

## FATAL CATARRH

Pneumonia, Consumption, and Kindred Evils Follow in its Trail.



Have you ever had Catarrh? Have you been subject to coughs and colds lately? Are you all run down? Do you take a cold easily? Catarrh is the greatest protection against these complaints ever known. You just breathe it, that's all, and it cures. The Inhaler is suitable to carry in the vest pocket or purse, and can be used while at work, in the church, theatre, any place, any time. Carry a Catarrh Inhibitor, use it now and again, it is quite pleasant, and you won't have colds or catarrh. Breathe Catarrh Inhibitor for five minutes occasionally, and it cures coughs and colds. Breathe it five minutes four times a day and it cures Bronchitis and Catarrh. Don't let your cold run on any farther. Cure it now by Catarrh Inhibitor. Complete outfit, hard rubber inhaler, and sufficient liquid for three months' use, costs but one dollar; small size 50 cents. At druggists. The Catarrh Inhibitor Co., Kingston, Ont.

### Taking Stock.

NOVA SCOTIA MAKES INVENTORY OF FOREST WEALTH.

From the East comes wisdom, it is said, and the easternmost province of the Dominion, Nova Scotia, is showing its wisdom by "taking stock" of its forest resources with a view to inaugurating a businesslike system of managing them. This inventory was begun during the summer (1909) and was under the charge of Dr. B. E. Fernow, dean of the faculty of forestry of the University of Toronto, who was assisted by the Chief Fire Warden of the province and several trained foresters.

The southwestern part of the province, from Hants county westward, has been covered and it is expected that the survey will be completed during the coming summer.

The total area surveyed during the past summer was about 8500 square miles. The cost was very low, averaging less than twenty cents per square mile.

Only a rough survey, or "reconnaissance," was attempted. Each member of the party was assigned a certain district and allowed considerable latitude in choosing a way to cover this to the best advantage. Time and expense were saved by utilizing existing records and information secured from well-informed persons, where these were found reliable, the field-work consisting largely in checking the information thus obtained, studying forest types, etc.

This information was then plotted in the field directly on large scale maps (2 inches to the mile). Among the points recorded were the extent of the burned areas, the degree of cutting on cut-over areas, the composition of the forest, the condition of the young growth or "reproduction" and the character of the farming lands, meadows, etc., within the farming country.

Dr. Fernow's report as to the possible future of the forest is interesting and encouraging. He remarks:—"Although the data on reproduction and rate of growth are not yet collated, it is safe to say that, if the fires are kept out (and apparently with the present organization still further perfected this can be done reasonably well) there is no difficulty in restocking by natural means most of the cut-over areas, if not to severely culled. In the pure hemlock-spruce stands all that is necessary is to remove the old hemlock thoroughly and cleanly to have the young growth of spruce, already on the ground take its place."

He thinks, however, that incorrect ideas are often held as to the growth of spruce. The white spruce may, he says, when growing in comparatively open situations, make a sawlog in sixty years. The forest spruce, which is mostly red spruce, is of slower growth, and will probably not average a sawlog in less than a hundred years.

To a large extent the different species are found to be localized. Thus the white pine is found most plentifully in Shelburne and part of Queen's, the hemlock in Annapolis and the spruce in Digby.

Heretofore estimates of Canada's forest areas, the stands of timber thereon and of the country's forest resources in general have been very largely guesswork. The action of Nova Scotia takes prominence as the first attempt on any large scale to substitute accurate information for this uncertainty. While no doubt errors have crept in, the estimates are at least based upon exact knowledge, and that is far more than can be said of former estimates. It is to be hoped that other provinces of the Dominion will see fit, ere long, to follow Nova Scotia's example in this work.

### SAVED HER HAIR.

#### ZAM-BUK CURED SCALP ECZEMA

If you have eczema, ringworm or any scalp sore, do not permit your hair to be cut off without first trying Zam-Buk. Mrs. David Monteith, of 93 Bertrand street, Norwood, Winnipeg, says: My daughter contracted eczema of the scalp, and this broke out regularly for three years in succession. It would probably have been recurring yet each season had it not been for Zam-Buk. The eczema first started with an outbreak of little red, watery pimples, which turned into large sores. We consulted a medical man, and tried lotions, powders salves and all kinds of things but in vain.

"Each time the disease appeared her hair had to be cut off. When this had been done three times a friend suggested that, as other things had failed, I should try Zam-Buk, instead of again consulting a doctor and going through the old and ineffective programme. I acted on this advice, and obtained some Zam-Buk. Almost as soon as this was applied the child experienced relief. The itching and irritation seemed to be soothed, and in several places, after some days' treatment, there appeared marked signs of improvement so we thought we would not cut off the hair.

We kept on applying Zam Buk, until in a few weeks it was very evident a complete cure was being effected. In the end all the sores were healed, the hair over the affected parts had grown again, and at the present time her scalp is healthy and quite free from every trace of sore or eczema. The same healthy virtue is responsible for cure of ulcers, abscesses, running sores, cuts, cracks, scalds, burns, piles, abrasions. For children's rashes there is nothing to equal Zam Buk, as it is so pure. All druggists and stores at 50 cents box, or post free Zam-Buk Co., Toronto, for price.

### "Covering" the First "Story."

Because of the wide difference of opinion relative to the numerical record of the apple-consumption of our first parents, the Statistical Editor sent the Cub Reporter out to trail the truth to its lair in the Garden of Eden, back it up in a corner and choke the exact facts out of it—with this highly edifying result:

"It could be said Eve 8 and Adam 2, a total of 10; also that Eve 8 and Adam 8 too, total 16; but if Eve 8 and Adam 82, the total would be 893; then if Eve 81 and Adam 812, the total would be 893; then if Eve 81 and Adam 812, the total would be 1623; or again, if Eve 814 Adam and Adam 81242 oblige Eve, the total would be 82,056; though it is admitted Eve 814 Adam, Adam if he 8181242 keep Eve company, total 8,182,056. But this is all wrong. Eve, when she 81812 many, and probably felt sorry for it, and Adam, in order to relieve her grief, 812, therefore Adam, if he 828142427y depressed spirits. Hence both ate 21,896,866 apples.

The Statistical Editor is now in a padded cell.

### Impure Air and Wrinkles.

Some recent writers on the subject of wrinkles hold that the air in our rooms should be changed three times every hour. The skin owes its beauty to the nerves which control the fine blood vessels of the surface, whose work lends glow and clearness to the face. The nerves in turn owe their sensitiveness to the air, which is our chief nutriment, inhaled by gallons hourly, and should be invigorating and pure. When the nerves are deadened by close air the fine muscles lose their tone, the tissue of the face shrinks, and these shrinkages become wrinkles.

# UNION BLEND TEA

the Tea that satisfies

THE best customers I have are people who simply cannot learn to like ordinary tea—they find in Union Blend a richness and delicacy coupled with a strength that other teas do not even approach.

They gladly pay the price—forty cents a pound—because they realize it is tea economy. It is economy, because it goes half as far again as ordinary tea; indeed, being unaccustomed to its strength, most people make it too strong at first. Then, they learn that a little Union Blend makes more tea and makes it far better than can be made from a good deal of the common kind.

40¢

Go to your grocer and get a pound packet of Union Blend—be sure my picture is on the end—and try it for yourself. One single pound carries conviction.

Union Blend one pound packets—the pound packets only—contain coupons that are worth money to you. But this is only an advertisement—the tea itself is worth the price, fully.



TRY EVEN A HALF POUND

THERE is only one way for you to prove that Union Blend Tea is all I claim—better than other teas. Try it. If it is not up to your expectations, I stand to lose more than you do. For my advertising can only induce you to try it once—can only introduce Union Blend to you; after that, its own quality must continue to sell it. Yet I am not only willing but anxious to risk the test—will you give me that chance? Go to your grocer, get a single pound, or a half pound if you prefer—and I shall be perfectly satisfied to accept your decision.

Harry W. Forest

### In Perpetuum.

Dark after light, and then the dawn  
Breaks o'er the shimmering sea;  
Sun after stars, behold the morn  
From night doth flee.  
Arise, oh soul, and hasten forth to greet  
The light that shines for thee.  
Smiles after tears and by thy side  
Those seraph forms unseen  
Shall bear thee on through life's dark tide  
To paths serene.  
'Tis meet that thou shouldst tread the dark-  
some way  
And thus more light to glean.  
Crown after cross and then thy call  
Shall echo from that shore,  
Jewel after thorn. That somber pall  
Fearful no more,  
But wafted on that tidless sea to join  
Those gone before.

—Wm. Austen Kennedy, '09

### A Full Gargo

Rear-Admiral Rogers, of the Navy, tells a story of a conversation he heard between two old sailors.

"It was a rat ship I was sailin' in that trip," said one of the shellbacks. "One of the dingiest rat ships I ever knew. They was rats in it from bow to stern, rats in the hold, in the galley, in the steerage, in the fo'castle, in the old man's room—everywhere. Rats! Nothin' but."

"Bimeby it got so bad we had to put in an' get them off. So we hooked up to a dock and fumigated. I was on deck an' I saw them rats leavin'. I counted 'em. They was fifteen million of 'em."

"Fifteen million?" asked the other. "Ain't that a lot o' rats! Are you sure?"

"Sure! Yes, I'm sure. They was fifteen million rats and I counted 'em. More than that, every rat weighed half a pound. They was big, fat, easy ones, I'm tellin'."

"Fifteen million rats and every one weighed half a pound and they all came off your ship. That's seven million and a half pounds of rats. Say, Jim, what was the tonnage of that ship?"

"Oh, about a hundred and fifty tons."

## Nerves Unstrung

Loaded With Worry  
Unable to Sleep  
Tired and Excitable

You'll Grow Steadily Worse Unless the System is Better Nourished.

Nothing will build you up with the certainty of Ferrozone. Thousands it has cured who never hoped to be well—and here is ample proof—substantiated by one of Nova Scotia's prominent residents.

"Before taking the first box of Ferrozone," writes Mrs. Annie Jeffry of Sandy Cove, N.S., "my condition was deplorable. Though I employed the most skillful medical aid I grew steadily weaker. In fact, I was in such a low condition that it was impossible for me to walk across the room. My heart was very weak, and I suffered from terrible palpitations, which the doctors said were from troubles peculiar to women. Friends urged me to try Ferrozone, and I bought six boxes. When I had used the third box my old-time vigor and strength returned. The palpitation ceased, my appetite increased, and I got a good rosy color in my cheeks. It would be impossible to speak too highly of Ferrozone. All weak women should use it. I hope many suffering sisters will use Ferrozone, for it will surely cure them."

Ferrozone does what is claimed for it. Three weeks' treatment costs 50c, or six boxes for \$2.50, at all druggists, or The Catarrh Inhibitor Co., Kingston, Ont.

## WOODSTOCK WOOD-WORKING COMPANY, LIMITED,

MANUFACTURERS OF

Doors, Sashes, Blinds, School Desks, Sheathing, Flooring and House Finish of all kinds

We employ a first-class Turner, and make a specialty of Church, Stair and Verandah work. Call and see our stock or write for prices before purchasing. All orders promptly attended to.

Just imported, a consignment of No. 1 White Wood. Clapboards for sale.

Hard Pine Flooring and Finish.

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You will never know what shaving comfort means until you use a "Gillette" safety razor.

The "Gillette" illustrated above is the new pocket edition so compact that it takes up no more room than a card case.

Finished in gold and silver with handle and blade box to match also gun metal \$5. to \$7.

This Razor makes a very nice Christmas present.

W. F. Dibblee & Son.

## Bank of New Brunswick

East Florenceville Branch.

### BANK MONEY ORDERS

Issued at the following rates: \$5 and under ..... 3 cts.  
Over \$5 to \$10 ..... 6 cts.  
Over \$10 to \$30 ..... 10 cts.  
Over \$30 to \$50 ..... 15 cts.

These orders are a safe way to remit money at a small cost, and are payable at any Chartered bank in Canada (the Yukon excepted) and in the principal Cities of the United States.



Nervous prostration takes all the vigor and energy out of a person. It leaves you weak, helpless and without an interest in life.

Nervous depression does not disappear of its own accord.

You must fill the system with new nerve force, new energy, new vitality by the use of

### Dr. A.W. Chase's Nerve Food

In this great restorative treatment are combined the very elements of Nature which are known to form new rich blood and create new nerve force

You can feel yourself getting well and strong when you use this medicine. You can prove it by noting your increase in weight.

But to get these results you must be sure that you get the genuine, bearing portrait and signature of A. W. Chase, M. D., the famous Receipt Book author.

50 cts. a box at all dealers or Edman's, Bates & Co., Toronto.

