

Permanent Results

"I had been suffering for over two months with an obstinate cough, as had also my little girl. We tried several remedies common to any drug store without obtaining any apparent relief, in fact we were growing worse. I got a bottle of Coltsfoote Expectorant from my druggist and inside of two days the cough was stopped, and the results so permanent and rapid that we decided to keep it in our home continually.

ROBERT PALEN.

C. A. R. Station, Ottawa.

Coltsfoote Expectorant is recognized the world over as the best prescription ever used by the medical profession for Coughs, Colds, Croup, Bronchitis and Tightness of the Chest. Children like it. To introduce it into every home we will send a free sample to every person sending their name and address to Dr. T. A. Slocom, Limited, Toronto. Sold by all up-to-date druggists at 25c. Send for Free Sample To-day.

Horror of Russia's Situation.

(George Kennan in McClure's.)

If the janitor of a tenement house should notify the owner of the existence of a smouldering fire in the basement, and if the owner, instead of taking measures to extinguish the fire, should have the janitor locked up for giving information that might alarm the tenants and "unsettle their mind," we should regard such owner as an extremely irrational person, if not an out-and-out lunatic; and yet, this is the course that the Russian government has been pursuing for the past quarter of a century. Again and again it has closed statistical bureaus of the zemstvos, and in some cases has burned their statistics, simply because the carefully collected material showed the existence of a smouldering fire of popular distress and discontent in the basement of the Russian state. Now that the long-hidden fire has burst into a blaze of agrarian disorder, the government is trying to smother it with bureau-cratic measures of relief, or to stamp it out with troops, military courts, and punitive expeditions; but the action comes too late. The economic distress which a quarter of a century ago was mainly confined to a few districts or provinces has now become almost universal.

A Russian senator after an official tour reported: "In almost every village the penniless class is constantly growing, and, at the same time, there is a frightfully rapid increase in the number of families that are passing from comparative prosperity to poverty, and from poverty to a condition in which they have no assured means of support. One might have expected the government to do something for the relief of a population suffering from such poverty as this, but, instead of aiding the sufferers, it punished the persons who called attention to the distress. One member of the Voronezh district committee, Dr. Martinof, was exiled to the sub-arctic province of Archangel; two, Messrs. Shcherbin and Bunakof, were arrested and put under police surveillance, and two more, Messrs. Bashkevich and Pereleshin, were removed from their positions in the zemstvo and forbidden thenceforth to hold any office of trust in connection with public affairs."

South African Desert.

London Telegraph.

Two Vryburg men, Sidney Smith, a well-known local farmer, and J. N. Brymer, have had a terrible experience in the Kalahari desert, where they were three days under a blazing sun with neither food nor water and hardly came through alive.

They left home together in a Cape cart drawn by six oxen to visit George Leonox, of Kingston, a farm some distance into the desert. The travellers were mainly relying for their water supply on the tramas, a species of wild melon which grows abundantly on the sand dunes and conserves its water for months, but they found to their dismay that these had all been consumed by the flocks and herds of the nomadic natives of the Kalahari. The meagre stock of water they had brought with them soon gave out and after trekking for two days without a drink the oxen collapsed. The travellers were still about fifty miles from their destination.

Abandoning the cart and oxen, they determined to make the rest of the journey on

foot. Eight miles tramp through the heavy sand reduced Mr. Brymer to a state of exhaustion, and leaving him behind Mr. Smith toiled on with his native servant, in the teeth of a scorching wind, to attempt to make the nearest water. Mr. Lennox's farm was his only hope. In six hours he had become quite deaf, one eye was almost blind, his tongue had shrivelled up and his palate and lips were coated with a thick skin. He had left Brymer at 9.30 at night. At dawn next morning the Kaffir boy threw up the sponge, and, sad at heart, Smith had to push on with his collie dog as his only companion.

An hour or two later he was overtaken by two Transvaalers, Messrs. Gerber and Le Roux, on horseback. They had lost a horse and a mule from thirst, not far from the point where Mr. Brymer had been left on the veldt. They had found Brymer still alive, but having no water themselves were unable to help, and had pushed on for the farm. Le Roux was in a state of collapse from thirst, having to be held on his horse by Gerber. The two mounted men went on ahead, promising to send back help to Smith and the others.

When still a long distance from Mr. Lennox's farm Mr. Smith met some Damara women (refugees from German Southwest Africa), carrying water in gourds on their heads. Incredible as it may seem, these inhuman people absolutely refused to give Mr. Smith either water or assistance. Eventually, he managed to obtain a small cupful by force, but he was too exhausted to struggle for more. At this point his fine collie lay down and afterwards succumbed to thirst.

Slightly invigorated by his meagre refreshment, Mr. Smith toiled on. The sun was high overhead and the heat intense. He was following the course of an old river bed and fortunately was able to attain some slight shelter from a few trees along the course. His method was to dash forward for a couple of hundred yards to the nearest tree and then lie down to recuperate for the next effort. So he held to his task until at length Mr. Lennox's farm came in sight. Here kind hands took him in charge and tended him so well that after a few hours he was able to talk rationally and walk about.

Mr. Henn of the Camel Corps of the Cape Mounted Police, who happened to be at the farm with his camel, immediately saddled up and set out with the most commendable diligence to search for the poor fellows who had been forced to remain in the desert. Thanks to Mr. Henn's promptitude and energy the lives of Mr. Brymer and the natives were saved, although they were in the last stages of exhaustion and presented a most deplorable sight when they were brought in.

STATE OF OHIO, CITY OF TOLEDO, } ss.
LUCAS COUNTY.

Frank J. Cheney makes oath that he is senior partner of the firm of F. J. Cheney & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of Catarrh that cannot be cured by the use of Hall's Catarrh Cure. FRANK J. CHENEY

Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1886.

(Seal) A. W. GLEASON,
NOTARY PUBLIC

Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces of the system. Send for testimonials free

F. J. CHENEY, & Co. Toledo, O.
Sold by all Druggists, 75c.
Take Hall's Family Pills for constipation

Folks Who Don't Know What is Wrong.

(Harper's Weekly.)

There are many folks in this partially enlightened land who don't seem to know what is right, and a vast deal of pains is being taken to teach them. This great work of instruction is called reform. There seem to be also a lot more folks who don't know what is wrong, but think they do, and act with great vehemence upon their convictions. How are they to be taught? It is important to teach them, because they lavish their strength, not in personal repentance, but in trying to hinder their neighbors from actions which they condemn. If a man (or a woman) thinks some act is wrong and doesn't do it, there is no great harm done whether the act is really wrong or not. To be overscrupulous about one's own conduct may be a mistake, but it is one for which the erring person chiefly suffers. But to be overscrupulous about the conduct of other persons—to condemn their actions as wrong and get laws passed to make them illegal—does great harm if the actions condemned do not really deserve condemnation. The code of discipline of the Methodist Church, for example, when voluntarily accepted, may yield a great profit, spiritually and otherwise, to whomsoever lives up to it; whereas to hold society in general up to the standard of the Book of Discipline under penalty of law, would work intolerable hardship. Something like that is what the folks who don't know what is wrong seem to be trying to do, and they are working out so many different notions, and in so many different lines—railroad regulation, night-riding, prohibition, anti-betting, anti-division, anti-speculation, anti-corporations, anti-non-union labor, anti-cigaretettes,

and so on—that it makes the observer wonder where we are coming out. Blue laws have been tried, and have failed and always will fail. Reform legislation that rises higher than its source comes down again. But its source is the average conscience of the community. Individual virtue can rise far above that, and it will be a sad day for humankind when it doesn't. But law cannot, and should not. More attention should be given to the instruction of that part of our population who have exaggerated notions about what is wrong and want their standards legalized. They are getting to be more troublesome than the folks who don't know what is right. But it is hard to instruct them, for they are very prone to stop the paper if they don't agree with what is said.

Tired nerves, with that "no ambition" feeling that is commonly felt in spring or early summer, can be easily and quickly altered by taking what is known to druggists everywhere as Dr. Shoop's Restorative. One will absolutely note a changed feeling within 48 hours after beginning to take the Restorative. The bowels get sluggish in the winter-time, the circulation often slows up, the kidneys are inactive, and even the Heart in many cases grows decidedly weaker. Dr. Shoop's Restorative is recognized everywhere as a genuine tonic to these vital organs. It builds up and strengthens the worn-out weakened nerves; it sharpens the failing appetite, and universally aids digestion. It always quickly brings renewed strength, life, vigor, and ambition. Try it and be convinced. Sold by All Dealers.

Holding Their Own.

A regiment of regulars was making a protracted, weary march along a heavy country road, and the men, eager for food and rest, were impatient to reach habitation.

A man on horseback rode past. "Say, friend," called out one of the regulars, "how far is it to the next town?" "Matter of two miles or so, I should think," came the answer. And the rider vanished.

Another long hour dragged by, and then the soldiers came upon a laborer. "How far is the next town?" they asked, eagerly. "Good two miles!" said the laborer, and proceeded on his way. Half an hour's farther marching brought them to the third wayfarer. "How far to the next town?" they once more asked. "Not far," came the encouraging answer. "Only two miles!" Through the general atmosphere of depression rang the voice of an optimistic sergeant: "March, boys—march for your lives!" he cried. "We're holding our own, anyway!"

How To Cook Rice.

Few housewives understand how to cook rice so that it puffs into a snowy mass, each kernel distinct. I have found a way. First wash it thoroughly through several cold waters, rubbing the kernels between the hands. This is to remove all the loose flour on the outside of the grains. After the water runs clear turn the rice into a colander and drain; then put it into a stew-pan allowing one quart of boiling water to a cup of washed rice. Add a teaspoonful of salt, and allow it to come to a boil. Cook steadily for twenty minutes, lifting the rice occasionally to prevent its sticking. Shake the kettle also for the same purpose, but never stir or mash with a spoon. Take it from the fire, pour off the water, if any is left and place it on the back of the stove, in the oven, or even over a pot of hot water until it finishes swelling. Cooked in this way, you will find the rice plump, light and white, each grain distinct and separate.—M. N., in Harper's Bazar.

The Stability of a Bank is Reflected in the Confidence of its Depositors.

Growth of deposits of The Royal Bank of Canada since incorporation:

1870.....	\$ 288,000
1875.....	870,000
1880.....	1,230,000
1885.....	1,750,000
1890.....	3,280,000
1895.....	6,200,000
1900.....	12,000,000
1905.....	26,500,000
1906.....	28,000,000
1907.....	35,000,000

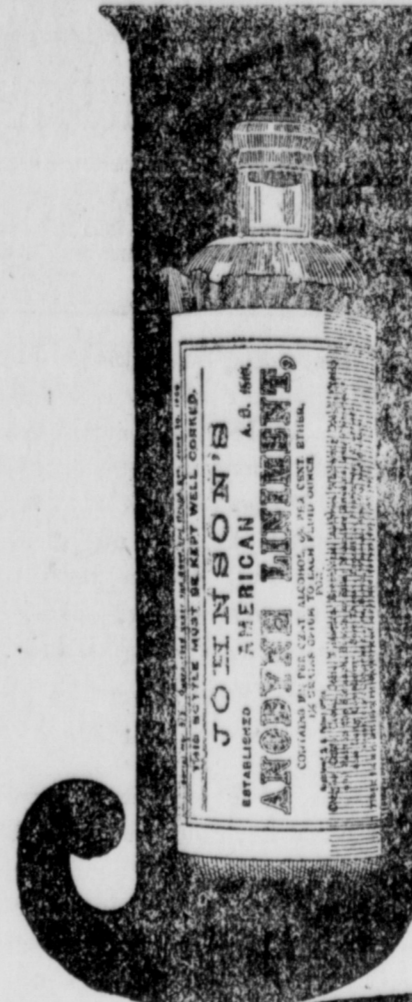
In the savings department accounts may be opened with deposits of one dollar or more on which interest will be credited or paid four times a year.

CAUTION.

Every person is liable to a fine of \$25.00 who rides or drives any horse or horses at a pace faster than a walk upon any part of any span of any highway bridge, which span exceeds forty feet in length. It shall be the duty of any policeman, constable or other peace officer, to prosecute by complaint or otherwise as the law directs any person offending against this act.

Extracts from the act to protect highway bridges, the board of works direct that no automobile be operated at a rate of speed greater than one mile in fifteen minutes in crossing a highway bridge.
May 13—3i.

It is important that persons placing
FIRE INSURANCE
should select strong and reliable companies. This being the case it would be impossible perhaps to find four stronger and more reliable companies represented in Carleton County in one office than the following companies for whom the undersigned is agent, namely:
CALEDONIAN, the Oldest Scottish Fire Office
NORWICH UNION, Established in 1797.
ATLAS, Founded in the reign of King George III and the QUEEN.
I shall be pleased to see intending insurers.
LOUIS E. YOUNG,
Woodstock, N.B. 3-18-8i.



JOHNSON'S ANODYNE LINIMENT

FOR
Colds
Croup
Catarrh
Croup
Cholera
Colic
Asthma
Bronchitis
Influenza
Pleurisy

Don't let a cough or a cold get a hold on you—it may develop into something serious. Shake it off at once—take a few drops of Johnson's Anodyne Liniment on sugar and see how quickly it will bring relief.

Good for external pains too. For 97 years has cured sprains, strains, muscular rheumatism, sciatica, lumbago, stiff joints, lame back, etc. Try it!

Guaranteed under Food and Drugs Act, June 30, 1906. Serial number 613.
25c. a bottle; large bottle holding three times as much, 50c. Sold everywhere.
I. S. JOHNSON & CO., BOSTON, MASS.

The Long, Cold, Dark Evenings,

Are coming upon us when the wise father and mother will look about for some means to keep the young people at home. Nothing will do this more effectually than a musical instrument, a Violin, an Organ, or a Piano. I heartily recommend to your notice the renowned Gourlay Piano. Won't you come and have a talk with me about the matter.

C. R. WATSON,

Dealer in Musical Instruments. Woodstock

NOW IS THE TIME TO PAINT.

Make your buildings bright and clean this spring.

We have both the

English and Elephant MIXED PAINTS.

These Paints are both guaranteed to be manufactured from Pure Lead and Oil. They are the Paints that will spread the farthest, wear the longest and look the best.

W. DIBBLEE & SON,

Woodstock.

North American Life Assurance Co'y.

Prompt payment of Death Claims.

Results not surpassed by Any other Company.

C. STEWART EVERETT,

Provincial Manager.

DIBBLEE & AUGHERTON,

St. John, N. B.

Agents, Woodstock, N. B. Phone 183

BUSINESS FOR SALE.

Store and dwelling in connection at Jacksonville, Carleton County, N. B., with corner lot of land. Store 20 x 45 feet, beside warehouse room for heavy stuff. Stock of Dry Goods and an assortment of first class Groceries. This is a good business stand in a fine locality. Can show correct figures of last year's trade. Ill health from effects of an accident only reason for offering for sale. Post Office in store. Daily mail for fifty-five families. Address, or apply to
NELSON TURNER,
Jacksonville, N. B.

NOTICE.

Notice is hereby given that the warrant of assessment for 1908 is in the hands of the assessors and that all persons liable to be assessed in the Town of Woodstock are requested to hand to the assessors a statement of their personal property and income within twenty days from date as by law directed.
Dated this third day of April A. D. 1908.
H. W. BOURNE,
T. S. DUNCAN,
JOHN THIBIDEAU

INDIGESTION

IS THE END OF HEALTH.

Health ends when indigestion begins, because nutrition fails. Thus you are starved. Then the impurities which arise from undigested food get into your system. Thus you are poisoned. Mother Seigel's Syrup makes an end of indigestion by strengthening the digestive organs.

MOTHER SEIGEL'S SYRUP CURES INDIGESTION.

Price 60 cts. per bottle. Sold everywhere. A. J. WHITE & CO., LTD., MONTREAL.