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Household Hints

CONGENIAL WORK

Mothers Should Carefully Note Ten-
dencies of Children So They May
Be Put to Congenial Work.

Observant parents can usually trace a distinct inclination on the part of their children to take special interest in either one or the other — either head-work or hand-work. One child is never so happy as when given a book which keeps his brain busy; another finds chief satisfaction in making something with the hands — a wooden boat, a doll's frock, a paper kite, etc., etc.

These marked preferences can be a great help to parents when deciding upon the kind of work likely, later, to prove congenial to a girl or boy. But it is a mistake to allow a child, during school years, to follow only that line which most appeals to him. "Oh, Jimmy isn't cut out for book-learning," or "Janie's fingers are all thumbs, so I let her read," are examples of the kind of remark which should never be made in children's hearing. Instead, it should be taken for granted in their presence that Jimmy can become a good scholar if he but takes the trouble, and that Janie's fingers are as teachable as any girl's fingers. This would help largely to prevent that self-satisfied one-sidedness which so many people exhibit, and which leaves them so terribly at a loss when anything happens to hinder their doing the only work of which they believe themselves capable. Children's head-work and hand-work should go together and balance one another, so that no latent capacity be left undeveloped and unused.



USEFUL SCHOOL FROCK

The Romance of Irish Point Lace

Youghal point lace, of which a complete dress has been made for Queen Mary, is the most beautiful and costly of Irish lace, and originated indirectly from the failure of the potato crop in 1846, though the inspiration was furnished by a piece of point de Milan which fell into the hands of the abbess of a convent at Youghal, County Cork. Hitting upon the idea of setting up a lucrative industry for the half-starved children attending the convent school, she studied this stray bit of lace, unravelled the threads one by one, and finally mastered the complicated details. She then selected the children cleverest at needlework, and taught them separately what she herself had learned. From Youghal the point lace industry has spread to other parts of Ireland, notably to some districts in the neighbourhood of Kenmare, County Kerry. The chief characteristic of Youghal point lace is that it is worked entirely with the needle.

To Walk Well

An artist has lately been complaining that his chief objection to fashionable dress is that it reveals so completely the inability of the average woman to walk well. He says that most of us either slouch or strut, and he gives the following instructions on "how to walk":—

"The head should not be held erect as if by effort — a woman should not look like a soldier on parade. The steps should not be jerky — however quick, they should be 'smooth.' The movement should be from the hips, and the knees bent as little as possible. A slight — a very slight — bend forward is graceful, if the walker be tall and slim. The arms should not swing noticeably, but should hang freely — elbows should be unobservable. The feet should turn out slightly, and walking should appear to be done chiefly on the toes — the heel down first style is unpardonable. But the chief features and charms of a good carriage are its seeming leisureliness, the absence of 'strut' and 'slouch,' and a certain air of unconscious grace."

THE ROYAL BANK OF CANADA

Pays special attention to

Savings Accounts

The same critic recommends daily practice in front of a full-length mirror — exercises to be taken preferably in cycling knickers, as the movement of the limbs can then be better studied.

THE POWER OF SYMPATHY.

Mothers Too Often Form a Habit of Constant Reproof.

Although conscious of the power of sympathy, many loving but over-tired mothers not only forget to show affection but form a habit of constant reproof. Naturally enough, the children, unless exceptionally callous to their surroundings, become sullen and resentful. How can they realize that the nagging is an expression of anxious affection?

When Johnny comes rushing into the house full of enthusiasm over some new play or new idea, and eager to tell his plans, such a mother exclaims, "How many times have I told you to wipe your feet before you open the door?" The greetings rattle his enthusiasm, and, hurt and wounded, he draws back into himself, and will not again expose himself to such a snub. He confides in her less and less as he grows older, and she wonders why.

There is sound psychology in the statement that if you believe a man is honest he will be honest; that if you trust a young man he will prove trustworthy; that if you praise a child he will deserve praise. Benjamin West's mother kissed her boy when he showed his drawings to her; and the boy, when grown to manhood, said that her kiss made a painter of him.

Alfonse Salad Dressing

One cup salad oil, two and one-half cups cider vinegar, one cup sugar, quarter cup water, two tablespoons of salt, two tablespoons of dry mustard, quarter teaspoon red pepper, boil sugar and water together, put oil, salt, mustard and pepper in a bowl and mix well together, add vinegar slowly, and lastly the sugar and water. This can be made in larger quantities. The longer it is kept the more delicious it becomes. Shake well before using.

Delicate Cake

Whites four eggs, one and one-half cups of sugar, one-half cup butter, one-half cup milk, two cups flour, one even teaspoon soda, two teaspoons cream of tartar, one-half teaspoon salt, one-half teaspoon lemon or vanilla. Cream butter and sugar, sift flour, cream of tartar and soda together four times, add milk and beat all together ten minutes, bake forty-five minutes.

Mince Meat

Three pounds meat, six pounds apples, one pound suet, two pounds raisins, one pound currants, one pound citron, one quart cider, two tablespoonfuls salt, one teaspoon of all kinds of spices, sweeten to taste with brown sugar and molasses, use the liquor the meat is boiled in, cook all slowly for two hours.

Blue Foxes on the Isle of Haute

Mr. F. E. Whelpey Will Place Some There on Tuesday

Mr. F. E. Whelpey, of Murray street, will leave this evening for the Isle of

TWENTY SIX-FOOTERS

A Startling Example of How Oats Create Height

Archdeacon Sinclair, in advising boys to eat much oatmeal, said this: "Among my brothers and my father's brothers and sisters there were 20 six-footers, all brought up on oatmeal."

Oats contain more body-building food; more brain-building food, more nerve-building food than any other grain that grows. No other item in all human diet compares in importance with oats. Nothing else creates so much energy.

But thousands of people buy this food carelessly. They accept oatmeal made from oats as they run — the plump and the small, the rich and the worthless.

Quaker Oats is made from the cream of the oats, selected by 62 siftings. Only ten pounds in a bushel are good enough for use in this food. The result is a richness and flavor that all enjoy, and the maximum value as food.

Yet Quaker Oats, despite its quality, costs but one-half cent per dish. Does it pay to take something inferior? Made in Canada.

Haute, where he is taking nine blue foxes. When out west in 1898 he became a member of the Alaska Blue Fox Propagating Company and since that time he has been very successful. About two years ago he returned to St. John and brought with him two foxes. He placed them on an island off Musquash and daily has cared for them. Their number has increased to nine and as the accommodations were not satisfactory, he decided to remove them to the Isle of

Haute, where they will be cared for by Mr. Percy Morris, who is in charge of the lighthouse there. In speaking of the care the fox required, Mr. Whelpey stated that when young they need considerable attention as they are very tender. He said that they are allowed to run wild on the island, but they have a regular feed station where they are given cornmeal and fish once a day. A blue fox seldom lived over six years. About that time they are generally killed and their pelts, which are very valuable, sold. He said that his company had never gone in for raising the silver fox as it was not as successful as that of the blue fox. He stated that one year at their fox station at Ark's Inlet, in Western Alaska, they had killed 160

and had sold the pelts for a fair price. Mr. Whelpey stated that he was greatly pleased this summer with his progress and that if all goes well in about ten years he will have something to show for his trouble. He expects to complete all arrangements for the transportation and leave on Tuesday evening. He will return to the city in about a week.

How's This?

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WALDING KINNAN & MARVIN, Wholesale Druggists Toledo, O. Hall's Catarrh Cure is taken internally acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all Druggists. Take Hall's Family Pills for constipation.

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Absolutely AIR-TIGHT and the cleanest stove in the world. No opening of any kind. Will save half the fuel of the average stove Burns large knots, chunks, chips and trash.

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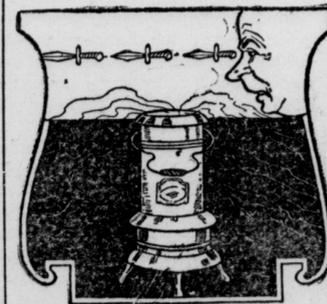
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