

Zam-Buk
 is the best remedy known for sunburn, heat rashes, eczema, sore feet, stings and blisters. A skin food!
 All Druggists will dispense.

THE HELPERS.

He that turneth from the road to rescue another
 Turneth toward his goal:
 He shall arrive in due time by the footpath of mercy,
 God will be his guide.
 He that taketh up the burden of the fainting
 Lighteneth his own load;
 The Almighty will put his arms underneath him
 He shall lean upon the Lord.
 He that speaketh comfortable words to mourners
 Healtheth his own heart.
 In his time of grief they will return to remembrance
 God will use them for balm.
 He that careth for the sick and wounded
 Watcheth not alone.
 There are three in the darkness together,
 And the third is the Lord.
 —Henry Van Dyke.

A DAILY THOUGHT

The day returns and brings us the petty round of irritating concerns and duties. Help us to play the man, help us to perform them with laughter and kind faces, let cheerfulness abound with industry. Give us to go blithely on our business all this day, bring us to our resting beds weary and content and undishonoured, and grant us in the end, the gift of sleep.

How to learn the Rule of Three: Live with your wife, your mother, and your mother-in-law.—Lippincott's

Why Not Two-cent Coins

The lower House of Congress has passed the Bulkley bill for the coinage of 3-cent and half-cent pieces. Secretary MacVeagh, who favors the measure, says the half-cent will benefit the slot machine manufacturers. The 3-cent piece will be of a special usefulness in cities where a 3-cent fare is the rule on street cars. It has been proposed to make it the size of a nickel, but to have a hole in the middle so that the coin can be readily distinguished.

That the 3 cent piece, with or without a hole in it but so made as to be distinctive from other coins, would be useful is probable. The half cent is open to greater doubt.

A cent is a small amount of money in these days of high cost of living. In the far West for many years, it was looked upon with contempt; today it is not common in the Pacific coast States, though coming into use gradually. Its introduction marks the passage of the lavish spirit of former days and closer attention to "saving the pennies" on the part of every one. Between the 1 cent and the 5-cent piece there may well be a convenient coin.

Argostook Pioneer.

The June Rod And Gun.

An illustrated story descriptive of a journey up into the Arctic slope is contributed by Dr. Luther Harvey as the opening number of the June issue of ROD AND GUN IN CANADA published at Woodstock, Ont., by W. J. Taylor, Limited. "Vacation Camps" follows and will furnish a pleasant solution of the problem what to do with the boy during the good old summer time. In an article on the Grand Casapedia, the great salmon river of Eastern Canada, Mrs. M. G. MacNeil McWhirter recalls famous sportsmen who have fished in its waters, including Sir Charles Ellis, Lord Dufferin, the Marquis of Lorne, Lords Lansdowne and Stanley. A third article on the Culture of Black and Silver Foxes also appears in this issue and other stories and articles are in keeping with the character of the magazine and the time of the year.

Freddy: "Is Dolly Dimple a foreigner?"
 Teddy: "Yes, she's a Laplander."

Beware of Ointments for Catarrh that Contain Mercury,

as mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free.
 Sold by Druggists. Price 75c per bottle. Take Hall's Family Pills for constipation.

Two Captains Are Blamed

Washington, May 28.—Blame for the Titanic disaster is chargeable directly to the failure of the dead Captain Smith to heed repeated warnings of icebergs ahead, but responsibility for unnecessary loss of life must be shared by Captain Lord, of the steamship Californian, through his disregard of distress signals. This is the finding of the Senate committee, which investigated the sinking of the Titanic, as prepared in a comprehensive speech delivered by William Alden Smith, of Michigan, chairman of the committee.

Senator Smith declared that responsibility also rests upon the British Board of trade, "to whose laxity of regulation and hasty inspection the world is largely indebted for the awful fatality." In denouncing Captain Lord, of the Californian, the senator said the Titanic's distress signals were plainly seen from the deck of his vessel, a short distance away. America will leave to England the chastisement of those guilty, asserted the senator, and he quoted British law to show that Captain Lord might be prosecuted for misdemeanor.

Other conclusions presented in brief were as follows:

Before the Titanic departed on her maiden voyage, there were no sufficient tests of boilers, bulkheads, equipment or signal devices.

Officers and crew were strangers to each other, and not familiar with the ship's implements or tools, and no drill or station practice took place, and no helpful discipline prevailed.

The speed of the Titanic was 24 1/2 miles an hour at the time of the accident, although officers of the Titanic had been advised of the presence of icebergs by the steamships Baltic, Amerika and Californian.

Passengers were not advised of danger, although President Ismay, of the White Star Line, who was taking the vessel's maiden voyage, was informed. No general alarm was given, nor any organized system of safety undertaken.

Of the 1,324 passengers and 899 members of the crew on board, there was room in the lifeboats for only 1,766 persons, and because of lack of orderly discipline, the boats took off only 704 persons, 12 being rescued from the water.

Officers of the White Star Line trifled with the truth after receiving information from their Montreal office, Monday morning after the accident.

Senator Smith condemned the antiquated shipping laws and over-ripe administrative boards, and asked that all nations act together in shipping reforms. "New laws," he said, "will best test our affection for the dead."

Captain Rostron, of the rescue ship

"Pale and Depressed"
 Anaemia, Bad Blood, Indigestion,
 Sick Headache, Dizziness.

Success of Dr. Hamilton's Pills

For her life and health Mrs. E. K. Wilkinson is indebted to the marvelous curative properties of Dr. Hamilton's Pills. Her brightness, activity, and present good looks are due to nothing else but the enormous benefit she derived from using this grand medicine. From her home in Newton, where she resides with her large family, Mrs. Wilkinson writes: "For years I was pale, anemic, and lacking in vitality. I was a constant sufferer from indigestion, and the distress and pain it caused me, coupled with ever-increasing anaemia, made me weaker day by day. Constant headaches, specks before the eyes, and attacks of dizziness made me feel as if life were not worth living. My constitution was completely undermined and the constant pallor and dullness in my eyes showed what a sick woman I was. I began to take Dr. Hamilton's Pills and the improvement although slow was sure. I gradually got back my strength and my appetite grew much stronger and I enjoyed my meals thoroughly. I felt happier and more contented and the sickly pallor of my face was replaced by a bright, rosy color which proved that a strong medicine was at work. In a few months Dr. Hamilton's Pills brought me from a condition of deathly despair to robust health."

You can obtain the same results by using Dr. Hamilton's Pills—25c per box, or five boxes for \$1.00, at all dealers.

NOTWITHSTANDING THE ABUSE
 of coffee by the cereal substitute people, coffee is still the breakfast favorite of millions of sensible people.
Seal Brand
 is the finest coffee that can be procured.
CHASE & SANBORN
 MONTREAL

Carpathia, was praised by Senator Smith and he urged that Congress recognize his valor.

At the outset, Senator Smith defended the course of his committee in holding British subjects to secure their testimony without delay, and briefly answered criticism of his lack of nautical knowledge.

"Our course was simple and plain—to gather the facts relating to this disaster, while they were still vivid realities," he said. "Questions of divers citizens gave way to the universal desire for the simple truth. It was of paramount importance that we should act quickly to avoid jurisdictional confusion and organized opposition, at home or abroad. We, of course, recognized that the ship was under a foreign flag, but the lives of many of our own countrymen had been sacrificed and the safety of many had been put in grave peril, and it was vital that the matter should be reviewed before an American tribunal if legislative action was to be taken for future guidance.

"Without any pretension to experience or special knowledge to nautical affairs, nevertheless I am of the opinion that very few important facts which were susceptible of being known escaped our scrutiny. Facts often are more desirable than learning, and the inquisition served its purpose to the state.

"In the construction of the Titanic," continued the Senator, "no limit of cost circumscribed their endeavor, and when this vessel took its place at the head of the line, every modern improvement in shipbuilding was supposed to have been realized. So confident were they that both owner and builder were eager to go upon the trial trip. When the crisis came, a state of absolute unpreparedness prevailed in both passengers and crew, and in their despair the ship went down carrying as needless a sacrifice of noble and brave men as ever clustered about the judgement seat in any single moment of passing time. We shall leave to the honest judgement of England its painstaking chastisement of the British Board of Trade, to whose laxity of regulation and hasty inspection the world is largely indebted for this awful calamity. Of contributing causes there were very many. In the face of warning signals, speed was increased, and messages of danger seemed to stimulate her to action rather than persuade her to fear. Senator Smith declared that the command of the officer of the watch to avert the disaster actually exposed the most vulnerable part of the Titanic to the ice when the shock came. Distracted by the sudden appearance of danger, said the speaker, he sharply turned aside the prow, the part best prepared to resist collision, exposing the temple to the blow. At the turn of the bilge the steel encasement yielded to a glancing blow so slight that the impact was not felt in many parts of the ship, although representing an energy of more than a million tons, said to be the equivalent of the combined broadside of twenty of the largest guns in our battleship fleet fired at the same moment, with a blow so deadly that if any of the passengers and crew did not even know of the collision until tardily advised of the danger by anxious friends, and even then official statements were clothed in such confident assurances of safety as to arouse no fear. Senator Smith commented caustically upon the failure of the ship's officers immediately to give a general alarm or to establish some orderly routine.

Bulkheads On Ocean Steamers

WASHINGTON, May 29.—The United States Senate committee which investigated the Titanic disaster has recommended that all ships carrying more than 100 passengers have two sets of lights; that a revision be made of steam ships' inspection laws of foreign countries to the standard proposed in the United States; that every ship be required to carry sufficient lifeboats for all passengers and crew; that the use of wireless be regulated to prevent inter-

ference by amateurs, and that all ships have a wireless operator on constant duty.

Detailed recommendations are made as to watertight bulkheads: bulkhead be so spaced that any two adjacent compartments of a ship might be flooded without her sinking; transverse bulkheads forward and abaft the machinery should be continued watertight to the uppermost continuous structural deck, and this deck should be fitted watertight.

Suffragettes in Peru Parade With Revolvers

LIMA, Peru, May 2.—The government declared the Presidential election closed to-day, but the result is not announced. There was so much disorder and fighting between the partisans of the two candidates, Guillermo Billinghurst and Senor Aspillaga, that balloting was impossible in some districts.

A great procession, in which were hundreds of women with flags and revolvers, marched through the principal streets and squares to-night. While attacks were made on various political clubs organized in the interest of Senor Aspillaga, private individuals were not molested, nor was private property damaged.

Gladstones Granddaughter.

Miss Dorothy Drew, the granddaughter of Mr. Gladstone, was married recently to Captain Woodbine Parish. When she was seven years old, the story goes, little Dorothy was taken to see the Queen, and much amused the great lady by telling her that she thought the Castle was quite as nice as her grandfather's house at Hawarden.

Gladstone was often nonplussed by his little grandchild, and once when he told her she ought to get up early in the morning, she brought a Bible to him and turned to the page where ran this verse: "It is vain for you to rise up early."

Never was child so feted as little Dorothy Drew! She was the "professional pet" of a day when professional beauties were rife. Gifts of all sorts were showered upon her.

Her wedding veil, by the way, had been used before—at her christening.

Eighty Killed in A Theatre Fire

CASTELION, Spain, May 28.—Eighty persons were killed last night in a fire in a theatre at Villarreal which was caused by the explosion of a cinematograph.

Are You Using An Oily Liniment?

Beware of Any Thick, Greasy Liniment That Contains Acids and Strong Ammonia.

No doctor would think of prescribing a greasy, thick, ammonia liniment—they can't penetrate, and in consequence are unable to reach the source of pain. The best liniment for general household use is "Nerviline," which is sold under positive guarantee to cure pain.

Nerviline is sure to cure pain because it is immensely stronger than other liniments, because it is more penetrating, because it relieves the congested condition that excites pain, because it restores circulation of the part. Now you understand why one person in three throughout the Dominion of Canada uses Nerviline. These people have tested it. They know how good it is, because in the hundred and one minor ailments that afflict us at odd times they found Nerviline always cured. Nerviline is an absolute antidote to pain, powerful, soothing, and certain in its action.

Nerviline is estimably the finest remedy for pain found in the world. Not an ache or pain anywhere that Nerviline does not cure.

Try Nerviline for neuralgia, headache, sciatica, lumbago, stiffness, rheumatism—wherever there is soreness, or pain, rub on Nerviline, and you'll be cured. Refuse anything offered you instead of Nerviline. Large 25c bottles, five for \$1. All dealers, or The Catarrh-zone Company, Kingston, Ont.

THEY ALL FALL FOR IT.

MR. BOSS I'VE BEEN WORKING HERE FOR 18 YEARS AT NINE PER WEEK AND I THINK THAT I AM ENTITLED TO A LITTLE RAISE. I'VE BEEN FAITHFUL AND ONLY MISSED ONE DAY DURING THAT TIME.

WELL ED, I WAS THINKING ABOUT YOU JUST YESTERDAY. YOU HAVE BEEN A GOOD AND FAITHFUL CLERK AND I WANT TO DO WHAT'S RIGHT BY YOU.

YOU SEE ED, THINGS ARE A LITTLE DULL RIGHT NOW AND WHEN YOU COME RIGHT DOWN TO IT NINE DOLLARS ISN'T SO BAD EVERY WEEK AND WHEN YOU ARE ALWAYS SURE OF IT.

NOW, THINGS OUGHT TO PICK UP PRETTY SOON AND THEN WE'LL DO SOMETHING FOR YOU. JUST KEEP RIGHT ON PLUGGING. YOU ARE ONE OF MY BEST CLERKS.

NOW DON'T YOU WORRY ED, ABOUT YOUR SALARY, I'LL TAKE CARE OF THAT ALLRIGHT.

10 14 22 31