

AN IDEAL TONIC

And Blood Purifier is Mother Seigel's Syrup, made from roots, bark and leaves. It cures Indigestion and Constipation, Regulates the Bowels, Tones the Digestive System, Imparts the Vigour and Vitality of Health to every Organ of the Body.

MOTHER SEIGEL'S SYRUP.

60 cts. per bottle. Sold everywhere.
A. J. WHITE & CO., LTD., MONTREAL.

A Cod-Liver-Oil Fiend.

"When I was anaemic," said a pale man in a red flannel bathing suit, "I took cod-liver oil. I had a careless habit of leaving the oil uncorked, and it began to disappear. Some one was drinking it. There was a cod liver oil fiend in the house."

"I decided to trap the thief," he went on, gazing thoughtfully at his large white feet, "and one night I purposely drank two cups of black coffee so as to keep awake. Gentlemen you will hardly believe what happened."

"The thief was a rat, a big, sleek, fat rat. The oil, I guess, had agreed with him. As I watched him from the bed, he leapt silently on to the bureau, dipped his tail in the bottle, lifted it out and licked it clean, and then dipped and licked again and again till a good two ounces of the oil was gone."—Philadelphia Bulletin.

You Can Defy the SPRING FATIGUE

And nervous exhaustion, if you will make the blood rich and red by using DR. CHASE'S NERVE FOOD

Fatigue and weakness tell of weak, watery and impure blood.

Are you going to go through the usual suffering and discomfort of spring this year or take a hand in the matter of your health and build up the system?

It is for you to decide, for you know that Dr. Chase's Nerve Food, by forming new, rich blood, overcomes the fatigue, the weakness, the feelings of depression and discouragement which come with spring.

The nervous system is almost always exhausted in the spring. Your appetite fails because the nerves which control the appetite are exhausted, and so it is with digestion and the working of the other bodily organs.

Dr. Chase's Nerve Food is the greatest of spring medicine because it is the greatest of nerve restoratives. It forms the new, red blood from which vigor, energy and nerve force are created.

If you would restore the healthful glow to the complexion, sharpen the appetite, improve digestion, strengthen the action of the heart, revitalize the wasted brain and nerve cells and round out the wasted form you must use Dr. Chase's Nerve Food. No imitation is just as good. There is no substitute but will disappoint.

Mrs. John P. Shannon, Whiteside, N. S., writes:—"I used four boxes of Dr. Chase's Nerve Food and found it an excellent medicine. It has proved to be a splendid treatment for headache and a run down nervous system."

Dr. Chase's Nerve Food 50 cts. a box, at all dealers, or Edmanston, Bates & Co., Toronto.

Not Worth Shingling.

The late Thomas Bone, "the sailor's missionary," was the soul of kindness, but he was seldom worsted in repartee. One of the many instances of this given in his published life is the following:

"His work was not without its humorous side. Among the new men there were always some who sought a little amusement at his expense, but they reckoned without their host. His kindly manner never changed. The smile never left his face. There was no venom in the retort, but it seldom failed to silence the interrupter. The laugh raised at his expense made it quite certain that no second attempt would be made."

"Seeing him approaching one day, one of a group of sailors announced his intention of having some fun. He stepped forward and removed his hat, revealing a perfectly smooth crown, and asked:

"Can you tell me why my head is so bald, while all my companions have plenty of hair?"

"I don't know," was the smiling reply, "unless the reason given me the other day by a farmer would apply—that an empty barn is not worth shingling."—Judge.

In all things below the range of genius, it is foolish to talk in universal terms. Whim is just enough good for the small matters of every day; and life has large areas of licensed anarchy when truth cannot reach as far as your next door neighbor.—Frank Moore Colby.

Curative Power of Ballooning.

Professor T. S. Baldwin, the noted aeronaut, has added to the many cure-cults now extant a new one which may be termed, according to the usual malformation of words, "aeropathy."

In his descriptive article, "How It Feels to Fly," which appears in a current magazine, Baldwin relates the remarkable cure of a consumptive who was very low with the disease.

The miracle was effected in a long balloon journey from St. Louis to the Atlantic seaboard.

The professor ascribes the cure to the sudden lifting of the patient from near sea-level into the attenuated atmosphere of a mile or two above the earth and the consequent exhilaration caused by this rapid change which, he says, compels the lungs to reach for air.

The journey extended over three or four days, and Baldwin states that he thought his patient would bleed to death from his early and frequent hemorrhages.

Before reaching the end of the journey, however, the patient improved rapidly, and shortly after his arrival in New York he was up and about his affairs in almost completely renewed health.

He is now reputed to be alive, hale and hearty, with no shadow of his former distressing disease.

Baldwin does not consider that the curative principles of ballooning are by any means confined to tuberculosis of the lungs.

He relates another instance of a cure of a disease of which he was himself a sufferer.

He states that on a certain occasion when he was billed to make an ascension he was sorely afflicted with an attack of rheumatism.

The pain was so intense that he could hardly lift his hand to his head. He describes his blood as being black. He had been placed under a strict dietary, his physician allowing him to eat no meat.

Nevertheless, he essayed the ascension, and, after a few hours in the air, his pains rapidly decreased, finally leaving him, and his blood became normally bright and red.

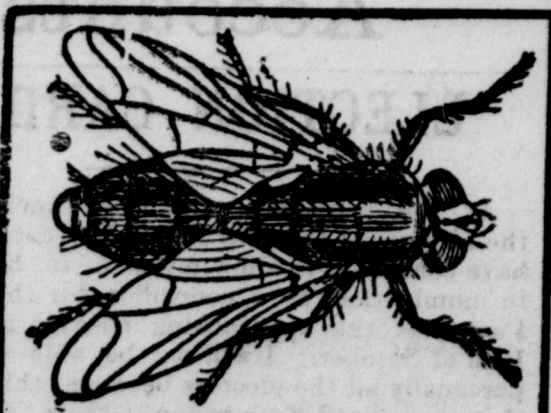
His appetite grew amazingly, with an abnormal craving for animal food, which his lunch basket was unable to appease.

If these things be so, no doubt we shall soon have "the balloon health resort."—Toronto World.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven catarrh to be a constitutional disease and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio is the only constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials. Add. F. J. CHENEY & CO., Toledo, Ohio. Sold by Druggists, 75c. Take Hall's Family Pills for constipation.

Fall Planting for Trees.

"The autumn is the time to plant ornamental trees, and the earlier in the autumn it is done the better, declared a nurseryman who has the reputation of being able to transplant with perfect safety the largest as well as the smallest trees," to the New York Sun. "I move deciduous trees in September and evergreens in October. After examination has proved the tree in satisfactory condition, its pruning should be looked after. The best implement for this is the ordinary hand pruning shears. The first step in pruning is to trim out all broken branches from the top. Next comes cutting back all side branches to within two or three inches of the stem. In doing this you should be careful to see that each of these side stubs has at least two good healthy buds. The leader should be cut back enough to correspond with the side shoots in making a symmetrical plant. The fourth step is to prune out with a sharp knife all the broken or bruised roots. In doing this you must be careful to cut on the under side of the root, sloping outward in such a way that when the tree rests on the bottom of the hole the cut surface of the root will come in direct contact with the soil."



One Packet of
WILSON'S FLY PADS
Has actually killed a Bushel of Flies
— SOLD BY ALL GROCERS —

Australia Yesterday and Today.

Australia is a continent containing two billion acres with a coast line of 12,000 miles and it is all exclusively the property of the British race. Sixty years ago this great territory had a population of only 400,000 and no railways. Today the population numbers nearly 4,500,000, and 96 per cent. of it is British—that ascription no doubt including Irish—and this number is getting quite wealthy. It has £12,000,000 deposited in ordinary banks and £46,000,000 in savings banks, depositors in which number one-third of the entire population. Since the beginning the value of the minerals produced has aggregated £713,000,000, and there are now 2,000,000 acres of land under crops. Last year Australia produced 62,000,000 bushels of wheat, and exported butter to the value of £23,000,000. It possesses 90,000,000 sheep, 10,000,000 cattle, and 2,000,000 horses, with an overseas trade which in 1908 represented £114,000,000.

The Able Man's Age.

We are told times without number, and in a manner most oracular, that this is a young man's age. We are cited the young men in business and the professions as evidence of the tendency to regulate the gray heads the background, and the subject is good for an indefinite number of pathetic preachments. As a matter of demonstrable fact, this is no more exclusively a young man's age than and previous era in history.

At all times and in all periods the call has been formability, for strength and experience to bear the world's burdens, to fight the battles of peace and of war.

And in the response to the call, the man of elderly years has been relatively as prevalent as the youngster. Ability and endurance and experience have a market value at whatever age. A calling of the roll, moreover, of the men instrumental to-day of the men in American Finance and industry and politics would disclose the posts of greatest responsibility held by men ranging well up toward the scriptural limitations.

350 Years of Labor.

A single firm of cutlery manufacturers at Sheffield, England, has in its employ six workmen who have been with the firm continuously for a total of 350 years. This means an average of almost sixty years of continuous work for each employee.

Two of these men are 76, two are 75, one is 74 and one 73. A picture of the group published in the Iron Age shows a sturdy looking set of men. That they must be, as they are still at work. Three of them are cutters and three grinders.

The same firm has people of three generations at the bench in its employ—from grandparents to their grandchildren. These workers began as children, according to custom, and have been continuously with the house ever since as piece workers.

What Dreams Mean.

Love.—To dream that you are in love means that you will soon have a new and true friend.

Mantle.—If you dream that you are putting on a mantle is a sign that you are to obtain some situation; if you dream you take off one it means disappointment.

Lamp.—To dream that you light a lamp is a sign of much good fortune.

Family.—To dream that you have a large family is a sign of thrift and great riches.

Bathing.—To dream you are bathing in clear water denotes prosperity, but if the water appears muddy it is significant of sorrow.

Singing.—To dream of singing denotes that you will shortly go on a long journey and will return safely.

The Unconquered.

BY THEODOSIA GARRISON.

Now, think you, Life, I am defeated quite? More than a single battle shall be mine

Before I yield the sword and give the sign And turn, a crownless outcast to the night Wounded and yet unconquered in the fight.

I wait in silence till the day may shine Once more upon my strength, and all the line Of thy defences break before my might.

Mine be the warrior's blood, who stricken sore;

Lies in his quiet chamber till he hears Afar the clash and clang of arms he knows

The cause he lived for calls for him once more,

And straightway rises, whole and void of fears,

And arming, turns him singing to his foes. Everybody's Magazine.

The Example of Parents.

A good parent's first care is to be virtuous himself, his second to make his virtues as easy and engaging to them about him as their nature will admit. Virtue itself offends when coupled with forbidding manners; and some virtues may be urged to such success, or brought forward so unseasonably as to discourage and repel those who observe those who are acted upon them instead of exciting an inclination to imitate and adopt them.

MOUNT ALLISON LADIES' COLLEGE

SACKVILLE, N. B.

56th Year
Commencing
September 9

Massey-Treble School of Household Science
Normal Course Certificate from Mount Allison accepted as qualification for teaching Household Science in New Brunswick Schools.
Conservatory of Music
With Faculty of Ten Members, and equipped with Pipe Organs and over 50 Pianos.
Department of Literature
Course leading to M. L. A. Degree. Scholarships for worthy students.
Department of Oratory
Affiliated with Emerson College of Oratory, Boston. Graduates from this department at Mount Allison, may enter the Senior year at Emerson.
Owen's Museum of Fine Arts
In charge of John Hammond, R. C. A., and equipped with Pictures, Casts, etc., to the value of \$75,000. Courses in Designing, Etching, Wood Carving and Leather Tooling have been arranged.
Write for Calendar
REV. B. C. BORDEN, D. D., Principal.

Mount Allison Academy, SACKVILLE, N. B.

First Term of the Year 1909-10 will open September 9th

General, Special and Matriculation Courses leading to Colleges of Arts, Engineering, Medicine, etc., are provided. Additional rooms have been prepared for the accommodation of the increasing numbers seeking the advantages of this well known educational institution.

Large Staff. Charges Moderate. Write for Free Calendar giving full information

Mount Allison Commercial College

WILL OPEN ON SAME DATE. Two courses are open to intending students—the Book Keeping Course and the Course in Shorthand and Typewriting. Diplomas are granted to those completing either course.

WRITE FOR FREE CALENDAR.

J. M. PALMER, M. A., Principal

WOODSTOCK WOOD-WORKING COMPANY, LIMITED,

MANUFACTURERS OF

Doors, Sashes, Blinds, School Desks, Sheathing, Flooring and House Finish of all kinds

We employ a first-class Turner, and make a specialty of Church, Sta and Verandah work. Call and see our stock or write for prices before purchasing. All orders promptly attended to.

Just imported, a consignment of No. 1 White Wood. Clapboards for sale.

Hard Pine Flooring and Finish.

N. B. Telephone No. 68-3.

Union Telephone No. 119

'The Sign of the White Horse.'

Look Anyway

When in our streets and you will see a Harness that came from our shop

Ask Anybody

If that Harness they got from us was all right. If it's not we want to know. We give a guarantee with every harness we sell. If they were not true, we wouldn't do that, would we?

FRANK L. ATHERTON,

Harness Maker and Dealer,

MAIN STREET, WOODSTOCK.



The Election of COUNTY COUNCILLORS, County of Carleton

The Election of Count Councillors will be held on

TUESDAY,

The 12th day of OCTOBER next.

Fifteen days public notice of the time and place of holding election to be given by Parish Clerks by posting in three most public places of the Parish. Nomination of candidates to be filed with the Parish Clerk, or to be left at his residence, at or before six o'clock, p. m., on Monday the 4th day of October next.

Parish Clerk to post names of candidates in three of the most public places in each Polling District on or before Thursday the 7th day of October next.

Candidates names also to be posted up at the Polling places before the opening of poll on day of election.

The Parish Clerk or District Clerk (as case may be) to act as Chairman, unless he refuses to serve, or is absent, or not competent by reason of relationship of candidate, when chairman to be chosen by electors present.

Assessors are required to furnish Parish Clerks with list of electors.

J. C. HARTLEY,

Secretary-Treasurer.

Dated the 1st day of September A. D., 1909.

IN THE PROBATE COURT.

Of Carleton County.

To the Sheriff of the County of Carleton or any Constable within the said County, GREETING:

WHEREAS Nelson Turney, Executor of the Last Will and Testament of Sabra J. Turney late of the Parish of Woodstock in the County of Carleton, deceased, hath filed in his Court an account of the administration of the said deceased's estate and hath prayed that the same may be passed and allowed in due form of law and also that a decree be made for distribution of said estate.

You are therefore required to cite the heirs, legatees, devisees and next of kin of the said deceased and all the creditors and other persons interested in the said estate to appear before me at a Court of Probate to be held at my Office in the Town of Woodstock within and for the said County of Carleton on Friday, the twenty-second day of October A. D. 1909, at ten o'clock in the forenoon, then and there to attend the passing and allowing of the said accounts and the making of the Order for distribution aforesaid.

(L. S.) Given under my hand and (Copy) Seal of the said Court this 2nd day of September A. D. 1909.

(Sgd) THANE M. JONES, Judge of Probate for the County of Carleton.

(Sgd) JAMES McMANUS, Registrar of Probate for the County of Carleton.

LOUIS E. YOUNG, Proctor for Petitioner.