

**Rev. Scovil Neales, M. A. Appointed Canon.**

The Rev. Scovil Neales, M. A. rector of Sussex, has been appointed honorary Canon of Christ Church Cathedral, Fredericton, in succession to Rev. Canon Montgomery, who has removed from the diocese to Port Hope, Ontario. Rev. Canon Neales is a graduate of the University of New Brunswick, having taken his B. A. degree in 1884 and his M. A. degree two years later. His father, Rev. James Neales, was for many years rector of Gagetown and had the unusual experience of seeing four of his sons enter the ministry. These were the Rev. Wm. S. Neales, formerly rector at Newcastle, N. B.; the late Ven. Archdeacon Neales, who was for nearly forty years rector at Woodstock; Rev. Henry H. Neales, who did good work at Richmond, Carleton Co., and the Rev. Scovil Neales, the subject of this sketch.

Canon Neales, it is scarcely necessary to say, is one of the leading clergy of the Church of England in this province. He is an active worker upon many of the most important boards and committees of the Synod and has been a delegate to the General Synod of Canada. He was ordained deacon by the late Bishop Medley in June, 1887, and priest in May following. His first charge included the parishes of Southampton and Queensbury, York county. During his six years incumbency he built churches at Temperance Vale and Bear Island. The wide extent of the field necessitated at least five thousand miles annual driving. In January, 1894, he became rector of Andover, Victoria county, and during his three years and a half residence there, new churches were built at Andover, Glenburn and Four Falls. Canon Neales came to Sussex in 1897 where he has since remained. Among the fruits of his energetic labors may be mentioned the erection of the Medley Memorial Hall at Sussex, the wiping out of a very large church debt and the harmonizing of dissensions that threatened to disrupt the church. The selection of the Rev. Mr. Neales by the Bishop for appointment to the vacant canonry will be cordially approved throughout the diocese.

**To Regulate The Bowels.**

Keep the bowels regular. This is the first and most important rule of health. You can depend on Dr. A. W. Chase's Kidney-Liver Pills to help you carry out this rule. They affect prompt and thorough movement of the bowels and as they do not lose their effect the dose does not have to be increased. By their enlivening action on the liver they positively cure biliousness and constipation. "I have used Dr. Chase's Kidney-Liver Pills for constipation with most satisfactory results. They have also cured a young man here of backache, from which he suffered a great deal."—Mr. Peter McIntosh, postmaster, Pleasant Bay, N. S. There is no question as to the efficiency of this well-known family medicine. One pill a dose, 25 cents a box. At all dealers and Edmancon, Bates & Co., Toronto.

**Dr. A. W. Chase's Kidney-Liver Pills**

**Mrs. Annie Jones.** The death of Annie Jones, wife of Jonathan Jones, of Brookville, Carleton county, took place on the 5 of January last. She was the daughter of the late James and Mary Lippsett, and leaves to mourn their loss a husband six children, one Sister, Mrs. Randolph Grass, three Brothers, Edmond, James A. and Harry Lippsett, and a sorrowing mother. The family have the sympathy of the community. Sister Jones died in the full faith of Jesus and her heavenly home. The writer heard her make some very beautiful remarks of her confidence in her next home. The funeral took place on the 7th of Feb. at Lakeville, a large concourse of friends attending. The Service was conducted by Eld. D. E. Brooks, of Bristol.—Com.

A failing tiny nerve—no larger than the finest silken thread—takes from the Heart its impulse, its power, its regularity. The Stomach also has its hidden, or inside nerve. It was Dr. Shoop who first told us it was wrong to drug a weak of failing Stomach, Heart or Kidneys. His prescription—Dr. Shoop's Restorative—is directed straight for the cause of these ailments—these weak and faltering inside nerves. This, no doubt clearly explains why the Restorative has of late grown so rapidly in popularity. Druggists say that those who test the Restorative even for a few days soon become fully convinced of its wonderful merit. Anyway, don't drug the organ. Treating the cause of sickness is the only sensible and successful way. Sold by All Dealers.

**The Pace That Kills.** "One of the most important facts in life is this: It is the pace that kills." This was the text of a lecture given at the Royal Institute, London, Eng, by Professor William Stirling. Here are some of his conclusions: I don't advise you to follow the method of

some people of much reading and little sleep. The pain an athlete feels in his muscles when fatigued is Nature's way of protecting him against too great an expenditure of energy.

Your muscles will do a tremendous amount of work if you give them rest, but if you go on stimulating them to sustained action you rapidly impair them.

The value of rest even for a few minutes cannot be over-estimated. Both old and young should learn to appreciate the value of rest and sleep.

To old people the value of rest is incalculable. Let them break their day in two. Let them rest, if only for a short time, in the afternoon, for the value of such a break is extraordinary. When they put themselves in a horizontal position it allows the heart and nerves to calm down in a way they never do when one is in an erect position.

You don't get the best results out of an animal or human being by over-working it. Each muscle and each brain cell is only limited in its capacity.

Labor of the brain causes a heavy loss in muscle power.

Even your heart is not always beating. It rests far more than it beats. First the auricle beats, then rests while the ventricle beats, and then there is a complete rest before the auricle beats again. There is a lesson to every one. Every muscle of the heart rests longer than it works.

Fortify now against the Grip—for it comes every season sure! Preventives—the little Candy Cold Cure Tablets—offer in this respect a most certain and dependable safeguard. Preventives, at the "sneeze stage" will, as well, also surely head off all common colds. But promptness is all-important. Keep Preventives in the pocket or purse, for instant use. Box of 48 for 25c. Sold by All Dealers.

**Noisy Madrid.**

Someone has well divided the inhabitants of Madrid into two classes: those who go to bed after 3 a. m. and those who get up before 4. It is true that the streets are never quiet. The stonecutters who were mending the sidewalks began chipping at daybreak. Next we heard the electric cars, with their loud gongs, and the mulecarts clattering over the noisy cobblestones. By breakfast time the sound of the hurdy-gurdy echoed in our ears. Street fakirs shouted their wares, and singing beggars, with their weird yodel, roamed up and down all day. Just before dinner the women who cry lottery tickets and evening papers took their stand at the corner, and their stentorian voices never stopped until after midnight. Madrid carries no latchkey. The concierge holds it by day, the street watchman by night. Consequently the hours of sleep were constantly broken by the sound of rattling, followed by the quick, heavy step of the watchman in response to this mediæval summons. Altogether, I unhesitatingly pronounce against Madrid as a rest cure. It is by far the noisiest place I was ever in.—From "A Second-class Trip Into Spain."

**What of Teach Boys.**

A philosopher has said that true education of boys is to "teach them what they ought to know when they become men."

(1) To be true and to be genuine. No education is worth anything that does not include this. A man had better not know how to read, and be true and genuine in action, rather than be learned in all sciences and in all languages, and be at the same time false in heart and counterfeit in life. Above all things, teach the boys that truth is more than riches, power, or possessions.

(2) To be pure in thought, language, and life—pure in mind and in body.

(3) To be unselfish. To care for the feelings and comforts of others. To be generous, noble, and manly. This will include a genuine reverence for the aged and for things sacred.

(4) To be self-reliant and self-helpful, even from childhood. To be industrious always, and self-supporting at the earliest proper age. Teach them that all honest work is honorable; that an idle life of dependence on others is disgraceful.

When a boy has learned these things, when he has made these ideas part of him—however poor or however rich—he has learned the most important things he ought to know.

**The Kind of Man to Marry.**

A lady doctor has been giving her ideas of what a woman should consider in deciding upon her choice of a husband. Among other things she said: "A woman should demand among the good qualities of her husband that he be well-bred. The little delicacies of life go far towards oiling its wheels. She should look for a husband to whom she would be not only a wife, but a comrade. Comradeship is one of the strongest ties in marriage. She should never marry a man who asked the sacrifice of her individuality, or permitted her to dominate him. Each has a right to that inner self, for each soul comes into the world and goes out of it alone."

REPEAT it:—"Shiloh's Cure will always cure my coughs and colds."

**The Msster Man.**

BY ELBERT HUBBARD.

The master-man is simply a man who is master of one person—himself.

When you have mastered yourself you are fit to take charge of other people.

The master-man is a person who has evolved intelligent industry, concentration, and self-confidence until these things have become the habit of his life.

Industry in its highest sense means conscientious, useful, and intelligent effort. Carried to a certain point, industry is healthful stimulation—it means active circulation, good digestion, sound sleep.

Industry is a matter of habit.

We are controlled by our habits. At first we manage them, but later they manage us. Habits young are like lion cubs—so fluffy and funny! Have a care what kind of habits you are evolving; soon you will be in their power.

It is habit that chains us to the will of others. And it is habit that gives mastery—of yourself and others.

The highest reward that God gives us for good work is the ability to do better work. Rest means rust.

So we get the formula: Acquire and evolve physical and mental industry by doing certain things at certain hours.

The joy and satisfaction of successful effort—overcoming obstacles, getting lessons, mastering details which we once thought difficult—evolve into a habit and give concentration.

Industry and concentration fixed in character as habits mean self-confidence.

Industry, concentration, and self-confidence spell mastery.

So from the man we get the master-man.

**In Five Minutes.**

Take your sour stomach—or maybe you call it Indigestion, Dyspepsia, Gastritis, or Catarrh of Stomach; it doesn't matter—take your stomach trouble right with you to your Pharmacist and ask him to open a 50-cent case of Pape's Diapepsin and let you eat one 22 grain Triangle and see if within five minutes there is left any trace of your stomach misery.

The correct name for your trouble is Food Fermentation—food souring; the Digestive organs become weak, there is lack of gastric juice; your food is only half digested, and you become affected with loss of appetite, pressure and fullness after eating, vomiting, nausea, heartburn, griping in the bowels, tenderness in the pit of stomach, bad taste in mouth, constipation, pain in limbs, sleeplessness, belching of gas, biliousness, sick headache, nervousness, dizziness and many other similar symptoms.

If your appetite is fickle, and nothing tempts you, or you belch gas or if you feel bloated after eating, or your food lies like a lump of lead on your stomach, you can make up your mind that at the bottom of all this there is but one cause—fermentation of undigested food.

Prove to yourself, after your next meal, that your stomach is as good as any; that there is nothing really wrong. Stop this fermentation and begin eating what you want without fear of discomfort or misery.

Almost instant relief is waiting for you. It is merely a matter of how soon you take a little Diapepsin.

**Your Pung!**

Will not only look better, but will last longer if you keep it in good condition.

You are cordially invited to bring it to my Paint Shop and have it painted and Varnished and made to look like new.

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When in our streets and you will see a Harness that came from our shop.

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If that Harness they got from us was all right. If it's not we want to know. Give a trial with every harness we sell. If they were not right, we wouldn't do that, would we?

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The undersigned have taken over the HAYDEN FACTORY and are prepared to supply all kinds of BUILDERS' MATERIALS, in fact everything that is manufactured in a first-class woodworking factory. We will be open and ready for business on **April 1st.** Soliciting your patronage.

**The Carleton Woodworking Company, Limited.**

P. O. Box 333.

**THE ROYAL BANK OF CANADA**

Pays special attention to **Savings Accounts.**

**Notice of Legislature.**

Notice is hereby given that at the next session of the legislature of the Province of New Brunswick, legislation will be sought by the Municipality of the County of Carleton, in said Province of New Brunswick, asking for authorization to the said Municipality of Carleton to issue debentures of the said Municipality for any sum not exceeding Thirty-five thousand dollars in all, for the purpose of erecting, completing and equipping a Court House in the Town of Woodstock, in said County of Carleton.

Dated this Twenty-sixth day of February, A. D. 1909.  
By order of the County Council.  
**J. C. HARTLEY,**  
Secretary-Treasurer,  
Municipality of Carleton.

**No Young Man or Young woman,**

should decide to attend a **BUSINESS COLLEGE** without first sending for a catalogue of the **FREDERICTON BUSINESS COLLEGE** ONE CENT is all that it will cost you for a Post-Card to write for one. Enter any time. Address,  
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