

Children Enjoy It

"I have used Coltsfoote Expectorant with the greatest satisfaction with my children. It is a wonderful cure for colds and sore throat. I believe it saved the life of my little son, who was very sick from a protracted cold on his lungs."

MRS. ANNIE BRAMBLER.
Orangeville, March 15, 1907.

"I am greatly pleased with the good results we got from Coltsfoote Expectorant. I get great comfort with it for my children."

MRS. WALTER HAMMOND.
171 Argyle St., Toronto.

Coltsfoote Expectorant is the greatest home prescription for all throat and chest troubles in the world. No home should be one hour without it. You can have free sample by sending name to Dr. T. A. Slocum, Ltd., Toronto. All good druggists keep it. Price, 25c. Send for Free Sample To-day.

Distribution of Seeds.

By instruction of the Hon. Minister of Agriculture a distribution is being made this season of samples of superior sorts of grain and potatoes to Canadian farmers for the improvement of seed. The stock for distribution has been secured mainly from the Experimental Farms at Indian Head, Sask., and Brandon, Man. The samples consist of oats, spring wheat, barley, peas, Indian corn (for ensilage only) and potatoes. The quantity of oats sent is 4 lbs., and of wheat or barley 5 lbs., sufficient in each case to sow one-twentieth of an acre. The samples of Indian corn, peas and potatoes weigh 3 lbs. each. A quantity of each of the following varieties has been secured for this distribution:—

OATS—Banner, Danish Island, Wide-Awake, White Giant, Thousand Dollar, Improved Ligowo, all white varieties.

WHEAT—Red varieties, Red Fife (Beardless), Chelsea, Marquis, Stanley and Percy (early beardless), Preston, Huron and Pringle's Champlain (early bearded). White varieties, White Fife (beardless), Bobs (early beardless).

BARLEY—Six-rowed.—Mensury, Odessa, and Mansfield. Two-rowed.—Invincible and Canadian Thorpe.

FIELD PEAS—Arther and Golden Vine.

Indian Corn (for ensilage)—Early sorts, Angel of Midnight, Compton's Early and Longfellow; later varieties, Selected Learning, Early Mastodon and White Cap Yellow Dent.

POTATOES—Early varieties, Rochester Rose, and Irish Cobbler. Medium to late varieties, Carman No. 1, Money Maker, Gold Coin and Dooley. The later varieties are as a rule more productive than the earlier kinds.

Only one sample can be sent to each applicant, hence if an individual receives a sample of oats he cannot also receive one of wheat, barley, peas, Indian corn or potatoes. Lists of names from one individual, or applications for more than one sample for one household, cannot be entertained. The samples will be sent free of charge through the mail.

Applications should be addressed to the Director of Experimental Farms, Ottawa, and may be sent in any time from the 1st of December to the 15th of February, after which the lists will be closed, so that the samples asked for may be sent out in good time for sowing. Applicants should mention the variety they prefer, with a second sort as an alternative. Applications will be filled in the order in which they are received, so long as

the supply of seed lasts. Farmers are advised to apply early to avoid possible disappointment. Those applying for Indian corn or potatoes should bear in mind that the corn is not usually distributed until April, and that potatoes cannot be mailed until danger from frost in transit is over. No postage is required on mail matter addressed to the Central Experimental Farm, Ottawa.

WM. SAUNDERS,
Director of Experimental Farms

Had Sad Mission.

Mr. R. T. Mack has returned from a sad mission to Beaufort, Carleton county, where he went to attend the funeral of his mother, Mrs. Elizabeth Mack, widow of the late Thomas Mack, who died on Saturday last in her 76th year. The funeral took place yesterday. Mr. Mack has the sympathy of his friends in his bereavement.—F'cton Gleaner, Dec., 2nd.

Asks Us To Print.

To relieve the worst forms of Rheumatism, take a teaspoonful of the following mixture after each meal and at bedtime:

Fluid Extract Bandelion, one-half ounce; Compound Kargon, one ounce; Compound Syrup Sarsaparilla, three ounces.

These harmless ingredients can be obtained from our home druggists, and are easily mixed by shaking them well in a bottle. Relief is generally felt from the first few doses.

This prescription forces the clogged-up inactive kidneys to filter and strain from the blood the poisonous waste matter and uric acid, which causes Rheumatism.

As Rheumatism is not only the most painful and torturous disease, but dangerous to life, this simple recipe will no doubt be greatly valued by many sufferers here at home, who should at once prepare the mixture to get this relief.

It is said that a person who would take this prescription regularly, a dose or two daily, or even a few times a week, would never have serious Kidney or Urinary disorders or Rheumatism.

Cut this out and preserve it. Good Rheumatism prescriptions which really relieve are scarce, indeed, and when you need it, you want it badly.

The New Peking.

A correspondent of the London Times draws a comparative picture of Peking a decade ago, and the progress in the Chinese capital to-day. The following is an extract from his report:

"So it has come to pass that today three railways bring their traffic and broadening influences to the very gates of the city. The tinkling camels' bells are gone, their old-world music replaced by the indefatigable bugling from school parade grounds and camps. No longer does the mediaeval watch patrol the midnight streets with noise and rattle and drum; the new police, with their foreign uniforms, rifles and sentry boxes in every quarter, have consigned it to oblivion. Well-paved streets, flanked by brick drains, now connect all of the principal gates; the paper lanterns that accentuated the darkness of former days have been replaced by electric light; scavenging is no longer left to the unaided efforts of parish dogs and pigs, broughams and jinrikshas ply in place of sedan chairs and springless carts, and public buildings of suitable size and design are being provided for the various government offices. Most remarkable of all—as indicating the change in social and educational standards—is the new zoological and botanical garden, whither large crowds of both sexes resort daily; a purely Chinese enterprise, of which the citizens are justly proud. A foreign adviser of the Chinese government is now driven in an automobile, in company with a member of the Grand Council from the city to the summer palace, and Chinese newspapers printed in the capital freely discuss the necessity for constitutional government. These things and others equally remarkable, have come to pass."

Winter, And "Colds."

It isn't so much the real snapping winter weather that brings colds and their resultant diseases in its train, but the variable winds, the intermittent warm waves that penetrate to the marrow. In this climate, however, these things are unavoidable and must be reckoned with, but there are certain simple precautions that ought to be regarded with seriousness, for they are the proverbial ounce of prevention.

An incalculable amount of illness is directly traceable to the overheating of modern homes, especially in apartment houses. With his insatiable desire to get his "money's worth," the modern flat-dweller, whose heat is supplied by the landlord, demands sizzling radiators from the time his lease calls for heat. It is difficult to regulate the heat and the radiators in many houses are turned on and off, regardless, so that the inhabitants live in alternating states of stewing and freezing. Is it then any wonder that chills and sniffing are almost an invariable concomitant of city life?

As a prominent physician recently pointed out in an article on pneumonia it is not cold

weather in itself that causes the disease, but rather some of the means which we use to escape the wintry breezes. We may catch a cold and that cold may so weaken us that we are easy victims of bacilli that slumber not, nor sleep, but no one ever escaped pneumonia by hugging the radiator. Fresh air is so cheap a preventive of many ills that the average person values it all too little. In that heart-rending retreat from Moscow, although his soldiers were exposed to terrific cold, were scantily clothed and fed. Napoleon lost but a very small percentage of the thousands who perished, with pneumonia. There was plenty of fresh air to be had, if there wasn't much of anything else. Now, however, that the women have taken up the fashion of wearing neck-rugs again, and "chokers," fashioned of various materials including fur, they have another means of courting colds.

To take a hot drink, even of coffee or tea, just before going out into the cold is anything but wise. It opens the pores and in general puts one in ideal condition to contract a chill at the slightest opportunity. During the fearfully cold winters of the Northwestern States, the drivers of the mail coaches just before setting out from each station, drink a large glass of ice water and declare that it is better than all the hot drinks in the world. The time for the warm drink is when one has come in and intends to stay awhile.

ZAM-BUK AS A CURE FOR PILES.

Impressive Cures of Women Sufferers. Our Readers should note these cases.

Wherever there is suffering from piles, Zam-Buk should be applied! There are lots of reasons for this, but one of the best is that in practically all cases of piles where the use of Zam-Buk is persevered with complete cure—not mere relief—is the result.

Mrs. Wm. Hughes, of 253, Hochelaga Street, Hochelaga, Montreal, says:—I suffered from blind, itching, and protruding piles for years. Sometimes they were so bad that I could hardly bear to move about. The inflammation, the burning smarting pain, the throbbing, the overpowering feelings of dullness and dark despair which this ailment brings, the shooting spasms of agony—all were so terrible that only sufferers from this awful ailment can understand!

Bad as this case was, Zam-Buk triumphed, and Mrs. Hughes suffers no longer. It needed a little perseverance with Zam-Buk certainly, but in the end it cured!

Mrs. E. Boxall, of Scott Street, St. Thomas, says:—For months without cessation I endured great pain from bleeding piles. For as many months I tried everything which I thought would give me ease, but in the end, dispirited and still suffering, I gave in.

Then it was she heard of Zam-Buk, and she adds:—Although I feared Zam-Buk would be like the ordinary remedies—useless—I am glad it was not. It soon proved itself to be very different. It rapidly gave me relief, and after a time cured me completely. I would like to let all sufferers from piles know what a grand thing Zam-Buk is.

So one could go on quoting case after case, and it is by working such cures that Zam-Buk has earned for itself its great reputation.

Now if you suffer from this terribly painful ailment just be guided by the foregoing cases!

For internal piles melt a little Zam-Buk and thoroughly soak a wad, made of clean but old linen. Then apply to the part. If the piles are external, application of Zam-Buk is still more simple. Do it upon retiring. Next morning you will be well satisfied!

Zam-Buk is a cure also for cold-sores, and chapped cracked hands, ulcers, festering sores, blood-poisoning, eczema, bag leg, ring-worm, scalp sores, burns, scalds, and all skin diseases and injuries.

All druggists and stores sell Zam-Buk at 50c. a box, or may be obtained post free from Zam-Buk Co., Toronto, for price; 3 boxes for \$1.25. You are warned, however, against cheap and dangerous imitations sometimes offered as being "just as good."

Member of the W. C. T. U.—Did you write this notice of my lecture on the Demon Rum?

Editor—Yes, madam. "Then I would like to know what you mean by saying 'the lecturer was evidently full of her subject'?"—Judge.

A Clubbing Offer.

The Montreal Witness, a high-toned independent paper, clean, healthy and high principled, and THE DISPATCH for \$1.50 per year.



We want 25 more students to train for good positions as bookkeepers and stenographers. We can't supply half the calls we are receiving for our graduates.

Send for catalog.

O. A. HODGINS, Prin.,
Houlton, Me.

PANDORA

RANGE

The Recipe "Ladies, here's my recipe for Apple Custard Pie:—

'Two eggs, four or five apples, grated, a little nutmeg; sweetened to taste; one-half pint of new milk or cream; pour into pastry'—then



The Oven

"'PANDORA' OF COURSE."

The Result

"Four—pies—that—don't—last—long." Four pies and pans of bread can be baked in a "Pandora" oven at one time.

McClary's

London, Toronto, Montreal, Winnipeg, Vancouver, St. John, N.B., Hamilton, Calgary.

Sold by H. E. Burt, agent, Woodstock, N. B.

WARM FUR COATS AND JACKETS

For Men and Women.

Splendid Values in Coon Coats and Ladies' Fur Lined Jackets.

BALMAIN BROS.

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Meductic, Hartland, Florenceville East, Bath, Perth, Aroostook Junction and Grand Falls.

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Presenting all High Class Continuous

MOVING PICTURES

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Three times a week. Monday, Wednesday and Friday.

Afternoons, 2 to 5. Nights, 7 to 10.

10cts. Admission. 10cts.

It is important that persons placing

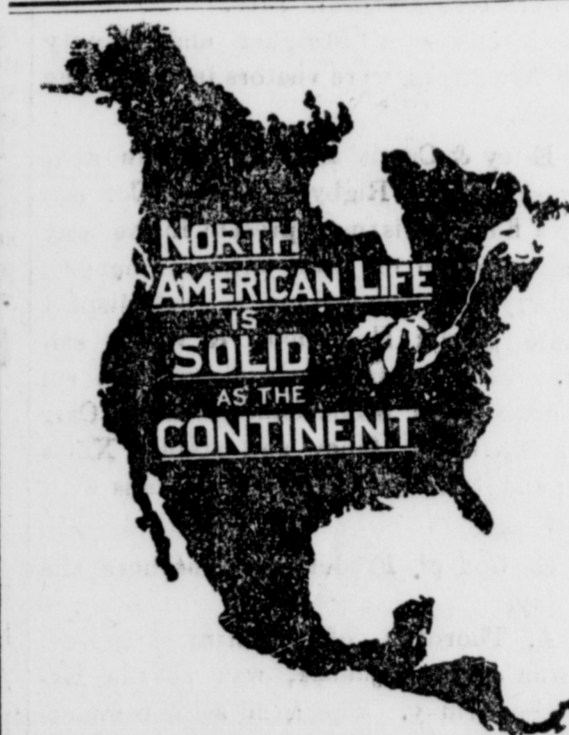
FIRE INSURANCE

should select strong and reliable companies. This being the case it would be impossible perhaps to find four stronger and more reliable companies represented in Carleton County in one office than the following companies for whom the undersigned is agent, namely:

CALEDONIAN, the Oldest Scottish Fire Office NORWICH UNION, Established in 1797. ATLAS, Founded in the reign of King George III. and the QUEEN.

I shall be pleased to see intending insurers.

LOUIS E. YOUNG,
Woodstock, N.B.



The Election Results

are uncertain, but there is no uncertainty about Life Insurance.

A Policy of Life

Insurance reaches its highest value when everything else is rendered uncertain through death, and in this it fulfils the purpose for which it is intended.

Why not turn uncertainty into absolute certainty at once? This may be done by securing a policy now from the

NORTH AMERICAN LIFE ASSURANCE COMPANY,

"Solid as the Continent."

Home Office, TORONTO. DIBBLEE & AUGHERTON, Local Agents, Woodstock, N. B.



MOTHER

This happy mother, like thousands of others, believes in nothing so much as Mother Seigel's Syrup. The days when household work was a burden and the least exertion painful, when even her own children irritated her, are a long way behind. So are the headaches, the nasty taste, the heartburn, the dizziness and the constant feeling of fatigue. They vanished like a bad dream the day she first bought Mother Seigel's Syrup, and they will stay away as long as Mother Seigel's Syrup has a place in her cupboard. It is the standard remedy for Indigestion and Liver Disorders, and the regular family medicine in thousands of Canadian homes. Good for mother. Good for father. Good for all the family!

Price 60c a bottle. Sold everywhere A. J. White & Co. Ltd., Montreal.

MOTHER SEIGEL'S SYRUP