THE DISPATCH.



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body is fed; the swollen glands healed, and the tainted blood vitalized. Good food, fresh air and Scott's Emulsion conquer scrofula and many other blood diseases.

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Send 10c., name of paper and this ad. for our beautiful Savings Bank and Child's Sketch-Book. Each bank contains a Good Luck Penny. SCOTT & BOWNE 126 Wellington St., West, Toronto, Ont.

A Visit ToPo mpeii

(Children's Encyclopoedia Magazine)

Here is a city nearly two miles around with streets of houses, with market places and shops, with gardens and squares and monuments; all so well dug out of the earth that if the tenant of one of these houses were to come back to life and were set down at one of the three gates of Pompeii he would walk along the old payment he helped to wear down 2,000 years ago and would walk to his old house quite naturally, recog nizing his old home in some cases by paintings still fresh at the gate.

He would find the mosaic floor still al most as new in many of his rooms: he would find beautiful statues still unbroken: he would find the pipes which brought water to his bath still in their place: he would find the bath still capable of holding water: and he would find things at home in such a condition that no power would make him believe that his home had been buried in the earth nearly 2,000 years. I do not remember anything that I have ever seen and known to be true which is so hard to believe as Pompeii for here in a kitchen is a pan on the fire resting on the ashes which were boil ing water in it when England was a savage land,

RAINBOW LAND. The West Highlands of Scotland may truly be called the home of the Rainbow, says a writer in the Queen, for here you will see them at any time of the year and in no other part of the world can they be seen in more perfect form and hue.

On a wild autumn day with the west or south-west wind blowing the clouds up across the sun I have seen one rainbow follow another in quick succssion. A perfect arch of palaitating color becomes suddenly visible and frames the blue black mountains, which sit hunched at the top of the loch, gathering the storms round their great shoulders and hurling them down on to the foam white waters at other times the bow shimmers across the sullan sky with both its ends resting on the water a vertitude gateway in to Faerylaud.

Even when the rainbows are not visible in this part of the world it seems as if they had spilled their colors on the woods and htlls. When the clouds lift and the belated sun shines over mountain and loch the effect is almost as dazzling as the rainbow it self.

In heather time the hills are wine colored on their lower slopes, while their tops are a deep indigo blue, standing out in strong con trast to the clear pale sky. Nearer at hand there is every shade of color from warm amethyst to the soft bloom of a purple plum.

'Later in the year the hills are checkered with the pale gold of ripe grain, the red brown of withered heather, the rusty glow of bracken, and the still vivid green of past ure fields, while the trees show every imag inable shade of hot color aud seem to vie with each other in their efforts to defy the approaching gloom of winter.

'The waters of the sea lochs, which add so much to the beauty of rainbow land, are tinued with all the shades of blue, gray and green, and at sunset glow with colors which rival the hues of the rainbow. The leaves fall and spread their brightness on the ground remorselessly; the passionate autumn rains awaken the burns, which slept during the summer, and the alr is filled with the hoarse cry of many waters.

"The dwellers in this rainbow land fall into the habit of looking up to see if the arch of color is visible, and even if it is not there the attitude of hope cannot fail to up lift, and the consciousness that the rainbow is not far off never quits leaves them.

> POLITICAL PROGRESS IN CHINA.



Give Children Good Bread and Butter

VOU may say bread is bread and all children want plenty of it. In a way, that's true.

But it makes considerable difference whether the bread you give your children now counts just as a "filler" or whether it counts for future health. For there is a vital difference between breads made from different flours.

The most healthful as well as the cheapest food in the world is bread made from

Royal Household Flour

This bread isn't merely something to fill a hungry stomach. It is a perfectly balanced food, rich in strengthgiving, blood-making material.

It counts for long life.

It counts for a vigorous constitution. It counts for bone and muscle making and good rich blood.

And this because "Royal House-

hold" is made from the finest wheat in the world - the famous Red Fyfe-richest in high quality gluten, most in demand, and most valued in all the markets of the world.

Growing children thrive on bread made from "ROYAL HOUSE-HOLD". It gives them just the nourishment their systems need and in the most digestible and tempting form.

And it is natural food. It takes the place of meat, at one quarter of the cost, and is more quickly assimilated.

There is no better flour in the world than "ROYAL

HOUSEHOLD", it is best and most economical for Bread, Pies, Cakes, Rolls, Muffins, Biscuit, and all family baking. 29

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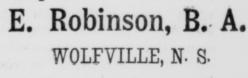
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Danger In Delay

Kidney Diseases Are Too Dangerous For Woodstock People to Neglect

Canadians celebrated last Monday, October 31st, as their Thanksgiving day, and it is understood that henceforth, as last year and this year, the holiday will

It is this which makes Pompeli almost too true to be true-the preservative through all that dread catastrophe through all these nineteen centuriesof the very life of the moment when Pompeii heard its doom.

Pompeil is unmatched as something pre served through nearly twenty centuries, pre served in big and in little so that identity is easy: but Pompeli is unique in the world be cause it has stamped for ever upon the earth Itself the life of a single moment in the dim mists of a time. 'I mean a moment not a period not a day not even an hour but a moment for I have seen the pan boiling on the fire the loaf of bread half eaten the meat being cooked for dinner the wine still in the bottle the ink still in the pot the key still in the door.

" I have been in the cellar where sixteen people hid themselves when the calamity came where the master of the house was found with the key in his hand a slave close behind him with money and valuables and] have seen the key. I have walked in the courtyard from which they must have fled have seen the open windows through which the ashes of Vesuvious burst upon them the cellar; have seen it may be the very clothes some at these poor people wore.



The Chinese government has taken the second great step toward the establishment of free institutions and a parliament ary system. The first was the convening of the provincial assemblies a year ago The second was the opening of the Nation al Assembly at Peking, October 3rd. It was opened by the regent, Prince Chun, who in a brief address declared that the wish of the people was for a parliamen tary government, and urged the represent

atives to labor to this end. Of the 200 members of the new assembly, 100 are royal princes, nobles, officials, 'literati' and rich men: the others were elected by the prov incial assemblies. The present program provides for the creation of a general par liament in 1915.-Youth's Companion.

Raven In Barnaby Rudge (London Evening Standard.')

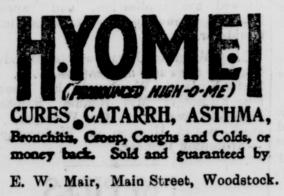
Alfred Tennyson Dickens, the oldest surviving son of the great novelist, has just arrived in London from Australia, where he has been for the last forty-five years. He was 20 years of age when he left home-Devonshire House, still to be seen facing Marylebone Church.

In the course of an interview regarding his father's works, Mr Dickens said: 'The original of the raven in "Barnaby Rudge," was one we kept at Tavistock House, not its successor, which died at Gad's Hill. The former bird, I remember, was an intelligent, although at the same time a troublesome creature. He was an excellent linguist, and one of his favorite pastimes was to call up the coachman at the most inconvenient hours of the night. "Tupping," it would call, "master wants the horses-master wants the carriage!" Tupping used to think the summons came from one of the maids and one night he had actually got the horses into the carriage before discovering the deception. Mr. A. T. Dickens does not remember his grandfather, who, however, he is convinced was the original of Micawber, the gentleman who was always 'waiting for something to torn up.' 'My grandmother, however, I can well recall,' he ac'ded. 'She visited Gad's Hill in 1863. She was a gentle, quiet, simple lady and her character undoubtedly inspired to no small degree that of Mrs Nickelby.

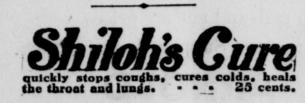
SHOOTING FOR THE YOUNG IDEA Headmaster (to father of boy entering school)-'Our teaching embraces writing, arithmetie, algerba, geography trigonometre. Father-'Ah ! plenty o' tha triggernometry -He ain't much of a shot yet.'-'M A P.'

The great danger of kidney troubles is that they got a firm hold before the sufferer recog nizes them. Health is gradually undermined Backache, headache, nervousness, lameness, soreness, lumbago, urinary troubles, dropsy, diabetes and Bright's disease follow in merci less succession. Don't neglect your kidneys. Cure the kidneys with the certain and safe remedy, Booth's Kidney's Pills, which have cured people right here in Woodstock.

Mrs A. B. Chapman of 129 Main St., Woodstock, N. B., says: "Booth's Kidney Pills have cured me of backache that had troubled me for years and I have felt like a new person in every way since. The dull, heavy pains that had centered across my back were gone entirely after a treatment of two weeks. The dizzy headaches and hervous ness that had left me in a very bad condition soon had gone and I began to sleep well and enjoy my meals. My eyes have cleared and strengthened wonderfully and the soreness has entirely gone from them. It was through my daughter that I procured Booth's Kldney Pills at Mr Mairs Drug store and I can high ly recommend them as they cured me quick ly and completely and when all else has fail ed."



The coal product of Germany and France was greater last year than ever before. In the United States the United Kingdom and Belgium the coal output last year was greater than the previous year, but less than in 1907. The total out put of these five countries last year was 860,000,000 tons, which was 23,000,000 tons more than in 1908, but 36,000,000 tons less than in 1907. The total product of the world's coal mines is estimated to have been 950,00,000 tons in 1908, and of this the United Kingdom produced one fourth.



be appointed for the last Monday in Oc. tober. The argument used was that a Monday holiday upsets business less than one in the middle of the week. In the United States the traditions of many generations have fixed upon Thursday as Thanksgiving day, and the suggestion of a New York editor that it be changed to Monday, after the Canadian precedent, will receive little support.

Julia Ward Howe

Harper's Weekly referring to the late Julia Ward Howe not unfairly estimates her intellectual capacities. It points out that she was a poet, "but not a great one; a scholar and a life long student, but of no great distinction for learning: an effective public speaker, but hardly of eminence as an orator. Great poetry, great scholarship and compelling oratory are the achievements of men. Mrs Howe was a great woman. She was womanly in all she did and in the way she dld it. A firstrate human creature, she gave herself with the generosity of a great heart to woman's work." This work is in the labors and sympathies such as love teaches to a daughter and a wife and a moth er. The limitation placed on Mrs Howe's power and effectiveness is, perhaps, the limi tation which may be naturally imagined by a man who believes himself to be greater than woman. But when one considers how su perior in her life and in her effectiveness Mrs Howe was to most men, the other side of the matter is easily seen. However, the aim of the writer in the Weekly is easily inferred from this observation: Her powers were the more admirable for the balance of her facul ties and the dignity and sweetness of her nature. When has our country furnished a finer pattern of what women may well hope to be, and men hope to have them!"

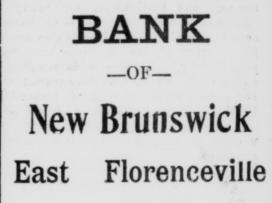
A NEW METHOD.

To these interested in the training of the memory by the association of ideas, the fol lowing will appeal. A young lady of the South was teaching the alphabet to a little piccaninny who seemed unable ever to recognize the letter F'.

One morning, however, after having suc cessfully named the first five letters, he pas sed on to F, which he called out at once without the usual preliminarles. 'Well, done. Caesar !' said his teacher.

'But how did you manage it ?,

"Twas mammy, Miss Ella," Caesar ex plained. 'She say tuh me, she aay, 'Caesar, ef you tries, you kin remember.'



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A spoonful of flour in which eggs are to them from sticking or

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