Sleepless?

Nerves Are Racked Vitality is Lowered

Opiates, Sedatives, Narcotics, Worse Than Useless. Produce No Permanent Good.

Healthy, natural sleep can't be producer by drugs. First, the blood circulation must be

improved. of blood in the head Congestion must be removed. Irritation in the brain must be relieved.

because Ferrozone equalizes circulation, because it soothes the irritation, because it removes congestion, that it does cure insomnia,

For building blood and nerve, for instilling force and life into overestablishing worked organs. strength and vitality, where can you find anything so sure as Ferrozone? Remember, sleep is just as impor-

tant as food. You must sleep, or break down. You can if you'll use Ferrozone and

thereby remove the conditions which now keep you from sleep.

Ferrozone is not a narcotic, not a dope; it is a health-giving tonic that any child or delicate woman can use. Absolutely safe is Ferrozone. Take it for a month, take it for a year-no harm, but immeasurable good will

To sleep well, look well, feel well, to be free from depression, nervousness, or blues-use Ferrozone. It's a food tonic, a healer to the weak and wretched, a boon to the sleepless. Sold everywhere in 50c boxes, six for \$2.50, by mail from the Catarrhozone Company, Kingston, Ont.

Death of Mr. N. S. Sipprell.

Mr. E. M. Sipprell received a telegram Monday, notifying him of the death of his brother, Mr. N. S. Sipprell, of Mattawamkeag, Me. The deceased, a native of Carleton county, was in his 66th year, leaves a widow and a family of two sons and two daughters. Death is thought to have resulted from the effects of a stroke he suffered some three or four months ago. Mr. Sipprell left for Mattawamkeag October 20th., to attend the funeral.—St. John Globe.

Is Your Family Reading "Worth While?"

So much of current reading is merely entertaining at best that the question naturally arises, is it worth while? Your sons and daughters are bound to read something. They hunger for stories which take them in to the other half of the world—the world of adventure, of valor, of fortune-making. The problem is to give them such reading with out putting into their hands the literature that is either silly or demoralizing. The editors of The Youth's Companion believe that a periodical can be made entertaining and yet "worth while," and The Companion is conducted on that theory. And that is one reason why more than half a million families read it. The paper is safe, but not dull. Its tales of adventure tilustrate the advantages of fortitude and self-reliance. Its stories of character lay stress on the truth that right conduct is never a mistake.

Every new Canadian subscriber will find it of special advantage to send at once the \$2.00 for the new 1910 Volume. Not only does he get the beautiful "Venetian" Calander for 1910, lithographed in thirteen colors and gold, but all the issues of The Companion for the remaining weeks of 1909 from the time the subscription is received.

THE YOUTH'S COMPANION. Boston, Mass Companion Building, New Subscriptions Received at this Office

It was his first morning in London "apartments," and his landlady came up with his breakfast and as he began the meal she opened a slight conversation.

"It looks like rain," she said.

"It does," replied the American, "but it smells rather like coffee."

Straight Talk On **Danger of Colds**

Let your cold gain headway and you can't keep it from running into Ca-

Catarrh never stays in the same place-it travels down into the lungs, then it's too late! Drive colds and catarrh right out of

your system while you have the

Easily done by inhaling Catarrhozone, which instantly reaches the true source of the trouble, gets right. where the living germs of catarrh are

Catarrhozone A Convenient Inhaler Treatment is the Proper Remedy to Cure.

You see, Catarrhozone is simply healing balsams and rich, pure essences, and is able to patch up the sore spots and remove that tender, sensitive feeling from the nose and throat. Hawking and spitting cease, because

the discharge is cured. The nostrils are cleared, headache is relieved breath is purified. Every trace of catarrh, bronchial and throat weakness

is permanently cured. Two months' treatment, large size, price \$1, and guaranteed. Small size, 50c. All reliable dealers, or the Catarrhozone Co., Kingston, Ont.



A LIFE SENTANCE.

The Italian, Monacelli, Goes to Prison For Life For the Murder of Nicholas Legany.

Circuit Court,

The case of the King v. Bentley, for griev ous bodily harm and assault, was heard before the court here this afternoon. The story of young Amos Derrah, who owns a farm in Glassville, is that last summer Sam Bentley's horse strayed over into their oat field. He went and caught the animal, putting it into his barn, and sent word to Bentley to come and get it. This Bentley did. As he approached the barn he said to Derrah, "Are you the pound keeper?" And to this Derrah answered "No." Bentley then shook his first in Derrrh's face, and on Derrah telling him not to shake his fist in his face, Bentley caught him, running his fingers into his mouth and tore his jaw considerably. Bentley then went into the stall where the horse was and stepped up into the manger. Derrah followed him in, and after more words Bentley struk him over the head with a board cutting it. Derrah fell and lay for a moment or two unconscious. At this juncture Mrs. Derrah rushed in and tried to take the stick from Bentley. Bentley turned and kicked her several times, using abusive language as he did so. On the face of this Bentley comes to the stand, swears that he did not strike either Mrs. Derrah or her son, but that young Derrah struck him, that Miss Derrah her daughter, and a boy there all rushed at him with sticks and young Derrah vigorously put the boots to him, as he phased it.

Mr. Carvell appeared for the defendant and Hon. H. L McLeod for the crown. The jury, after deliberating over the evidence for an hour, returned a verdict of not guilty on the first charge of bodily harm, but on a charge of assault recommended him to jail.

Samuel Bentley was found guilty of common assault and fined \$20 or three months

The murder trial here Wednesday morning was practically at a standstill for over an hour and a half. Mr. Fowler for some reason or other failed to appear, and the case was given into the hands of T. C. L. Ketchum of Woodstock. Mr. Ketchum not being familiar with the case was forced to take some time to interview the prisoner and arrange his defence.

The petit jury called and sworn are: Edward London, Thomas McCain, Samuel Armour, Hebert Long, John F. McBride, Johnsthan Jones, Alexander P. Ritchie, W. M. C. Good, M. O. Clunn, Michael Menan W. Obder Ebbett and Ebbett and Edward Colwell. Not a single objection was made made by either side.

Hon. H. F. McLeod, opened for the crown very briefly and called as his first wit ness Mrs. Chas. Wallace. Mrs. Wallace told her story in a shaking voice as follows:

"I live at Beechwood with my husband and father. I was at my home there on August 8th last. I knew both Nicholas and Sandy. I met Nicholas two years ago and met him again three days before the murder. He came to the house to buy string beans on the Sunday before the shooting. He asked us if he could get lodgings at our house, as the car was almost intorerable from the heat. We gave him a room. On Aug. 8th, about 7.30. I went to milk and on coming back at 8 p. m. I found the prisoner and Louis Desregardie standing at the front door. I went into the dining room and they came in, too-The dining room is about ten feet by fourteen. I was working getting tea and was not speaking with them at all. When we sat down we asked them them to have something to eat and they said they had eaten at the car. I went out presently. Pa went in and I heard them talking. About nine Leganie came. I was then in the kitchen washing dishes. My father, Louis, the prisoner, and Leganie were in there then. My hus band had a headache and he went to 110

down. I was about half an hour w shing my dishes. I then went in and a few minutes after said: "It's bedtime, boys." I got up to go out to fasten the kitchen do or and as far as I know there was no trouble. Nicholas was sitting in a large chair. I came back to the dining room door. I saw Nicholas sitting in the chair and Sandy standing a short way from his chair, firing st him. He fired more than one shot. I saw Nicholas fall on the hall floor about ten feet from his chair. I didn't see father or Louis. Sandy went out the kitchen window and Leuis went too, but came back in a moment with three Italians. I went to the wounded man and found his coat on fire. I put it out and with the help of the Italians we put him on a cot bed and telephoned to Mr. Kearney, who came. Dr. Ross got there about 12 p. m., and the next day Laganie was removed to Woodstock.

'Cross-examined, witness said she would swear that she had not sold whiskey to the prisoner, nor did she remember Nicholas asking her to sell the crowd drinks on the night before. There was whiskey in the in the house the night of the shooting, and she would not swear she did not sell whiskey to the prisoner that night. She did not know a girl named Ketch, nor had she heard of her before the shooting.

The afternoon session resemed at 2 p. m., with a continuation of the cross-examination of Evelyn Wallace. Mr. Ketchum asked: 'Did you sell prisoner and Augelo liquor on

"I do not remember."

"Did you see any whiskey in the room beore the shooting?"

"Yes. There was a bottle sitting on the

"Were you in the room alone that evenng with the prisoner, Nicholas or Louis?"

"No." "Did the deceased ever try to be affection-

te with you?"

"No, not that evening." "Did you ever hear him make a remark, I'm boss on the road and in this house too?" "No."

"Do you know of any trouble between Ionicelli and Nicholas?" "No."

"Ever hear of Nicholas quarrelling?"

"Yes; I saw him fighting with a fellow named Hatheway."

Robert Wallace, the husband of Evelyn, was the next witness.

He said he came home Saturday night with a bad headache, which continued all the next day. He did not see Monicelli or Louis come into the house, as he was lying down in his bedroom. He was awakened about 9 o'clock and ran out into the hall, where he found Nicholas lying groaning on the floor. He did not touch him then, but help place Nick on the train the next day. He did not know any of the Italians.

Louis Degregardie, the Italian witness of the tragedy, gives this evidence:

"I am from Italy and am 24 years old. have been to this country twice. I have known Sandy for a year and knew Nicholas since last February. I worked at Beechwood since last May. We slept in the car. never knew Mrs. Wallace until that Sunday when I went there with Sandy to get a drink. I saw Mr. Demerchant there. Sandy and I went in and sat down in the dining room. There was just Sandy, Mrs. Wallace and I in the room. In about one-half hour Sandy and Nicholas came. Sandy and Nicholas talked together. I heard Nicholas say he would like to throw Sandy out of the room. Sandy offered him a drink and Nicholas said no; if he wanted a drink be could get his and pay for it himself. Nicholas said if he could't be boss at the camp he would be boss there. I did not know what led to these words, but I think Sandy offered him a drink and when he wouldn't take it, they seemed to have words. They were both talking in English then and I could not understand a single sentence of it. Sandy got a bottle in the | as good."

house and when Mrs. Wallace came in she sat on Nicholas' lap, and he said to Sandy: "See how well I can kiss "this lady; that's more than you can de," and Sandy said if she's your wife you got me to deal with. got up and went over to the door. The lady got up and went out a minute later. Sandy and Nick both get up quarrelling. Sandy fired and Nicholas caught at him and then he fired sgain. Sandy broke the kitchen window and went out and I went out through the door. I went back with two or three Italians a moment later."

Cross-examined, he said he did not know who brought the whiskey into the room, old man or the lady. In his country everybody carries a knife or a revolver. He stated he knew that the prisoner and Nicholas had some row over a girl named Jane Ketch. He had seenther once. They were all pretty full the night of the murder. Sandy paid for the filquor. They had one drink before they went over to Wallace's. mot have any at all.

Dr. Grant was called next. He attended Leganie at the hospital. Saw him first about 6 a. m. He was suffering from three bullet wounds. One had gone in his neck, glanced along the collar bone and lodged in the bottom of the lung. There was another in the hip and lodged in the opposite side in the muscles. The third was merely a skin wound. The first wound would cause death and the second would be likely to do so.

Miss Ella Lane, matron of the Carleton County Hospital at Woodstock, gave evidence of receiving a telephone message about 3 s. m. Monday morning that a special would arrive with a spatient. They prepared a room. The patient arrived about & a. m. They treated him but he died about 11 o'clock in the afternoon.

Deputy Sheriff Armstrong told of the vain search for the prisoner after the shoeting.

Mr. Estabrocks, brakeman on the C. P. R., remembered taking the train up to bring Leganie to Woodstock, and of sking him on the train and bringing him to Woodstock.

Herbert Lindsay, constable for Carleton County, was employed in the search of Monicelli. He went to Brown's Siding and waited till about 11 p. m., hiding in a store. this time and he arrested him without any

Thursday morning session in the marder trial opened at 16 a. m. Mrs. Wallace was recalled. Mr. Ketchum questioned in disclosing anything of interest.

Mr. Ketchum opened very briefly for the defense and called as his first witness Joseph Murray, of Houlton. He said he had been well acquainted with Sandy for some time. He had always been well behaved and had borne a first rate reputation. Mr. Murray is Italian overseer on the G. T. P.

The next witness, Nalalia Buraglia, of Woodstock, agent for Louis Murray, said he knew the prisoner some time ago at . Cham. cook. The prisoner has always borne a good reputation and was well liked. Mr. Murray's private opinion of Sandy is that he is a good fellow, while Nicholas, he said, was one of the most quarrelsome Italians on the

A BOON TO MOTHERS.

When Children are Injured!

Children are always sustaining cuts, bruises burns, etc., and not infrequently contract ringworm, scalp diseases, and similar skin troubles at at school. Mothers will find Zam-Buk without equal for all these accidents and diseases.

Mrs. Thomas Allen' 156, Water Street, St. Mary's (Ont.), says:- "My daughter Mildred 4 years old, was severly burned by falling on a hot flat iron. She was burned on the heel, instep, and on the thigh very badly. I at once applied some Zam-Buk, which eased the pain, and in the course of a few days the wounds were throughly healed."

Mrs. George Aldridge, 12, Louise Street, Stratford, says:-"While playing barefooted about the yard my son Bertram, 6 years old, stepped on a broken glass bottle, which cut very deeply into his big toe. The cut was so deep that I sent for a doctor and had the foot properly dressed, the doctor leaving a lotion to be applied daily. Under this treatment, however, the wound seemed to get no better, but on the contrary inflammation set in. A kindly neighbour then recommended Zam Buk. We obtained a supply, and after a few applications the child seemed to rest better, and the pain was very much reduced. In a few days, under the Zam-Buk treatment the wound assumed a better appearance, and from that time healing was very rapid. Inflammation and soreness were finally completely banished, and in ten days from the first application of Zam-Buk we took the bandages from the foot. I feel sure that but for Zam-Buk the child would have had a very bad time, and might have had to sacrifice the

Not only for cuts, burns, bruises, etc., is Zam-Buk effective, but also for serious skin diseases such as eczema, ringworm, ulcers etc. It also cures poisoned sores, chronic wounds, bad leg, piles, festering sores, chapped hands, cold sores, frost-bite, and all skin injuries and diseases. Druggists and stores everywhere sell at 50c a box, or post free for price from Zam-Buk Co., Toronto; 3 boxes \$1.25. You are warned against harmful imitations sometimes represented to be "just

road. He knew well of the jealousy of Sandy and Nick over the Ketch girl. Mr. Murray said Miss Ketch showed a marked partiality for Sandy. This Nick resented and while he was powerless to rule the girl's affections he had power to domineer at the car and this he did not fail to do in the case of Sandy, and Sandy was forced to endure the numberless petty insults as physically he was no match for Nick. This went on for a long while and at last Sandy, thoroughly exasperated, wrote to one of the foreman about it. This, however, failed to remedy matter and probably it needed but little more provocation from Nick to bring a quick tempered and already provoked youth to the place where he would shoot in the heat of his

Mr. Murray has evidently given to the public the hitherte unknown motive for the shooting. The ander current that runs through the case is explained.

Mr. John Jackson, of Kilburn, foreman They get their beer in their car. Nick did on the C. P. R. was foreman of Sandy's crew from early last summer, Sandy had been a model workman, and was well behaved.

Monacelli was not placed on the stand to tell his story.

This concluded the defense. Mr. Ketchum made an address of plain reasoning, of argument and facts, an appeal to the intellect of the jury. He spoke of the seriousness of the crime and of the short time his counsel had had to deal with the case, of the prisoner's inability to procure a more able or all the witnesses he would wish to bring. He dwelt on the prisoner's youth and on the peculiar position he was placed in, beggat them not to bear prejudice on account of the prisoner's nationality. He pointed out the their ways and temperaments were quick rash, their climate was responsible for the quick, passionate nature. The boy had :

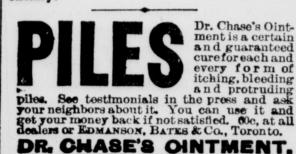
been in our land long enough to absorb our ways. Then again the prisoner's face was not that of a murderer' there was nothing callous or wicked about his face. This mur der was not premeditated. There had been no malice aforethought. It was simply a rash deed committee in the heat of a moments passion. Mrs. Wallacce's evidence had seemed to be fragmentary. There had been evidence that the Wallace's had been selling He saw his man man come in there about whiskey to these Italians. The men there that night had certainly been under the inresistance. This was the Friday after the fluence of liquor and this would mitigate the case considerably. There was no plan or plot to kill, the shooting was plainly and unmistakably unpremeditated. As to Mrs. Wallace's her evidence could much reliance be placed on closely as to the position of the bullets she that? She was plainly frightened, and could had found on the floor, but did not succeed either she or Louis tell accurately what took place? He believed that the first shot lodged in the wall, there was evidence that Nick had jumped on Sandy and in the melee the shots were fired. If the jury were to find him guilty of murder, there was no recall, but if they bring in a verdict on the count of man-

slaughter, then there was mercy and recal!. Hon. H. F. McLeod while he did not show any desire to prosecute unnecessarily, presented the facts fairly and without garnish. He spoke of the kindness of Mr. Ketchum in undertaking the case as he had done and of the able defence he had made. He went on to speak for over an hour impressively and eloquently.

His Honor Judge Laundry charged rather in favor of a verdict of murder. He warned the jury that all feelings of sympathy, prejudice, malice, etc., were to be left outside the jury box. They were simply the arbitrators of justice. The man who becomes a hero is the man who can sacrifice personal feelings to the call of duty and despite their feelings answer to that call.

If the jury had seen anything to warrant the belief that the man had not been defended as well as possible on account of poverty, then they had a right to take it into consideration but it was difficult to find ground for such a belief. The sooner people knew that the crown had no fund for the defense of prisoners the better for all. He defined murder or culpable homicide from the code and explained that culpable homicide might be reduced to manslaughter when the act was done in the heat of passion caused by sudden

The jury retired to their room after dinner and in a little more than an hour returned and announced a verdict of manslaughter. His Honor Judge Laundry then sentenced the prisoner to a life term in the penit-



MISS JEAN SPRAGUE

TEACHER OF

Typewriting. horthand and RESIDENCE

Albert St. Woodstock.