catarrh treatments are being mailed out tree, on request, by Dr. Shoop, Racine, Wis. These-tests are proving to the people—without a penny's cost—the great value of this scientific prescription known to druggists everywhere as Dr. Shoop's Catarrh Remedy. Sold by all druggists.

A Good Word for the Night Air.

It goes without saying that the bedroom, according to Dr. Woods Hutchinson in the American Magazine, should be well ventilated, especially in view of the heavy storing up of oxygen in the tissues which goes on during sleep. All windows should be open from the top, at least one and better two to three feet, so that a gentle current of air can be felt blowing across the face. It is just as pure and as wholesome as day air. Night fogs and rain are only injurious in so far as they frighten you into shutting your windows. No air that ever blew out doors is so dangerous or poisonous as that inside a bedroom with closed windows. The clothing should be as light as is consistent with warmth, the mattress elastic but firm, the pillow as high as the breath of the shoulder, so as to keep the neck and head horizontal or slightly above, when lying on the side. The good, hard, common sense of humanity has solved all these problems, and the modern hair mattress, or its equivalent, single pillow, and blankets, or cheese-cloth-covered "comfort," which can be cleaned and aerated by turning the hose on it, can hardly be much improved on. Beyond these there is no virtue whatever in hard beds, flat or no pillows, and cold bedrooms. The boggy feather bed, collector of the perspiration and diseases of successive generations, the bolster, the eiderdown quilt, the hard sail-cloth-like counterpane, both airtight, and the latter heavy as a board, have gone to the attic or the ash heap, where they belong, along with the four-poster and its curtains, the night cap, and the warming pan.

The Rev. Mr. Frender of Philadelphia tells this story of himself.

Some time ago he was invited to dine at the house of a friend, whose wife went into her kitchen to give some final orders. Incidently, she added to the servant, "We are to have a Jewish rabbi for dinner to-day,"

For a moment the maid surveyed her mistress in grim silence. Then she spoke with decision. "All I have to say is,' she announcel, "if you have a Jewish rabbi for dinner, you'll cook it yourself."—September Lippincott's

Butter Paper for sale at this office.

	Income.	Assets.	Surplus Payts to Policyholders for 5 years.	Net Surplus.
1886\$	184,956	\$ 422,402	\$ 6,543	\$ 45,915
1891	387,891	1,207,593	16,720	177,875
1896	641,788	2,515,833	79,436	421,546
1901	1,099,396	4,420,773	239,032	507,441
1906	1,793,794	7,799,064	411,173	650,209

The large increase in the Assets and Net Surplus shows that the unexcelled financial position of the Company has been maintained during the past year A GOOD OPENING FOR ENERGETIC DISTRICT AGENT

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RECORD NUMBER 1844.

This Celebrated French Coach Stallion will campaign the season of 1907, starting from the owner's stable in Hartland, Tuesday, travelling through Waterville and Avondale to Lakeville, will stand at Fowler's stable Wednesday forenoon, and from there to Woodstock through Bloomfield Corner. Will stand at Blackie's stable (Queen Hotel) in Woodstock Thursday of each week. Will travel from Woodstock to the owner's stable in Hartland on Friday. This horse will stand at the owner's stable in Hartland Saturday and Monday of each week during the season.

Terms: Single service \$6.00; to insure \$12.00; \$2.00 to be paid at time of service, in default thereof \$15 will be charged.

JOHN MURDOCK, Groom.

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