In disorders and discases of children drugs seldom do good and often do harm.

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is the food-medicine that not only nourishes them most, but also regulates their digestion. It is a wonderful tonic for children of all ages. They rapidly gain weight and health on small doses.

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SCOTT & BOWNE 126 Wellington St., West, Toronto, Ont.

BY D. DOUGLAS RIOU.

The Red Hussars bore, not unworthly the reputation of being one of the fastest corps in the British service. Stories there were in plenty, of the vast amounts won and lost nightly in the mess-room. Possibly the magnitude of the sums lost nothing in the telling, still the fact remained that expenses in the "Reds" had proven two much for many a keen soldier, and their seconded list was the longest of any cavalry regiment in the service. Official representations had been made, but the commanding officer was type of the old school, who bothered little with the private affirs of his officers and still less about their financial troubles.

When the rumor was first bruited that Captain George Chetwynd was in a tight fix, sympathy was generally evinced in his favor throughout the Ilchester garrison. Popular above the ordinary, he was generally considered to have made a grave mistake when he exchanged from a marching regiment into the sporting "Reds." As a matter of fact, no one appreciated the mistake more than Chetwynd himself, who day by day found himself becoming further enmeshed in debt. Liabilities had accumulated far faster than he could ever hope to discharge them, and this morning as he picked over his corres pondence, he was brought face to face with the unwelcome fact that unless some almost miracle happened he would be forced to send in his papers and "cut the service." In the face of all this, he was head-over-heels in love with a lady, who, beyond her good looks and general popularity, possessed nothing in the shape of a wedding dower.

Little wonder, then, that the gallant capstain heaved a deep sigh and tossed bill after bill-for his correspondence consisted principally of these unwelcome missives-impatiently from him.

At the bottom of the little pile of correspondence rested an ill-scrawled envelope. For a moment he gazed curiously at it, and then abruptly tore it open.

On a quarter sheet of dirty foolscap were scrawled the following lines:

Honored Sur and Capten: I have a little mare nevr ben raced before, which can bate anything on four legs. There is nothin' can touch her in the county, and I would lik for you to cum over and try her yourself. If The course, a shade under four miles, sutable, you can hav her and enter her for boasted some particularly stiff jumps. "As the Ilchester meeting."

"Yore humble servant and friend, "Sam Wood."

With seudden exclamation, Chetwynd rose to his feet and raced up and down the room. If the mare was as good as Wood made her out to be, here was a solution of his present difficulties. In six week's time the lichester garrison point to point races would come off, in which the Cavalry Vase figured as the chief event. This was a fixture which, though confined to military officers, drew the attention of the sporting world, for it was generally looked upon as an event second only to the Grand National itself. Given an unknown horse, with capabilities only guessed at by a few, it would be an easy matter to secure an enormous price. There only remained the question whether the game was worth the candle.

"At any rate," he said to himself, as he slipped on an overcoat, "there can be no harm in going wwn to investigate. There is not a better judge of a horse in the British Isles than Sam Wood."

The latter was a horse-dealer who eked out a precarious existence by selling horses to the officers of the garrison. In the course of his business he had met Chetwynd and a half-friendship had sprung up between the Ill-assorted pairs

Half an hour's brisk walk brought the captain to the dealer's tumbled-down cottage, and a knock at the door was answered by the dealer himself.

"Glad you've come sir," he said, leading the way through the house into the stable yard beyond. "She's in here, captain," he remarked as he ushered his visitor into a lose bex where a grey mare was munching her feed. Noting his companion's lack of enthusiasm, the dealer went on, "She looks ornery enough, but wait till you get her out. If you don't say she's the best 'lepper' you ever clapped eyes on, I'll eat my hat. There sin't a horse in England as can touch her?"

"Where did you get hold of her?" asked Chetwynd as he passed his hand over the the mare's legs.

"Bought her from a gypsy at Barnet fair, last week. But wait till I put a saddle on her."

Divesting himself of his overcoat, Chetwynd swung on the mare's back and trotted through the open gate into a small field studded with jumps. "Now, then, old gal," said the dealer as he hit the horse a sounding whack on her haunches, "off you go!"

Digging his heels into her flanks, the captain drove the mare at the first fence a four railed one topped with gorce. Lke a swallow, the grey soared over the obstacle and raced for the next, a turf wall with a water jump on the far side. Gathering her feet under her like a cat, the game little horse cleared wall and water like a flish and it required a strong effort on the rider's part to bring her back to where the exultant dealer

"Ain't she a beauty?" he asked, as Chetwynd dismounted and patted the grey's neck. "The best I have ever ridden," the officer

answered, simply. "That's what I knew you'd say;" then in a confidential whisper he continued: "She's yours, sir. Take her and ride her in the point to point. I do hear as you're hard hit, but she'll bring you a fortune. When she does, pay me what you think she's worth. Sam Wood never forgets a friend who's done him a good turn."

Situated as he was, Chetwynd would have been more than human if he had rejected the good natured off-r, and in a few minutes the bargain was made. Wood was to keep the mare in strict training, and every day the new owner would put her through her paces, the u most secreoy being observed.

wynd trod on air. With his wonderful ac- breathing exercises thoroughly. On three quisition, he could easily rely on winning days in the week all the children have placed enough to recoup him for his present losses. Instead of leaving the regiment a broken The windows are opened wide to admit as man, he could satisfy his creditors and even have enough left over to take the matrimonial step which he had so long contemplated. Little wonder that he slept better that night than he had done for six months.

The weeks rolled by swiftly. Chetwynd adhering rigidly to the program laid down, and finding time also to invest enough money at the useful price of 30 to 1 to bring him in a respectable fortune.

The night before the opening of the meetng, he confided the whole story to his finance, who, woman-like, scolded him, and then in the same breath, told him he must win for her sake.

The day of the great steeplechase dawned fine and clear, and in company with half-a dozau brother officers, who, at the eleventh hour, had been let into the "good thing," the captain drove over to the course.

According to the fancy, only two horses, Black Prince, ridden by a Guards' officer, and Van Dyke, an unplaced candidate in two Grand Nationals, were worthy of considera tion. On the other eight starters, any price could be obtained. Kitty Grey, as Chetwynd had named the mare, being quoted at 25 to 1, though after several commissions had been worked, the mare's price shortened considerably.

The course, a shade under four miles, bad as Aintree," said the noted gentleman terrible oath when he beheld lt. "Good jockey who was riding Van Dyke, an opinion gracious," he grouned, "you are exhibiting

which a good many others shared. "Don's forget she can't stand the whip," "Hush, said Whistler. "The committee

Every time you cough it means that Nature is dislodging phlegm from the

delicate membranes of the throat or lungs. In doing so that

membrane becomes inflamed, strained - maybe broken.

There's the danger point! Broken tissue means letting down the body's defences

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heals damaged tissue—puts
the throat and lungs in a
state of robust health.
Get Shiloh's Cure quickly
and cure that Cough!

wynd cantered off to the start post, to which admonition the captain replied with a nod.

Three attemptt, and then the barrier rose to a perfect start. The course was twice around, but before the first circuit had been completed, three of the contestants had fallen, and, at the first turn, the big bay, Van Dyke, was leading the fild by twenty lengths. Behind him came the grey, with the Guards' crack close on her haunches. At the third fence from home, Back Prince lost his rider, and the race resolved itself into a two horse one. The last jump was the water and here Van Dyke lost half a dozen lengths, the mare clearing the ditch like a bird and swinging into the straight for home close on the big bay's heefs. The red and blue hoops of the leader's jocket seemed to get closer and closer, and the roar of the excited crowd burst on Chetwynd's ears like some one far off, unreal sound. Sep by step, he inched up. Now the mare's quivering nostril was up to the big horse's girth, a dozen more strides and only a neck divided them. Forty yards yet to go, and they were knee to knee. Then in a flish, Chetwand remembered the whip, and staking his all, brought is down with a sudden swish on the mare's astonished flank. Rendered frantic by this unusual treatment, the game little grey made a desperate effort and flashed past the post a neck in front of the bay-she had won!

The aftermath always remained a dream to Chetwynd-the weighing in, the plaudits of the wrowd and the congratulations of his friends, all seemed unreal, and it was only when he looked into the eyes of his sweet, heart, eyes still dimmed with the glad tears with which she had welcomed his victory. that he began to real ze all that that victory

"Never again, George," she whispered, as he held her hands, "I have lived a life-time since the race began."

"Nover again, little woman," he echoed. Kitty Grey has run her first and last race; henceforth, she shall eat the equine bread of honored idleness, for to her brave heart, I owe my wife."

Blowing Soap Bubbles for Exercise.

Blowing soap bubbles is an exercise which has been adopted at a school in Haarlem, Holland, on the advice of a local practitioner Dr. Ootmar, in order to broaden the children's chests. This pleasant method, as ingenious as it was simple, was thought of be-As he walked back to the barracks, Chet cause of getting children to do ordinary before them a bowl of soapy water and a pipe. much fresh air as possible. Then competit. ions are arranged as to who can blow the big gest bubbles. Periodically chest measurements have proved the efficacy of the arrangement, increases being noted in each individ-

A Heavy Bond Advised.

The report of Mr. J. Norman Winslow, who was appointed some time ago by the local government to decide upon the amount of security to be taken from the Grand Falls Power and Pulp Co, before they could proceed to expropriate property at the Falls, was handed over Tuesday. Mr. Winslow concludes that security must be given to the amount of \$300,000. The sum is made up on a basis that the property at the falls is capable of developing 38,000 horse power, which he values at \$8 per horse power. The matter will now come before the government to decide whether or not the indemnity bond wilt be given at the amount namde by Mr. Winslow.

Good Reason.

(The painter.)

Whistler once undertook to get a fellowpainter's work in the autumn salon. He succeeded and the picture was hung. But the painter, going to see his masterpiece with Whistler on varnishing day; uttered a my pic'ure upside down."

was Sam Wood's parting injunction as Ch ex refused it the other way."

PRICE

25c.

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It is impossible to go into details on this subject, but the experience of many a poor woman who is crippled for life, just because she didn't use a good remedy in time, should be a warning to others.

When the first stages of wemanhood appear in a young girl, a great deal depends in getting her over this critical stage, so that in years to come she will not develop green sickness or consumption.

When she complains of flushed face, headache, bearing down feelings give her a course of Ferrozone, which

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Ferrozone is the 'adies' favorite, and should find a place in every household. It is prepared in the form of a chocolate-coated tablet, convenient and pleasant to take. Price, per box, 50c, or three boxes for \$1.25. Sold by all druggists, or the Ferrozone Company, Kingston, Ont.

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(Ring the weather man.-INSTANTLY you know whether you must take to the fields with all hands, or sit down and smoke the pipe of peace.)

When your Barn is on fire.

(Ring your nearest neighbors.
-INSTANTLY you know that as fast as animals can travel, fellow tillers of the soil will come to your aid.)

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12.15 A EXPRESS—For all points North,
Plaster Rock, Grand Falls, Edmundston, Fort Fairfield, Caribou and Presque Isle.

5 00 PMIXED—For Fredericton, etc., via Gib

5.00 PMIXED—For Fredericton, etc., via Gib Mson Branch.
5.33 PEXPRESS—For Houlton, St. Stephen Mst. Andrews after July 1st), Frederic ton, St. John, and East; Vanceboro, Sherbrooke Montreal, and all points West, and Northwest, and on Pacific Coast, Bangor, Portland, Boston, etc. Palace Sleepers, McAdam Junction to Montreal; Pullman Sleepers, McAdam to Boston; Pullman Parlor Car, McAdam to St. John. ARRIVALS,

11.50 P. M.-MIXED-From Fredericton, etc., via Gibson Branch. 12.15 A. M.—EXPRESS—From St. John and East Montreal and West, Andrews after July 1st), Boston, Montreal and West, 5.33 P. M.—EXPRESS—From Fort Fairfield, Cari-

bou, Presque Isle, Grand Edition, St. 11.00 P. M.—MIXED—From Fredericton, St. John and East; St. Stephen, St. Andrews, Houlto Vanceboro, Bangor, Portland, Boston, etc.

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