

A New Orleans woman was thin.  
Because she did not extract sufficient  
nourishment from her food.  
She took *Scott's Emulsion*.  
Result:  
She gained a pound a day in weight.

ALL DRUGGISTS: 50c. AND \$1.00

### The Romance Of Helium.

(Dundee Advertiser.)  
Another chapter has been added to the romantic history of the "sun element" by the brief telegram to Professor Dewar from Professor Kamerlingh Onnes, of Leyden, announcing that the latter has succeeded in converting helium into a solid. Helium was first discovered spectroscopically in the sun—hence its name—by sir Norman Lockyer, during the total solar eclipse of 1868 the first eclipse at which astronomers had the spectro-scope at their disposal. Its existence on the earth was unknown until 1895, when Sir William Ramsay found distinctive yellow line in the spectrum of cleveit, and recently it has been found associated with radium, which may possibly prove to be made up of helium and lead. Owing to the intense cold required all previous attempts to solidify helium have failed, though Professor Dewar reached 436 degrees Fahrenheit of frost in his liquid air and frozen hydrogen experiments. It is probable Professor Onnes has reached the absolute zero—459 degrees Fahrenheit of frost—to succeed in freezing helium.

## To Prevent Taking Cold

And promptly remove Colds use Dr. A. W. Chase's Kidney-Liver Pills.

The first thought of the physician when treating a cold is in regard to the activity of the excretory organs. He gives something to ensure the prompt action of the bowels. And if you wait to consider, you will probably recall that your cold was contracted when the bowels were in a sluggish condition. You will be unable to find a medicine so well suited for the purpose of preventing and curing colds as Dr. A. W. Chase's Kidney-Liver Pills, because of their wonderfully prompt and thorough action on the liver, kidneys and bowels.

These excretory organs when once awakened quickly carry off the poisons and thoroughly cleanse the system. Colds quickly disappear instead of hanging on and finding lodgment in the lungs or developing into kidney trouble.

Dr. A. W. Chase's Kidney-Liver Pills, one pill a dose, 25 cents a box at all dealers or Edmanston, Bates & Co., Toronto, Ont. The portrait and signature of A. W. Chase, M. D., the famous Receipt Book author, are on every box.

### A Useful Skirt.

With the present style of skirt fitting closely about the waist and hips and flaring only below the knees, it is absolutely necessary to have the under-skirt and petticoat made so that there shall not be one unnecessary wrinkle or crease, and of course, the very light-weight materials now in vogue make this doubly important. It is an excellent plan, in making the silk or linen petticoat, to have the upper part of the skirt separate from the flounce, the latter being attached by means of small buttons and buttonholes. The skirt can therefore be cut to fit the figure perfectly, while the flounce, added just below the knees is very wide and full, but does not require the skirt itself to flare toward it in the least.

Another advantage in having the skirt and flounce separate will be found when the ruffle commence to wear out, and then instead of the entire petticoat being abandoned, all that is necessary is to have a new flounce made up and buttoned on to the skirt.

This idea may be carried out advantageously in the underskirt that is worn with a duck or linen skirt. The separate flounce of lingerie may be removed at will and as the white flounces of a petticoat becomes soiled so distressingly soon quite an item can be saved in the laundry bill when there is a flounce only, and not an entire petticoat to be charged for.

Silk petticoats made with detachable flounces have been procurable now for many years, and the model has proved an excellent one. A similar idea, that is, the petticoat of lawn, made to wear with separate flounces of different colored silks has also proved extremely serviceable when it is desired to have the petticoat used with a number of afternoon and evening gowns.

### New Laws For New Crimes.

(Harper's Weekly.)

If Drace and Solon, the old-time lawmakers, should revisit the earth, a tour of investigation in these United States would make it speedily clear to them that we moderns, as well as the ancients, busy ourselves pretty much all the time with the framing of new laws.

"I am fined for failure to provide good

drinking water on my passenger trains," a Rhode-Islander might say; to which a fellow railroader in South Carolina would add:

"In this State a jail sentence follows a neglect to provide spittoons for every two seats in our cars!"

A man in Virginia says: I killed a partridge on the second day of February, for which I must serve a time in jail."

In Tennessee a man must pay a fine or serve three years' imprisonment for killing fish with dynamite.

In Wisconsin a baker must serve three weeks in jail for sleeping in his bakery.

In California nurses are punished by fine or imprisonment should they fail, in the proper instance, to notify the physician of certain phases of illness in their patients.

To water a bicycle path in the State of Ohio is an offence punishable by heavy fine and sometimes imprisonment.

In most of the States it is a penal offence to tap a telegraph wire or to sell kerosene that is not up to the fire test.

If the old lawgivers were to extend their tour of investigation they might learn of men fined or imprisoned for dropping advertising in letter chutes; for gambling by means of slot machines; and for countless other offences the very means for committing which were unknown one hundred years ago.

### Prevent The Forest Fires.

"An ounce of prevention is worth a pound of cure." The protection of a forest from fire is one of the best possible illustrations of the old saying; for often a few minutes spent in thoroughly extinguishing a camp-fire or a quarter of an hour passed in putting out an incipient blaze may mean, and often has meant, the saving of many thousands of dollars worth of timber. This is the main idea of the patrol system carried on in the Ontario and Quebec forests for years past; what is aimed at is to discover the fire in its early stages and put it out then, before it has a chance to reach large proportions.

Small forest fires do a tremendous amount of damage which is not realized. Such fires, burning in the dead leaves and other litter of the forest ("surface fires") or consuming the soil itself ("ground" fires) wound the roots and bases of trees and these wounds give an entrance to fungi and insects.

In places in the Riding Mountain forest reserve, in Manitoba, it is found that, among the popular trees, three out of every four are affected with rot in the "butt" log—i. e. the log nearest the stump—a condition which is due to the fact just mentioned, as the reserve has been repeatedly burned over in years past.

Most to be feared, of course, are the fires which consume the entire forest, the "crown" fires. Evidence of many of these can be seen in mile after mile of the wooded districts of Canada, where charred black trunks are all that is left of what was once a thick, green forest. Occasionally even more serious disaster occurs, as in the well-known Miramichi, N. B., fire of October 1825, where 160 lives were lost and a quarter of million pounds sterling were lost in property consumed.

### Statesmanship.

"Well, gentlemen," said the candidate for alderman, leading them into his parlor, "what can I do for you?"

"We want to know," said the spokesman of the delegation, twirling his hat awkwardly in his hands, "how you stand on enforcing the dog law in this ward."

The candidate did not hesitate a moment. "Gentlemen," he said, "I take it that you own dogs yourselves?"

"Yes, sir."

"Some of you, perhaps, raise dogs?"

"Yes, sir."

"Then, gentlemen," said the candidate, raising his voice and speaking with tremendous emphasis, "as one of your fellow citizens, interested with you in all that makes for the prosperity of this great and growing city, I declare to you, without equivocation or evasion, that never with voice, vote or influence will I do anything to discourage one of the principal industries of our ward, inhabited as it is by sturdy, indomitable people who represent what has been well and appropriately designated as the bone and sinew of our beloved land! Gentlemen, what will you take?"

### The Fashionable Silhouette.

Before attempting to describe the latest spring novelties as regards dresses and millinery, it is essential to note the fashionable silhouette of the moment. The figure must

appear as slim as possible, and every detail is minutely studied to add extra length. Gowns are cut as much as possible en princess, and mould the bust and hips. The width and length at the hem are carefully proportioned, and, in order to allow entire freedom to the hang of the skirt, the corset is worn above the divided petticoat. This very up-to-date garment can be made equally well in taffetas as in satin, black in preference to other colors, the bold outline softened with numerous flounces of lace.

The short sleeve, slightly puffed or draped, has once more been revived. During the last six or eight months the long, tight-fitting shapes have become popular, too much so, in fact. The mondaine once more favors the Louis XV.

### Golfdalderdash.

(From the Glasgow Herald.)

"Twas Snandrews\* and the bockered oaves\*\* Did slipe\*\*\* and bunk as they oftend All grinsy were the caddicoves And the plus fours outdeed\*\*\*\*

Beware the Potterhant, my son,  
The jaws that cite the laws that catch;  
Beware the Gofferhack, and shun  
The shemixed Foursomatch.

He took his bulger club in hand,  
Longtime the glumsome foe he fought;  
So resteth he by the sixteenth tee,  
And stood awhile in thought.

And as in golfish thought he stood,  
And Potterhant, with cheeks aflame,  
Came slicing; and, in language crude,  
Dumdashterisked his game.

One up! One up! Though in a cup—  
The mashie blade went flicker flack—  
He holed it out, and with a shout,  
He came two-upping back.

And hast thou flogged the Potterhant?  
Come to the bar, my beerish boy!  
Oh, pargolf day! Hu(c)roo! Hu(c)ray!  
He hiccoughed in his joy!

"Twas Snandrews, and the bockered oaves  
Dide slipe and bunk as they oftend.  
All grinsy were the caddicoves,  
And the plus fours outdeed.

Notes.—\*The English pronunciation of St. Andrews. \*\*Condensed plural of "knickerbockered oaf." \*\*\*Slippe—apparently a portmanteau-word combining "swipe" and "slice." \*\*\*\*Swore at large.

"I understand you have been telling Mrs. Nix a story?" said the mother to her eight-year-old daughter.

"Yes, mamma, I did," replied the child.

"But don't you know that is very naughty my dear!"

"No, mamma. don't think it was."

"But it is very naughty."

"But, mamma, she asked me how old you were and I know you didn't want me to tell her the truth!"—Yonkers Statesman.

### Cure for Weak Lungs

"I have used your Psychine for about six months, and have found it an excellent remedy for pneumonia and weak lungs." Ronald Johnson, Farewell, Ont., April 15, 1907.

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Harness Maker and Dealer,

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