

WHEN APPETITE FAILS

It is because your food does not digest properly. Your stomach, liver and bowels need strengthening. Don't neglect the danger-signal

**TAKE MOTHER
SEIGEL'S
SYRUP**

Price 50 cts. per bottle. Sold Everywhere.
A. J. WHITE & CO., MONTREAL

Prisoners of Lighthouses.

A French writer, telling of the life of the lighthouse keepers along the coast of Brittany, thinks it strange that any of them escape insanity.

The system of relief that prevails in this country has no equivalent in the French service, and with short intervals, months apart, a French lighthouse keeper may spend forty years of his life tending the lamps in one station, with a single companion, and that station may be on a rock out in the channel or the Bay of Biscay, which boats can approach only in fine weather.

As a matter of fact, the men often do become insane, or at least develop monomania. Sometimes it takes the form of hatred of each other.

In one case, at Terrenec, one of two men was found by a party who came off from the shore in response to signals lying dead in his bed with a long, keen-bladed knife through his heart.

His companion's story was that he had committed suicide after a long period of melancholia. There was no proof to the contrary, but after examining the wound the authorities doubted the truth of the story.

On another occasion, where father and son tended an isolated beacon together, the young man was seized with an attack of acute mania. When the time came to light up he planted himself in front of the stairway to the lantern and refused to allow his father to ascend.

The old man attacked his son, and finding he could subdue him in no other way, so that the lights on which so many lives depended might be kindled, strangled him to death. The next day he signaled to the shore for help and gave himself up to the police, telling what he had done.

Sickness and death are no strangers in the lighthouses. There is, ninety-nine times out of a hundred, no change of medical aid, and the well man prescribes from the medicine chest for the sick one as best he can. He also does double duty until his partner recovers of relief comes.

There are not infrequent cases when the survivor has to sew up his dead comrade in a hammock and launch his weighted body from the rocks into the sea. Then come long nights or lonely watching.

In winter time the lamps must be kept going for fourteen to fifteen hours. The lantern is unheated except for the glow of the lamps up in its ceiling and the government allows the watcher no chair, lest he fall asleep.

It is no wonder that weird fancies come to the men. They hear voices calling from the sea drowned men and women looking up at them from the breakers. One of their horrors is of the birds that beat against the windows of the lantern at night, attracted by the glare.

Just as is the case with American lighthouses, the feathered armies that migrate at night beat against the walls and balconies of the beacons with their wings and dash against the panes of the lantern, sometimes breaking the glass with their breaks. As their eyes shine in the glare they seem to express anger or bloodthirstiness to the men within.

One of the most pitiful stories of lighthouse life is told of the keeper at Four en Finisterre who kept all alone a station on an isolated rock a couple of miles out from the shore, but so surf beaten that only once a month or so was a boat sent out to it with supplies.

The cabin in which the keeper made his home was on the shore opposite his lighthouse, and the recreation he most enjoyed was watching it through his telescope. He could see the people go in and out and the children playing in front of it.

One day he saw something fluttering from the doorjamb. He was puzzled. Then it flashed on him that it was a corpse and that some one had died in the house.

Was it his mother, he wondered, or his wife, or one of his brothers? He counted the children later in the day, and they were all right.

The wind blew and the water raged. No boat could come near him, and he watched the crowd of sympathizing friends come and go. Then he saw the funeral.

As the mourners walked after it he strained his eyes trying to identify each and determine the missing one. But in vain; all walked with bowed head; the women's faces were

buried in their handkerchiefs; the men held their hats before theirs. He could make out nothing characteristic.

The men who, eight days later, risked their lives to row out to him and break the news of his wife's death, found him a physical and mental wreck from sleepless anxiety. But he had kept the light burning faithfully all the time.

The French lighthouse keepers receive from 700 to 950 francs a year—\$140 to \$190. When they are worn out they retire on a pension of \$6.80 a month.

"What is your idea of an ideal wife?"

"One who can cook the meals, do the washing, look after the furnace, make her own clothes, and—"

"And what?"

"Keep herself looking as young and as beautiful as an actress who pulls down \$400 a week in vaudeville."—Chicago Record-Herald.

Recipe Mixed Often.

Some remarkable stories are being told about town and among the country people coming in of this simple home-made mixture curing Rheumatism and Kidney trouble. Here is the recipe and directions for taking: Mix by shaking well in a bottle one-half ounce Fluid Extract Dandelion, one ounce Compound Kargon, three ounces Compound Syrup Sarsaparilla. Take as a dose one teaspoonful after meals and at bedtime.

No change need be made in your usual diet, but drink plenty of good water.

This mixture, writes one authority in a leading Philadelphia newspaper, has a peculiar tonic effect upon the kidneys; cleansing the clogged up pores of the eliminative tissues, forcing the kidneys to sift and strain from the blood the uric acid and other poisonous waste matter, overcoming Rheumatism, Bladder and Urinary troubles in a short while.

A New York druggist who has had hundreds of calls for these ingredients since the first announcement in the newspapers last October stated that the people who once try it "swear by it," especially those who have Urinary and Kidney trouble and suffer with Rheumatism.

The druggists in this neighborhood say they can supply the ingredients, which are easily mixed at home. There is said to be no better blood-cleansing agent or system tonic known, and certainly none more harmless or simple to use.

"The House of too Much Trouble."

Some unknown friend sent us the following beautiful little poem, which we take pleasure in printing. Judging from the tone of the note accompanying it, we may justly infer that a quietness has come into the home since the little disturber left their oppress-

ive and unbearable. The poem is a picture, a realistic picture, of the sad results which often come to a home from the misconception of parents who regarded the house and its appearance of more importance than the characters that are being built in them. A child is to be pitied who has to grow in such a home. The freedom of a frontier log cabin is a thousand times better for the child than such a house, tho it be a mansion, the best in the city:

In the House of Too Much Trouble
Lived a lonely little boy;
He was eager for a playmate,
He was hungry for a toy,
But 'twas always too much bother,
Too much dirt and too much noise,
For the House of Too Much Trouble
Wasn't meant for little boys.

And sometimes the little fellow
Left a book upon the floor,
Or forgot and laughed too loudly,
Or he failed to close the door.
In the House of Too Much Trouble
Things must be precise and trim—
In the House of Too Much Trouble
There is little room for him.

He must never scatter playthings,
He must never romp and play;
Every room must be in order
And kept quiet all the day.
He had never had companions.
He had never owned a pet—
In the House of Too Much Trouble
It is trim and quiet yet.

Ev'ry room is set in order—
Ev'ry book is in its place,
And the lonely little fellow
Wears a smile upon his face.
In the House of Too Much Trouble
He is silent and at rest—
In the House of Too Much Trouble,
With a hly on his breast.

Toronto World.

When the Stomach, Heart, or Kidney nerves get weak, then these organs always fail. Don't drug the Stomach, nor stimulate the Heart or Kidneys. That is simply a makeshift. Get a prescription known to Druggists everywhere as Dr. Shoop's Restorative. The Restorative is prepared expressly for these weak inside nerves. Strengthen these nerves, build them up with Dr. Shoop's Restorative—tablets or liquid—and see how quickly help will come. Free sample test sent on request by Dr. Shoop, Racine, Wis. Your health is surely worth this simple test. Sold by all dealers.

DEEDS, Mortgages and Bills of Sale for sale at this office.

It is important that persons placing

FIRE INSURANCE

should select strong and reliable companies. This being the case it would be impossible perhaps to find four stronger and more reliable companies represented in Carleton County in one office than the following companies for whom the undersigned is agent, namely:

CALEDONIAN, the Oldest Scottish Fire Office

NORWICH UNION, Established in 1797.

ATLAS, Founded in the reign of King George III and the QUEEN.

I shall be pleased to see intending insurers.

LOUIS E. YOUNG,
Woodstock, N. B.

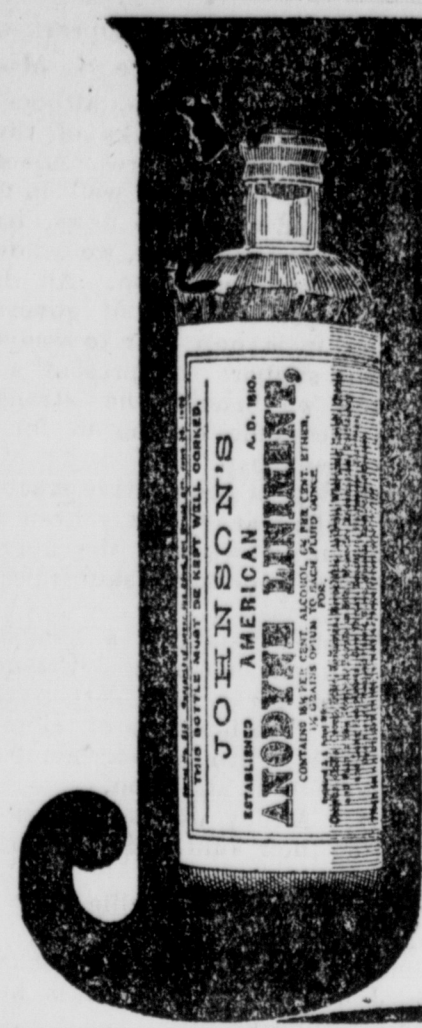


Chamberlain's Cough Remedy

A Safe Medicine for Children.

In buying a cough medicine for children, never be afraid to buy CHAMBERLAIN'S COUGH REMEDY. There is no danger from it, and relief is always sure to follow. It is intended especially for coughs, colds, croup and whooping cough, and is the best medicine in the world for these diseases. It is not only a certain cure for croup, but, when given as soon as the croupy cough appears, will prevent the attack. Whooping cough is not dangerous when this remedy is given as directed. It contains no opium or other harmful drugs, and may be given as confidently to a baby as to an adult.

JOHNSON'S ANODYNE LINIMENT



FOR
Colds
Croup
Coughs
Catarrh
Cramps
Cholera
Colic
Asthma
Bronchitis
Influenza
Pleurisy

Don't let a cough or a cold get a hold on you—it may develop into something serious. Shake it off at once—take a few drops of Johnson's Anodyne Liniment on sugar and see how quickly it will bring relief.

Good for external pains too. For 97 years has cured sprains, strains, muscular rheumatism, sciatica, lumbago, stiff joints, lame back, etc. Try it!

Guaranteed under Food and Drugs Act, June 30, 1906. Serial number 618.

25c. a bottle; large bottle holding three times as much, 50c. Sold everywhere.

I. S. JOHNSON & CO., BOSTON, MASS.

The Long, Cold, Dark Evenings,

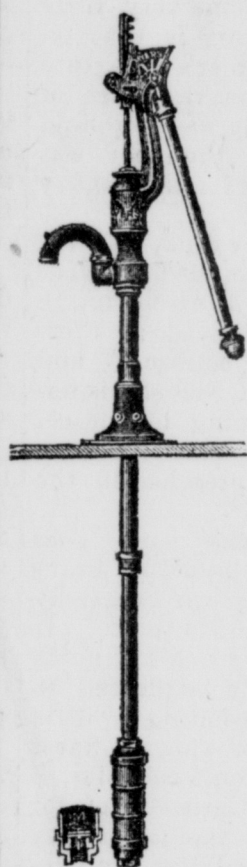
Are coming upon us when the wise father and mother will look about for some means to keep the young people fat home.

Nothing will do this more effectually than a musical instrument, a Violin, an Organ, or a Piano. I heartily recommend to your notice the renowned Gourlay Piano. Won't you come and have a talk with me about the matter.

C. R. WATSON,

Dealer in Musical Instruments.

Woodstock.



MYERS' Ratchet Handle PUMPS

With Cog Gear and Roller Bearing Attachments with Adjustable Base and Wrought Steel Handle. Has Patent Glass Valve Seat and Poppet Valve.

Anti-Freezing. The Easiest Working Pump Ever Manufactured.

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Prompt payment of Death Claims.

Results not surpassed by Any other Company.

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Is that J. W. Astle's?

I want some insurance, and everybody says you have the best, that your companies are the oldest and strongest, and never dispute their claims.

It most certainly pays to have the best.