

#### SOUTH **WINDOW**

IN CANADA

"Love, Laughter and Life"



I hold that Christian grace abounds

Of love to men.

When charity is seen; that, when

We climb to heaven, 'tis on the rounds

A little common table salt sprintled

eveniy over the surface of a mustard plas

ter will enable the patient to keep it on

con fortally for hours—and go to sleep :f

so disposed-while the mustard is put

ting in its work. The salt probably ab

sorbs some water, making a brine which

comes between the mustard and the skin

but not in quantity sufficient to serious

Cream Apple Pudding

Pare, core and quarter six tast apples

rately quick oven for one hour, and

Fruit Gelatine

dates; m'x w than qual amount of figs

cherri s or pinc apple, or the pulp of an

orange, or a sliced banana. The m'xture

must be st flicient to fill a quart and a

plat mould. Cover a bex of gelatine with

half a pirt of cold water and let it soak

for half an hour. Add to it a cupful of

teaspoonfuls of caramal. Strain in the

mould over the fruit and stand it aside

"Constipation for Three Years"

Tad Dizziness, Bad Breath, Head-

aches, Bad Color, Poor Appetite.

Dr. Hamilton's Pills Cured Quickly.

Those who doubt if constipation and

chronic stomach trouble can be cured,

need only read the striking testimony

of Mrs. B. C. Curean, of Westport, to know that even if all else had failed,

certain cure attends the use of Dr.

the torture of biliousness, constipation, and stomach disorders. I had terrible pains in my head. My appetite faded away, and when I did eat anything it

disagreed and made me very sick for hours after each, meal. The active

pains in my stomach and the dizzy

headaches I had to endure almost se

me wild. Sometimes attacks came on

would feel so worn, depressed, and

wouldn't speak to my family. My sys-

tem was poisoned with wastes and nothing helped me till I used Dr. Hamilton's Pills. Without this grand

system-c'eaning remedy I would still

troubles-25c per box at all dealers.

o severely that I had to go to bed.

atterly miserable that for hours

"For full three years I have suffered

Hamilton's Pills.

Stone and chop a quarter of a pound of

sauce, or cream or mik.

ly int riere with the mustard.

-J. G. Whitter.

LITT' TEMPERS

I do not believe anything spoils the happiness and serenity of home so much as "little tempers," says a writer in Horner's Weekly. It frequently happens that the person who indulges in them is warm-hearted, and ready to help, and gives little or no thought to the failing which mars an otherwise sweet nature. You will frequently hear people say, with a smile, "I have a quick temper." It is really a serious defect, all the same. A man has something to disturb him at his work, or he misses his train, and comes home in a "little temper." He won't answer his wife civilly; he turns on the children and the cat, and takes his food in moody silence. That man creates a desert of discomfort around him. The peace and comfort of home depend upon the temper of those who dwell there, to a very large degree. What pleasure is there in the clean home and nicely prepared food, if "mother is in a temper"? What jey is there in the pretty house and nice clothes father's care .provides, if he is cross and grumpy? To try to make things go well and smoothly when there is a member of the household whose temper is uncertain, is like trying to run a machine with one part of it rusty, or gritty with dust. If, when we feel irritable, as we all do at times, we would hold ourselves in for even ten minutes, how many a quarrel, how many a heartache, how many a mortification, how many a disgrace to our religious profession would be spared us!

#### MISTAKES I MADE

By a Young Wife

It is extraordinary how the "contradicting" habit grows on one. I made the mistake of letting it become chronic before I realized that I was suffering from it at all.

I began it just for the sake of an occasional friendly argument with Ned. It seemed so silly to be always agreeing; but in time I found that it was far sillier to be always disagree-

It is extraordinary how easy it is to take the other side whenever anything crops up which leads to discussion, and it is amazing what a disagreeable individual one becomes in the taking thereof. I found myself growing a positively quarrelsome person before I pulled myself up short; then I discovered that it is much more restful not to argue unnecessarily.

a is quite enough wear and tear in life withou. in this way.

### CHEAP FLOWER POT COVERS

Take a piece of very stiff cardboard about twelve inches wide and twenty-four inches long, bend it gently until the ends meet, lap them over sufficiently, and fix together by tacking with needle and thread, or with some quick-drying glue. Cut some cretonne to fit the outside, and some plain sateen lining for the inside. Put these in place, and bind top and bottom over the edges of the cardboard with braid or ribbon. Attach a large rosette of baby ribbon to either side, and finish the edges top and bottom with cord. For smaller flower-pots, cut the cardboard according to size. These covers are very handy for slipping over unsightly pots, the pots being stood in saucers, which the covers will also hide.

#### BOTTLED LEMON JUICE

Those who do not use many lemons In cooking think it extravagant to buy them simply to remove stains from the hands, as the lemons soon dry up or go mouldy. Try this way; you will find it most economical: Buy a large, Juicy lemon, and squeeze out all the Juice. Strain, and pour into a small bottle, and cork tightly. If the hands are stained, or very dirty, pour a little Juice into the palm, and rub the hands well all over, into the nails and finger-tips especially. Let this dry on, then wash the hands in warm water with good soap. You will be delighted with the result, and surprised to find how long the juice will last. The gind can be dried and used as a flavoring for puddings, etc.

#### FOR THE HOUSEWIFE

A small broom made of stiff wire is very convenient for cleaning fryingpans.

If the hands are thoroughly greased with vaseline after using dyes, the stain will be prevented from penetrating the skin.

To prevent thread from knotting when sewing by hand, always make the knot in the end last broken from the spool, then stretch the thread, taking the ends and giving several quick pulls, threading the needle with the unbroken end.

The white of a raw egg makes a most excellent paste. Papers used for covering jam or jelly, if brushed over on the inside with the egg in this form will hold securely and be quite

Gilt frames or mouldings, when soiled by fly specks or other causes, can be cleaned with the white of an egg applied with a camel's-hair brush.

In short, the finest beauty recipe in

the world is:

Content . . . . . 5 parts.
Hope . . . . . . . 3 parts.
Carelessness . . . . 1 part.

Thousands who are in an ailing, low state of health need nothing else but Dr. Hamilton's Pills. They cure blood Give that bottle a shake, ladies, and tell me how it goes.

# The September Womam's Home Companion

The September Woman's Home Companion is the Advance fall achion number of that periodical. It contairs an immense amount of fashion news that will interest and be of practical service to wemen. Grace Margaret Gould, who conducts the fashion department of the Companion, does her work admirably; that is, her object seems to be-not to present fashions in a way that will influence women to waste money on clothe, but in a way to show the great mass of wemen how they may dress fashiouably and yet at reasonable

On the entertainment side the September Companion is an unusual number. Notable and lively fiction is contributed by Alice Brown, Annie Hamiiton Donnell Anna McClure Sholl, Mary Heaton Vorse, John D Swain and others

Eight special articles, full of new facts and ideas, are included. The titles of some of these are: "What COMPANION Readers Think About the Cost of Living," "The Boy and Some of His Opinions," 'The Modern Woman's Paradise," 'Housekeeping by Electricity,' "Saving Steps in the Kitchen."

Fourteen special departments, and the great fashion, home decoration and household features, complete the number.

### Abuse of Tobacco

A physician at Washington, D C., i full of hope that the tobacco habit will have become obsolete in fifteen years. There is a society in the United States t voluntarily adding to it Dissolve a teasp onful of soda in two denominated the Non Smokers' Protect tablespoonfuls of merm water; add is to live League, which has branches in sever one pint of thick, sour milk and al of the larger el iss, and is steadily if sour cream mixed, stir in two not apidly, pusling its way. This so cupfuls and half of pastry flour, beat for clety dues 10t deny a man's right to a moment: pour in a greased baking pan | em | ge but it dispu'es fts right to smoke the bottom of which has been covered in public, or to chew tobacco with the apple: sprinkle half a cupful of in public, or to pub icly snuff, because granulated sugar and a teaspoonful of this inflicts unwholeson e smoke and un cirnamon over the top. Bake iq a mode pleasant odors upon people, and gener ally interferes with the finer tastes and serve hot with a carefully made hard dispositions of reasonable and moderate people. Dr Wiley if Washington who is an active propagandist of the new society does not deny the individual right of any one, in either sex, to drink a "table spoonful of mellow rye" or puff a c'gur or eigarette, but that is no excuse for the pull city of the deeds. No doubt time chopped fine; add chopped candied will accomplish much for the arti tobac co cause, but it may be doub ed if the race of chewers or smokers will be ex tinct in fifteen years. It is not unreason able, however, to insist that they shall not indulge in their practice in the streets, in the pullic buildings, in street sugar and a quart of boiling witer; stir cars, or in any place or places where they until the sugar is dissolved; add the ju'ce may give annoyance to the general pub of two lemons and one crange, and two lic. The pers stent moker is too apt to defy the ordinary regulations which pro hibited him from practicing in public places, and this will eventually be his un doing. People will insist eventualy on a strict observances of the regulations; as they ought to do. Education and remon strance may be more effective than any rule to the viclation of which there is penalty attached .- St John Globe

## Tapioca With Apple

Soak one scant half cup taploca with enough water to cover over night. In the morning place in a double boiler, add one small cup of sugar-yellow C sugar is best-and cook until clear like jelly, then add one half teaspoon of vanilia. Peel an apple and cut it into eighths. Put it in a pan wi h six tallespoons of boiling water and cooksuncovered un il clear. Line the bottom of serving dish with the unbroken apple slices and pour over the caramel tapicca. Serve with cresm.

#### Care Of Rubber Sandals

be sick, but each day brought me bet-Do not hang up rubber sandals by the ter heath and spirits. I was cured and made as strong, ruddy, and healthy heel straps in the costomary way. In looking as one could wish, and will always use and recommend Dr. Hamiltime-and not a lorg time, if the weather is warm—the straps become stretched by disorders, pimples, rashes, bad color, billiousness, liver, stomach, and kidnes troubles—25c per box at all dealers.

Show the heal in a most annoying church had ro ted down; no teachers had J., and about 300 in various other come.'—An erican Messenger.

Come.'—An erican Messenger. even this alght weight, and when word



### Barley Gruel

M'x together one tablesprouful of barley flour, a teaspoonful of salt, and a smalte spoonfol of sugar with a li tle cold water. Pour on them half a pint of boiling water and boil ten minutes. Add to it half a pint of hot milk and bring it to a boiling point; then strain and serve very hot,

Here is a good way to use up hard cheese. C'eese omelet-Put the cheese through a meat chopper; beat one egg; to this add half a cup of milk; beat in the cheese: cook on a granite plate in the oven or on top of the stove.

#### Bible Sales In Korea.

the greatest example of rapid change drastic. from non Christ an to Christian conditions that has taken place in the history of Chris ian missions. Since the political occupation and control by Japan the number of Japanese residents hes rapidly it creased, and a novel feature of the new situation is religious work and Bible colportage by Coreans among Japanese

The An er can B ble Secretys' agency in Corea is now an independent one, and its first year's report as such shows sales of the Sciptures in Corea last year of 116 492 velumes, an increase of 66 per cent over the previous year. New book stores are being established, and the colporteurs are sent into the frontier regions. Recently an edition of the New Tertament was issued for Cores; giving Coreans and Chinese texts together. Now the Old Testament has just appeared and is sold at fifty cents per copy. Efforts are making to sell a hundred thousand copies within the year.

Cond tions of Corean women are changing rapidly for the better, owing to teachings of the Gospel, and women are engaged, as in other Far E. t countries, to place the Scriptures in the hands of mothers, young women and families. Bible womer, as they are called, are doing much to change the Corean family life and improve the ortlock of Corean and Japanese women and girls .- N. Y.

## On The Congo

A missionary thus describes the eager ness of the people of the Congo to receive the Gospel story.

'It would take one missionary's whole time to handle the de egations which are coming in from the villages on the plains, nd far out in the jungles, urging that teachers be sent speedily to tell the people that are in the darkness, of the Saviour's love and the Way of Life. One day as we w ited at Luebo some men came who had walked about 175 m les. They told the missionaries that they had come from a dark village far away; that all their people were in darkness. They had heard that if they wou'd build a church in their village that a teacher would come to teach them the way of salvation. They had built a church, and striking furniture workers in this city, they had waited and waited. The 400 men in Chicago, 400 in Paterson, N.

#### Monarchists In Portugal Active

Portuguese Practicing Military Manoeuvers on Spanish Soil

Lisbor (by way of the frontie). Aug. 15-The Portuguese Consul, Orense Spain reports that numerous Portuguese monarchists there daily at pacticing military manoeuvers. He says that their practice is being carried out in the open air with out attempt at concealment. The Sp p sh government, however, on the other hand, advises the Portuguese gove: nment that it has expelled 200 of these morar

C ptain Lobo of the Seventh Cavalry, at A meida, and a sergaant have deserted their regiment and crossed the Spanish frontier and joined the r yelists. The government is strengthening the frontier and has old red six new mountain bat Corea presents, as is general'y agreed, | teries erected. The censors in is

#### Deafness Cannot be Cured

by local applications, as they cannot reach the diseased portions of the ear. There is only one way to cure deafness and that is by constitutional remedies. Deafness is caused by an inflamed compart tion of the mucus lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucus surfaces.

We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. 'Send for circulars, free,

F. J. CHENEY & CO., Toledo, O. Sold by Druggists, 75c. Take Hall's Family Pills for conatipation

#### Admiral Togo On The Siek List

Boston. Aug 17 .- An attact of acute indigestion, declared by his attenlants to be slight, caused the cancellation of the ir gramme of entertainment in honor of Admiral Togo, the Japanese naval officer, here today. The proposed trip of the Admiral to Provincetown to receive the courtesies of the United States fleet also was abandoned.

#### Quit Church Unions

Grand Rapids, Mich., Aug 12-The Christian Reform denomination, having seventeen churches and 8,000 members, unanimously adopted the report of the committee of fourteen, which demands that all members of the denomination must resign from labor unions. This denomination takes the position that the oath required cannot be taken by a church member, that the burial section of the ritual is not sufficiently religious and that the organizations are not founded on religion. This action by the Christian Reformers affects 700 of the