

**THIN MILK**

How can the baby grow strong if the nursing mother is pale and delicate?

**Scott's Emulsion**

makes the mother strong and well; increases and enriches the baby's food.

**Carleton County Sunday School Convention.**

The Carleton County Sunday school convention was held in the Baptist church at Jacksonville, July 7th and 8th, the first session being held on the evening of the 7th.

Mrs S L Dickinson, of Woodstock, who conducted the devotional exercises opened the meeting by singing "To the Work, to the Work." She then read 1 Cor 3, beginning at the ninth verse, which was followed by prayer by Mr Hopper and the Lord's prayer in concert.

"I want to be a worker for the Lord" was then sung after which Mrs Dickinson gave a talk on "Our relation to God and His to us," quoting several passages from the Bible to show that relation such as, I Cor 3, 16, 17.—Know ye not that ye are the temple of God, and that the Spirit of God dwelleth in you? If any man defile the temple of God, him shall God destroy for the temple of God is holy which temple ye are, and Ephesians 2, 20, and are built upon the Apostles and prophets, Jesus Christ himself being the chief corner stone. After this interesting talk we sang, "When He cometh, when He cometh," and "There is work to do for Jesus."

After the devotionals, Mr Carr, of Hartland, took the chair and the nominating and finance committees were appointed. This was followed by a report of the World's Sunday school Convention at Washington by Mr S J Parsons. He gave a short history of the Prov. S S Association and also of the World's S S Conventions. The first World's S S Convention was held at London, the second at St Louis, then they went up to Jerusalem to worship. After that they, like Paul, must also see Rome, so the next convention was held there. After visiting the capital of the Old World, they went to that of the New, and Washington opened her doors for them in May 1910. At this convention people from all over the world met, and the delegates of North America were to be the entertainers. Each delegate was given a badge that he might be distinguished from men of other nations. The North American delegates were given red badges with 'North America' printed on them. The other delegates were given blue badges with the names of their different countries printed on them.

The welcoming address was given in the evening of the first day by Pres Taft. He introduced Mrs Taft who also gave a short address.

The most important meeting of the convention was a Finance Meeting held on Saturday morning. The President of the Convention, Dr F B Meyer, came before the audience and told them that they could not help to pay the expenses of the Convention as they were already paid, but there was something that they could help pay and that was to send the gospel to foreign lands. A large black board about 25x50 feet was brought in. It had two white spots on it which represented North America and Europe. The remainder of the blackboard proved to be large squares of black paper. These squares were \$10,000 apiece, and were to be bought by the people of the audience. The blackboard was soon cleaned off and several persons were made life members, some of which were:—President Taft, King George V, William Bryan and Booker T Washington.

The theme of the convention was the work of the Sunday School and the great commission which was:—"Go ye into all the world and preach the Gospel to every creature."

This address was followed by one on the same subject by Mr Manzer. He told about the parade around the City Hall which was a wonder. He also said that the key note of the convention was "the field is the world and the world is for Christ." The singing of the Convention was conducted by Messrs Reed, Alexander and Foster. The building in which the convention was held would seat 6,000 and had standing room for 4,000. Before Mr Manzer began his report he taught the audience one of the favorite convention hymns, Help Somebody Today.

These reports were followed by music and the offering, and the meeting was closed by singing "Oae more hymn we'll sing at parting" and the benediction was pronounced by Mr Hopper.

The second session of the convention was opened by the devotional exercises led by

the Rev J H Copeland, after which Mr Carr took the chair and the minutes were read by the Secretary, Harry Havens and accepted.

The parish secretaries then gave their reports. Peel was reported by Miss Kidout. They have five evergreen schools and an increase over last year's attendance. There schools use the supplemental lessons. Miss Calder gave an oral report of the Richmond schools. There are seven schools, four of which are evergreen. Kent, Wilnot, Simonds and Wicklow were also reported by Miss Calder. In Kent the best school is a British. Of the seven schools reported in Wicklow two have Cradle rolls.

Aberdeen was reported by Miss Ronald. They have five schools, four of which are evergreen. Brighton, by Mrs J K Fleming where they have thirteen schools one of which has a cradle roll. Wakefield by Harry Havens. He said that the average membership has decreased although the interest is no less. We have a Bible class of fifteen. Woodstock, Northampton parish was reported by Miss Calder. They have fourteen splendid schools and Adult Bible classes.

A discussion between Miss Calder, Mrs Wilson, Mrs Sipp, Mr Copland and Mr Manzer followed the reports. This discussion was on "visiting the weak schools," and it was thought best that the ministers should take a Sunday each month, or at least once a year to teach the Bible and preach on Sunday School work, also that the Supt's should change places. Mrs Elward London then gave a report of the Primary Department. She said there was not much done, but lots undone and the work was going ahead. The superintendents of the other departments were not present so there were no reports from them. "When immortal souls are dying" was sung and after a few moments discussion the collection was taken and the meeting closed with the benediction by Mr Copeland.

The afternoon session was opened by the devotional exercises led by Mr Copeland. These were followed by the minutes of the morning session which were accepted. Miss Calder then proceeded to give her report but before doing so, she read three letters, one from Mr C W Dickison, President of the Convention who is now in St John, another from Mr Ganong, the 1st secretary and the other from Mr D V Boyer, our Sunday school missionary in the North-west. After reading these letters, she read her own report. Of the eighty-two schools in the County, sixty are evergreen, and during the year forty-nine have been taken into the church.

"I need thee every hour" was then sung while "statements of the finances" were passed around. The Convention was informed that it owed \$70 to the Association and \$52 to Miss Calder and Mr Anderson, the latter for having histories of the S S Association printed and left on their hands. She asked for money to defray the debts and a collection was taken up amounting to \$27.27 and some of the people promised to buy some books.

This was followed by a solo by Mrs Good and "Help Somebody today" by the congregation after which Mr Manzer reviewed the lessons for the quarter. His first question was "Why were there four Gospels written?"—Matt. was written for the Jews, Mark for the Romans, Luke for the Greeks, and John for the Christian church. The secret of good teaching is the answers whether good or bad. As the lessons for the quarter cover only seven chapters in Matthew he reviewed the Chapters from 9-15, inclusively by pictures

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**PURITY FLOUR**

Nature implanted in the Coffee berry all the ingredients to produce a healthful, invigorating drink. In

**Seal Brand Coffee**

all the natural ingredients are retained.

Sold in 1 and 2 lb. Cans only.

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CHASE & SANBORN, MONTREAL.

formed in the mind by means of words written on the blackboard. After the review the meeting was closed with the benediction.

The last session of the Convention was opened by the devotional exercises led by Mr Hopper, during which he gave a short talk on Bible study. The minutes were read by the secretary. The report of the nominating committee, given by Mrs W C Good, was accepted as a whole.

"Rescue the Perishing" was sung and Mr Copeland gave an address on "Where are the boys." It is a lamentable fact that there are so few boys in the Sunday School. Save the boys now and we have the future men. Satan uses his keenest arrows for the boys. Jesus was found in the temple when very young, boys should follow the example and be found in the Sunday school. Who is to blame for their absence?

First of all the parents are to blame. Perhaps they do not make the home as attractive for the boy as for the girl and the boy finds more amusement in the street.

Next, church members are to blame. The boy's ideal is a man—to be where they are and hear what they say. Superintendents are to blame, why? the boys do not become interested, if they did they would want to be in the Sunday school. The pastor is to blame. He doesn't get in among the boys. If all these do their part the boy will be got where he should be. Go after the boys and you will get them, but go systematically. You must love the boy, be his friend and supply him with good reading. This address was followed by singing, "Where is my wandering boy tonight," and a solo by Mrs Good "I gave my life for thee."

Miss Calder then made an appeal for money. She had about \$78 to pay off an indebtedness of \$165, and the ladies were invited to help.

The offering was taken while the choir sang "Lift up your heads."

Mrs Archibald, a missionary from India, who is home on furlough gave a short address on S S work in India. 32 years ago there were no Sunday schools in India, but now there are many. It was very difficult to have conventions as there were so many different languages. However the first convention was held at Calcutta in 1889 at which Dr Phillips was chairman. The first hymn they sang was "What a friend we have in Jesus," each in his or her own language.

Now they have many Sunday schools where many learn to love Jesus. The boys from twelve to twenty one and the men from twenty one to sixty attend them. Besides the Sunday schools, they have Evangelistic schools which are unnumbered with the Sunday schools. They have these Evangelistic schools anywhere that they can gather a few children together. The people of India talk very freely about religion and do not blush when that subject was mentioned to them.

There is no book in all India that is studied more than the Bible. They form Bible classes among themselves, not to learn the Christian religion, though but more out of curiosity.

After this interesting address, Miss McKibbin of Woodstock, sang a solo, "Just for today." Mr McLeod was then called upon to give his paper but refused and the meeting was closed by the benediction by Mr Hopper.

**The Man-Bird.**

As seen at the Weston meet, the monoplane is less cumbersome and more graceful than the biplane. In its symmetrical lines the Bleriot machine, with the gallant Count de Lessups aboard, resembles the winged creatures of the upper atmosphere, whose aerial flights it so triumphantly emulates.

Near at hand the details of its delicate mechanism are apparent, but at a little distance it might be taken for a gigantic bird or butterfly. There are the outstretched wings and the slender body tapering to the tail. In taking flight it runs along the ground, pauses, dips its stern, and then rises gradually and obliquely into the air. As it attains a desired level it soars like the hawk, with spread and motionless pinions, guiding itself the while by the manipulation of its tail feathers.

To the admiration of all mere groundlings it circles at will far above their heads, rises

and dips, turns about and disports itself as if in sheer playfulness. Then, as though tired of flight, it peers below, selects a convenient spot upon which to alight, slides softly down an atmospheric toboggan, and lands easily and buoyantly on its feet. In short, it acts for all the world as if it had come out of the Ark with all the other winged tribe, and had been used to doing stunts for the edification of mankind throughout all the subsequent ages.

A wing monoplane possesses a bird-like shapeliness and poise that emphasizes the frankly mechanical appearance of the Wright biplane. All the flyers are night-birds, or, rather, near-night-birds, disjunct flights against the noon-day sun, and preferring for their aerial expeditions the quiet light and calm air which precede the close of day. This is because the aeroplane, doubtless, is in the infancy of its development. Elsewhere the heavier-than-air machine has flown hundreds of miles in varying weather. A biplane has journeyed from New York to Philadelphia and back, and an Englishman has crossed the English Channel and returned without alighting.

The objection to the lighter-than-air ships in their immense inflated bulk and consequent unwieldiness. Zeppelin's dirigible balloons have traveled thousands of miles over city and mountain and plain, and the old Count has not yet abandoned his passenger airship scheme. In the present year an attempt may be made to cross the Atlantic in a motor-driven balloon. The advantage of the Zeppelins over the Bleriot and Wright machines is that they can carry great loads, while the latter cannot. The airship of the future may combine the better qualities of both the heavier-than-air vessels.—Toronto Daily News.

**BLISTERS AND SUNBURN? TRY ZAM BUK.**

Blisters from padding, ball playing, or any other cause, painful sunburn patches, stings of insects, and chafed places, are all eased instantly by Zam Buk. Don't have your vacation spoiled by pain from any sore, which Zam Buk could cure in quick time!

This wonderful balm is made from herba juices and is highly antiseptic. Poison from insect sting, barbed wire scratch, or thorn prick, is immediately rendered harmless as soon as Zam Buk touches it. Stops the stinging, smarting pain. Zam Buk is so pure, too, that the most delicate skin is able to absorb it, and it benefited by it. Mothers with young babies should use it for chafing sores caused by perspiration, clothes-rubbing, etc. Also good for piles, ulcers, and festering sores. All druggists and stores sell at 50c. box, but refuse harmful imitations.

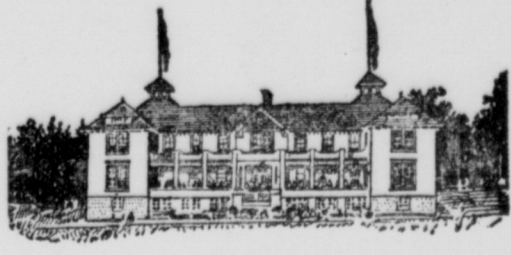
**Revolution in Gas-Making**

By use of vertical retorts, an English inventor has so improved the system of gas making that his work promises what is practically a revolution in this industry. By constructing retorts that are fed from the top and by providing for new circulation of hot gases, the designer has lessened the cost of production and raised the quality of all the products of the gas-making process to a wonderful degree. The principal feature of his improvement is the continuous carbonization of coal, which he has secured in place of the older intermittent process. Instead of constant fresh drawing and changing of retorts requiring the labor of many men, he has accomplished an unbroken feed of coal and ejection of coke, without waste, and with little handling and without any of the extremely unpleasant accompaniments of former processes. He has produced gas at a cost of only a fraction of former costs, and has increased the volume and the ease of manufacture for space and capital involved. The Youth's Companion.

Japan is about to organize a south pole expedition. This is disappointing. We all thought the Flowery Kingdom would profit by the world's experience and avoid the follies of other nations. Bernard Shaw says that the most discouraging thing to a man growing old is the sight of young men doing exactly as he did Toronto Weekly Globe.

**Would You Provide for the Care of Canada's Needy Consumptives?**

THEN SEND YOUR CONTRIBUTIONS TO THE MUSKOKA FREE HOSPITAL FOR CONSUMPTIVES



MUSKOKA FREE HOSPITAL FOR CONSUMPTIVES. MAIN BUILDING FOR PATIENTS.

A national institution that accepts patients from all parts of Canada. Here is one of hundreds of letters being received daily:—

John D. McNaughton, New Liskeard, Ont.: A young man not belonging here, and suffering from, it is believed, consumption, is being kept by one of the hotels here. He has no means and has been refused admission to our hospital. The conditions where he is offer him no chance. Could he be admitted to your Free Hospital for Consumptives? If not, could you inform me where he can be sent, and what steps are necessary to secure prompt admittance?

NOT A SINGLE PATIENT HAS EVER BEEN REFUSED ADMISSION TO THE MUSKOKA FREE HOSPITAL BECAUSE OF HIS OR HER INABILITY TO PAY.

Since the hospital was opened in April, 1902, one thousand five hundred and twenty-four patients have been treated in this one institution, representing people from every province in the Dominion.

For the week ending November 20th, 1909, one hundred and twenty-five patients were in residence. Ninety-six of these are not paying a copper for their maintenance—absolutely free. The other twenty-nine paid from \$2.00 to \$4.90 a week. No one pays more than \$4.90.

Suitable cases are admitted promptly on completion of application papers.

**A GRATEFUL PATIENT**

Norah P. Canham: Enclosed you will find receipt for my ticket from Gravenhurst, hoping that you will be able to oblige me with the fare. I was at your Sanatorium ten months, and I was sent away from there as an apparent cure. I am now working in the city, and I am feeling fine. I was most thankful for the care I got from the doctors and staff, and I must say that I spent the time of my life while I was there.



TAKING THE CURE IN WINTER AT MUSKOKA FREE HOSPITAL FOR CONSUMPTIVES.

The Muskoka Free Hospital for Consumptives is dependent on the good-will and gifts of the Canadian public. Money is urgently needed at the present time to make it possible to care for the large and increasing number of patients that are entering the institution.

**Will you help?**

Where greater urgency?

Truly, Canada's greatest charity.

Contributions may be sent to W. J. Gage, Esq., 84 Spadina Ave., or J. S. Robertson, Sec'y-Treas. National Sanatorium Association, 37 King St. W., Toronto, Canada.

**The House Habit**

A representative of The News has been down a coal mine in Nova Scotia and seen a table full of horses employed in hauling miniature tram cars. Long subterranean galleries, the animals cannot stand the want of sunlight or first-hand air for more than a year or two at a time. Then they are brought to the surface and turned loose in the open fields to recuperate. Light and fresh air are the chief curative agencies in the physical universe. They are essential to human as well as to animal health. The girl who is over-careful of her complexion might better have a few freckles than tuberculosis. It is not necessary to and needless at noonday until one gets a sun-stroke, but it is important that we break the house habit in the summertime. Sleep on the verandah if you will, but, in any case get out-of-doors and stay there as much as you can until the cold weather returns Toronto Daily News