

## FOOD FOR A YEAR

Meat.....300 lbs.  
Milk.....240 qts.  
Butter.....100 lbs.  
Eggs.....27 doz.  
Vegetables.....500 lbs.

This represents a fair ration for a man for a year.

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## Scott's Emulsion

equals in nourishing properties ten pounds of meat. Your physician can tell you how it does it.

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126 Wellington Street, West Toronto, Ont.

## A TORPEDO IN FEATHERS.

(Continued from last week.)

As he approached the dim meshes of the net, shimmering vaguely in the bright water, excited his suspicions. He sheered off warily and swam round the seine at a prudent distance. At last he found the opening. There seemed to be no danger anywhere in sight; so after some hesitation he sailed in. The ordered, curving rows of the stakes, the top line of the net, beaded with a few floats, here and there rising above the water—it was all very curious, but it did not seem in any way hostile. He eyed it scornfully. For what was neither dangerous nor useful he had a highly practical contempt. Having satisfied his curiosity, and allayed a certain uneasiness with which he had always regarded the great set-net, he turned to swim out again. But at this moment he chanced to look down; then he paused.

The sight that met his eyes was one to stir the blood of any fisherman. He was just over the purse, that fatal chamber whence so few who enter it ever find the exit. The narrow space was so crowded with every kind of fish that frequented the lake, except for the slim eels and the small fry that could swim through the meshes. It was the chance of a loon's lifetime. Flashing downward, he darted this way and that ecstatically among the frantic prisoners, transfixing half a dozen in succession, to make sure of them, before he seized a big trout for his immediate meal.

Gripping the victim savagely in his bill, he slanted toward the surface—and plunged into a slack bight of the net.

Luckily for him he was within a foot of the air before he struck the deceitful meshes. Carried on by the impetus of his rush, he bore the net upward with him, and emerged into the full sun. In the shock of his surprise he dropped the fish, and at the same time gulped his lungs full of fresh air. For perhaps half a minute he thrust and flapped and tore furiously, expecting to break through the elusive obstacle, which yielded so freely that he could get no hold upon it yet always thrust him back with suave but inexorable persistence. At length, realizing himself foiled in this direction, he sank downward like a stone, thinking to back out of the struggle somewhere else. But, to his horror, the bight of the net came down with him, refusing to be left. In his struggles he had completely enmeshed himself.

And now, probably for the very first time in a not uneventful life, the great loon lost his head. He began to fight blindly, overwhelmed by panic terror. Plunging, kicking, beating with half-fettered wings, striking

with his beak in semi-paralyzed fashion because he had not room to stretch his neck to its full length, he was soon utterly exhausted. Moreover, he was more than half drowned. At last, a dimness coming over the golden amber light, he gave up in despair. With a feeble, despairing stroke of his webbed feet, he strove to get back to the surface. Happily for him, the net in this direction was not relentless. It yielded without too much resistance, and the hopelessly entangled prisoner came to the top. Lying there in the meshes, he could at least draw breath.

When, a little later in the day, he saw a boat approaching up the lake, with two of the dreaded man-creatures in it, he gave one final, mighty struggle, which lashed the water into foam and sent the imprisoned fish into fresh paroxysms, and then with the stoicism that some of the wild creatures can display in the moment of supreme and hopeless peril, he lay quite still, eyeing the foe defiantly.

One of the beings in the boat was that same lanky youth whose attempt to shoot the loon had been such a conspicuous failure. The other was the lanky youth's father, the pioneer himself. At sight of the trussed-up captive, the youth shouted exultantly:

"It's that darn loon, what's eatin' all the fish in the lake. I'll fix his fishin'!" and lifting his oar from the thole pins he raised it strike the helpless bird.

"Don't be such a fool, Zeb!" interrupted the father. "Ye'll get more money for that bird alive, down to Fredericton, than all the fish in the net's worth. A loon like that ain't common. He's a beauty!"

The youth dropped his oar and leaned over to snatch up the prize. But he jumped back with alacrity as his father snapped: "Look out!"

"What for?" he demanded rather sheepishly.

"Why," replied the older man, "he'll stick you like a pig, with that knife beak of his'n, if ye don't look sharp. Reach me yer jacket. We'll wrap up his head till we kin git him clear o' the net."

The youth obeyed. Helplessly swathed in the heavy homespun jacket, whose strong man-smell enraged and daunted him, the great bird was disentangled from the net and lifted into the boat. Laughingly the father passed the bundle along the gun-whale to his son.

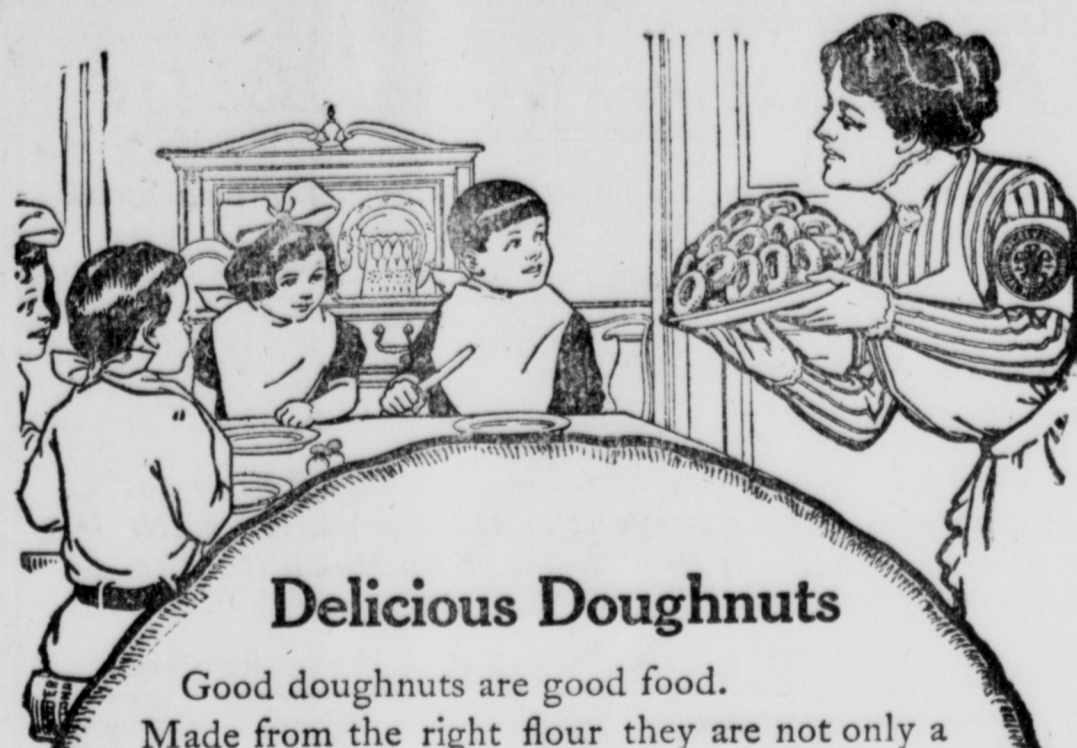
But swathing a powerful bird in a jacket is a more or less inexact undertaking, as many have found in experimenting with wounded hawks and eagles. By some lucky wriggle the loon got his head free. Instantly, with all the force of his powerful neck, muscles, he drove his beak halfway through the fleshy part of his old enemy's arm. With a startled yell the lad dropped him. He bounded from the gun-whale and rolled into the water. The man snatched at him, and caught a flopping sleeve of his jacket. The jacket promptly and neatly unrolled; and the loon, diving deep, was out of sight in an eyewink, leaving his would-be jailers to express themselves according to their mood. When he came to the surface for breath, he was a hundred yards away and on the other side of the boat; and as he thrust little but his beak and nostrils above water, he was not detected.

A few minutes more and he was laughing derisively from the other side of the islet, swimming in safety with his mate and his two energetic chicks. Nevertheless, for all his triumph and the discomfiture of his foes, the grim experience had put him out of conceit with the lake. That same night, when the white moon rode high over the jagged spruce ridges, a hollow globe of enchantment, he led his little family straight up the river, mile after mile, till they reached another lake. It was a small lake, shut it by brooding hills, with iron shores, and few fish in its inhospitable waters; but it was remote from man and his works. So here the outraged bird was content to establish himself, till the hour should return for migrants to fly south.

The End.

## Passing Events.

The men on the Northern Railway in France went on strike on Tuesday morning, Oct. 11th, causing a complete tie up of the system and enormous loss and inconvenience to the public. The men demand a general increase in wages to meet the higher cost of living; a retroactive application of the employees' pension law; a more equitable division of work; the granting of one day off in seven for all employees; and distinct employment by the month instead of the day. The demand originated with the under trainmen, the baggage handlers and ticket takers, but they were supported by the complete personnel, as every branch of the service has some grievance. The strikers threatened to draw to their support the employees of the state railway lines. To meet the crisis a meeting of the Cabinet was held and it was decided to place the railway on a military basis, and utilize the engineers and firemen of the navy to insure service on



## Delicious Doughnuts

Good doughnuts are good food. Made from the right flour they are not only a delicious treat but the combination of right flour with fat is distinctly nourishing. You see I put special emphasis on right flour. For it is very important. It means the difference between light, flaky, crumbly doughnuts that melt in your mouth and are easy to digest, and tough, rubbery greasy wads of dough, heavy, soggy, indigestible. Try making doughnuts from

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Notice how rich, soft, and flaky they are. And the reason is that "ROYAL HOUSEHOLD" being richer in high quality gluten than ordinary flour resists the absorption of too much fat in cooking. It doesn't get rubbery, makes a lighter dough, absorbs just enough of the fat for nourishment, but not enough for indigestion. The absolute uniformity of "Royal Household" enables you to get the same splendid results every time both in Bread and Pastry.

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The Ogilvie Flour Mills Co., Limited. 27



the lines tied up by the strikers. M. Briand, the premier, discussing the situation, declared that the strike was not of a political or revolutionary character, but rather was professional.—World Wide.

From September 22 to October 7, 390 Jews were either expelled summarily from Kieff, Russia, or given notice to leave within a stated period. During the same days 204 Jews were banished from Solomenka and Demleffka.

The cotton mills of Lancashire resumed operations on Monday. George Howe, an Oldham employee, whose discharge caused the strike at the Fern Mill and resulted in a lockout of 130,000 operatives, was given work in another factory. In one week the lockout cost the workers half a million dollars in wages and depleted the union funds by \$200,000.

The foot and mouth disease is epidemic in Germany. It was officially gazetted on Saturday that the disease had broken out during the week in fourteen districts, extending from Koenigsberg in the north east to Baden in the south. Three other centres of infection had been reported previously, the largest of which was adjacent to Frankfurt on the Oder. Russian cattle are blamed for the infection.

Official reports show that the cholera in Russia is still raging. The total cases up to date number 205,418, with 95,963 deaths. The disease is causing great mortality in Italy, Naples still being the chief sufferer.

Admiral Sir William Fawkes inspected the Canadian cruiser 'Niobe' at Devonport before she sailed for Halifax. The 'Niobe' is expected to reach her destination on November 21st, Trafalgar Day. The 'Niobe' is like the 'Rainbow,' has no grog on board, and instead of H M S the crew will have H M C S on their cap ribbons.—World Wide.

## W A Avery Killed

Houlton, Me., Oct. 19.—W A Avery, of Houlton, a civil engineer on the Bangor and Aroostook Railway, was almost instantly killed at Fort Fairfield Junction about 9.30 o'clock this morning, being run over by a north bound train just stopping at the coal sheds. It is supposed Mr Avery slipped while getting off the train. The body was almost cut in two. The train could not be moved off the body for nearly five minutes, but the victim was still breathing when taken out from under the wheel. Deceased was a member of the Knights of Pythias order, Walter Bernard, of Fort Fairfield, a brother Knight, accompanied the body to Presque Isle.

## POOR MAN'S PUDDING.

One cup rice, well picked and washed, one half cup sugar, two quarts milk, one teaspoon salt, one half teaspoon cinnamon; bake very slowly for three to four hours, keeping covered as much as possible until the last fifteen minutes, then lift the cover to brown the top. It should be creamy and not dry when done.

## LOBSTER FISHERIES.

Ottawa, Ont., Oct. 15.—The Canada Gazette today promulgates and brings into force the new regulations with reference to lobster fisheries, recommended by a special committee and adopted by the house last session. An order in council has been passed prohibiting oyster fishing on the beds in Pownal, Orwell and North Rivers, Prince Edward Island, for ten years from September 30, 1910, and in Bedeque Bay for three years. It is also to be prohibited in the beds of Vernon and Seal Rivers for two years from September, 1912.

Don't mistake your calling. If you have brains, go into business; if you haven't go into society.

## MISS CAMPBELL IS THE GOLF CHAMPION.

Flossmore, Ill., Oct. 15.—Miss Dorothy Campbell, of Hamilton, successfully defended her title as national woman golf champion to day, at the Homewood County Club, defeating Mrs G M Martin, of Tavistock, Eng., in the finals, 2 up and one to play.

## Tact And no Tact.

The difference between a man of quick tact and one of no tact at all may be illustrated by an interview which took place between Lord Palmerston and Mr Behnes, the sculptor. Rev E J Hardy gives it in his book entitled "How to be Happy though Civil." At the last sitting which Lord Palmerston gave him, Behnes opened the conversation with:

"Any news, my Lord, from France? How do we stand with Louis Napoleon?"

The foreign secretary raised his eyebrows for an instant, and quietly replied:

"Really Mr Behnes, I don't know. I have not seen the newspapers."

The announcement of the second Lord Lytton's appointment as Viceroy of India at a time when the government was keeping it a secret, was one of the greatest feats of De lane, the famous editor of the Times.

De lane was sitting at dinner next to an eminent physician, who happened to mention that Lord Lytton had consulted him that morning as to the fitness of his constitution to withstand the Indian climate.

De lane wisely asked no questions, but drew his inference from what he heard and the next morning the Times announced the appointment of Lord Lytton as Viceroy of India.—The Youths Companion

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\$1.00 will start an account.

## NOTICE!

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Call and see me at my new Studio. All work guaranteed second to none in the Province

Come early, remember the above offer is limited.

W. H. WILSON

A spoonful of flour to the grease in which eggs are to be fried will prevent them from sticking or burning.

