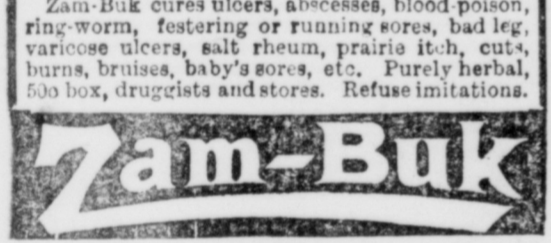




MAGISTRATE CURED OF PILES & ECZEMA

One of the latest prominent gentlemen to speak highly in Zam-Buk's favour is Mr. C. E. Sanford of Weston, King's Co., N.S. Mr. Sanford is a Justice of the Peace for the County, and a member of the Board of School Commissioners. He is also Deacon of the Baptist Church in Berwick. Indeed it would be difficult to find a man more widely known and more highly respected. Here is his opinion of Zam-Buk. He says:—
"I never used anything that gave me such satisfaction as Zam-Buk. I had a patch of Eczema on my ankle which had been there for over 20 years. Sometimes also the disease would break out on my shoulders. I had applied various ointments and tried all sorts of things to obtain a cure, but in vain. Zam-Buk, unlike everything else I had tried, proved highly satisfactory and cured the ailment."
"I have also used Zam-Buk for itching piles, and it has cured them completely also. I take comfort in helping my brother men, and if the publication of my opinion of the healing value of Zam-Buk will lead other sufferers to try it, I should be glad. For the relief of suffering caused by Piles or Skin Diseases I know of nothing to equal Zam-Buk."
Zam-Buk cures ulcers, abscesses, blood-poison, ring-worm, festering or running sores, bad leg, varicose ulcers, salt rheum, prairie itch, cuts, burns, bruises, baby's sores, etc. Purely herbal. No box, druggists and stores. Refuse imitations.



By the Sea.

Beat of the tide, beat of the blood,
O life seems good
This bright, windy weather!
The soul laughs and the sea laughs,
Bravely together;
The whole world spreads out vivid, intense—
Clear-cut and a-shine,
Breath of the brine,
Beat of the tide, beat of the blood,
Life is good—good!
A narrow little lane that goes
Unevenly, between two rows
Of humble cottages—all gray
As mosses long and soft, a-sway
In Southern woods, or webs that stir
From rafters old; a tender blur
Of Old Maid's Pink, and grass, gay green,
Where marsh-grass pricks a path between
The sandy soil; on without bend,
The little road, then at the end—
The sea-glitter and the sky,
One burning lapis lazuli,
The sand, a haze of amber light,
And one far sail, clear shadeless white!
—Anne Cleveland Cheney, in the 'Atlantic.'

Rumors of Grand Trunk Purchase

Portland Me., Sept. 14—It is reported in railroad circles here that the Grand Trunk has acquired two street railway lines in Maine, including the Portland road. One of the roads reported purchased runs from Portland to Old Orchard, the famous summer resort. Rumor says that the road is to be extended to Portsmouth, N. H., and Beverly, Mass., the summer home of President Taft. This would give the Grand Trunk direct access to Boston.

The Promised Rest

There remaineth, therefore, a Sabbath rest for the people of God.—Heb. 4,9.
O happy country, where sorrow and sin have no place, where my spirit in its inmost powers shall feel an eternal spring!—Issac Watts.
There none shall withstand thee, none shall complain of thee, none shall stand in thy way: but all things there thou canst desire will be altogether present and shall refresh thy whole affection and fill it up to the brim.—Thomas a' Kempis.

In the many mansions of the place where Christ has gone before us to prepare, there must be much variety. There will be workrooms for the active, gathering places for the joyful and the social hour, resting places for the weary when they come. No wonder that we, troubled by earth's failures and weary with its toil, think first of rest. And is it not in character that Christ himself should have assured us that the day of rests awaits our need? —Bolton Jones.

Care Of Musical Instruments

Neither piano nor organ should be left open at night, or habitually, when not in use. The changes of temperature are very hurtful to the tone of any instrument, and especially the gathering of dampness, which not only interferes with the tonal quality of the reeds and strings, but is very likely to seriously affect the works.
Pianos in particular should be kept in as even a temperature as possible, since they are much affected by alternations of heat and cold, dryness and moisture. If thus exposed they require very frequent tuning and are not satisfactory in action or tone.
Care is also equally desirable in regard to other stringed instruments; the violin family, banjos, guitars, and the like. All fine instruments should be habitually kept in cases lined with baize or flannel.
If a small linen bag filled with camphor is hung on a small nail on the inside of the piano case it will prevent moths from getting into the felt.

Don't Want Girls To Work In Canada

BASSE TERRE, Guadeloupe, Sept. 14.—The emigration of natives to be employed as servants in Canada has aroused popular indignation. To-day the commissary of police prevented the embarkment of six girls, who were under age. The steamer Koreana, which called last night, refused to take on board seventeen other servants engaged for Canadian points. The captain declared that there was no room for them on the vessel. When the would be emigrants left the pier, they were hooted and chased by a great crowd. Public feeling throughout the island is against the move to induce colored females to enter domestic service in other lands.

To Teach In Quebec

Miss Jean Garden, B. A., left St. John on Friday night by the Pacific express for Compton, Que., where she has accepted a position as instructor in a young ladies' college. Miss Garden was graduated by the University of New Brunswick in May last—Fredericton Mail.

Truly that great Household'er whose house is the universe will be no man's debtor, but will bring forth from his treasures things new and old. All holy desires shall be fulfilled: nor shall even mere blameless desires be unaccounted of, please God.—Christina G. Rossetti.

Sermon From Shakespeare

(Copr. 1909 by Bradley-Garretson Co. Ltd.)

How use doth breed a habit in a man! Two Gentlemen of Verona, Act IV. Sc.2
There is nothing peculiarly original in the thought, "How use doth breed a habit in a man." It is the manner in which it is stated that attracts. From earliest times experience has made men realise that continuous practice of an act tends to make action spontaneous and unconscious. Shakespeare has taken this world-old thought and crystallized it into a sentence which compels the attention of the most careless reader. In the word "breed" there is the Shakespeare touch. Character is but the child of practice. Men are what they are largely through their earliest acts, which, in time, have become habits giving permanent stamp to their character. "The child is father to the man." Why? From the time of his impressionable childhood the individual has been acting thus or thus—following good or evil courses, and in the end he has become vicious or virtuous. The idle man has been made idle by neglecting his duties in early life; the energetic worker has become so by the practice of industry.

Habits are necessary. They are great time-savers. If we were compelled to pause at every act and consider whether or not it were being performed correctly it would be possible to accomplish but little during the short span of life. A thousand acts are each day done unconsciously by every individual. The importance of forming correct habits, virtuous habits, is self-evident. A habit once formed is as difficult to break as it is to make a bent tree grow straight. As the twig is bent the tree is inclined; as the child acts the character of the mature man is moulded. If there are moral idiots born into the world, it is because their ancestors had formed evil habits which have descended to the children. The prisons of every land are filled with men who have been made what they are by the selfish acts, the cruel acts, the vicious acts, of their childhood days. The thief has been bred by "use"; in boyhood he has coveted objects and, not being forced to resist temptation, stealing has become a habit. Kleptomania is a mental state occasioned by the practice of theft. On the other hand generosity is a condition achieved by the practice of unselfish acts. Men can become angels or devils. It largely depends on their boyhood training.

What "use" is to individuals is readily to be seen in the movements of raw recruits and veterans. The former perform their evolutions awkwardly, clumsily, self-consciously; the latter march and turn and wheel with admirable precision—at the word of command, from habit they obey. Drill has been necessary to bring them to soldierly perfection. Life is a battle; to fight to the best advantage drill and discipline are essential.
We speak of skill. What after all is skill but correct habit? Practice makes perfect; and by constant practice the apprentice becomes the master workman. But some workmen possess by nature a higher degree of skill than others. This, too, may be due to habit. In certain communities artisans have a skill in peculiar crafts that cannot be equalled elsewhere. The steelworkers of Sheffield illustrate this. Why is it? They are the children of steelworkers; their fathers and grandfathers have been steelworkers. The habits of their ancestors have been inherited. Mentally and physically they possess a hereditary advantage over workmen in more recent communities. Habit thus leaves room for growth. The mind and body through spontaneous action are free to advance to greater heights of perfection.

Evil habits once formed are not easy to break. Hamlet in his endeavor to arouse his mother to a virtuous course of action points out the only way in which vice can be vanquished: "Refrain," he says, "and that shall lend a kind of easiness To the next abstinence; the next more easy; For use can almost change the stamp of nature, And either lay the devil, or throw him out With wondrous potency."
The drunkard is the offspring of "use." Frequent practice has become habit. To cure drunkenness artificial aids, purely physical, have been resorted to. In the majority of cases they fail. But there is a sure cure—the exercise of the will combined with the practice of virtuous acts. The evil stimulus craved by body and mind must have a substitute. The only safe substitute is "actions fair and good."

But no evil habit can be cast out without a battle. The battle won, it is necessary to erect strong walls around the citadel of the soul, to keep alert guards in the watch-towers. The enemy will return and endeavor to undermine the walls, to scale the citadel in times of darkness. The surest safeguards against sin, evil habits, are good deeds, generous acts. Heredity, habits of ancestors; environment, habits of neighbors; practice—all play their part and tend to virtue or vice. In the last analysis character is the sum of a man's vicious or virtuous habits.

Sugar Prices Now Breaking 20 Years' Record

Advices received Friday by wholesale grocers in St. John were to the effect that the American refineries had advanced their sugar prices twenty-five cents, and that the price from the refinery to the jobbers was \$7.25. It is possible that an advance may occur in the price from the Canadian refineries. Sugar is now higher in St. John than it has been for twenty years. In 1895 it was just ten cents lower than it is today, and the present prices are therefore record-breakers. The different grades, Standard, Austrian, Bright Yellow, and No. 1 Yellow, range respectively from \$6.10 to \$5.50, while Paris Lump brings from \$8.75 to \$7. In sympathy with sugar, molasses is also very high.

Missionaries And Buildings Safe

LONDON, Sept. 15.—A message received at the headquarters of the China International Mission here to-day states that all the missionaries of that body and its buildings in the Province of Szechuen, China, are safe, according to the best information obtainable telegraphically at Shanghai.

The Drought In India

(From the London Globe.)
The Indian climate is as stable as our own has recently become. Only on rare occasions does the weather afford a topic of conversation. But one of those rare occasions is now with us. The event dominating Indian rural life is the monsoon, which is expected in June and blows till September. Should the monsoon fail the crops perish and famine is upon the people. This summer the rains have proved deplorably feeble. There is still time for the crops to be saved, and as heavy clouds are generally reported, the situation is by no means hopeless. But there is grave cause for anxiety. A shortage of rain is reported from 147 stations, and already there is serious trouble over practically the whole of northwestern India.
One bright feature relieves the general blackness of the position. In the United Provinces and the Punjab irrigated works have partially made up for the failure of rain. It happens that the spring snowfall in the Himalayas was exceptionally heavy, so that there is plenty of water. It is certain that the anxiety which has been felt in the Punjab these last few days will develop into a demand for new and more comprehensive irrigation works.

SPRAINED WRIST AND ANKLE

After Being Laid Up With Great Pain for Ten Days, Relief Was Gained Instantly by Applying

NERVILINE

One of the most soul-distressing accidents that can befall one is a bad ankle or wrist sprain. "If I had only known of 'Nerviline' earlier, I could have saved myself an enormous amount of pain, and many agonizing nights of sleeplessness." Thus writes P. P. Quinn, a young farmer living near Brockville. "I tumbled from a hay loft to the barn floor and sprained my right ankle and left wrist. They swelled rapidly and caused excruciating pains. It was not convenient to go to the city and the liniment in the house was useless. When I got Nerviline relief came quickly. It took down the swelling, relieved the pain, and gave me wonderful comfort."

TESTIMONIAL No. 4266

"I can recommend Nerviline for strains, bruises, swellings, muscular pains, and sore back. I have proved it a sure cure in such cases."
Think what it might some day mean to you to have right in your home, ready for an accident or emergent sickness, a bottle or two of Nerviline. Get it to-day, 25c. or five for \$1.00, all dealers, or The Catarrhzone Co., Kingston, Ont.

Time to Read

An argument that is often put up against any increase in the amount of reading matter the farmer has at his disposal is that he has not time to read. Many farmers refuse to take a farm paper because they claim not to have the time to read it. The question is not whether the farmer can afford time to read, but whether he can afford not to read the farm paper or anything else that would help him in his business. The fact of the matter is the farmer must read and keep in touch with the latest developments in his own business or he is doomed to failure. Whether he takes a farm paper or not he will have to get the necessary information from some source. And we are not tooting our own horn particularly either, when we say that the farm paper gives the information the farmer requires in the cheapest and best form available to-day. Its greatest value lies in that the information is given him every week, and is so arranged as to be reasonable and in such shape that the farmer can grasp its meaning without any difficulty. There are many things the farmer can afford to do without better than the farm paper or books that will help him in his business. To neglect to buy these because he has not time to read is an admission that the farmer is not desirous of making the most out of his calling. The most successful farmer to-day is the man who reads and puts into practice what he reads. He is not satisfied with one paper, but takes half a dozen if they are to be had, and amid his many duties takes time to read them all. The farmer to-day must find time to read all that is going that will help him in his business. He cannot afford not to read.—Canadian Farm.

DISTRESSING HEADACHES

Headaches are largely the result of disordered kidneys.
Mrs. Hall, 84 Flora Street, St. Flora St., St. Thomas, Ont., says "I suffered for years with headaches of a most distressing nature. They would come on me suddenly, and would last for days at a time. These were usually accompanied by spells of dizziness that would leave me unable to attend to any house duties. My back was weak and caused me much suffering through the night. I had doctored for years, but all to no avail. Nothing benefited me and my condition was gradually becoming worse. I learned of Booth's Kidney Pills. One box gave me a complete and lasting cure. I have not had a headache or dizzy spell since and I feel like a new person.
Booth's Kidney Pills are sold by all druggists, 50c box, under a guarantee to refund your money if they fail to relieve any disease having its origin in the kidneys or bladder. Postpaid from The R. T. Booth Co., Ltd., Fort Erie, Ont. Sold and guaranteed by E. W. Mair.



Predicts A Long Cold Winter

Middle Haddam, Conn., Sept. 19 —Horace Johnson, Connecticut's aged weather forecaster, who achieved some prominence by foretelling the blizzard of 1888, promises a long and severe winter this year. He says:—
"There will be a snowfall as early as October 18, and ice will form on the streams by November 12." Incidentally he also forecasts a drought for 1912.



ROUND TRIP WANTED
Young Wife:—"I shall go straight home to my mother!"
Husband:—"Very well. Here's the money for your railway fare."
Wife:—"But that isn't enough for a return ticket!"

SMOKE SHAMROCK PLUG TOBACCO
Finest Quality.