

MORE DEADLY THAN CANCER.

It is said on high authority, that cancer causes only 30 deaths in every thousand deaths, while indigestion causes, directly or indirectly, fully one-half of all the deaths in this country. Indigestion starves the body, weakens the nerves, poisons the blood and in short, reduces the life-power and vigor in its victims. You need not fear indigestion, if you take after meals a dose of the famous digestive tonic Mother Steigel's Syrup. It is made wholly from herbs, and corrects the disordered stomach as no other medicine can do. Mrs. Ralph Stephenson, of Varna P.O., Huron County, Ont., wrote on Jan. 23, 1909, saying: "We have used Mother Steigel's Syrup for years and always keep it in the house. As a stomach medicine we recommend it very highly. It always keeps us healthy and well."—Price 60 cts per bottle. Sold everywhere. A. J. White & Co., Ltd., Montreal.

There is no Success for the Man.

- Who vacillates.
- Who is faint-hearted.
- Who shirks responsibility.
- Who never dares to take risks.
- Who thinks fate is against him.
- Who is discouraged by reverses.
- Who does not believe in himself.
- Who expects nothing but failure.
- Who is always belittling himself.
- Who is always anticipating trouble.
- Who waits for something to turn up.
- Who complains that he never had a chance.
- Who is constantly grumbling about his work.
- Who never puts his heart to anything he does.
- Who blames circumstances or other people for his failure.
- Who can do a poor day's work without a protest from his conscience.
- Who assumes the attitude of a victim whom everybody is beating "doing."
- Who expects to eliminate from his work everything that is disagreeable or distasteful.
- Who is forever wishing that he were doing something else instead of the thing he is doing something else instead of the thing he is doing.
- Who clings tenaciously to old ideas and old ways of doing things and is a slave of precedent.
- Who shuts himself within his own little life so completely that he cannot take interest in anything outside of it.
- Who thinks the times are always out of joint, and that he was not born at the right moment, or in the right place—Success Magazine.

System Poisoning CONSTIPATION

Do not be satisfied with temporary relief—Cleanse the System and make cure last with DR. CHASE'S KIDNEY-LIVER PILLS.

Constipation begins with the bowels but it does not end there.

You must also consider the way it effects the liver, the kidneys, the digestive system and in fact the whole human body.

Headaches, backaches, aching limbs, indigestion, biliousness, kidney derangements and the most serious diseases imaginable often have their beginning with constipation of the bowels.

There is one treatment which has a direct combined action on the bowels, the liver and the kidneys and gets these organs into good working order in remarkably quick time, and that is Dr. Chase's Kidney-Liver Pills.

They afford relief quickly, but they do more than that. They positively cure constipation, and insure lasting regularity of the bowels by setting the liver right.

Policeman Peter C. Morris, 10 Wascana Ave., Toronto, Ont., states:— "I was troubled for years with habitual constipation and have spent considerable in so-called remedies and can gladly say that I have been completely cured by using Dr. Chase's Kidney-Liver Pills and shall be pleased to personally recommend them to any person who wishes to interview me."

It scarcely seems wise to trifle with medicines, which merely afford temporary relief, when by using Dr. Chase's Kidney-Liver Pills, you not only get prompt relief but also a thorough cleansing of the whole excretory system and lasting benefits by the restoration of the health and activity of the liver.

Dr. Chase's Kidney-Liver Pills, one pill a dose, 25 cts. a box, at all dealers, or Edman-son, Bates & Co., Toronto.

He Could Go.

At the death of the Duke of Wellington the whole diplomatic corps was invited to the funeral at St. Paul's. The French ambassador on receiving his invitation was very much upset. He hurried off to his colleague of Russia, Baron Brunnow, and confided to him the difficulty in which he was placed.

"The queen," he said, "expects us to go to St. Paul's to the funeral of the Duke of Wellington. How can I go, considering the injuries which the duke inflicted on my country? What shall I do?"

Baron Brunnow listened gravely to his colleague's exposition and then replied. "As the duke is dead," he said, "I think you can safely go to the funeral. If you were asked to attend his resurrection I should say refuse the invitation."

Eat A Hearty Breakfast.

Dr. Woods Hutchinson, iconoclast in ordinary to the medical profession, as usual upsets our previous ideas of bodily health in an article in Woman's Home Companion for August.

Dr. Hutchinson has a faculty for restoring to us our self-respect, and assuring us that, left alone, we are not idiots, after all.

In this particular article, for instance, he points out that the idea of eating little in the summer time is a fallacy. Of breakfast, for instance, he says:

It is customary to make the first meal of the day slightly the lightest and distinctly the plainest and simplest of the three. If there be any deficiency of the appetite, breakfast is the meal at which this is most likely to show itself.

But this lack of appetite is in nine cases out of ten clearly traceable to sleeping in an un-ventilated room, to late hours in foul air the night before, or to insufficient exercise the preceding day, and is no indication that the body really requires less food at this time.

Perfectly healthy men who sleep with their windows open and go to bed at a reasonable hour will tell you that they enjoy their breakfast as well as any other meal of the day, and many even call it their best meal.

Another popular delusion in regard to the lightness and unimportance of the breakfast is that widespread subterfuge, a 'continental breakfast,' consisting of a cup of coffee and some fruit or a single roll.

This is a very pretty breakfast as far as it goes, but it doesn't go far; and the sole basis for its adoption on the continent is that it is only intended as a temporary tideover, until the real breakfast of meat, eggs, fish, with beer or wine, which is taken at about 10 or 11 o'clock, like a very early luncheon.

If you haven't got a good appetite for breakfast, make it your business to go and get one, instead of allowing yourself to be blinded by this morbid state of affairs and deciding that all you really need is a cup of coffee and a roll or an orange or a puff of breakfast-bread.

The Famous Hope Diamond

Diamonds fluctuate in value, like everything else, says Youth's Companion. The famous Hope diamond, which has a most romantic history, was sold in Paris the other day for eighty thousand dollars, although it was appraised at a hundred and twenty-five thousand, and Henry Thomas Hope, after whom it was called, paid ninety thousand dollars for it in 1830. The diamond, which is a brilliant sapphire blue, and weights four and a quarter carats, is supposed to have been obtained somewhere in Asia by Jean Baptiste Tavernier, a French traveller, who sold it with others to Louis XIV, in 1668. It was worn by his favorite, Madame de Montespan, and later was sent to his finance minister, Nicolas Fouquet. For a long series of years thereafter it lay among the French crown jewels, till Marie Antoinette took a fancy to it, and wore it at a great ball in the Tuileries. The revolutionists seized it in August, 1792, along with the rest of the royal regalia, and put it in the Garde Meuble. In September of the same year it disappeared, and nothing more was heard of it for nearly forty years. The stone, when it disappeared, was about twenty carats heavier than when it reappeared. It is supposed that it was cut by an Amsterdam artisan, whose son stole it. The son gave it to a Frenchman, and the Frenchman, when on the verge of starvation, sold it to Mr. Hope. It later became the entailed property of Lord Francis Hope, his grandson. Lord Francis married an actress, who wore the stone on the stage. In 1901 Lord Francis, after securing the consent of the proper authorities, sold it to a London diamond merchant, who in turn sold it to a New York dealer in precious stones. Last year a French broker is said to have paid three hundred thousand dollars for it, only to sell it to a Russian prince. The Russian allowed an actress to take it, and shot her from a box the first night she wore it. Since then it has been in Constantinople, where an attempt was made to sell it to the Sultan. The name of the most recent purchaser was not disclosed at the time of the sale.

They Were Changed

While serving as commandant of a district in India, General Creagh had on one occasion presented the prizes at the garrison sports and was rather surprised when one of the prize winners—a private in an infantry regiment—approached him a few days later and begged to know if he would be allowed to change his prize for something more useful.

"What was your prize?" asked the general. In reply the man produced a long case from under his arm and showed a handsome carving set.

"Very nice, I am sure," said General Creagh. "What do you want to change them for?"

"Well, you see, sir," replied the man, "I find them rather difficult to use at mealtime, and if it is all the same to the committee, sir, I would rather have a knife and fork of the size to eat with."

Look The Part

Make the world judge you for what you are. As the passing throng see you only from the outside, make that outside worthy of the man within.

"Progress Brand" Clothing

—like the honest man—improves on acquaintance. The rich, handsome appearance but reflects the careful workmanship and honest materials of the parts within.

"Progress Brand" Clothing gives the maximum style, wear and value. 31



Tailored and Guaranteed by H. Vineberg & Co. Limited, Montreal. Sold with a Guarantee by John McLaughlan Co. Ltd., Woodstock. Mrs. A. C. PHILIPS, Bristol.

Wonderful Device

The Danish brothers, Anderson, already known as inventors, have invented an apparatus by the use of which it is possible to see what is going on at the other end of a telephone wire.

The technical details of this invention are so far kept secret, but a Copenhagen newspaper recently employed an engineer of repute to test the brother's claim. This expert declared the claim to be justified, and described the process as entirely new and very simple.

The process differs from the Korn and other systems of phototelegraphy in that it makes no use of photography, but transmits light and colors directly. A speaker at a telephone fitted with the apparatus can be seen, and he can show anything he likes across the wires.

The inventors are described as sons of a saddler of Odense, and are aged twenty-eight and thirty. They have been eight years at work on the invention.

A certain miserly old gentleman pulled up his horse and trap at the door of a shop and beckoned to a seedy-looking individual who was singing in the streets. "Here, hold my horse a minute," he said.

The singer stepped in the middle of a verse and took up a position at the animal's head. When the old gentleman came out of the shop he bestowed a halfpenny upon the man, and then lost no time in scrambling into the trap. The recipient, having gazed at the coin for a moment jumped on the step. "Take it back, sir," he remarked, tragically; "it means ruin to you."

"What do you say, sir?" thundered the old gentleman.

"Ah," was the solemn reply, "once I was just like you, I'd heaps of money an' threw it about like water, an' look at me now! Ain't I a subject-lesson? Keep your wealth; I scorn to rob yer!"

B B B B In His Bonnet.

(Success Magazine.)

Oh, Tradesman, in thine hour of e e e e, If on this paper you should see c c c c, Take our advise and now be y y y y. Go straight ahead and advert i i i i. You'll find the project of some u u u u, Neglect can offer no e x q q q q. Be wise at once, prolong our da a a a, A silent busi- ss soon de k k k k.

DR. A. W. CHASE'S CATARRH CURE ... 25c.
is sent direct to the diseased parts by the Improved Blower. Heals the ulcers, clears the air passages, stops droppings in the throat and permanently cures Catarrh and Hay Fever. Blower free. All dealers, or Dr. A. W. Chase Medicine Co., Toronto and Buffalo.

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 - Normal Course Certificate from Mount Allison accepted as a qualification for teaching Household Science in New Brunswick Schools.
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 - Course leading to M. L. A. Degree. Scholarships for worthy students.
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 - Affiliated with Emerson College of Oratory, Boston. Graduates from this department at Mount Allison, may enter the Sen or year at Emerson.
 - Owen's Museum of Fine Arts**
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WILL OPEN ON SAME DATE. Two courses are open to intending students—the Book Keeping Course and the Course in shorthand and Typewriting. Diplomas are granted to those completing either course.

WRITE FOR FREE CALENDAR. J. M. PALMER, M. A., Principal

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When in our streets and you will see a Harness that came from our shop

Ask Anybody

If that Harness they got from us was all right. If it's not we want to know. We give a guarantee with every harness we sell. If they were not true, we wouldn't do that, would we?

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These orders are a safe way to remit money at a small cost, and are payable at par at any Chartered bank in Canada (the Yukon excepted) and in the principal Cities of the United States.

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