

Newfoundland Fires

St. John's Nfld., Aug. 28.—Forest fires again threaten the pulp and paper mills to-day on the south bank of the Exploits river. Only a quarter of a mile from the plant the fire is raging with renewed fury fanned by a strong south-west wind, which is sending flames straight over the mills on the opposite side. The river banks have been lined since early morning with men fighting desperately to save the property. The outcome was uncertain up to noon.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven catarrh to be a constitutional disease and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doses from ten drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials. Address: F. J. Cheney & Co., Toledo, Ohio.

Sold by Druggists, 75c.
Take Hall's Family Pills for constipation.

Passed Away At Grafton.

The late Mrs. Turney Estabrooks passed away at the home of her daughter, Mrs. George A. Nevers of Grafton on Sunday. The deceased lady was in her 86th year and highly respected by her many friends. She leaves four sons and three daughters. Rainsford and Clarence of Gibson, Albert of Ormston, Wellington of Marysville, also Mrs. J. J. Alcorn of Snowdon, Wash., and Mrs. W. C. Watson of the same place and Mrs. George A. Nevers, of Grafton. The remains arrived on Monday evening by the C. P. R. and were taken to the home of C. E. Estabrooks, Gibson. The funeral took place on Tuesday afternoon at two o'clock. The service was conducted at the house by Rev. W. H. Jenkins. Interment was made at Sunny Bank.

Bark Weavers Of Borneo

(From the 'Youth's Companion'.)

There are no more singular people known than the Punann tribe of Borneo. Most of what has been learned about them is from hearsay. W. H. Beach says that they are represented as dressing themselves in bark clothing, wandering about in the forests and sleeping in trees.

They have no houses and no property except mere personal possessions which they exchange by barter. They have the habit of leaping three or four yards at a time and their speed is said to be marvellous. They kill game with a weapon resembling a blowpipe, not by the usual method of blowing out the arrows with the breath but by striking the end which contains the dart with the palm of the hand.

A Daily Thought

You will find, as you look back upon your life, that the moments that stand out above everything else are the moments when you have done things in a spirit of love.

—Henry Drummond.

FARM AND FIELD

CLEANLINESS VS DIRT.

Do You Wash Your Hands Before Milking?

Prof. R. M. Washburn of the Vermont Experiment Station asks, if we ever saw a farmer get up in the morning, and, without washing, take two pails of swill from the house to the hog house, handle the tools contained in the hog house, then go to the horse stable, spank the horses over, feed them, grain, curry them and possibly harness them, then go to the cow stable and after catching and tying a calf, sit down to milk without washing his hands? I have, we all have, and we all know that to milk absolutely dry hanked is extremely difficult on many cows, and that not infrequently the lower portion of the hands becomes well washed during the milking process. Where does that dirt go? Into solution in the milk and being in solution it cannot be strained out through any amount of cheese cloth or even absorbent cotton.

Now imagine with me for a moment that the good housewife beat eggs, mixed cake, kneaded bread or did any other similar piece of food work regularly in so dusty and ill-favored a place as the ordinary cow stable. How many of us young men would be willing to marry into that family? As a matter of fact, however, the detrimental effects which could possibly result from such work, which we would immediately pronounce fearfully dirty, would be nothing of consequence, for the reason that all these foods are thoroughly baked and thereby sterilized before being consumed, whereas milk is consumed raw.

Takes Forward Step.

Seven demonstration farms have been established by the government in the Province of Alberta, and are the first to be undertaken by the Dominion of Canada. Sites have been selected covering all corners of the Province of Alberta from Athabasca Landing in the far north to Medicine Hat in the southeast, and Claresholm in the southwest. Undoubtedly other provinces soon will secure such stations, because demonstration farms properly handled appeal to the farmer and educate him more rapidly than any other form of instruction. The substantial proofs that they frequently offer force themselves upon the most obtuse and indifferent farmer in the locality. He cannot avoid recognizing that they frequently succeed by knowing how, while he, under exactly the same conditions, fails because he does not know. Agricultural teaching in Alberta should make great strides from now on.

Breeding Sows.

When one is raising hogs for fattening purposes only they can be bred at a much earlier age than if they are to be kept as breeders. When they are bred early and do not have large or good litters of pigs, they can be fattened off with their first litter at a good profit. I find, also, that where the gilt is bred at too early an age she does not farrow as many pigs, and does not raise them all in many cases, as an older sow will. But they will often farrow more in the second litter, and outside of their growth being stopped and often becoming stunted, they prove to be valuable sows. One objection to early breeding is that it affects the development of the sow, and this is not without force, but by liberal feeding it may be overcome to an extent sufficient to make it less objectionable than either allowing her to farrow her first litter when as old as eighteen months, as some advocate.

One Way.

"How did you get your husband out to that musicale last night?"
"Told him there was going to be a lunch afterward."

The total immigration into Canada for the current calendar year will reach four hundred thousand.

ACHING IN THE STOMACH
Bilious Headache, Sluggish Liver, Indigestion and Stomach Disorders.

"Dr. Hamilton's Pills Cured."

"From using a cheap remedy recommended by an unscrupulous druggist my condition was made much worse," writes Miss Minerva E. Michie, daughter of a well-known citizen of Portland. "I suffered so terribly with indigestion and biliousness that the very sight of food made me shudder. I was two years ago my health began to fail. At first I had constipation, live sluggishness, and occasional headaches. My appetite was variable—I wanted to eat and had constant aching in the stomach, attacks of dizziness, pains between the shoulders, stifling feeling, after meals, and felt I wasn't going to recover."

"The moment I used Dr. Hamilton's Pills I felt better. After I had taken a few pills my chest and back were relieved of pain, and my head felt clear and no longer was full of blood and rushing noises. I kept on using Dr. Hamilton's Pills and slowly but surely my appetite returned and I gradually regained strength, color, and spirits. To-day I am as well as ever and attribute my present splendid condition entirely to Dr. Hamilton's Pills. If you are troubled like Miss Michie was (and most people occasionally are) no medicine will do you so much lasting good as Dr. Hamilton's Pills."

WHO'S WHO
IN CANADA

SIR WILFRID LAURIER.

Sir Wilfrid Laurier has been 39 years in Parliaments. He first entered the Quebec Legislature in 1871, being returned from the constituency of Arthabasca. He was there re-elected in 1874. Three years later he entered the Cabinet, with the Portfolio of Inland Revenue, but was defeated by a small majority, upon presenting himself for re-election. Quebec East then returned him. This constituency has been Sir Wilfrid's ever since.

Upon the successive retirements of Mr. McKenzie and Mr. Edward Blake, in 1887, our present Premier, became leader of the Liberal and then Opposition Party. When it came into power in 1896, he naturally became Prime Minister, which position he



SIR WILFRID LAURIER.

has so honorably held for such a long period.

Sir Wilfrid Laurier was born on Nov. 20 at St. Lin in the county of Assumption. Here his father practiced his profession of land surveyor. His mother's maiden name was Marcelle Martineau, Sir Wilfrid being the only child. She died soon after his birth. In 1868 the Premier was married to Miss Zoe Lafontaine of Montreal.

As a man is the product of his education, let us consider what has aided in producing Sir Wilfrid Laurier. The motherless boy attended school in his native parish till the age of twelve. He was then sent to the Protestant School at New Glasgow for a year. Here he imbibed the first draughts of his splendid broadmindedness. From this school he went to L'Assomption College, remaining seven years. In 1861 he matriculated into McGill and graduated in law, being the valedictorian of his class.

No man in Canadian public life has received more attention at the hands of political calumniators. In forty years, however, no opponent has been so base as to utter a slander which touched his personal honor, the purity of his private life, or the righteousness of his character.

THE COCKROACH

How To Massacre Him!

Cockroaches are so different from the regular pattern of insect that they are little short of freaks, yet the 13 rings of the larvae are all present. The tibia, the next to the last joint of the leg, is provided with teeth to aid in holding its prey; hence the name raportia, or graspers.

A few cockroaches will clear the house of bedbugs as effectually as a weasel would clear it of rats. It is presumed, however, that housekeepers don't need or wish to harbor cockroaches for that purpose, and would like a few pointers on roach extermination, something quicker than pulling their heads off.

There are two convenient and effectual methods of freeing the house of roaches. Roaches are great gluttons, will eat almost anything, and are easy to reach with poison. Spread phosphorus paste on bits of soft bread and lay it near their haunts. Another exterminator is chocolate and borax finely powdered and thoroughly mixed and dusted into the crevices. The roaches are fond of chocolate, and the borax adheres to the chocolate. This mixture has the double advantage of being cheap and non-poisonous to man.

Assisting the Judge.

A case was being tried in the West of England and at its termination the judge addressed the jury, and they retired for consultation. Hour after hour passed and no verdict was brought in.

The judge's dinner hour arrived and he became hungry and impatient.

Upon enquiry he learned that one obstinate jurymen was holding out against eleven. This was more than he could endure, so he ordered the twelve men to be brought before him. He told them that in his address to them he had so plainly stated the case and the law that the verdict ought to be unanimous, and the man who permitted his individual opinion to weigh against the judgment of eleven men of wisdom was unfit and disqualified ever again to act in the capacity of jurymen.

At the end of this excited harangue a little squaky voice came from one of the jury. It said:

"Will Your Lordship allow me to say a word?"

Permission being given, the owner of the voice added:

"May it please Your Lordship, I am the only man on your side!"



When buying your coffee don't merely say "A pound of best Coffee"—Specify

Seal Brand Coffee

It costs no more than inferior grades and our reputation is behind it.

Packed in 1 and 2 pound cans only.

CHASE AND SANBORN, - MONTREAL.



Sermon From Shakespeare

(Copr. 1909 by Bradley-Garretson Co. Ltd.)

Wise men ne'er sit and wail their loss. But cheerly seek how to redress their harms.

Henry VI. Part III. Act V. Sc. 2

Loss is common. A man at some time in his life must experience material loss—loss of wealth or loss of position. In the night, fire may destroy his property, and the morning may find the hoardings of years a heap of ashes and charred ruins. He may have been raised to some office of trust and emolument, but the changes that occur in society may have driven him, forth little better than a pauper. If he be a wise man he will be strengthened by his very misfortunes. The zenith is overhead, and although from the world's point of view he is a broken man he can begin a new fight, and with cheerful mien climb upwards to even greater heights than he had previously attained.

Loss affects men in different ways.

There are those who have made gold their god. It has sapped their character. Its glitter has diseased their brains. They live and move and have their being in the belief that they are greater than other men because fickle fortune has bestowed her goods on them with a lavish hand. When reverses come, when their wealth is torn from them, they feel that life is not worth living and frequently seek relief in self-destruction. Coward souls! As though wealth or position had ought to do with a man's true happiness. There are others who having sustained loss make matters infinitely worse by plunging into excesses, hoping to find in excitement surcease of sorrow. Little higher than the beasts of the field they have been building for animal enjoyment, not spiritual life, and in the hour of their distress the grosser side of their natures predominates, and they fall behind hopelessly in the struggle for existence. There are still others of a different type—passive characters who have had wealth or greatness thrust upon them. Before the ruins of their past they sit in helpless despair, wailing forth their grief to an unsympathetic world. Fools all! They still have life, and the earth for a stage. Let them play their parts like men, and they "may rise on stepping stones of their dead selves."

The wise man, the man of character, heeds loss of fortune as little as blows from thistledown. He smiles over his departed wealth. He "cheerly" sets to work to redress his harms, to cover lost ground. The leader going forth to battle never felt greater pleasure than the man who, cast down, determines to rise, and sets forth on his journey with firm resolve to overcome all obstacles. He is seeking a prize and he now finds that he has greater joy in his search than he ever had in his hoarded wealth. It is the race, not the victor's palm, that gives the highest pleasure. The goal may be distant. It may be obscured in fogs and mists. The way towards it may be rough and rocky, but so long as the eyes are steadfastly set on that goal, so long as the feet industriously toil toward it, so long will happiness reign in the heart, and in the end the goal will be attained.

Tens of thousands of men whose characters have been almost undermined by wealth and power have learned that sweet are the uses of adversity. Loss has humanized them. It has torn from their eyes the scales that blinded them to a sense of their duty towards the society in which they live. It has been the means of turning them from idlers into workers, from tyrants into gentle rulers, from selfish despots into generous souls.

The most important word in the passage under consideration is "cheerly." To achieve great things a buoyant spirit is a necessity. No matter how keenly the loss may be felt a man has no right to pain others by wailing over

it. He has lost his purse—after all what was it? Trash! He still has his good name; with that he can go forth to the battle. With a cheerful heart he is better able to overcome difficulties. A smile and a song have marvelous power to lighten burdens and shorten roads. The cynic may maintain that it is gold alone that can open all locks. A cheerful disposition is at least a good second, and the doors that open before it do not groan as they swing back on their unwilling hinges. A man's health has been undermined through carelessness or overwork. The surest way to prevent recovery is to sit and wail his fate. A bright, hopeful disposition is the best medicine for the body. The skillful physician can do much, but the sufferer can do more for himself by cheerily bearing his load. Mourn and despair and mind as well as body will be affected; brace the mind, be cheerful under suffering and the spirit acts as a tonic for the body.

There is no loss for which there is not a remedy. Wise men know this and be they farmers, sailors, manufacturers or statesmen, rich men or poor men, they face misfortune with a courageous bearing, and what seemed a cruel enemy often turns out to be a friend in disguise. Fortune too often breeds idleness and vice. Misfortune forces men to work, and in creative effort the soul's best life is realised. "In poison there is physic"; and material loss often serves as physic to the mind and heart.

Fire sweeps Through A Maine Town

Principle Buildings Burned Loss \$50,000

Bangor, Maine, Aug. 25.—The little town of Stetson, Maine, was swept by fire early to-day. The hotel, town hall, and stores were destroyed. There was no fire apparatus in the place, but plenty of water was available, and the entire population turned out for work with buckets. The loss will not exceed \$50,000.

Olive Trees 400 Years Old

(From 'Gas Logic'.)

There are in Syria some olive trees which are known to be more than four hundred years old. Not only are they in flourishing condition, but they are likely to bear fruit for a century or two longer.

CURES CATARRH

Stomach dosing was found ineffective, and the principle of inhalation was finally perfected. Even the Romans and Ancient Greeks used it, but not in the scientific manner that the physician prescribes to-day. The most wonderful results have been secured with a new treatment known as "Catarrhozone," which sends germ-destroying vapors directly into the air passages of the nose, throat, bronchial tubes, and lungs.

Rich, Pure Essences are Breathed Right to the Spots that are Sick. Cure Follows.

Catarrh proves especially good in those chronic cases where mucus drops down the throat, sickens the stomach, and pollutes the breath. When the nostrils are stuffed, only a few breaths through the inhaler are needed to clear the passages, and where there is coughing and sore bronchial tubes, the soothing, healing properties of Catarrhozone act as magic.

Once you stop taking medicine into the stomach and get the healing oils and pure balsams of Catarrhozone at work, you can be sure of quick and lasting cure for nose colds, catarrh, weak lungs, bronchitis, and speaker's sore throat.

Catarrhozone

Beware of imitations. Three sizes, 25c, 50c, and \$1, the latter being guaranteed. Sold by all dealers in medicine, or by mail from the Catarrhozone Company, Kingstons, Ont.

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