Sure Signs Of Kidney Trouble

If your back is constantly aching and if you experience dull shooting pains, your kidneys are out of order. If your urine is thick and cloudy or your passages frequent scanty and painful, your kidneys and bladder are out of order. Neglect quickly brings on rheumatism, diabetis, lumbago sciatica and etc.,

Halifax, N. S., says: "Dull shooting pains would catch me across the small part of my back and extend into my shoulders and neck, often causing me to uffer with severe healaches and spells of dizziness. Spots would dazzle before nureyes and everything would turn black. I would fall to the floor and be unable to get up again without assistance. A friend told me of Booth's I egg and beat agair, I cup sweet Kidney Pills and I began their use. The first box gave me relief and I am now well and strong."



All druggist sell Booth's kidney Pills 50c. a box with a guarantee to relieve or your money back. They are the world's greatest specific for Kidney and

bladder trouble. Postpaid from the proprietors The R. T. Booth Co. Ltd. Fort Erie. Sold and guaranteed by E. W. Mair.

William Bell Found Dead on the Track

Guelph, Oit., Sept. 26-William Beil founder, of the well known Ball O gan and Piano Company, was found dead on the Grand Trunk tracks, two miles east of here today. The remains were badly mutilated.

AN ANDREW LANG STORY

Sir Luder Brunton, writing with regard to the personal characteristics of the late Andrew Lang mentions that he once compared bem unfavorably with some of his brothers to the late Dr. Anderson, of Selkirk. Dr. Anderson thereupon assured him he was mistaken and said that tew men did as much good work by stealth. Dr, Anderson then continued: --- If a laborer has broken his leg and is out of work in consequence, so that his family are badly off, and the story were told to Andrew Luig he would say, in a careless way, 'Ah, well, that is not any concern to m; it is a question for the parish to take up.' The next day money would arrive for the poor mar, delicacies if he could a height of ten feet in its efforts to keep not eat, and fuel if it were needed its leaves above water,

and no one would know from whom these things had come. "I know," said Dr. Anderson. "It was Ling who sent them, for I am his almoner."

MOCK MINCE PIE.

Scart cup of sugar, 1 cup of chopped raisins, 1 egg, 1 cup sour milk, 1-2 even teaspoon clove, Mrs. John Wagner of 110 Hollis St., 1-2 even tea joon cinnamon, table. spoors of stewed cranberries, pinch of salt. This makes two pies.

PLAIN WHITE CAKE.

One cup sugar, 1 roon ling tablespoon of futter (possibly a bit more, I go by guess.) Beat well, milk with 1-2 good teaspoon soda dissolved, 1 good teaspoon cream of tarter in about 2 cups of four. Vanilla flavor, bits of salt.

"Easterly Gale Ties Up Shipping

Boston, Sept. 27. - The worst easterly gale of the fall has put a bad crimp in the shipping at Boston. Dozens of outbound vessels are anchored in the uppe harbor. The schooner Carrie A. Lanes Capt. Phillips, which left Tuesday for Miramichi, N. B., has returned to President Reads after an ineffectual attempt to get to the eastward. The schooner T. W. Cooper, bound for St. John, is tied up in the harbor. Several other vessels bound for the Province, dare not leave their moorings.

Nearly one-fourth of the 100,000 cigarmakers in the United States are

Miss Barbara Wylie, the English militant suffragette, reached Quebec this morning and said that Canadian suffragettes, if forced to it, would make a nuisance of themselves as had the English. She will visit the Maritime Provinces.

At the great French aeroplane review this morning, twenty machines rose in

A DAILY THOUGHT

Great results cannot be achieved at once; and we must be satisfied in life as we walk, step by step. -S. Smiles.

Last year in England 16,872,-000 meals were provided to school children at the expense of the State. The cost of these meals was over \$750,000, of which it is said that only \$7,000 was recovered from parents. No attempt is made to collect the cost of the meals, but parents may pay it back if they wish.

QUICK GROWING RICE

In Siam there is under cultivation a common sort of rice, which in flood times grows as much as a foot in twelve hours, so that the plant often attains



//UST, used sincenely, is a strong word. It brooks no doubts, no excuses.

That is why it fits Regal.

This flour must satisfy you, else your dealer returns your money.

wFLOUR

HER TWO QUESTIONS.

ly on the likewise silvery sands.

lence. She was gazing up at the dim blue vault over them, where the little stars twinkled in a million tiny points of flame. He was gazing at her as if he'd like to eat her.

"Dearie, what makes the stars shine so dimly tonight?" she gurgled.

light of your eyes, my darling," he whispered foolishly, "and so they pale in their splendor and-er-and"-

He didn't know how to go on, so he kissed her instead. And she was quite satisfied, perfectly content and glad. And a solemn silence enwrapped the

Same moon, same sands, same peo-

"I wonder how many telegraph

bite her. "One, if it was long enough," he

snapped. "Don't ask such silly ques-

And a solemn silence enwrapped the summer night-London Answers.

HENRY BELL'S COMET.

The First Steamer That Plied For Hire In Great Britain.

may surely be placed the first advertisement of the first steamer that plied for hire in Great Britain-namely, Henry Bell's Comet. Thus ran the advertisement in the Glasgow Courier of

state of the tide and to leave Greenock on Mondays, Wednesdays and Fridays in the morning to suit the tide. proved to meet the approbation of the public, and the proprietor is defor the best cabin and 3 shillings for any other person employed about the

THE GOLDFINCH.

zling to the Novice.

Most every one in America is acquainted with the goldfinch, but many people know the bird by the name of lettuce bird on account of his bright yellow color. Goldfinch is a very appropriate name, as the bright yellow of the male when he is in breeding plumage is like burnished gold. The female goldfinch is more modestly dressed than her mate. The changes in plumage of the male are very interesting and to the novice somewhat puz-

truth is at this season the flocks of supof the birds.

March and ends late in August.

perior.-Wirt

One Was Answered Before and the Other After Marriage.

A silvery summer moon shone sweet-The summer sweethearts sat in si-

"They are outshone by the glorious

summer night. ple-only they are married now.

poles," she murmured thoughtfully, "it would take to reach from here to the

He looked at her as if he'd like to

Among the curiosities of advertising

"Steam passage boat, the Comet, between Glasgow, Greenock and Helensburg. For passengers only. The subscriber having at much expense fitted up a handsome vessel to ply upon the river Clyde between Glasgow and Greenock-to sail by the power of wind, air and steam-he intends that the vessel shall leave the Broomielaw on Tuesdays, Thursdays and Saturdays about midday or at such time thereafter as may answer from the The elegance, comfort, safety and speed of this vessel require only to be termined to do everything in his power to merit public encouragement. The terms are for the present 4 shillings the second, but beyond these rates nothing is to be allowed to servants or

What would poor neglected Henry Bell have said could be have seen his bumble little Comet, of whose elegance, comfort and speed he was so proud, alongside a modern ocean racer or one of the latest palatial river steamers of the Clyde or Thames, all so well advertised?-Chambers' Jour-

Changes In Plumage That Are Puz-

Until the student becomes acquainted with the bird he may wonder why he sees no males during the winter. The posed female goldfinches are really of both sexes, the male bird having assumed in the previous fall, usually by the end of October, a plumage closely resembling that of the female and young bird of the year. The male retains this in empirement from until leto in fractuary, where one can action a gradual change taking place in some

This renewal of feathers is actively continued through March and April, and by May 1 our resplendent bird is with us again. The song period with the male goldfinch continues as long as he wears his gold and black livery, for it commences as early as the middle of

Deferred Dividend. "Oh, mother! I just broke a window

with my ball."

"Very well, Tommy; I'm busy just now, but if you'll remind me a little later I'll punish you."-Life.

Decision of character will often give an inferior mind command over a



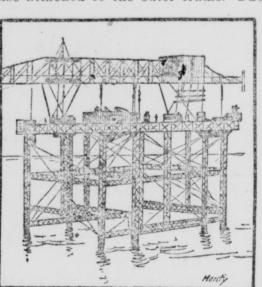
STAGING THAT WALKS.

Structure For Marine Work That Moves on Its Own Legs.

Taking slow, awkward steps, this structural steel staging walks into the water to the position where its services are required and moves around as the work progresses regardless of the roughness of the water. The first "walking" stage was used at l'eterhead, a fishing port north of Aberdeen, Scotland, for the blasting of 10,-000 cubic yards of granite, the North sea along this coast rarely being sufficiently calm for boring from barges.

As shown in the accompanying illustration, the staging was used instead of temporary falsework for building a pier extension in Whitby harbor. It consists essentially of two independent structural steel frames, one within the other. They are so arranged as to move independently and to act as a support, one for the other, in moving. Each frame has four legs or spuds that rise independently of each other.

The "walking" operation is simple. The legs of the inner frame are raised, in which condition, carried on rollers resting on the outer frame, the inner frame is hauled forward by tackles also attached to the outer frame. The



WALKING MARINE STAGING.

spuds of the inner frame are then lowered again and those of the outer frame raised, which in turn is carried on rollers resting on the inner frame, this operation being repeated until the staging reaches the desired location.

The structure can move sidewise as well as forward or backward, but the sidewise steps are limited to only five feet, while forward or backward the step is ten feet. The spuds are each operated by an independent motor, this independence of action being made necessary by the varying depths of bottom. The overhanging gantry is carried on the outer frame, while the plant necessary for construction work is mounted mainly on the inner

These stages are said to have traveled distances of 3,000 feet over sand bottom. A ten foot step can be completed in fifteen minutes if the crew is

Greatest Rainfall In Europe.

According to meteorological records, the rainiest place in Europe is Crkvice, in the mountains of Dalmatia, behind the bay of Cattaro. The mean an nual rainfall for the last twenty-five years is 182.76 inches. In the wettest year recorded, 1901, 241.53 inches fell. The record for Europe was once held by Seathwaite, in Cumberland, with

its 137 taches a year. The magnitude of these agrares is perhaps better realized when compared with the average rainfall for the whole country, which is about forty inches, or less than quarter that of Crkvice, in Dalmatia. The heaviest rainfall in the world is that of Cherraponjee, on the Khasia hills, 200 miles north of the bay of Bengal. where 475 inches fell in the year.

Mold Destroys Insulation.

It may be of value to inexperienced electricians to know that nothing destroys rubber insulation of wires so quickly as common mold. Moisture has little effect, and wires have been known to keep their covering intact for many weeks lying in a bed of moist iron rust, but failed in a minute or so when brought into contact with mold. A house that is painted before the walls are entirely dry is likely to abound in mold, and the only temporary preventive of immediate deterioration is carbolic acid, and even this does not serve to save the insulation unless constantly applied.

NEW YORK CITY BRIDGES.

Four of the Largest In the World Span the East River.

Familiar as is the fact to engineers, few of the citizens of New York realize that four of the largest bridges in the world connect Manhattan with Long Island and that they exert a most important bearing on the present life and future development of the city, apart from any consideration of the engineering elements involved in their construction and maintenance. Today, when the subaqueous tunnel figures so prominently in schemes of urban and suburban rapid transit where rivers or tidal water are concerned, the efficiency of the bridge and the traffic it can carry are matters of peculiar interest. It is only fair for the citizens to consider the traffic that is being carried by the bridges, note its divers by and then figure on the economy.

Furthermore, in New York th blage department somewhat anomalously is engaged in building one of the largest and tallest office buildings in the city to house many of the city offices as well as provide a terminal for the subway trains crossing to Brooklyn. Here is a very simple example of municipal finance. The terminal is demanded, so the grand must be secured. Therefore it is possible by an outlay of \$11,-100,000 to build an office building large enough to house many of the departments for which offices are being rented in private buildings at an expense estimated at over \$600,000. As the interest on the bonds issued for the erection of such a building would amount only to about \$450,000, the saving to the city both in money and convenience is most apparent, while the erection of a fine monumental structure serves to beautify the official center of the city.-Engineering Magazine.

A Successful Interview.

The late Arthur McEwan when he was working on a San Francisco newspaper was attracted by the activities of a politician who was vulgar, illiterate and hideously ungrammatical in his method of expression. McEwan looked up this man and had a talk with him. Then he went back to the office and wrote the interview in the most perfect English, brilliant, polished and crammed the story full of classical allusions, quotations and big words. It was a most scholarly production, and McEwan considered the satire great. Next day McEwan had a call from the politiciaa. "I wanter thank yez for that interview," he said. "It's bully. Just what I said. You must be a grand shorthand reporter."--Saturday Evening Post.

Martyrdom of the Bride.

A peculiar and barbaric marriage custom of the Kabyle women of Africa consists in the marty dom of the bride, who, clad in her wedding finery, stands through an entire morning against a pillar in the village square, her eyes closed, her arms pressed to her sides and with only the narrow base of the column for a foothold, the while a ring of villagers criticise and comment on her appearance.-Argonaut.

Evidence to the Contrary. "You've had a bad cold in the head, nave you, Brooks?" said Rivers. "Well, one good thing about that is that it

doesn't make you court." Whereupon Breeks, without a word, exhibited the doctor bill he had just received - Exchange.

fook It as a Compliment.

Magistrate (about to commit for trial) -You certainly effected the robbery is a remarkably ingenious way-in fact with quite exceptional cunning. Prisoner-Now, yer honor, no flattery, please; no flattery, I begs yer .- London Sketch.

No Room For Him.

Mrs. Crawford-What's the advantage of a kitchenette apartment? Mrs. Crabshaw-Your husband can't come out in it when you're cooking .- Puck.

Physically Impossible.

Chairwoman of Suffragette Meeting-Does any lady wish to make a motion? Voice-Yes. I do, but my gown's too tight. - Satire.

All pain must be to teach some good