

Find Out if You Have Catarrh

Don't Wait Till Consumption Develops, Cure Yourself Now.

CATARRHOZONE

In the discovery of this wonderful curative medicine the entire race is given freedom from Catarrhal diseases, including: Asthma, Bronchitis, and Throat Weakness. Is Catarrh in your nose? Does it affect your hearing? Is your throat husky? Are your eyes watery? Is your breath offensive? These are the indications of Catarrh—now why continue to live in misery when cure is guaranteed with Catarrhozone? So sure is Catarrhozone to cure that thousands recommend it—tell of its wonderful merit after being cured themselves. Read this:

How Catarrhozone Cures.

Miss Worrel is a resident of Clarksville, Va., and has been the means of pointing the way to health of many of her friends. "I received such extraordinary benefit that I have induced many of my friends to use it also. My catarrh was so bad a year ago that I despaired of ever getting cured. I am sure my lungs were somewhat affected also. The relief I got from Catarrhozone was remarkable. I improved under this treatment very quickly, and was cured so thoroughly the disease has never returned." "Catarrhozone" sold by all reliable dealers or by mail from the Catarrhozone Company, Kingston, Ont. Price one dollar.

The Czar's Freedom.

(Boston Advertiser)

A recent account of the narrow escape of the Czar of Russia from injury by collision between his carriage and a street car emphasized for the world the fact that the Czar in these days goes about his capital much as any high official might go about in a country where the bomb and other forms of assassination are unknown or rare. It is a very different state of affairs from those which existed some years ago, when every open move by the Czar brought to him the chance of death or physical injury.

The Anglo-Russian, published at London and seeking, as it states at the head of its editorial page, "to spread an accurate knowledge of internal affairs and events in Russia and their bearing upon international policy," advocating "civil and religious liberty and universal peace and brotherhood," and aspiring to the attainment of just laws for both sexes alike," makes comment on the new freedom of the Czar in his capital, and thinks that it should be stated "at what price the Czar has won his personal liberty of movement. To establish their own tyrannic 'peace' in Russia, the Czar's agents treacherously organized the wholesale massacres in Kishineff, Bielostok, Ekaterinoslav, Baku, etc., judicially or without any judicial formalities, tortured, hanged, shot, and in other ways destroyed thousands upon thousands of Russia's noblest and heroic sons and daughters, imprisoned and exiled to Siberia members of the two first dumas, with some hundred thousand of other Russian citizens who are at this moment pining and dying in the Arctic wilderness, all this that the Czar might drive in St. Petersburg with an ease and freely go about shopping!"

It is the commoner understanding outside of Russia not that this price was paid to insure greater safety for the Czar, but the fear and panic which the Czar suffered in former days were the price which he had paid for those atrocities, condemned by all humanity. If he has attained a greater degree of personal freedom and safety in later years, that fact is due, as the world reads the situation to a lessening of the measures of brutality. With the coming of the third duma, even asking as it is in the best possibilities, a new era of peace and liberty shone on the Russian horizon. The world believes that better days are ahead for Russia; and it believes that in the Russian faith in that future lies the basis for the Czar's present freedom of movement at St. Petersburg.

The Stomach Telescope.

(From the London Telegraph)

The "stomach telescope," or gastroscope, invented at the London Hospital last year, has proved to be of the greatest value in the diagnosis of stomach disorders. An eminent surgeon recently referred in the highest terms to the advances lately made at that hospital in the early detection of diseases of the stomach by means of this instrument, which will in the immediate future probably come to be part of the equipment of every up-to-date hospital. The gastroscope now enable the physician or surgeon to actually see for himself the exact condition of the whole of the interior of the stomach, the slightest ulceration, growth or other abnormality in the living membrane being thus readily observed. To be able to do this is of the very greatest importance in suspected cancer of the stomach, where the only hope of cure lies in the eradication of the cancerous growth at the very earliest moment. This means that the increased use of the gastroscope will in the future save many lives that would otherwise inevitably be lost through that disease.

Easter Dawn.

(By Frank Crane)

Oh day dawn, O gray dawn,
Why are you standing there,
So still, so still, behind the trees,
With your arms out stretched in prayer?

O day dawn, O pale dawn,
Why is your face distressed?
Have you, too, had a little child
To die upon your breast?

O day dawn, O cool dawn,
Touching my fevered head,
At my window I've waited all night for you,
Watching beside my dead.

O day dawn, O strange dawn,
And is it true what they say,
That you'll come at last to the sweet, sweet dead

And will you to mine some day?
The Independent.

Always Eating Borax

At every breakfast table we take borax in our milk and cream, and borax in our bacon, ham and sausages—in fact the dose of borax taken for breakfast in the course of a year is terrific." said Professor Haliburton at the Incorporated Institute of Hygiene on Wednesday. The public taste, he added, was to some extent responsible. Yellowness in milk, brownness in eggs, and whiteness in flour were synonymous in the public mind with what was good and rich. And it is all wrong.

An appeal for £10,000 to be spent in the promotion of domestic hygiene by educating the public in the value of pure food, pure water, pure air, good cooking, hygienic clothing, and healthier ways of living, was made by Sir William Benger, the consulting surgeon of St. George's hospital.

Thousands of children are annually condemned to early graves or doomed to lives of inefficiency or decay simply by the ignorance or indifference of parents. These defects cannot be rectified by coercive legislation. It is to education alone that we have to look with any sureness for a remedy.

It may not be very difficult to detect sand in sugar and water in milk, but with the advance of civilization, said Professor Haliburton, there had come all sorts of methods of hoodwinking the public and creating impurities in food which could only be detected by the trained eye and a practiced test tube.

White flour was the fashion, with the result that flour was artificially bleached on a prodigious scale. The millers used to keep flour for six or eight weeks in order that it should undergo a change called "conditioning," which improved its color and baking qualities, but what used to take six or eight weeks was now done in as many seconds by the use of nitrogen fumes.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO, Toledo, O. We the undersigned have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by his firm.

WALDING, KINMAN & MARVIN, Wholesale Druggists Toledo, O.

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all Druggists.

Take Hall's Family Pills for constipation.

How to Save on Beef.

BY A BUTCHER.

Of the beef, the heel piece and the shoulder cut at from 10 to 12 cents a pound, make delicious pot roasts when cooked as follows: Fry sliced onion in two tablespoons of bacon fat in a large kettle. When the onion is brown, dip it out and throw it away. Then brown the beef quickly on both sides in the hot fat. When browned, turn the fire low, cover with boiling water, season, and let it simmer until done.

The cross ribs at 12 to 15 cents a pound make good oven or pot roasts. Brisket and flank are the cheapest, at 7 to 10 cents a pound, and stuffed roasted flank is fit for a king. In ordering it, tell the butcher to put a pocket in it. Then stuff it with a turkey dressing, parboil it twenty minutes, put it in the oven and roast brown until it is tender, and you'll have as fine a piece of meat as could be put on the table.

When you are hungry for steak tell the butcher you want the cheapest. Take it home, roll it in flour and season it, then back it with a knife for several minutes. With a fork, put it in a hot skillet in piping hot bacon fat, and brown it well. Turn down the fire, cover with water, and steam for two hours.

Spring Housecleaning.

The housecleaning season will soon be with us. These suggestions may be found helpful:

For washing painted work, use clear water and a little whiting. Dip a flannel cloth in the water and squeeze as dry as possible, then dip in the whiting and apply to the painted surface; when clean wipe off with a clean moist cloth and polish with camellia skin, or a soft clean cloth.

To color floors, use one gallon of linseed oil, one pound of varnish, one pound of

burnt umbar; mix together, thin with spirits of turpentine and rub on the floor with a paint brush.

To clean hard-finished walls use a half cupful of ammonia to a pail of water, and go over it with a soft wash rag of muslin, drying with another soft, dry muslin.

For cleaning natural wood work, nothing is better than crude petroleum. Moisten a piece of flannel with it, and go over the wood then wipe with a clean cloth, rubbing until all the oil is absorbed or removed.

For upholstered furniture, if leather has become discolored or greasy looking, rub with the white of an egg, which should be beaten well with a few drops of kerosene oil added. Rub with a clean cloth until all the egg is absorbed.

Umbrella on Horseback.

(From the London Chronicle)

The late Duc de Sagan set many a fashion among French dandies, and among others that of wearing a single eyeglass with a very wide black ribbon—a practice followed for many years by Parisians who wished to look smart. In one respect, however, his most faithful admirers refused to follow the Duke. This was when he took to carrying an umbrella on horseback. He first indulged in this eccentricity at a race meeting. When a shower came down and the leader of fashion was seen to be holding an umbrella over himself and his horse, the sensation was immense. No one ventured to imitate him, however, and ultimately he abandoned the practice.

Reflections of a Bachelor

Smile at every chance you get because there are so few of them.

Lie and the world lies with you; speak the truth and you do it alone.

You can impress a small boy with the terrors of purgatory by expressing it in the terms of a bathtub.

A man would rather lay out a freak garden and expect you to admire it than be able to build a suspension bridge.

It's perfectly wonderful how children can learn to speak a different language from the kind of rot their adoring elders talk to them.

What She Wanted.

"John, John," whispered Mrs. Gidgeley, nudging her husband.

"What is it?" he sleepily asked.

"There's a bugler in the house."

"What do you want me to do—get up and run the risk of being killed?"

"No; but if you find in the morning that somebody has gone through your pockets, don't blame me."

Story of Wellington.

In Wellington's time it is well known there was a certain Bond street wine seller who prided himself on his resemblance to the Duke. He once encountered Wellington and remarked that he was often honored by being taken for the hero of Waterloo. "I'm damned if I am ever taken for you," was the reply.

TURN TO THE PHONE

When you are in doubt as to selling possibilities.

(Ring the market station. INSTANTLY you are brought in direct contact with the people who can most aid you.)

When you think it is going to rain and the reaper has been very busy all day.

(Ring the weather man.—INSTANTLY you know whether you must take to the fields with your hands, or sit down and smoke the pipe of peace.)

When your Barn is on fire.

(Ring your nearest neighbors.—INSTANTLY you know that as fast as animals can travel, fellow tillers of the soil will come to your aid.)

Every day you will find your phone "a friend indeed" and it will prove to be a "payer" too.

Booklet 317 is free for the asking. Tell us we ought to send it to you.

THE NORTHERN ELECTRIC and Manufacturing Co. Limited

Manufacturers and Suppliers of all apparatus and equipment used in the construction, operation and maintenance of Telephone and Power Plants. Address Office nearest you.

NORTHERN, TORONTO, WINNIPEG, VANCOUVER, REGINA



YOUR DECISION IS FINAL

THERE is no appeal for me from your decision—Union Blend Tea has to stand or fall on your judgment. Yet, such absolute confidence have I that it is all I claim—that it is better than other teas, that I am not only willing but anxious to have my words put to the test. If you are disappointed, I can never expect you to buy again—but I'll take the risk. Won't you try a single pound—or even a half pound if you prefer?

Harry M. Donist

Union Blend one pound packets—the pound packets only—contain coupons that are worth money to you. But this is only an advertisement—the tea itself is worth the price, fully.

honestly know how UNION BLEND TEA could possibly be improved. And when Union Blend Tea comes to you, you get it with all the tea-ness in it—in a hermetically sealed packet that is proof against dampness and atmospheric changes. Look for my picture on the end of the packet—that is your guarantee of quality.

Make your own tea-cup convince you.

40c

We Have a Limited Number of Fur Lined Coats

For Ladies, that will be sold at prices very much reduced. Quick buyers will get some REAL bargains.

Our usual big stock of Fur Coats Jackets, Robes, is now complete.

We have just landed five carloads Pungs and Sleighs, the Highest Class Goods ever offered on the St. John River. See samples at Woodstock Show Rooms, or with our agents.



BALMAIN BROS. Woodstock.

'The Sign of the White Horse.

Look Anyway

When in our streets and you will see a Harness that came from our shop

Ask Anybody

If that Harness they got from us was all right. If it's not we want to know. We give a guarantee with every harness we sell. If they were not true, we wouldn't do that, would we?

FRANK L. ATHERTON,

Harness Maker and Dealer,

MAIN STREET, WOODSTOCK

Houses and Lots For Sale.

Apply to LOUIS E. YOUNG, Woodstock, N.B., Nov. 27th, '08.

THE DISPATCH AND FAMILY HERALD AND WEEKLY STAR For BOTH \$1.50

DR. F. J. SHAW, Veterinary Surgeon OFFICE AT CLARK'S HOTEL, HARTLAND, N. B.

Treats all domestic animals. Filing and Extraction of Teeth a specialty. Telephone call promptly attended day or night.

Mahogany Furniture.

I am prepared to restore old pieces of Mahogany Furniture, no matter how badly broken up. These old pieces when repaired are quite valuable and far superior to anything of modern make. Being a Cabinet Maker and "French Polisher" of many years experience in the city of St. John, I think I understand my business. Also general repairing Write to

G. I. N. A. BURNHAM, Upper Woodstock, N. B.

To Rent.

The store on Main street formerly occupied by W. S. Skillen. Possession can be secured at once. Apply to DR. M. G. McLEAN

Farm For Sale.

Farm for sale at Green Road, not quite one half mile from station, well watered and wooded. School house about one mile from farm. Apply to HOWARD YERXA or BURNS YERXA, Green Road. Telephone in house. March 24.