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W. T. LITTLE, Prin. July 21th, 1909. Frederiction, N. B.

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On Real Estate.

APPLY TO D. M'LEOD VINCE

Bassister et flow, Woodstock N. B.

Weak Kidneys, surely point to weak kidney Nerves. The Kidneys, like the Heart, and the Stomach, find their weakness, not in the organ itself, but in the nerves that control and guide and strengthen them. Dr. Shoop's Restorative is a medicine specifically prepared to reach these controlling nerves. To doctor the Kidneys alone, is futile. It is a waste of time, and of money as well

well.

If your back aches or is weak, if the urine scalds, or is dark and strong, if you have symptoms of Brights or other distressing or dangerous kidney disease, try Dr. Shoop's Restorative a month—Tablets or Liquid—and see what it can and will do for yoy. Druggist recommend and sell

Martyrs at the Steak.

(Burges Johnson.)

The gnashing teeth bit hard On a stern and rib-bound roast. While boarders 'gainst a dented wall The leaden biscuit tossed.

And their anxious brows grew dark As they glanced the table o'er And recognized, in a chowdered form, Some thing they'd seen before.

What sought they thus afar? Fresh loaves and tender mest? The wealth of seas, the spoils of farms?-They sought a bite to eat!

Not as the conqueror comes .-They hurried in pellmell, All hungry-eyed, emicate, At sound of dinner bell.

Aye, call it what you will, The proudest spirit bows Before that nameless, shameless thing,-A city boarding house.

Stomach troubles would more quickly disappear if the idea of treating the cause, rather than the effect, would come into practice. A tiny, inside, hidden nerve, says Dr. Shoop, governs and gives strength to the stomach A branch also goes to the Heart, and one to the Kidneys. When these "inside perves" faile then the organs must falter. Dr. Shoop'e Restoratives is directed specifically to thesfailing nerves. Within 48 hours after starting the Restorative treatment patients say they realize a gain. Sold by all dealers.

James Visits The Country.

A ten year old lad by the name of James something had his first glimpse of the Country life this year. He learned a lot of ne things about what a cow or a sheep or a colt will do or will not do under a given set of circumstances, but he got the greatest surprise of his rural sojourn when he walked by a swampy place one morning and saw a bunch of cattails growing.

He took one more look to make snre he saw aright and then he broke into a lope for the farmhouse.

"Say," he yelled out excitedly at his farm host, "I never knowed them things growed on long stems like that. I've e't a lot of 'em. but I never seen 'em growing' before. Do they all grow that a way?"

The farmer saked him what he was talking about.

"Why, them sausages!" he replied, "ain't you noticed 'em?"-Cleveland Plain Dealer.

To quickly check a cold, druggists are dis pensing everywhere, a clever Candy Cold Cure Tablet called Preventics. Preventics are also fine for feverish children. Take Preventics at the sneeze stage, to head of all colds. Box of 48-25c.

Salting Babies.

(HARPER'S WEEKLY.)

The strange custom of salting new-born babies is still practiced in certain regions of Europe and Asia. The method varies with the different nationalities of the people employing it. The Armenians of Russia cover the entire shin of the infant with a very fine salt. This is left on the baby for three hours or more, when it is washed off with a warm water. A mountain tribe Asia Minor are even more peculiar in this regard than the Armenians, for they are alleged to keep their new born babies covered with salt for a period of twenty-four hours. The modern Greeks also sparkle their bables with salt, and even in certain portions of Germany salt is still used on a child at birth. The mothers imagine that this practice brings health and strength to their offsprings, and serves as well to keep away evil spirits.

Solomon.

Solomon thought it simply grand To have a lot of wives on hand! Full seven hundred wives he had When one has driven some men mad. Three hundred others he had too-He must have had enough to do To keep them all in shoes and hats! Just think it-one thousand fists! Would mean a ruined man to-day. It makes me smile when people say That having wives is a mistake, When Solomon, that wise old rake, A wiser man 'tis said than any, Thought full one thousand not too many! -The Bohemian.

An Old-Fashioned Bonnet.

How dear to my heart is the old-fashioned

The old-fashioned bonnet that Nell used

to Wear, Without any plums anh red cherries stuck

The bonnet that didn't want false curly

The dishpan effect may be stylish and stunn-

The waste paper basket that's lately come

May be quite the rage and recherche and

But give me the hat she tied nuder her

Our Heroes.

Somebody asks: "Is herosim a scarcer aricle to-day than it was in the days of Don Quixote?"

The person who asks this question is not a close observer.

In no epoch of history were heroes more numerous than they are right now, only unlike the heroes of old, they do not advertise themselves.

You have to look for them.

There are heroes in the vast army of men and women you meet daily on the street.

Civilization has radically changed since the days of the Crussders, and men do not ride forth as knight errants of beautiful maidens in distress, and there are no opportunities for a man today, no matter how gallant-minded or chivalrous he may be, to mount and away in search of adventure.

So, the man you meet on the street must be a hero in the little things of every day

No warrior of old ever fought a better fight against overweelming olds, for a purpose than some of the plain, every-day men and women you know-or think you know.

That young man who daily bears the humiliation of a bullying "boss," that he might master the trade he has determined to learn is a hero. The old was ier-woman who passes you each morning on the street corner, with a set facial expression which years of striving has given it, and who, despite a strong appetite for liquor, has not tasted it for twenty years, and who has worked day after day with a fixed purpose in mind-that of supporting the four children and the sick sister depend upon her-is a hero.

No monument will ever be erected to the heroes who fight, win and pass out unnoticed but this world is the better for their determination, and the glow of succes that worthe purpose gives is, to them, sufficient, with the world's applause.

The man who struggles against odds, such as incurable disease, and, in the face of all obstacles, wins, is a greater hero than Nap-Stevenson, the author, worked and fought

the grim spectres of disease every day for fourteen years. Determination alone kept him alive; deter.

mination made him one of the most successful story-writers of his age. Many, men are fighting as Stephenson

This world is full of horoes. It has no place for the coward .- Toronto World.

HEALTH, WEALTH,

So long as Nature's laws require that mankind shall work, the necessity of keeping one's self in health and strength is sof first importance. Many people believe that men of great wealth do nothing. That is a mistaken idea. They may not work with hammers or shovels, but they work with their nerves, brains and minds. Scores of millionaires have worked themselves into nervous prostration in their efforts to control, to avoid losing, their millions. But it is the humble workers who suffer most.

Mr. Arvez Berten, of Robertville, Glou-oester Co., N.B., is a sturdy man of 65, who works in the lumbering districts in winter, and who, therefore, must have good health. Some years ago, he suf-fered much from Dyspepsia, with head-ackes, dizziness and rheumatism. In a statement, dated June 24th, '09, he says he used only Mother Seigel's Syrup and four bottles cured him completely.

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Sept. 1-tf-

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