

**WHEN APPETITE FAILS**

It is because your food does not digest properly. Your stomach, liver and bowels need strengthening. Don't neglect the danger-signal.

**TAKE MOTHER SEIGEL'S SYRUP**

As J. White & Co., Ltd., Montreal.

**Caused Strong Men to Shed Tears.**

As a rule railroad men are about as hard-hearted as the average, says the Los Angeles Times and it takes something out of the ordinary run to bring tears to their eyes, but a whole crew on one of the Southern Pacific's trains shed tears early the other morning, and a little black dog without a friend in the world caused it.

The Colton local had just passed a little station called Nohant, when the engineer saw a man lying at full length on the track only a few hundred yards in front of his engine.

The usual danger signal was given, but the man did not move, and the train was brought to a standstill a few feet from him.

A glance at the body from close range showed the engineer that the poor fellow was stone dead. In a few minutes the conductor, engineer and trainmen were standing around the body.

Up to this time they had not observed the presence of a little black dog, but as soon as they approached his master he made a dash for the nearest man, and for a few seconds fought with all his puny strength to keep the men away.

They were there for the purpose of examining his body, however, to see what could be done, and the little dog was rudely kicked to one side. He did not howl with pain as a dog generally does when kicked. He simply gathered himself up and quietly made his way between the men's legs until he reached his dead master's head, when he placed his little face by the side of his master's and after looking at the intruders a few seconds began to whine, and big tears were noticed running down his nose.

"I have often heard," said one of the witnesses, "that dogs have been known to shed tears, but I never believed it until then, and I have lots more respect for the dog family than I ever before had. When I looked around at my companions there was not a dry eye."

"The old man, who was probably a section hand, was removed from the track with more care than is usually displayed in such cases. His blankets were carefully spread, and his remains were handled as gently as a mother would have done, and all on account of the tears in that little dog's eyes. As soon as the dog discovered that our roughness had disappeared he became friendly, and seemed to appreciate what we were doing for his master, but we could not induce him to leave his dead friend, and when the train pulled out he was still sitting at the old man's head."

The old man was probably walking down the track during the night when a train came along and ran over him. Its whole length must have passed over his body, but strange as it may seem, there were only a few bruises about the head. He had been dead several hours when found.—Our Dumb Animals.

**Household Suggestions.**

A hot shovel held over varnished furniture will take out white spots.

A little tea put in the starch used for brown linen preserves its color.

Salt water is the best solution known for cleaning willow-ware and matting.

If cheese is wrapped in a cloth moistened with vinegar it will neither dry out nor mold.

To remove stains and discolorations from tinware, try rubbing with a damp cloth dipped in soda.

A solution of potash and water rubbed in birch will give it a finish resembling rose-wood when varnished.

The scum which is left by hard water may be removed from sinks, basins and tubs by kerosene or gasoline.

An application of lemon juice and salt in a good sun exposure is an old and effective remedy for fruit and rust stains.

Wet shoes should be stuffed with paper, which will absorb the moisture and prevent the shoes from getting hard.

To make crisp such foods as corn flakes or shedded wheat biscuits when the oven is not hot, heat a iron spider remove it from the fire, put in the cereal and cover closely.

Before sweeping, sprinkle a few dustcloths with water and roll them up tightly as you do clothes that are to be ironed. The cloths should be damp but not wet when used.

**Outdoor Sleeping at Home.**

As to outdoor sleeping at home many methods have been devised. There are the sliding bed, on which the upper half of the sleeper extends out of the window and is covered with an awning, having one side open; the roof cage for city houses with boarded tin or shingle top and screen sides; the porch tent and the back-yard shack, two sides of which are lattice work, with inside storm curtains of canvas that can easily be lowered; but the most practicable of all is the sleeping balcony. This balcony or upper porch is generally built upon the rear of the house off an inside dressing room that is kept at a comfortable temperature. Such a structure say 7 by 9 feet, can be built upon brackets at a cost of fifty to one hundred and fifty dollars. One side of it should be enclosed to protect the sleeper from prevailing winds, and there should be an overhanging roof. The house wall, of course affords additional protection. The other two sides should be boarded three feet up from the floor, and above that they may be left open, with canvas curtains drawn up to the top, ready to be let down and buttoned securely in bad weather, always leaving a narrow gap at the roof-protected top for ventilation. Lattice-work may screen the open-air sleeper. It prevents the bed-going and uprising from becoming neighborhood affairs.—Bailey Mitlard in Collier's.

**Obedying Orders.**

Seamen are strict disciplinarians, and a ship's crew seldom even dreams of interpreting a commander's orders otherwise than literally. Of the recognized rigid type was a certain English captain. The way the strict letter of his law was observed aboard his ship is described by a writer in the London Telegraph.

One day, while the ship was in a certain port, the captain gave a dinner to some town acquaintances, and as the resources of the ship were not great, some of the sailors were reputed to wait on the table to reinforce the insufficient number of stewards.

As these men were not used to such work, each one was told exactly what service would fall to his share.

The hour came, and the dinner went merrily on. Presently, however, one of the ladies wanted a piece of bread. There was no one near her, and the finely disciplined stewards seemed to be quite blind to her need. She turned her head and spoke softly to the man at her elbow.

"Bread, please," she said. He looked regretfully at the bread and then at her. It was evident that he would fain have helped her if it had been in his power. He saluted in fine naval style.

"Can't do it, ma'am," said he. "I'm told off for 'taters.'"

**DR. A. W. CHASE'S CATARRH POWDER 25c.**

is sent direct to the diseased parts by the Improved Blower. Heals the ulcers, clears the air passages, stops droppings in the throat and permanently cures Catarrh and Hay Fever. 25c. blower free. Accept no substitutes. All dealers or Edmanson, Bates & Co., Toronto.

**Country Boys Have the Better Chance.**

W. J. Spillman, of the United States Department of Agriculture, who was one of the speakers at the Ontario Experimental Union convention a few years ago, thinks boys raised on the farm have a great advantage over those brought up in the city. In a recent article in support of this view Mr. Spillman points out that 2 per cent of the Presidents of the United States were brought up in the country, and that 89.2 per cent of the State Governors of the Union, 83.9 per cent of the Cabinet officers of the United States, 55.4 per cent of the railway presidents, 64 per cent of the members of the House of Representatives, and 70.6 per cent of the United States Senators were similarly brought up.

"This pay-roll is too big" exclaimed the manager of the Hamlet company, "Can't we get along with less people?" "You might give up the ghost," suggested one of the grave-diggers. And the manager, wrongly thinking the suggestion referred to himself, discharged the humorist instantaneously.—Cleveland Plain Dealer.

**The Best Food for Workers.**

The best food for those who work with hand or brain is never high priced.

The best example of this is found in Quaker Oats. It stands at the top among foods that supply nourishment and vigor, without taxing the digestion, and yet it is the least expensive food one can eat.

The great food value and low cost make it an ideal food for families who want to get the greatest good from what they eat.

Laborers, factory or farm hands, fed plentifully on Quaker Oats will work better and with less fatigue than if fed on almost any other kind of food. All of these facts were proved and very interesting information about human foods was gathered by Professor Fisher of Yale University in 1908.

**LIVER AND STOMACH WRONG Indigestion, Bad Color, Pale, Fatigued.**

Those Oppressed by Palpitation and Heart Pains will find Interesting Facts in this Article.

The following letter is printed with the hope that it will show a clear road to health to those who suffer the pangs of indigestion and weak stomach.

"I am anxious to send the message of hope far and wide to all who are in poor health, as I was a year ago," writes Mrs. Ernest P. Gomez, from Meriden. "For years I have had a weak stomach, and have experienced all the distress caused by indigestion. I may say that the heart pains, watery risings, pressure of gas from fermentation at times almost drove me wild. For a time I could scarcely eat a mouthful without causing myself endless misery; I could not sleep well, my color was fearful, dark circles under my eyes, bad dreams, etc.

"As a last hope, I was persuaded to try Dr. Hamilton's Pills of Mandrake and Butternut. As I persevered with this treatment my appetite gradually returned, and I began to relish my meals. My strength slowly returned, the headache and chest pains grew less severe, and at last I began to look my old self again. Dr. Hamilton's Pills cured me, and I use them occasionally still, because I find as a system regulator and health-supporter no medicine is equal to them."

The same medicine that so wonderfully restored Mrs. Gomez will also cure you. 25c per box, or five boxes for \$1.00. Beware of substitutes. By mail from The Catarrhzone Company, Kingston, Ont.

**The Princess and the Silk Hats.**

Many amusing stories are told about incidents that occurred during the famous visit that of the Prince and Princess of Wales to Canada. One of the best of these is recounted along with several others in a remarkable article in October Busy Man's Magazine entitled "The Protector of Royalty in Canada," or the Work of Canada's Secret Service. At Sussex, N. B. when the royal representatives were returning from across the continent, it was a bitterly cold October day, and a large concourse was at the station, accompanied by the band, to greet the distinguished party. It was usual, as soon as the car door opened, for the musical bodies joining in the welcome to play the national anthem. All the persons on the platform of the royal car, at the first notes of the familiar air, as well as all the male members in the waiting throngs, invariably stood with heads uncovered as a mark of respect. Just before the door opened, the Princess of Wales, ever thoughtful of the comfort of those about her, told the gentlemen that it would be unwise for them to remove their hats on the platform as, on account of coming out of a warm compartment to the chilly atmosphere of an October morning, there would be danger of them contracting cold. Accordingly when the band struck up "God Save the King" those persons on the platform kept on their headgear. As soon as the selection had been played a tall, lanky countryman on the outskirts of the crowd yelled, "Why don't them galsoots on the platform take off their hats? Dont they know nuthin'?" and the assembly enjoyed a general laugh. After the ceremony as the Princess was bidding good-bye to the Mayor of Sussex, she humorously remarked, "Will you please tell your friend who made the observation that I am responsible for the gentlemen on the car not removing their hats."

**MISS JEAN SPRAGUE**

TEACHER OF

orthand and Typewriting.

RESIDENCE

Albert St. Woodstock.

**CANADIAN PACIFIC RY.**

Passenger Train Service from Woodstock. Effective Oct. 3rd.

DEPARTURES.

(QUEEN STREET STATION).

6.45 A MIXED—For Houlton, McAdam Jct. M. St. Stephen, St. Andrews, Fredericton, St. John and points East; Vancoboro, Bangor, Portland and Boston etc.; Pullman Parlor Car McAdam Jct. to Boston, Palace Sleeper, McAdam Jct. to Halifax, Dining Car, McAdam Jct. to Toronto.

12.15 A EXPRESS—For all points North. M. St. Stephen, St. Andrews, Fredericton, St. John and points East; Vancoboro, Bangor, Portland and Boston etc.; Pullman Parlor Car McAdam Jct. to Boston, Palace Sleeper, McAdam Jct. to Halifax, Dining Car, McAdam Jct. to Toronto.

5.00 P MIXED—For Fredericton, etc., via Gibson Branch.

5.33 P EXPRESS—For Houlton, St. Stephen M. St. Andrews after July 1st, Fredericton, St. John, and East; Vancoboro, Sherbrooke, Montreal, and all points West, and Northwest, and on Pacific Coast, Bangor, Portland, Boston, etc. Palace Sleeper, McAdam Junction to Montreal; Pullman Sleepers, McAdam to Boston; Pullman Parlor Car, McAdam to St. John.

ARRIVALS.

11.50 P. M.—MIXED—From Fredericton, etc., via Gibson Branch.

12.15 A. M.—EXPRESS—From St. John and East St. Stephen, (St. Andrews after July 1st), Boston, Montreal and West.

5.33 P. M.—EXPRESS—From Fort Fairfield, Caribou, Presque Isle, Grand Falls, Edmundston and Riviere du Loup.

11.00 P. M.—MIXED—From Fredericton, St. John and East; St. Stephen, St. Andrews, Houlton, Vancoboro, Bangor, Portland, Boston, etc. W. B. HOWARD D. P. A., C. P. R., St. John, N. B.

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When the demands of Economy are Insistent

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**DUTCHESS TROUSERS**

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They wear as well as they look, and they are backed by the celebrated warranty, "10c a button; \$1 a rip.

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**Look Anyway**

When in our streets and you will see a Harness that came from our shop

**Ask Anybody**

If that Harness they got from us was all right. If it's not we want to know. We give a guarantee with every harness we sell. If they were not true, we wouldn't do that, would we?

**FRANK L. ATHERTON,**

Harness Maker and Dealer,

**MAIN STREET, WOODSTOCK.**



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We have also two second-hand Small & Fisher Furnaces for burning wood, practically as good as new.

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I am prepared to restore old pieces of Mahogany Furniture, no matter how badly broken up. These old pieces when repaired are quite valuable and far superior to anything of modern make. Being a Cabinet Maker and "French Polisher" of many years experience in the city of St. John, I think I understand my business. Also general repairing Write to

G. N. A. BURNHAM, Upper Woodstock, N.B.

**THE DISPATCH AND FAMILY HERALD AND WEEKLY STAR**

**\$1.50**

For BOTH

"Little men delight in little controversies."