

Railroad Men and Drink.

(Philadelphia Ledger.)

The letter from Mr. George W. Sturmer, of the Brotherhood of Locomotive Engineers, published in the Saturday Public Ledger, was a proper rejoinder to Dr. Cowan, surgeon of the Missouri Pacific Railroad, who attributed wrecks to the intemperate habits of railroad men. Mr. Sturmer's temperate reply might have been made much more emphatic.

The temperance movement in the United States proceeds by fits and starts, but in one particular field the progress of real temperance—habits of self control—has been constant. That field is modern industry, and especially the railroad business. The most important step in the control of habit in relation to drink had its real beginning in the railroad business. It has now been many years since the Pennsylvania railroad informed its employees that a worker should not use alcoholic stimulants while on duty, and it is well known that neither an engineer nor any other member of the operating force of a railroad will now long retain his position if he drinks when not on duty. Nor is that all. It is extremely difficult to obtain employment in the first instance on either the Pennsylvania or the Reading or any other important railroad in the United States if the applicant is a drinking man. The fact that a man receives an appointment on a railroad raises a strong presumption that he is sober, temperate, or an abstainer; the retention of his position is pretty good evidence as to his habits. Employees have long since learned that the price of retaining a position on a railroad is temperance, and the railroads exercise more and more care in that direction. The steady pressure from this source has been one of the great influences against intemperance habits. The work thus begun by the railroads has been extended to great varieties of industry and trade, which, under the stress of modern competition, demand the kind of efficiency that positively forbids the immoderate use of liquor or any excesses or habits calculated to impair the intellectual and physical energy of the workers. This pressure exerted by business is one of the brightest aspects of the high degree of tension in our age of aggressive and exhausting life.

Backache, Kidney Pain.

Pains in the small of the back. There's no mistaking this sign of kidney trouble.

Other indications are frequent urination, pain and smarting when passing water, deposits in the urine, headache and loss of flesh.

Dr. A. W. Chase's Kidney-Liver Pills overcome kidney derangements more promptly and thoroughly than any treatment you can obtain because of their combined and direct action on liver and kidneys.

This letter to prove our claim.

Mr. Rob. P. Miller, farmer, St. Mary's, Ont., writes:—"I was troubled with severe pains in the abdomen, chills in the back, the frequent urination and general weakness and tired feelings. There were brick dust deposits in my urine as well as other symptoms of kidney disease. Dr. Chase's Kidney-Liver Pills relieved these symptoms almost immediately, and with the use of Dr. Chase's Nerve Food my health was restored completely."

25 cents a box, at all dealers or Edmanson, Bates, & Co., Toronto.

Dr. A. W. Chase's Kidney-Liver Pills.**Decline Of The Silk Hat.**

(Manchester Guardian.)

The decline of the silk hat in England, which is causing much concern among the makers of it, proceeds with ever-accelerated rapidity. The bicycle began it and the motor car is completing the process. There are about 600 men and women in this country who make silk hats, and they are members of one of the oldest trade unions in the country, for it descends in direct continuity from the associations of beaver hat makers of the seventeenth century. But the English silk hat maker has a wider market than this country. He exports to every European capital and to the colonies, and since the Russo-Japanese war, Japan has been one of his best customers.

It is said that the silk hats exported to Paris Vienna have to be strengthened at the brims, because the French and Austrians raise their hats so much oftener and more vigorously than anybody else in Europe. There are still, by the way, a few customers for the beaver hat. There are only about half a dozen men in London who can make this kind of hat, and not long ago there was a danger of the art disappearing altogether.

To prevent this some apprentices were hurriedly initiated into the craft.

DR. A. W. CHASE'S CATARRH CURE ... 25c.

Is sent direct to the diseased parts by the Improved Blower. Heals the ulcers, clears the sinuses, stops droppings in the throat and permanently cures Catarrh and Hay Fever. Blower free. All dealers, or Dr. A. W. Chase Medicine Co., Toronto and Buffalo.

"The physician attending me prescribed, on my rallying from an attack of rheumatism, your Scott's Emulsion, which I have been taking every winter since. I find it most valuable in strengthening and building up one after a severe illness. I have not had rheumatism since the time mentioned above and I owe it to your most valuable Emulsion. It is my life now, and makes me strong and healthy."—R. PICARD, Grand Ligne, Quebec.

For two hundred years before SCOTT'S EMULSION came Cod Liver Oil was used for rheumatism.

Scott's Emulsion

is modernized Cod Liver Oil; the purest and best oil partly predigested, made palatable and suitable for the most delicate child or invalid. It enriches the blood, tones up the entire system, and drives out rheumatism.

ALL DRUGGISTS

Let us send you a copy of Mr. Picard's letter and other literature on the subject. A Post Card, mentioning this paper, is sufficient.

SCOTT & BOWNE
126 Wellington St. W. Toronto

BEAUTIFUL NIGHT.

Gently, tenderly night cometh after weary days and long. Comes to solace the discouraged and with rest to make them strong. Comes to steal the heart's complainings and to bring instead a song— ("Meow! Spat-tatt! Yowl-owl-owl!")

Weary nature's sweet restorer, most beloved sleep, it brings— Sleep, which instantly transports us far away from troublous things, Sleep which brings us joyous visions while some choir angelic sings— ("Bow, wow, wow! Yip, yip! Whoof! Bow-wow.")

Night, thou fairy kind that givest unto each his heart's desire, Givest dreams of the beloved, givest inspirations fire, Givest perfect peace and pleasure, could we more of thee require? ("Cockadoodle, cockadoodle, cuck-cuk-cuk-cuk-taw-taw!")

—[Kansas City Times.]

Not Built That Way.

(Family Herald.)

According to all accounts the Cameron Highlanders are a fine body of men physically. Not long ago four of them occupied the least crowded seat in a full compartment on a Scotland railway. Just as the train was moving off a diminutive little clergyman jumped into the compartment and tried to edge himself in between two of the highlanders. Not finding it very comfortable, he turned to the one on his right and said: "Sit up, please. You know that according to the act of parliament the seat holds five." The highlander looked at him for a moment, and then replied: "That may be a' richt enough for your kind, sir, but shairly ye canna' blame me for no bein built according to act of parliament."

To stop any pain in 20 minutes, take one of Dr. Shoop's Pink Pain Tablets. See formula on the box. Ask your Doctor or Druggist about this formula. It can't be bettered. Womanly pains, head pains, any pain gets instant relief. Box of twenty Pink Pain Tablets, 25c. Sold by All Dealers.

A Disease of Civilization.

Consumption may be exterminated within fifty years. This is the opinion of Dr. V. C. Vaughan discovers that among the intelligent and moderately well-to-do tuberculosis is an accident. On the other hand, amongst the poor and badly housed consumption is a epidemic.

In other words, tuberculosis is a disease for the most part due to economic conditions, and since these are under social control, it may be described as a disease of civilization. Society can eradicate the conditions which create consumption. And if the proper methods and precautions were taken by the health boards of every community, Dr. Vaughan believes that the disease could be exterminated within fifty years.

The fact, if it be a fact, is certainly encouraging. But there is no reason for Dr. Vaughan to confine his judgement to a particular disease. A very large percentage of other diseases are due to economic conditions, at least indirectly. And society is, therefore, responsible for the prevalence of these.

Dr. Vaughan's diets only amount in the end to a statement which may be generalized, namely, that with the betterment of economic conditions all epidemic diseases will cease.

The Great Moral Issue Alkali.

(From the Houston Post.)

"We have been asked," wrote the editor of The Alkali Eye, "why we don't write no opinion of the results of the recent election, explainin' in our lucid way th' things that are responsible for thongs goin' like they did, an' also indulgin' in a few reminiscences as to what th' general effect will be on the future, and winding up with an explanation an' diagram of how we air goin' to rip th' republican party from Genesis ter Revelations, an' from Altered to Omegan, and from here to here—four years hence."

"The reason we don't comment none on it is the same on th' death of George Washington ner the cussedness of Cleopatra. It is ancient history an' so far as we air able to judge there wouldn't be a pint of denatured alcohol comin' our way if we was to discuss it till our whiskers curled. The public of Alkali is interested in what th' election didn't do rather than what it did do. It is interested in knowin' how fur a venial police force an' a corrupt chief of police is goin' ter be permitted ter run this burg."

"The cripple we was lickin' was a complete stranger in town an' wasn't related to nobody! Then we was fined fur resistin' an officer, which was a libel on the face of it! Ef our memory aint at fault we had chased three officers up three telegraph poles an' run th' chief into th' electric light factory, where, if we hadn't got hold of a live wire, an' burned our contrails off an' incinerated our shoes an' swinged our shirt across our abominable region, an' scorched our whiskers we w'ld've ketched him: we aint got nothing ter say agin th' chief as a sprinter; there aint a malefactor on earth that kin ketch him; but we want a man in that position that will not permit his minions ter interfere with th' innocent amusements of our prominent citizens! His re-election was a mistake!"

Easy To Mix This.

What will appear very interesting to many people here is the article taken from a New York daily paper, giving a simple prescription, which is said to be a positive remedy for backache or kidney or bladder derangement, if taken before the stage of Bright's disease:

Fluid Extract Dandelion, one-half ounce; Compound Syrup Sarsaparilla, three ounces. Shake well in a bottle and take in teaspoonful doses after each meal and again at bedtime.

A well-known druggist here at home, when asked regarding this prescription, stated that the ingredients are all harmless, and can be obtained at a small cost from any good prescription pharmacy, or the mixture would be put up if asked to do so. He further stated that while this prescription is often prescribed in rheumatic affections with splendid results, he could see no reason why it would not be a splendid remedy for kidney and urinary troubles and backache, as it has a peculiar action upon the kidney structure, cleansing these most important organs and helping them to sift and filter from the blood the foul acids and waste matter which cause sickness and suffering. Those of our readers who suffer can make no mistake in giving it a trial.

Preventics, the new Candy Cold Cure Tablets, are said by druggists to have four special specific advantages over all other remedies for a cold. First—They contain no Quinine, nothing harsh or sickening. Second—They give almost instant relief. Third—Pleasant to the taste, like candy. Fourth—A large box—48 Preventics—at 25 cents. Also fine for feverish children. Sold by All Dealers.

IA Bad Guess.

(Chicago News.)

The other day an ingenious looking person called with the message to the house wife that her husband had sent him for his dress suit, which was to be pressed and redone by the tailor.

"Dear me," said the house wife, "he said nothing to me about it. Did he look quite well?"

"Yes, mum; he was in good health and spirits."

"And he seemed quite as if he knew what he was about?"

"He did that, mum."

"And did he look as if he were quite content with things about him?"

"He was all that mum."

"Well, said the lady, "it seems strange that he should only think of that dress suit now, because it's ten years since he's dead and buried, and I've often wondered how he's been getting on."

Cure for Weak Lungs

"I have used your Psychine for about six months, and have found it an excellent remedy for pneumonia and weak lungs." Ronald Johnson, Farewell, Ont., April 15, 1907.

"Psychine is one of the best medicines on the market, and for all throat and lung troubles is unexcelled."—A word from a man who has tested it.

Pneumonia, Bronchitis, Coughs, Colds and all throat, lung and stomach troubles yield to Psychine. At all druggists, 50c. and \$1.00, or Dr. T. A. Elcum, Limited, Toronto.



It's a man's duty to dress well.

Also, it's his duty to dress well economically.

Logically, it's his duty to wear

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Sold and Guaranteed by

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Doors, Sashes, Blinds, School Desks, Sheathing, Flooring and House Finish of all kinds

We employ a first-class Turner, and make a specialty of Church, Sta and Verandah work. Call and see our stock or write for prices before purchasing. All orders promptly attended to.

Just imported, a consignment of No. 1 White Wood. Clapboards for sale.

Hard Pine Flooring and Finish.

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'The Sign of the White Horse.**Look Anyway**

When in our streets and you will see a Harness that came from our shop.

Ask Anybody

If that Harness they got from us was all right. If it's not we want to know. We give a guarantee with every harness we sell. If they were not right, we wouldn't do that, would we?"

FRANK L. ATHERTON,

Harness Maker and Dealer,

MAIN STREET, WOODSTOCK.**A New Woodworking Factory.**

The undersigned have taken over the HAYDEN FACTORY and are prepared to supply all kinds of BUILDERS' MATERIALS, in fact everything that is manufactured in a first-class woodworking factory. We will be open and ready for business on April 1st. Soliciting your patronage.

The Carleton Woodworking Company, Limited.

P. O. Box 333.

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Arrangements have been made with the publishers of the BUSY MAN'S MAGAZINE, enabling us to offer this bright, up-to-the-minute periodical along with THE DISPATCH one year for **\$2.00**

The regular subscription price of the Magazine alone is \$2.00.

BUSY MAN'S reproduces the cream of the world's periodical press by culling the live, interesting and instructive articles. Each issue also contains original Canadian articles of interest to every Canadian. Busy Man's is the kind of Magazine which arouses the reader's interest in the first place and keeps it until the back cover is reached. All those wishing to keep posted on the live questions of the day should not hesitate to take advantage of our offer.

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Office: G. W. Boyer's residence.

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