

LA GRIPPE

Arrested, and Consumption Cured

Mr. G. D. Colwell, of Walkerville, Ont. was stricken down with La Grippe in 1906 and it left him in very bad condition. He says: I was all run down and bordering on Consumption. I could not sleep at nights, had awful sweats, and coughed nearly the whole time. This is how I was when I began to take Psychine, in a low nervous state; but from the first bottle I began to improve. It did marvels for me and brought me back to health in no time, making a new man of me. It fortifies the body against the attacks of La Grippe and is a sure preventative. I always take Psychine if I feel a cold coming on and it puts me right in no time.

NO HOME SHOULD BE WITHOUT PSYCHINE
For Sale by all Druggists and Dealers, 50c. & \$1 per bottle.

Dr. T. A. SLOCUM LIMITED, TORONTO

PSYCHINE
PRONOUNCED SI-KEEN

How Russell Sage Helped.

(Philadelphia Bulletin.)

A prosperous New York merchant narrated in the University Club the other day an interesting anecdote about himself and Russell Sage.

"My first years in New York were not successful ones," he said. "I came down from the upper part of the state determined to get along; but somehow, after a brief experience of the city life, I became discouraged and lax. There were no positions but clerkships to be had, and to work my way up to the top from an army of young clerks, all as efficient as myself, seemed hopeless.

"I changed my job now and then. Sometimes I bettered myself sometimes I didn't. So the years passed. I had come to New York at twenty, and now, at twenty-five, I was making only four dollars a week more than when I started, and I hadn't a cent to my credit in the bank.

"One day, scared and desperate about my future, I called to see Russell Sage. Sage came from my part of the country and he had known my father well.

"He was glad to see me. He listened to my narrative with kindly interest. At the end titling back in his chair, he put his finger tips together and pursed up his lips, nodding to himself thoughtfully.

"In a minute he came briskly out of that spell of meditation.

"Do you drink?" he said.

"Yes, sir; moderately," said I.

"Well, stop it. Stop it for a year. Then come and see me again," said Mr. Sage.

"I stopped drinking for a year, and at the end I paid my second visit to the millionaire. He remembered all about me. He chatted a little while. Then he said: 'Do you gamble?'"

"Yes," I said. "I sometimes gamble."

"Well, give gambling up for a year and then come and see me."

"So I stopped gambling, and the year went by, and for the third time I appeared in Mr. Sage's office.

"Do you smoke?" he said, after we had had a third discussion of my affairs.

"Stop smoking," said he. "Come back



Women's nerves are often ruined by sewing.

The strain of working the machine is bad. The strain on the eyes is often worse.

Once the nervous system is run down, nothing short of patient and persistent treatment will bring back health and vigor.

Rest if you can—get out into the fresh air and sunshine—build up the nervous system by using

Dr. A. W. Chase's Nerve Food

The sleeplessness, headaches, tired feelings and irritability soon disappear when Dr. A. W. Chase's Nerve Food is used. Nervous prostration and paralysis are prevented. Health and vigor are restored.



The genuine Dr. A. W. Chase's Nerve Food bears portrait and signature as shown in illustration, 50c. a box, all dealers or Edman-son, Bates & Co., Toronto. Write for free copy Dr. Chase's Recipes.

after you have stopped smoking for a year."

The speaker laughed. One of his auditors said impatiently: "Well, when you went back what happened?"

"I never went back," was the reply.

"You never went back? Why?"

"Because, if I had, Mr. Sage would only have told me that now that I had given up drinking and gambling and smoking, I must have saved enough money to start myself in business. It was true; I had saved enough money to start myself in business. That shrewd, wise man had set me, almost without my knowing it, on the road to success."

Debec.

Most of the farmers of this place have been done potato digging for some time. Potatoes dug before Oct. 10th were, as a rule, sound, but after that date the rot set in and the farmers were obliged to leave 50 per cent. and upwards on the ground. As a rule the potatoes in the cellars have remained sound. The buyers, Carson & Hay, are shipping car-loads as fast as possible, but the price is very low as yet.

Mr. Leroy King and wife made an enjoyable trip across the continent to Seattle a few weeks ago. Mr. King was Ass't Station Agent at Debec during the summer.

Mr. Abner Wadsworth, who has been taking a course in telegraphy, is home again.

Mr. Thos. Waters is Ass't Agent at the station at present.

Mr. and Mrs. Staples and children, of Mass., are visiting Mrs. Staples' parents, Mr. and Mrs. Henry Crabb.

Mrs. J. W. Goodill and granddaughter spent a few days last week at Mrs. James Crawford's.

Mrs. C. G. Crawford spent Sunday at her father's home in Jacksonville.

Thanksgiving service in the interest of the Methodist church Monday evening, 25th of October.

W. J. Craig is away at present taking charge of a crew of men near McAdam.

Our meat man, Mr. Geo. Flemming, made his last trip for the year, in this direction, last week. It is reported that he has sold his farm and will go west.

W. L. Kennedy is away at present on a trip to Boston.

Mr. Chas. Margison and Miss Hazel Tilley, of Jacksonville, spent Sunday, Oct. 17th, the guests of Mr. and Mrs. C. G. Crawford.

We are having plenty of damp weather at present.

A clergyman writes: "Preventics, those little Canada Cold Cure Tablets are working wonders in my parish." Preventics surely will check a cold, or the Grippe, in a very few hours. And Preventics are so safe and harmless. No Quinine, nothing harsh nor sickening. Fine for feverish restless children. Box of 48 at 25c. Sold by All Dealers.

Williamstown.

We are having cold, cloudy, wet weather, but it is the time of year for that.

Potatoes are all dug but still rotting.

Miss Pauline Wilson, Lakeville, was calling on Miss Fern Page Saturday evening.

Miss Marjory Barker, Lakeville, spent Saturday with her cousin, Miss Grace Page.

Miss Sarah Jameson and Mrs. John A. Porter spent one day last week at Lakeville.

Mrs. Mungo Wilson went to Florenceville today to see her daughter, Lottie, who is sick with lung trouble at her sister's, Mrs. G. Wheeler, Florenceville.

Wm. Page took a load of fresh pork to Florenceville, today, and brought back a load of machinery. He is a hustling agent.

Stanley Pryor, Good's Corner, threshed last week for McWaid Bros.

A social gathering took place at John A. Porter's one evening last week in honor of our esteemed school teacher, Miss Jessie Graves.

Miss Bessie Smith and Miss Sadie Jameson were guests of Miss Kate McAuley, at Pioneer on Sunday.

Report says Miss Matilda McBride, Pioneer, will spend the winter with Mrs. Thos. Corbett.

Mr. and Mrs. Wm. Anderson, Pioneer, spent last Sunday at her parents, Mr. and Mrs. Isaac Nelson, Charleston.

Roy McWaid was the guest of his cousin, Johnnie Savage, Sunday.

Miss Dena Watters has returned from Easton, Me., where she spent the last few weeks.

Steam Heating for the Farm House.

A writer in Rural New Yorker describes a system by which his farm house is heated with low steam pressure. The house, which is nearly square—39x41 ft.—contains 11 rooms, with an upper hall running the full length of the building. The sheathing of the house is not matched, but is covered with paper and the sides are shingled. The kitchen and bathroom are heated by the kitchen stove.

The boiler which is located in the cellar, is No. 3 F., with a 24 inch grate, and is covered first with sheet iron, against which the flames draw, next an asbestos and then a galvanized iron jacket. The top of the boiler is also covered with asbestos.

A 2-inch pipe starts from the boiler, goes to the ceiling, then around the two walls

GAS DISTENDED HIS STOMACH

Caused Palpitation, and Prevented Sleep—When Health Was Gone, Cure Followed Use of "Nerviline."

"My last wish will be," writes Harry P. Pollard, a well-known boot and shoe traveler of Hartford, "that everyone with a bad stomach may learn as I did, before it's too late, that Nerviline is the one remedy to cure. Why, I was in mighty bad shape, my digestion was all wrong, and every night I would awaken with a start and find my heart jumping like a threshing machine. This was caused by gas on my stomach pressing against my heart. When I started to use Nerviline I got better mighty fast. It is certainly a grand remedy for the traveling man; keeps your stomach in order, cures cramps, prevents lumbago or rheumatism, breaks up chest colds and sore throat—in fact there hasn't been an ache or pain inside or outside for the past two years that I haven't cured with Nerviline. Do you wonder I recommend it?"

For general household use Nerviline has no equal; it will cure the aches and ailments of the entire family—refuse anything but Nerviline, 25c. per bottle, five for \$1.00, all dealers or the Catarrhzone Co., Kingston, Ont.

TESTIMONIAL NO. 4890

and back again to the boiler. There are altogether about 100 feet of pipe in the cellar and "tees" are put in and carried up through the floor where the radiators are required; the condensation flows back in the same pipe to the boiler. Every room in the house is piped, and altogether there are 360 feet of steam radiation, equal to 540 feet of hot water.

The cost of the material for installing this system was \$275.66, and the work was done by the owner himself. The expense of running, the writer says, is not large, considering the advantages obtained. Besides having the whole house thoroughly and evenly heated, a great deal of dirt and bother from caring for stoves in the different rooms is all done away with. Six tons of coal and four tons of screenings were used for heating during the whole winter.

Favorite Wedding Customs.

It is curious to observe how frequently the wedding customs practised in this country have been derived from other races. The custom of throwing a shower of rice over newly-wedded couples comes to us from India. The Hindu bridegroom at the close of the marriage ceremony, throws three handfuls of rice over the bride and she replies by throwing the same over him. In America and in this country the rice is thrown by outsiders. The "oldshoe" custom is supposed to come from the Hebrews, and is alleged to have originally implied that the parents of the bride gave up all authority over her. The Germans had an ancient custom, which perhaps they have not wholly given up even now, of putting the bridegroom's shoe on the bridal bed; and in Anglo-Saxon marriages the father gave a shoe of the bride to the bridegroom who touched her on the head with it, to remind her who was now master.

The wedding-ring was used among the ancient Hebrews primarily, with the idea that the delivery of a ring conferred power on the recipient, and thus the wife wearing her husband's ring shared his authority. The ring in the Roman espousals was a pledge of

Cold in the Head

What's the Sense in Sneezing and Sniffing, Dosing with Purgatives, or Bothering with Atomizers?

"Catarrhzone"

A Convenient Inhaler Treatment is the Proper Remedy to Cure Quickly and Pleasantly.

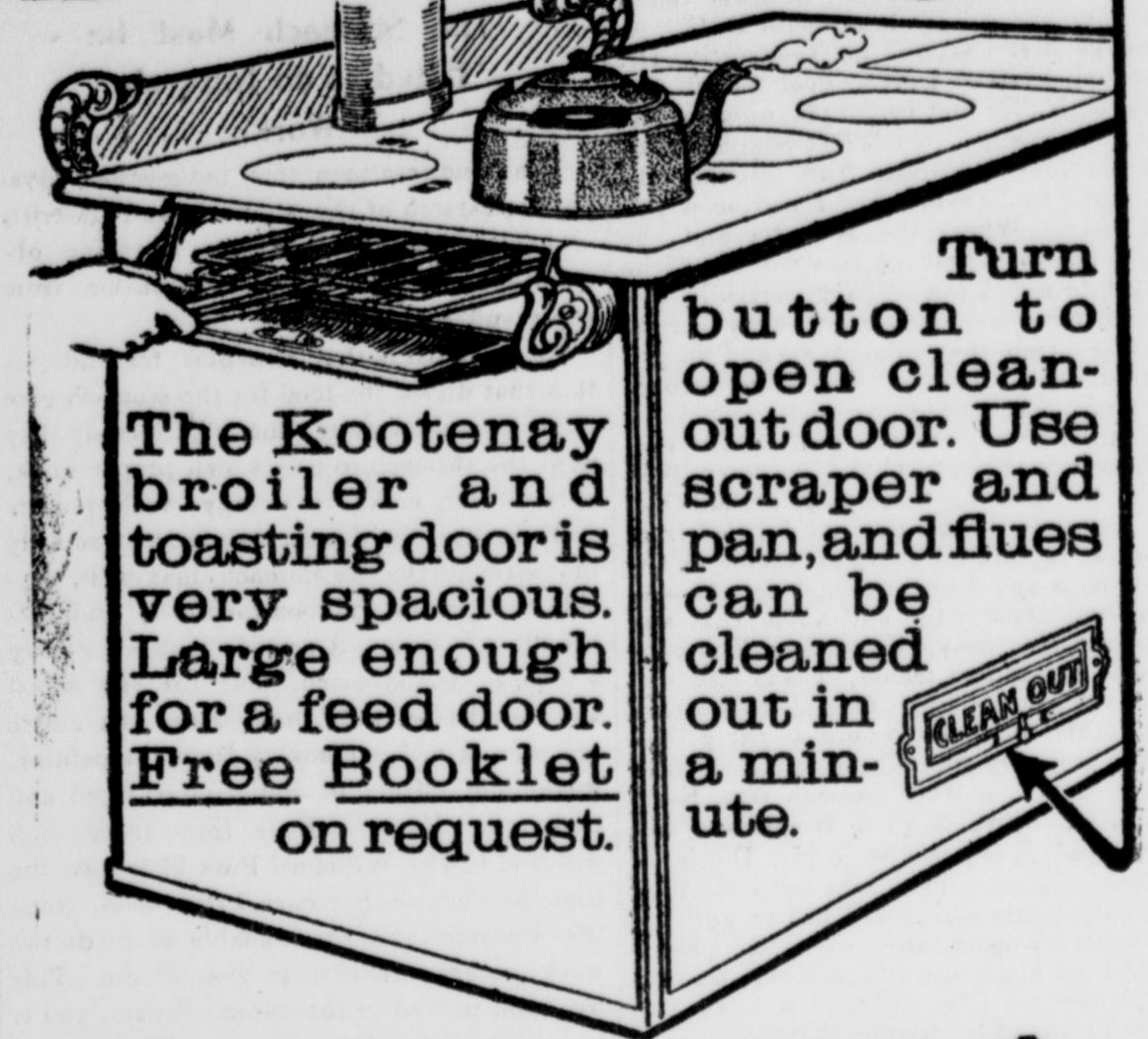
Sensible people long ago abandoned the idea of "working off" a cold by means of laxatives and purgatives for the simple reason that the cure is as bad as the disease itself.

To cure a cold in about five minutes' time use Catarrhzone. It is aromatic, delightful to inhale, clean, and very simple to use.

C. B. College, of Clarence street, London, says: "I had a continuous cold in the head for years, and never used anything with such quick results as I derived from five minutes' use of Catarrhzone. I am delighted to find a remedy that cures colds in a few minutes. Catarrhzone cures every time."

To carry a Catarrhzone Inhaler in the pocket means you won't have colds, catarrh, or any lung or throat trouble. It keeps these diseases away, and is warranted to protect you against all the ills of winter. Complete outfit, with hard rubber pocket Inhaler, costs \$1. Small size 50 cents. Druggists, or the Catarrhzone Company, Kingston, Ont.

Kootenay Steel Range



Turn button to open clean-out door. Use scraper and pan, and flues can be cleaned out in a minute.

The Kootenay broiler and toasting door is very spacious. Large enough for a feed door. Free Booklet on request.

McCLARY'S

For Sale by H. E. BURTT.



The Machines For This Weather.

- Deering Reapers,
- Champion Diggers,
- Cambridge Reversible Sulky Plows,
- Deering Binders,
- Moody Threshers,
- Wilkinson Plows.

Want anything in above lines? Then call and see us or one of our agents.

BALMAIN BROS. Woodstock.

Have You a Bank Account?

If not, why not? This Bank invites small and large accounts, and pays Interests on Savings Deposits.

Bank of New Brunswick East Florenceville Branch.

loyalty, and the idea that it should be worn on the third finger of the left hand—because it was believed that "a nerve connects this finger with the heart"—originated with the Romans.

Orange-blossoms were worn by brides among the Saracens because they were held to symbolize fruitfulness: the very general use of these flowers in Europe and America for bridal adornment is comparatively a modern custom. The use of a bridal veil is a relic of the far-off time when the husband was not allowed to see the bride's face till after the marriage.

It is said to be a curious fact that the wedding cake, that elaborate, indigestible compound so indispensable at the modern marriage ceremony is the direct descendent of a cake made of water, flour and salt of which, at the Roman weddings the married couple and the witnesses partook at the time of the signing of the contract.

THE EYES

The eyes are the windows through which the soul looks out upon the world. There is no need of having them darkened or defective. Don't tamper with unknown inexperienced opticians. Vision is too precious, have them scientifically fitted with glasses, DONT DELAY.

For instance:—Mrs Freeman wife of the Rev. Mr. B. L. Freeman, for 7 years pastor of the Centreville Baptist church was troubled by defective sight. Five specialists treated her, one in New York, one in Boston, one in Halifax, one in St. John, one in Woodstock N. B. She could not wear their glasses and her eyes grew worse. Two years ago just before moving to B. C., with her husband she came to me, I treated her by my new discovery and supplied her with glasses. She now writes me as follows, the glasses are a perfect fit. You evidently have the right theory. My eyes are better than for years. Many thanks.

MRS. R. L. FREEMAN.

If your eyes trouble you at all, come in and let me examine them FREE.

I would also like to call your attention to a new line of Jewelry just in, finer and more beautiful than I have ever carried before, my souvenir goods especially will interest and attract you.

Prices of course are right, that is why my trade grows.

Thanking my former patrons and soliciting a trial from new ones.

I am respectfully yours,
C. E. VAIL.

Jeweler And Graduate Optician
Centreville N. B.

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MONTHLY MAGAZINE
A FAMILY LIBRARY
The Best in Current Literature
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MANY SHORT STORIES AND PAPERS ON TIMELY TOPICS
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