

A Bid!

THIS is an earnest, honest bid for your good will. If what we say is true we shall learn it. Otherwise it will cost us heavily. Besides we shall sacrifice the respect of the housekeepers.

We assert:

Regal Flour bakes the best quality and the utmost quantity of bread per barrel of any you have ever used. It is economical, little goes far. It makes delightfully light, white loaves. And fine, flaky pastry.

Guarantee:

Your dealer will return your money if what we have told you here is not true. He loses nothing. For we pay him back. Will you meet our sincerity half way? Please remember—Regal.

THE LAWRENCE FLOUR MILLS CO. Limited
W. J. Williams

Reliable Cure Of Curvature of Spine

Philadelphia, Sept. 5.—A reliable cure of curvature of the spine is announced at the Methodist Hospital here. The case is that of Adele Weinber, a young girl hunchback. The surgeon removed part of one of the lumbar vertebrae found to be diseased and in its place used a section of leg bone. The plaster cast in which the child was encased following the operation has now been removed and she is erect as though her spine had been normal since birth.

Police Scandal in New York

New York, Sept. 5.—Rhenlander Waldo, New York's Commissioner of Police, incensed a statement attributed to Cornelius G. Hayes, deposed inspector, that he would air a departmental scandal and cause Waldo to resign, issued a drastic order today commanding Hayes to report at headquarters at once and state in "writing whether he did or did not threaten the commissioner." This further involves the police situation in that Hayes, already accused of making false statements, involving the commissioner, may now be tried on further charges.

SAFE

The Senator's Wife (in Washington)—"You are sure they are nice people, Augusta?"
The Senator's Daughter—"Yes mamma. Their father is owned by the same Trust that owns papa."

Edison Electric Lights 30 Years Old Yesterday

New York, Sept. 5.—The thirtieth anniversary of the world's first central station for the supply of incandescent electric lights was yesterday. It was at three o'clock on the afternoon of September 4, 1882, that

Thomas A. Edison opened the first plant in an old brick building in lower Pearl street. The first current fed about 40 lamps, distributed over an area of a square mile.

In a white, high crowned derby hat, and collarless, Edison gave an interview to the reporters.

"I have accomplished all I promised," he said, "and we have a greater demand for light than we can supply, owing to the insufficiency of men to put down the wires."

Thirty years ago fifteen miles of under ground cable was sufficient. Now there are 1,400 miles of cable in the city, supplying 5,250,000 lamps. In 1890 the first plant at No. 257 Pearl street was destroyed by fire. One of the old jumbo dynamos designed by Edison himself was saved and preserved as a relic.

Many persons were killed and wounded during a political riot at Para, Brazil, last week. Business is at a standstill. Lemos, one of the political leaders, is a prisoner. A newspaper office was burned.

"Women are getting altogether too handy with revolvers in Chicago and getting off without paying any penalty," said Municipal Judge Smith in the Hyde Park Court as he imposed the maximum fine of \$200 and costs against Mrs. Mary Moore for carrying concealed weapons.

Cuba this year is producing the biggest sugar crop in its history. Up to Aug. 10 the output had been approximately 1,830,000 tons, with seven mills still grinding. The total product is expected to be about 1,875,000 tons, or almost 70,000 tons more than last year. It will be remembered that the report of a short crop last year had a good deal to do with an increase in the price of sugar early this year.

Aviator Falls At Presque Isle, Me.

Presque Isle, Me., Sept. 4.—Frank Fitzsimmons, of New York, an experienced aviator, fell from his Walden monoplane in which

he was making his first flight from the Presque Isle fair grounds Wednesday morning and suffered compound fracture of both legs, as well as many bruises. He was taken to the hospital and it is expected that he will recover as no internal injuries were discovered. The monoplane was completely smashed.

The weather conditions were favorable enough, but the aviator had to go into the air some 200 feet in going a distance of 50. This made the machine vibrate and waving and the aviator striking what are called holes in the air, lost control and the plane dashed to the ground, landing in a broken, tangled mass.

The sun bath is being revived in Germany, after having its healing power lost sight of since the time of the Romans. The sun bather, clad in an ordinary bathing suit, lies in the sun for an hour, with his head covered. For skin diseases, corpulence and debilitated nerves the sun bath is said to be an efficacious remedy.

Willing to Swap

Two Kansas City lawyers, whose names are withheld for obvious reasons, declared that they were present when the following incident occurred. One says it happened in Memphis, the other in Louisville. It really doesn't matter:

Uncle Moses was a chronic thief, who usually managed to keep within the petty larceny limit. One time he miscalculated, however, and was sent to trial on a charge of grand larceny.

"Have you a lawyer, Mose" asked the court.

"No, sah."

"Well, to be perfectly fair, I'll appoint a couple. Mr. Jones and Mr. Brown will act as counsel."

"What's dat?"

"Act as your lawyers—consult with them and prepare to tell me whether you are guilty or not guilty."

"Yes, sah."

Mose talked to his attorneys for a few moments in husky whispers. The judge caught only the several times repeated word alibi. Then Mose arose scratched his head and addressed the court.

"Judge, yoh Honah," he said "Cous, I see only an ignorant niggah, an' Ah don' want to bothah yoh Honah, but Ah would sutlinly like to trade yoh Honah one ob dese yeah lawyahs foh a wifere."

"Yes," said the determined looking woman, "I might manage to hand you a bite to eat if you'll saw and chop a good pile of stove wood, and bring in a few buckets of water, and chop the weeds out of the garden and fix up the fence."
"Lady," replied Meandering Mike, "I'm only a hungry wayfarer. I ain't yer husband."

SLEEPING OUT OF DOORS.

This new appreciation of fresh air and a wider knowledge of the benefits of proper ventilation have, says the New York Independent, very naturally led to the desire of securing more of it, and everywhere the custom of sleeping with windows at least partially open during the entire year is finding acceptance. Camping and summer life in the woods, where sleeping must perforce be more



or less in the open, first demonstrated the healthfulness of the practice of sleeping out of doors, and has led to its being adopted to a great extent in permanent homes, for who would willingly sleep in a stuffy and poorly ventilated bedroom during the warm nights of summer with recollections still green in memory of other nights spent in the cool freshness of the open air?

Then, again, the benefits of open air sleeping have long been urged by physicians who insisted that their patients inhale, during their sleeping hours, even in winter, the dry air of Colorado or the balmy-scented air of the Adirondacks, and it is but logical to suppose that if this treatment be efficacious in making the weak strong it may also be the means of making the strong more healthy and vigorous. It is said that in the city of Colorado, noted particularly for its delightful climate, almost one-half of the homes are provided with some form of open-air sleeping arrangements, many of which are in use during the greater part of the year. The sleeping porch or veranda, or the same thing called by another name, has everywhere become a really really recognized institution, regarded no longer as a fad or an innovation, but almost as necessary as a system for lightning or heating, particularly if the home be in the country or in even a semi-suburban locality.

BUTTERMILK AND LONG LIFE.

Drink buttermilk and live long—so say the dietitians; and they seem to be borne out as to the truth of their statement by Bulgaria which has four thousand centenarians out of a population of 4,000,000—all drinkers of buttermilk.

To Increase Safety Of Lives At Sea

LONDON, Sept. 5.—An outcome of the Titanic inquiry is that the Board of Trade has issued revised rules for increasing the safety of lives at sea. The rules become effective on January 1st., 1913. They provide that foreign-going passenger steamships and emigrant steamships and foreign-going sailing ships carrying passengers shall be required to furnish lifeboat accommodation for all on board. The lifeboat equipment, which has been increased, must be in the boats as soon as the ship leaves the harbor and there remain throughout the voyage. The number of persons to be carried in each boat must be marked on it.

"Satisfaction Guaranteed"

Is The Rule of This Studio in Every Case.

THAT MEANS that you need not accept work from us that fails to please you. In fact we would much prefer that you did not, for we consider the satisfied patron our very best form of advertising and we are in business to stay.

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We Can Please You
Give us a trial

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Hair Goods

OUR SPECIALTY.

"Consider the postage stamps say's Josh Billings, it makes its Mark by sticking to one thing till it arrives. So do we. Our sole Business is the Manufacturing and importing of the latest fashionable Hair Goods at lowest possible prices. We carry all the latest novelties in Fancy Bands, Nets, Barettes, Combs, Etc. Give us a trial order to prove the satisfaction we can give you.

Mrs. A. F. Winslow
The Reliable Hairdresser
REGENT ST. - WOODSTOCK

A Bad Stomach

Mrs. S. Keast, of Clarksburg, Ont., say "A bad stomach trouble that had bothered me for years, baffled and puzzled skilled physicians, was nicely relieved by Mi-o-na. My food would not digest but fermented in my stomach, forming a gas that gave me untold suffering and pain and also made me weak, nervous, irritable and unable to rest. Since using Mi-o-na I can go to bed at night and sleep and wake up in the morning refreshed. I cannot speak too highly of Mi-o-na."

The dyspeptic nervous or otherwise, who does not give Mi-o-na a trial is losing an opportunity to regain health, for Mi-o-na Tablets are guaranteed to cure dyspepsia and all stomach disturbances, such as vomiting of pregnancy, sea or ear sickness and the stomach sickness after excessive indulgence. All druggists, 50c. or from The R. T. Booth Co., Ltd., Fort Erie, Ont. Sold and guaranteed by E. W. Mair.

Sydney Buxton, President of the Board of Trade, in issuing the new rules, makes the statement that it may be necessary to obtain further legislative power in order to make adequate boat drill compulsory and secure crews to man the boats properly.

Prepare For Wet Grain

The chances are that a great deal of the cereal grain will this season be harvested prematurely. This, together with the urgency for feed, will cause much of the grain to be thrashed in a dangerously wet condition, as wet grain in the bin is always sure to heat or to become musty. Hence the importance of providing against this plight by having an abundance of room for storing the grain in order that it may readily be dried by winnowing. The barn floor should be carefully gone over and made grain-proof. If the damp grain be spread out on the floor and the barn doors thrown open the amount of improvement made in a few hours will be astonishing. It is especially important to care for the seed grain, as it is quite easy to allow a little fermentation to go unnoticed that will considerably lower its germinating powers. The securing of this year's crop has been beset with difficulties, but the man who get the best prices or the best returns from his feed will be the man who overcomes the difficulties as they present themselves.