

## The Famous Pedestrian

Gentlemen:—  
"I was a martyr to catarrh of the head, throat and stomach. I was so bad, the doctors feared consumption. I tried many physicians and medicines. A friend suggested Psychine. I tried it and it was the only thing ever did me any good. I am now perfectly well. It is the greatest remedy the world has ever known. I do not need it for my health now but I use it as a strengthener for my walking matches. I owe much of my physical endurance to Psychine."

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Psychine is the greatest cure for catarrh of the head, throat or stomach in the world. It is a wonderful tonic and strengthener of run down system, acting directly on all the vital organs, giving youthful vigor and strength to the system. At all druggists 50c. and \$1, or Dr. T. A. Slocum, Limited, Toronto.

## IN DORMITORY TEN.

BY TEMPLE BAILEY.

Betty Belle, coming in that morning from "English two," found on the table in her room in the dormitory a coconut cake, a plate of chicken sandwiches and a card. The card read: "Compliments of Prudence Conway."

Prudence was the colored maid on the third floor of dormitory ten of the summer school. To be chosen as a pet by Prudence meant many privileges. To the girl she liked she brought unlimited towels, while some less favored maiden might languish with two a week; and now in providing Betty Belle with materials for a midnight spread Prudence showed evidence of high regard.

"Well, we don't string ours together that way, as a rule," Drusilla Davis told her. "And I don't believe we place such value on names. But you are a dear, Betty Belle, only you are different."

"How different?" Betty Belle questioned, and Drusilla laughed: "Oh, you are so old-fashioned and pretty and serious."

Betty Belle blushed. "You are pretty, too, Drusilla."

Drusilla shook her head. "Not in the fascinating way that you are, Betty Belle."

The scholars of the summer school ate at an adjoining boarding house and at the lunch table that day Betty Belle told about the chicken sandwiches and the coconut cake.

There were four men at the table besides the girls. As Betty Belle described the deliciousness the men groaned enviously.

"And we don't come in for any of that?" asked Dick Chase, who had flunked in his studies the winter before and was making up during the summer term. His father was worth a million, and it was hard for Dick to understand why he needed to grind over books.

"No," Betty Belle told him, "no men are allowed above the first floor of our dormitory."

"Well, we will serenade you while you are eating it," Dick said.

"Please don't," Betty begged.

"Why not?" Dick asked in surprise. His attentions had always been sought rather than refused, and he had meant that Betty Belle should appreciate the high honor he was conferring.

"It's against the rules," Betty Belle said. "I shouldn't think you would mind a little thing like that."

"I don't," said Betty Belle, "but you can't afford to lose any standing."

He flushed. "You needn't hit a fellow when he's down. I don't care whether I get through next year or not."

"Well, I do," said little Betty Belle. "You told me about your mother, and I don't think you ought to disappoint her."

Dick's eyes dropped before the clear ones of the little southern girl.

"I should'n't like to disappoint her," he murmured.

But that night as six girls, in all the comfort of dainty kimono and dressing sacks, ate coconut cake and chicken sandwiches, with ginger ale accompaniment, there floated through the air the strains of "Dixie."

"There," said Drusilla Davis, "that is in your honor, Betty Belle."

Betty, pink and white and charming in her cozy kimono, tapped a small foot impatiently.

"Well, I wish he wouldn't," she said.

Margaret Mills looked at her with raised eyebrows. "Why, Betty Belle Fairfax, she exclaimed, 'he is worth a million. Any girl would be glad to have him pay her attention.'"

"I don't care if he is worth ten millions," Betty Belle returned quickly, "he isn't a gentleman."

The girls looked at her startled. "Why, Betty Belle," one gasped, "what makes you say such a thing?"

"He isn't," affirmed Betty Belle, with her head held high. "The gentleman at my home has consideration for the wishes of ladies, and I told him not to sing. And he has an invalid mother who is just praying for his success, and he is wasting his time. It isn't right, it isn't right," and Betty Belle

clapped both hands over her ears to shut out the strains of "Dixie."

"Some one will tell Dick Chase what you said about him," Drusilla told the small maiden after the other girls had gone to their rooms.

"I don't care," said Betty Belle, hotly, but when Drusilla went away she sat down at the window, and looked out for a long time upon the moon lighted campus.

Then she rose and took one piece of coconut cake that was left and wrapped it up in a dainty parcel and tied it with ribbon, and in the morning she sent it by Prudence to Dick Chase with a little note:

"I said things about you last night," was the confession he read in her clear-cut writing. "I said you were not a gentleman. Some one may tell you, and I shouldn't like to have you hear it that way. But I didn't think you were courteous to disregard my wishes, and I worried about your mother. I know you won't forgive me, but I had to explain."

At noon, on the campus, Dick Chase came up to Betty Belle.

"It was right—what you said," he told her soberly. "I've been a fearful cad, and I needed a good jolt."

Betty Belle sat down on a seat under the elms. "You see I have lots of brothers," she confided, and I know how mothers feel about their boys—and then, I couldn't bear to see you going to the bad."

There was a little tremble in her voice and Dick looked up quickly. "Do you care?" he asked eagerly.

"Yes," Betty Belle told him without coquetry. "I think we could be good friends if you would put up."

Dick flung himself down on the bench beside her. "I would have to be more than friends, Betty Belle," he said. "I—have grown to think a lot of you, you are so—different."

"That's what Drusilla says," Betty Belle remarked, "and I don't just see what you all mean."

"Well, you are so good and true, little Betty Belle. You make a fellow feel that life is worth while."

That night in dormitory 10 Betty Belle made a confession.

"I am sorry that I said such things about Dick Chase." They were sitting in the dark and the other girls could not see her blushes.

"I was in a bit of a temper, you know."

"Southern blood?" commented Margaret Mills.

"Maybe," said Betty Belle.

Across the campus they could see the lights in the men's dormitory. In one room a crowd of boys had gathered around a piano, and their voices floated out in a rollicking college song; in another room a lamp with a green shade made a halo around a man's bent head.

"Why, I believe Dick Chase is studying," said Drusilla Davis. "What is going to happen?"

"He is going to turn over a new leaf," said Betty Belle, demurely.

Something in her voice made the girls ask in a chorus, "How do you know?"

"Because I am engaged to him," said Betty Belle.

August time, tells on the nerves. But that spiritless, no ambition feeling can be easily and quickly altered by taking what is known by druggists everywhere as Dr. Shoop's Restorative. Within 48 hours after beginning to use the Restorative, improvement will be noticed. Of course, full health will not immediately return. The gain, however, will surely follow. And best of all, you will realize and feel your strength and ambition as it is returning. Outside influences depress first the "inside nerves" then the stomach, heart, and kidneys will usually fail. Strengthen these failing nerves with Dr. Shoop's Restorative and see how quickly health will be yours again. Sold by All Dealers.

### Happiness A Duty.

Happiness should be the first business of every life. It is not so much to be sought for as it is to be simply accepted, for God made all men to be happy—the birds, the children set the example.

Do not miss the opportunity of doing a little deed of kindness to-day. Give to husband, friend or child the sympathy he craves at the moment; he may not need nor desire it to-morrow.

Women are prone to regard their chief duty to their families as the doing of so many chores, the care of furniture, house linen, clothing, carpets and the preparation of tempting dishes. They wear themselves to shadows, they use up force until brain, muscles and nerves are worn into shreds. Wives, mothers and sisters, did the man to whom your happiness means more than anything else in life provide the house that you might be furnished with employment, and in time fall into the habit of drudgery which would wear your life away, or was a home bought to add to your comfort, peace and happiness? The happiness of each member of the household is the first concern. All duties should subserve this end.

Is it true that "things are in the saddle and ride mankind"? Let us rise above the furniture, clothing, simplify and systematize time and thought, making them subserve our

comfort, rather than enslave us. Do things which count.

A bright, cheery, sunny face is of more real use in the world, does more to uplift humanity than tone of paint on canvas, than many stitches put into fancy work, or than loads of dusted furniture.

Let us simplify life so that we have time to be happy. Hearts need food—souls need uplift and companionship—for complete life, body, heart, mind and soul must be equally fed. Women there are who have all the abundance of life sapped from them, who need some stronger sister to show faith in them, to put the arms of comfort and trust about them and give them courage and confidence in human hearts again.

### Deafness Cannot be Cured

by local applications as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surfaces.

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Take Hall's Family Pills for constipation.

### The One Bright Spot.

The colored people of the seacoast of the Carolinas, like all superstitious classes, take a fearsome and hysterical pleasure in a funeral, and regard it as an enjoyable affair. They are often heard, when about to attend a funeral, to wish each other a pleasant time.

The gardener of a family in the town of G— once went to Charleston on a visit of a week. Upon his return home the lady for whom he worked said: "Sam, did you have a pleasant time in Charleston?"

"No, ma'am," replied Sam, "a very poor one. And if one of my friends had not died while I was there I would not have enjoyed myself at all."—Philadelphia Public Ledger.

### Evidently Mrs. Young's Oyster.

The Youngs had unexpectedly dropped in on the Baileys just as dinner was about to be served. The hostess, considerably disturbed, called her little daughter Helen aside, and explained that there would not be enough oysters to go round, and added:

"Now, you and I will just have some of the broth, and please do not make any fuss about it at the table."

Little Helen promised to remember and say nothing. But when the oysters were served, Helen discovered a small oyster in her plate, which had accidentally been ladled up with her broth. This puzzled the little girl, and she could not recall any instructions covering this contingency. After studying a few moments, she dipped the oyster up with her spoon and, holding it up as high as she could, piped out:

"Mamma, mamma, shouldn't Mrs. Young have this oyster, too?"—[Christian Register.

### Dinner-Table Persiflage.

Once Richard Mansfield, Coquelin, the French actor, and Sara Bernhardt played in Chicago at the same time.

Coquelin, thinking to stretch out a dramatic hand across the sea, gave a dinner to which he invited many friends and reserved the seats of honor for Bernhardt and Mansfield.

Mansfield was late. When he did arrive he sat gloomily in his chair next to Bernhardt. She sought to make some conversation.

Mansfield turned and regarded the great French actress with much interest. Everybody listened to hear what he would say.

"Ah," he commented pleasantly, after his scrutiny, "I observe you were your makeup off the stage as well as on."

## PILES

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### DR. CHASE'S OINTMENT.

### A New Breakfast Food.

An Englishman newly returned from America, was asked if he had visited Philadelphia.

"Oh, ya-as," he replied. "Awfully odd place. Nearly all of the people are named Scapple, and they have a dish they call 'biddle' every morning for breakfast."

### A Clubbing Offer.

The Montreal Weekly Witness, Canada's cleanest and most reliable weekly and THE DISPATCH, both for \$1.50 per year.

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R. J. LEE, Secretary.  
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should select strong and reliable companies. This being the case it would be impossible perhaps to find four stronger and more reliable companies represented in Carleton County in one office than the following companies for whom the undersigned is agent, namely:

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