

Girlhood and *Scott's Emulsion* are linked together.

The girl who takes *Scott's Emulsion* has plenty of rich, red blood; she is plump, active and energetic.

The reason is that at a period when a girl's digestion is weak, *Scott's Emulsion* provides her with powerful nourishment in easily digested form.

It is a food that builds and keeps up a girl's strength.

ALL DRUGGISTS; 50c. AND \$1.00.



The Poor Pessimist.

H. P. Danks, the composer, was best known perhaps by the song "Silver Threads Among the Gold" that he wrote in his youth. Mr. Danks lived quite alone. He had a pathetically odd way of passing the time when not at work before his organ playing 11 kinds of beautiful sacred music. He would, for several hours each afternoon, sit in the huge railway station watching the people quietly. Sometimes he would make cursory acquaintances at the station. Sometimes he would narrate to his friends odd remarks that he had heard in chance encounters. Thus, one morning he told of an Englishman who the day before had sat down beside him and began to grumble about American newspapers.

Mr. Danks changed the subject to music, but the other grumbled again. Finally, pointing to the flood of sunlight that poured in through the great window, Mr. Danks said:

"A glorious day, isn't it?"
The other frowned, and muttered:
"Yes, locally. It's probably raining somewhere, though."

**Put New Blood
Into the Arteries**
AND THE FEELING OF WEAKNESS
AND FATIGUE WILL GIVE WAY
TO HEALTH AND VIGOR.

**Dr. Chase's
Nerve Food.**

At this time of year nothing is of such great value to the human system as new, rich blood. Feelings of languor and depression, headaches, sleeplessness, irritability, impaired digestion, nervousness—these all tell of thin, watery blood and a run-down system.

Dr. Chase's Nerve Food is, above all else, a blood-building restorative, which puts new blood into the arteries, and by so doing lays the foundation for health and vigor.

It sharpens the appetite, strengthens the nerves which control the flow of digestive fluids, forms new, firm flesh and tissues, and gives vigor to the vital organs of the body.

Mr. Fred H. Gould, Purdy, Hastings Co., Ont., writes: "I was troubled with nervous headache, which at times was very painful and caused much suffering. It has been thoroughly cured by the use of Dr. Chase's Nerve Food. I can recommend this treatment most highly and believe that as a general system builder it has no equal."

Mrs. W. Chappel, Barrie, Ont., writes: "I have used Dr. Chase's Nerve Food as a means of building up the nervous system and improving the health generally and have also found it a good remedy for female troubles."

"We have used Dr. Chase's Ointment as a household remedy for all kinds of sores and cuts and think it is a splendid ointment."
You can be sure that Dr. Chase's Nerve Food is doing you good because each dose goes to the formation of a certain amount of pure, rich, red blood. It cures by the building-up process, and its cures are therefore thorough and lasting; 50 cents a box, 6 for \$2.50, at all dealers, or Edmanston, Bates & Co., Toronto.

The January Woman's Home Companion

The Woman's Home Companion for January begins well with a handsome and showy cover design by James Montgomery Flagg. It is a notable number from the standpoint of illustrations. In addition to Flagg's striking cover design, there is a full page reproduction of W. Balfour Ker's painting "Forgotten." It represents a winter farm scene, the house and barn in the distance, and the old family horse standing drearily by the pasture bars, ankle deep in the falling snow—forgotten.

Dr. Hale's Monthly Talk is on the subject of "New Year's Wishes." Jack London contributes the first letter of his important series of first hand impressions for which the Woman's Home Companion sent him around the world; it is the record of a marvellous adventure among the lepers of Molokai. In the January number begins a series

of programs and selections of the music of today of the great music-loving nations. The January program, which is American, is supplemented by the music and words of two songs by Clayton Johns, hints as to the making of a program, by Madame Nordica, and instructions as to the rendering of each piece on the program by the composers themselves.

Among the fiction is an important installment of Mrs. Elizabeth Stuart Phelps' great novel, "Though Life Us Do Part;" "The Adjusted Honeymoon," by Anne Warner; "A Lesson in Consequence," by Mary Wilhelmina Hastings; "Rose Mary," a Quaker love story by Carrie Hunt Latta, and "The Lamps of Psyche," by Zona Gale, author of the now popular novel, "The Loves of Peleas and Ettarre."

An interesting feature of this issue of the Companion is a new department entitled "Teens and Twenties," conducted by Lucy Norman. The horticultural authority, Samuel Armstrong Hamilton, contributes a valuable article on "Plants for the Winter Window." Anna Steese Richardson's department for The Girl Who Earns Her Own Living is as valuable as ever, as is Mrs. Saugter's Home Page.

A new departure is a study of Three Important Successful Plays, by Anne Peacock.

The Tablet in His Honor.

W. D. Nesbit, the well-known newspaper poet, tells this story upon himself: "I was born," he says, "in the good old town of Xenia. A good many distinguished persons have been born there at one time and another by the way. But we all love Xenia. What is more, we cherish the idea that Xenia loves us—that she cherishes the memory of her sons. We always like to see the old neighbors, too. Anyone who has come from old Xenia likes to see the Xenia folks. I don't know of any way you can please me better than to let me settle down with one of the old neighbors and talk over things—who has died and what he died of, and who married who, and how we wouldn't have thought they would, and what real estate has changed hands, and all that. Well, the other day one of my old neighbors came in. I dropped everything and settled down to talk with him, and I could see he had a good piece of news up his sleeve.

"Nesbit," said he, with the pleasant kind of a look on his face, "you remember that little old house on Main street where you were born?"

When he said that, it brought up a vision of that house as clear as the reality. I saw the queer little windows, the nice, friendly door, the yard, the lilacs—everything.

"Yes, Bill," I said with emotion. "I remember very well."

"Well," he said, "the folks have gone and put a tablet on that old house."

At first I couldn't speak. I had all I could do to keep the tears from coming. The folks hadn't lost sight of me, then! They knew what I had been doing. A tablet was, I admitted to myself, somewhat beyond my deserts, but—but there it was. When I could speak I said:

"And what does the tablet say, Bill, old man?"

Bill looked away out of the window.

"Main Street," said he softly.—The Reader.

When the Stomach, Heart, or Kidney nerves get weak, then these organs always fail. Don't drug the Stomach, nor stimulate the Heart or Kidneys. That is simply a makeshift. Get a prescription known to Druggists everywhere as Dr. Shoop's Restorative. The Restorative is prepared expressly for these weak inside nerves. Strengthen these nerves, build them up with Dr. Shoop's Restorative—tablets or liquid—and see how quickly help will come. Free sample test sent on request by Dr. Shoop, Racine, Wis. Your health is surely worth this simple test. Sold by all dealers.

Taxing the C. P. R. Property.

The taxing of the C. P. R. legal department is likely to be called upon in the near future again to defend the claims of the company to the exemption of its immense tracts of land in the West from taxation. When the company's charter was granted, one of the provisions was that its land grants should

be exempted from taxation for a period of twenty years. This period has long since elapsed but there is still a vast proportion of the company's lands, for which the local legislatures and councils are unable to obtain any contributions in the way of taxes. The contention of the local authorities all along has been that the lands should be available for taxation twenty years after the lands passed from the Dominion to the company. But the charter said that the exemption should be "till twenty years after the lands are patented." The local authorities contended that it was absurd to say that this meant until twenty years after the Crown or the C. P. R. had issued a patent for each parcel of land in favor of some one, and they took test cases before the Court of King's Bench in Manitoba during the last years of the territorial regime beyond Manitoba. Judgement, however went in favor of the C. P. R.

Now the Governments of Alberta and Saskatchewan are in consultation with a view to carrying the cases to the courts, and to the Privy Council if necessary, and to claiming the two years' arrears since the Provincial Governments were formed. The immense importance of this question may be gauged from the fact that the Canadian Pacific Railway owns the odd-numbered sections in the belt of land extending 24 miles on each side of the track between Winnipeg and the Rocky Mountains, and the patents for much of this have only been issued within recent years.

Trial Catarrh treatments are being mailed out free, on request, by Dr. Shoop, Racine, Wis. These tests are proving to the people—without a penny's cost—the great value of this scientific prescription known to druggists everywhere as Dr. Shoop's Catarrh Remedy. Sold by all druggists.

THE WATCHER OF INISHAIL.

(Lauchlan MacLean Watt, in Chamber's Journal.)

Inishail is a small island in Loch Awe, with a very ancient graveyard. The Celtic superstition is that the last buried watches through the night until relieved by the next comer. It is a long wait on Inishail!

O sweet's the dark, till dawning fair
Makes all the stars grow pale!
But are you not weary waiting there,
O watcher of Inishail?

Last of the dead in the grasses laid,
What shades come wandering by,
Where the low green graves beside the waves
In deepening slumber lie?

And while you wait, through the crumbling
gate
Comes Love, with softened tread,
And looks in your face with the saddening
grace
Of glad days long since dead.

Around your feet the fair and brave
Sleep softly evermore;
And through your dreams the whispering
wave
Sings old songs on the shore.

Does the dim place fill as night grows still?
Do the sorrows of those that sleep
Awake to be in the dark by thee,
And with thee vigil keep?

What do the sighing waters sing
As they tremble along the strand?
What messages do the soft winds bring,
Blown from the silent land?

Tired are many by Life's sad gate,
Where hopes and dreams grow pale,
Not you alone by low graves wait,
O watcher of Inishail!

WHEREAS in view of the loss we have sustained by the decease of our friend and associate, Sister Amber C. Boyer, and of the still greater loss sustained by you, and those who were nearest and dearest to her; therefore be it

RESOLVED, That it is but a just tribute to the memory of the departed to say that in regretting her removal from our midst. We mourn for one who was in every way worthy of our respect and regard; and we sincerely condole with you, on the dispensation with which it has pleased Divine Providence to afflict you, and commend you for consolation to Him who orders all things for the best, and whose chastisements are meant in mercy.

RESOLVED, That this testimonial of our sympathy and sorrow be forwarded to the husband of our departed sister.

Submitted on behalf of Bristol Lodge No. 281 I. O. G. T.

JOHN FARLY,
H. W. ANNETT, } Committee.

Bristol, N. B., Jan. 16th, 1908.

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When in our streets and you will see a Harness that came from our shop.

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