

A New Orleans woman was thin.
Because she did not extract sufficient
nourishment from her food.
She took Scott's Emulsion.
Result:
She gained a pound a day in weight.

ALL DRUGGISTS: 50c. AND \$1.00

Corn on the Cob.

(New York World.)

David Benson holds the present roasting-ear record with fifty denuded corn-cobs at one sitting. Weather like this it is more suitable to read of a green corn contest than of a beefsteak dinner. Corn is the great North American vegetable, and there should be a great deal more of it eaten. It is cheap, wholesome, nourishing, toothsome, and eaten from the cob it encourages dexterity and penalizes clumsiness.

Corn was here long before Christopher Columbus. It is found in the mound-builders' homes, in the Pueblo rock houses, in the Aztec kitchens. To the Indians it always was the staple vegetable. Green, roasted, parched or dried, it furnished the main food.

In the old American cooking, which far surpassed anything in imitation of Paris or Berlin restaurants, corn stood first. For breakfast, corn cakes or fritters; for dinner, corn bread; for supper, corn biscuit or mush, fried or broiled; for dessert, corn pudding—nothing can beat them if made by the hand of loving experience.

To cook corn properly the cook must have been born in the United States. For white corn a black cook and for green corn a white cook produces the best tasting effects.

As for roasting ears, which in fact, are boiled and not roasted, holders and like appliances should be forbidden. No one needs them who learned to eat corn when a boy or girl. As well eat the old style half-moon apple pie with a fork.

Red Blood Good Health.

Spring blood is thin and watery until Dr. A. W. Chase's Nerve Food is used.

Red blood is the foundation of health and strength.

The same parts of the blood which give it color—the red corpuscles—also contain the elements which sustain and invigorate the body and its organs.

It is because the blood is thin, weak and watery in the spring that nearly everybody requires a blood builder and a restorative.

Now what Dr. A. W. Chase's Nerve Food does is to increase the number of red corpuscles in the blood or in other words to make the blood redder and richer in the elements which go to build up new cells and tissues to replace those wasted by disease or in the process of living.

Redden the blood by the use of Dr. A. W. Chase's Nerve Food and you lift yourself from the low level of health which leaves you tired and languid and an easy victim of consumption or some form of wasting or contagious disease.

The portrait and signature of the famous Receipt Book author, A. W. Chase, M. D., are on every box of the genuine. 50 cts. at all dealers or Edmanston, Bates & Co., Toronto, Ont.

Two Hard Luck Stories of Theatres.

Around the Albany, or at the Lambs, the Friars, the Greenroom Club, or any other place where the successful actors sit in summer, there is at present a discussion on as to which one of two stories is entitled to precedence in the list of hard luck yarns. One of these is of English origin, the other is American.

Here's the English entry:

The audience in a certain theatre wasn't much larger than the orchestra—and it was not such a large orchestra, either. The villain grasped the heroine by the wrist and dragged her down stage.

"Are we alone?" he hissed in her ear.

"No, not to-night, guv'nor," came the voice of the lone occupant of the top gallery, "but you will be to-morrow night."

Here's the American classic:

In Middle Arkansas the crowning catastrophe descended on the little group that had been carrying "Lady Audley's Secret" into those farther wilds. The hotel man leaped on the trunks, and the transfer man tied up the scenery. Then came the silvery gleam in the clouds that lowered.

Twenty miles away, at Polkville, a new opera house had just been finished. The Swiss Bell Ringers were billed to open it; but one of them fell ill at Memphis, and the other had to stay over and nurse him. The house had been sold out for the opening. Word was received that if the bearers of Lady Audley's Secret could negotiate the passage over from Dycusberg, where they had been tied up, an audience composed of the wealth, the elite and the beauty of Polkville would await them, also some real money. Could they come? Yea, joyfully could they

come. The hotel man and the transfer man would come too, to collect their claims.

A train carried them to the junction. Then the hired hacks of Polkville met them. The heavy rode on the seat of the front hack with the driver. It was late afternoon of a lovely day—a day of promise and cheer. At the roadside the happy negro and the care free boll weevil frolicked amid the growing cotton. A splendid glow lit the western sky.

"Beautiful sunsets you have in this section of the country," said the heavy to the silent driver beside him.

"That there ain't no sunset," said the driver. "That's the new op'rey house burnin' down."

Useful Hints.

In making cake, grease the tin with sweet lard rather than butter, and sift a little dry flour over it.

To remove ink stains from white cloth, heat a pint of sweet milk, soak goods in it and the stains will disappear.

Onions, if rinsed several times in fresh additions to boiling water before they are cooked, are much more digestible than if boiled in the ordinary manner.

The best way to freshen home-made bread so that it is as good as new is to dip the loaf in cold water, put it in a pan and bake it until it is heated through. Then wrap in a damp cloth, and when cold it is as good as when first baked.

A broom supporter made of spools is a simple and convenient device. Screw two large empty spools high up on the middle frame of a door, just far enough apart to allow the handle of the broom to slip in. The broom part rests on the spools.

When getting ready for a week's general sweeping, if you take down your lace curtains and the portiers, shake them and lay them aside until you are through, then put them in place again, they will keep clean much longer.

Don't use soda when washing china ornaments with gilding, for soda will in time surely take off every vestige of gold from the pattern. Soap may be added to the water with impunity, and it will do the work of cleansing without roughening the hands of the operator, who, in cold weather especially, will find soda has a very bad effect on the skin.

Gilt picture frames frequently become fly-stained in hot weather, when flies are particularly aggressive. The white of an egg will be found most efficacious in removing the stains, a soft camel's hair brush being employed in applying it. Dull frames may be much improved by an application of onion water. A couple of good sized onions should be boiled in sufficient water to cover them. This should then be strained off and brushed over the frame and into all the crevices.

A clever, popular Candy Cold Cure Tablet—called Preventics—is being dispensed by druggists everywhere. In a few hours, Preventics are said to break any cold—completely. And Preventics, being so safe and toothsome, are very fine for children. No Quinine, no laxative, nothing harsh nor sickening. Box of 48—25c. Sold by all druggists.

The Value of Manure.

There is on many farms a great waste of manure, particularly urine. An average cow, of 1,000 pounds weight, fed as a dairy cow should be, will throw off thirteen dollars worth of nitrogen and potash a year in her urine. A horse will throw off eighteen dollars' worth.

Every farmer has observed in his pasture how green and luxuriant the grass grows where the cows have deposited urine. He can see from this how much greater is its fertilizing value than manure.

Yet we have observed that not one dairy farmer in a hundred has made any real practical effort to save the urine of his cows and horses in their winter stabling. It is lost in three ways. Either the stable floor is not water tight, as it should be, and it leaks through into the soil below, or it is piled up in heaps in the barnyard and is not hauled out every day on the land, or no absorbents are used to help hold the nitrogen and potash until the land can absorb them.

No real thinking, intelligent man, who knows anything of the value of the urine and how it is wasted, will handle his manure as the majority of the farmers do handle it. How many farmers who use plank floors ever calk them with tarred rope to make them watertight so the urine will not leak into the ground below? How many use land plaster or ground phosphate rock, or both, every day in their stable gutters to absorb this great value till the land can use it

How many haul out their manure every day in winter, so that as much as possible of all these valuable elements may go to the soil and not elsewhere, as soon as possible?

How many farmers sprinkle land plaster or phosphate rock in their summer accumulations of manure so that the nitrogen and other elements may not be lost by evaporation and leaching by rain? These are mighty pertinent questions. They reach down to the state of knowledge the farmer possesses; down to the practice he follows; down to the real situation and the enormous waste of manure that is going on.

A FINE EXHIBITION ASSURED.

The Management Confident that the Big Show Will Be a Great Success.

A the Exhibition opening in St. John, Saturday evening, September 12, the great Queen of Songsters, Miss Darling, will be heard. This will be an attraction not often obtained for such an event but the management of the Exhibition was able to secure the services of this Prima Donna because the following week she appears in the Grand Opera in St. John.

As the great Exhibition Event draws near the certainty of its success is more apparent. The entire are more numerous every day. Something new—later than the last good thing—is the usual thing every day now.

Would people stop to think that the best features money can procure, the best judges in Canada, the best fireworks that can be bought, the best music that can be secured and all other things of like excellence—all to interest and amuse those who visit the big show, then they would no longer have any doubt about coming to St. John between September 12 and 19, the dates of the exhibition.

A man can always make blunders, but it takes a woman to convince him of them.

The Stability of a Bank is Reflected in the Confidence of its Depositors.

Growth of deposits of The Royal Bank of Canada since incorporation:

1870	\$ 288,000
1875	870,000
1880	1,230,000
1885	1,750,000
1890	3,280,000
1895	6,200,000
1900	12,000,000
1905	26,500,000
1906	28,000,000
1907	35,000,000

In the savings department accounts may be opened with deposits of one dollar or more on which interest will be credited or paid four times a year.

Chronic Coughs Cured

Mrs. Joseph Eccles of Dromore, says: "I took 4 or 5 bottles of Psychine, and a cough I had continually for nine months disappeared. It is the best remedy for chronic coughs that I ever used."

Thousands of living witnesses pronounce Psychine the greatest medicine in the world. It is not a patent medicine, but a prescription of a great physician. Put it to the test in any case of throat, lung or stomach trouble or any run down or weak condition. At all druggists, 50c and \$1.00, or Dr. T. A. Slocum, Limited, Toronto.

No Honing—No Grinding

You know from daily experience, at home or in the barber shop, that the question is—"Why doesn't a razor hold its edge uniformly from heel to head without honing and grinding?" Whether it is a safety, with the certain tax of new blades, or the ordinary open-bladed razor does not alter the question. You want the comfort and satisfaction of a clean, smooth shave every morning with the confident knowledge that your razor will be ready for instant use the next time needed.

The Carbo Magnetic razor is the only razor unconditionally guaranteed to do this. Thirty years of study on the razor situation has perfected a new secret process of ELECTRIC TEMPERING that positively merges every particle of carbon (the life of steel) into the metal—giving a diamond-like hardness uniformly throughout the blade—something absolutely impossible with fire tempered steel—used in making all other razors.

But test this razor in your own home—or if you prefer, have your barber use it on you. Give us your name, or call and see the "Carbo Magnetic" razor, and we will state our proposition for testing these razors without obligation on your part to purchase, together with our free booklet "Hints on Shaving." This book illustrates the correct razor position for shaving every part of the face.

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For wear, for style and fit, for all the qualities that are essential to good clothes, Progress Brand Suits and Top Coats are the Canadian Standard by which all others are judged.



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Thompkins Bros, Bath.

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MANUFACTURERS OF

Doors, Sashes, Blinds, School Desks, Sheathing, Flooring and House Finish of all kinds

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Just imported, a consignment of No. 1 White Wood. Clapboards for sale.

Hard Pine Flooring and Finish.

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When in our streets and you will see a Harness that came from our shop.

Ask Anybody

If that Harness they got from us was all right. If it's not we want to know. We give a guarantee with every harness we sell. If they were not right, we wouldn't do that, would we?

FRANK L. ATHERTON,

Harness Maker and Dealer,

MAIN STREET, WOODSTOCK.

A New Woodworking Factory.

The undersigned have taken over the HAYDEN FACTORY and are prepared to supply all kinds of BUILDERS' MATERIALS, in fact everything that is manufactured in a first-class woodworking factory. We will be open and ready for business on April 1st. Soliciting your patronage.

The Carleton Woodworking Company, Limited.

P. O. Box 333.



FALL TERM SEPT 7.

If you are planning on attending school this Fall, send for a copy of our New Catalog giving full information in regard to the modern methods in use in this school.

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On Real Estate.

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Barrister-at-Law, Woodstock, N. B.

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100 acre farm within quarter of a mile of Debec station, 50 acres under cultivation, brook runs full length of farm, 20 acres of hardwood, good barn, spring water and valuable property. Will be sold cheap. Apply to R. KIRKPATRICK, Debec.

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Outfits for commercial travellers. Coaches in attendance at arrival of trains. All kinds of Livery. Horses to let at Reasonable Rates.

A First-Class Hearse in connection.

Emerald Street, - Woodstock, N. B.

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Boilers and Engines, Special value. Correspondence solicited.
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