

Are Your Hands Chapped?

Zam-Buk Will Cure Them.

The particular danger of chapped hands and cold cracks (apart altogether from the pain) is that the cold is likely to penetrate and set up inflammation, festering, or blood-poison. Directly the skin is broken by a cut, graze or scratch, or chafed and cracked by the action of the cold winds and water, the one necessary precaution is to apply Zam-Buk freely.

The pure herbal juices from which Zam-Buk is prepared are so perfectly combined and refined that the immediate effect of these Zam-Buk dressings is soothing, antiseptic, and healing. Pain and inflammation are allayed, disease germs expelled from the wound or sore, and the latter is quickly healed.

Zam-Buk is not only a powerful healer and skin purifier; it is strongly antiseptic and germicidal, and so forms the ideal protection for the skin against disease germs.

It quickly heals cold cracks, chaps, chilblains, cold sores, etc.

Mrs. O. M. Phoen, Neuchatel, Alta., writes:—"I must tell you how pleased I am with Zam-Buk. My husband had an old frostbite on his foot for many years, and had tried almost every known remedy without any effect, but the first application of Zam-Buk seemed to help him so much that he persevered and the sore is now cured. We would not be without Zam-Buk in the house."

Zam-Buk is also a sure cure for piles, eczema, ulcers, abscesses, scalp sores, blood-poison, bad leg, eruptions, etc. Its purely herbal composition makes it the ideal balm for babies and young children. All druggists and stores sell Zam-Buk 60c. box or post free from Zam-Buk Co., Toronto, for price. Try also Zam-Buk Soap, 25c. tablet.

Mrs. Hettie Green's 78th Birthday

New York, Nov. 21.—Mrs. Hettie Green, "the richest woman in the world," was 78 years old today. "It's no holiday, though," she declared at her square little rosewood desk at the head of Wall street. "Why should I take a holiday and waste a whole day just because I happened to be born on Nov. 21st, 1834."

Mrs. Green consented to dictate a search of "don't" for girls. They are: Don't envy; don't fail to go to church; don't eat anything but good, wholesome food; don't cheat in your business dealings; don't forget to be charitable; don't forget to take a lot of exercise; don't forget to obey the laws of God.

Joaquin Miller, the poet of the Sierras, who had been supposed for several months to be near death, following a paralytic stroke is now walking about again and regaining his old time vigor. He is still in

THE RESCUE

OF REBEKAH.

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"Charley Eadstone hit me one. They all went back the day afore yesterday an, 'e got that mad because I wouldn't go! I want an 'id 'mong the trees. Seems I was a bit of a fool; if I'd knowed you was all right I might 'ave gone."

His honor stopped laughing somewhat abruptly. He had sacrificed a few days of health for this child, and he could never have been quite indifferent to her again, and the self-sacrifice, as it is wont, having made him think of her he had cherished vague plans of seeking her out and doing something for her, but she had endured blows for him, and quite involuntarily, took off his hat and stood bareheaded looking down at the child.

Had Mrs. Mackleekum seen her master thus exposing his head to the air, courting, in her opinion, chills and rheumatic effusions innumerable, not to mention sunstroke and sudden death from heat apoplexy, she would no doubt, have been angry and astonished, but not with one fractional part of the astonishment that she felt when, some ten minutes later, his honor, pausing at her kitchen door, pushed gently in, his hand upon her shoulder, a little dirty, half-fainting beggar brat and told her: "This is Rebekah Gow, Mrs Mackleekum; she has come to stay."

recovery largely to a diet of honeyed hominy prepared daily by his daughter. He eats hominy with honey three times a day.

Exchange: We are told that two hundred and seven aviators have lost their lives since 1908. A number of these have been military officers, but only one has yet lost his life in actual warfare. This was the aviator sent out by the Bulgarians to reconnoitre over Adrianople, who was brought down by the Turks.

Compulsory Voting Proposed.

PARIS, Nov. 19.—Now that proportionate representation, with its far-reaching changes in electoral system, has been realized by the efforts of Premier Poincare, compulsory voting is the next political reform, which has just been made the subject of parliamentary bills by two radical senators, and is attracting keen public interest.

The two bills vary considerably, one proposing a mere fine for omission to vote, and the other providing that the defaulter's name be temporarily erased from the list of voters after the first offence, and permanently after continual non-compliance.

Public opinion is naturally divided on the desirability of this measure, a large number taking the view that it is an infringement on the private rights of citizens.

The Explanation.

"How was it the thieves got away with that roll of carpet?"
"I suppose they beat it."—Baltimore American.

We Raised The Dead To Life

New York, Nov. 15.—New marvels in medical progress about which the general public never hears under normal circumstances, are coming to light daily as a result of the Congress of Surgeons now in session here. It became known yesterday that through the system of pharyngeal insufflation devised by Dr. Samuel J. Meltzer, of the Rockefeller Institute for Medical Research, a young man considered by his physicians dead, in the ordinary acceptance of the term, was brought back to life some months ago, after the new method of resuscitation had been applied for many hours.

Dr. Meltzer described his method of pharyngeal insufflation in a preliminary note issued from the department of physiology and pharmacology of the Rockefeller Institute early last summer. This method of resuscitation was intended to revive those who had been asphyxiated, or who were seemingly dead as the result of electric shock. It consisted in a new form of artificial respiration, applicable in such cases and he carried on his studies and experiments as a member of the commission on resuscitation from electric shock appointed by the American Medical Association. In his preliminary report, Dr. Meltzer announced that he had succeeded in restoring life and he told of having put two animals to death and of having subsequently resuscitated them. It had not been announced until yesterday though, that a human patient who was lead to all intents and purposes, had been revived as the result of Dr. Meltzer's discovery.

It was said that a young physician who was serving on the staff of one of the hospitals in this city took an overdose of morphine, whether by accident or design was not known. The dose was so large that he fell into a deep coma, and in the institution to which he was attached it was not believed that he could be revived. Some one recalling Dr. Meltzer's announcement that he had succeeded in bringing the dead to life, suggested that it might be worth while to take the body of this man, who was already dead to all intents and purposes, to the Rockefeller Institute to see if the application of Dr. Meltzer's apparatus would prove of any value in such a case.

The body—for in this case the patient could not be considered otherwise than as dead—was carried to the institute in an ambulance, and for twelve hours the surgeon worked over the physician, employing the pharyngeal method of artificial respiration. For hours there was nothing to show that a spark of life remained in the body, but after twelve hours spent in unremitting work with the Meltzer apparatus, the patient was revived.

From a woman's point of view, one of the most interesting operations performed during the day was the manufacture of a perfectly good nose from a man's ring finger, performed at the Presbyterian Hospital in the afternoon by Dr. Clarence A. McWilliams. The patient had lost his nose in an accident, and as the result of his deformity was unable to find employment, finally appealing to the hospital for some sort of relief from the tragedy of his daily life.

YOU CAN'T MAKE A HEALTHFUL

invigorating cup of coffee out of anything but good coffee any more than you can make a silk dress out of cotton cloth.

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CHASE & SANBORN

MONTREAL

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Dr. McWilliams removed the nail from the ring finger of the patient's left hand. He then had him place the finger pointing upwards, over the place reserved for the nose. He cut the finger open underneath and fastened it to the face. A plaster cast supported the patient's arm in this position for 21 days, after which the surgeon amputated the finger from the hand, adding some finishing touches yesterday.

At the Metropolitan Hospital, in Brooklyn, Dr. G. S. Harrington drove an iron nail through the joint of a fractured hip bone to save the limb. Dr. McWilliams, at the Presbyterian Hospital in Manhattan, transplanted a section of the fibula, or small leg bone, to the tibia, or large leg bone to remedy a defect in the latter.

"The Treatment of Cancer of the Uterus" formed the subject of the evening discussion, papers on the subject being read by Dr. Thomas S. Cullen, of Johns Hopkins Hospital, Baltimore, by Dr. Wilhelm Weber, an assistant of the famous surgeon, Dr. E. Wertheim, of Vienna; by Dr. X. O. Werder, of Pittsburgh; Dr. Geo. Gellhorn and Dr. Howard C. Taylor, of New York.

These experts pointed out that many cases of this kind of cancer could be cured, that the high death rate attributed to it came from the fact that the patients hid their condition until it was too late to save them. If they would only put themselves under the care of competent surgeons when the presence of blood gave the first sign of the cancer's existence, the speaker said, the percentage of cures would undoubtedly be much greater. Even under present conditions some of them reported, permanent cures had been effected in from twenty to twenty-five per cent of the cases treated.

The scientific name of the operation which is to be so vigorously advocated is Wertheim's radical operation for carcinoma of cervix named after Dr. Wertheim, of Vienna, whose success with it has actually brought about in Germany and Austria that state of public opinion concerning it which the surgeons wish to see in this country and Canada.

After the discussion these resolutions were adopted:

Be it resolved, That the time has arrived when if the surgeons of America are to do their duty to the citizens of this country that a campaign of publicity should be at once undertaken to bring to the attention of every woman in this country the early symptoms of cancer of the womb, and to point out that if the cancer be detected in its early stages that it can often be cured.

Be it further resolved, That this society at once appoint a committee of five to be named by the president, to disseminate this information.

And, further, That this committee be instructed to write or have written articles to be published in the daily press, the weekly or monthly magazines, as may prove most expedient.

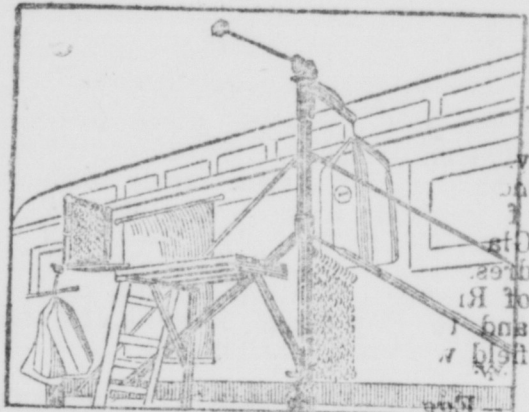
And, further, That they report the progress for the year to the next annual meeting.

MAIL CATCHING DEVICE.

Delivers and Receives Mail Bags From Moving Trains.

A new mail catching device which not only delivers mail bags to fast moving trains, but receives them as well, handling two or more bags as easily as one, is being installed on the Freeport division of the Illinois Central railroad.

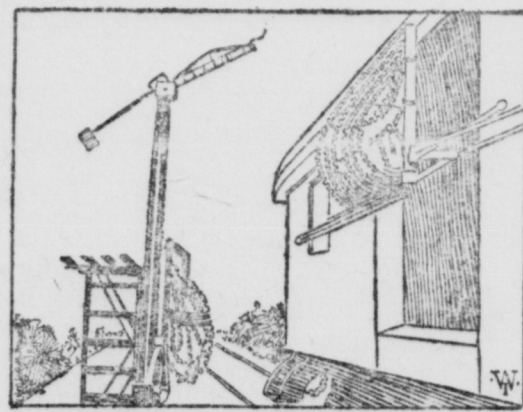
The unique feature of the catching device is the baggy steel chain nets, which operate in the following manner:



DEVICE IN OPERATIVE POSITION: Attached to the outside of the mail car is a square steel frame, to which the chain net is attached. This frame is made to swing on hinges attached to sliding bars so as to permit the device to be quickly shifted from one side of the car door to the other, according to the direction in which the car is moving. Attached to the lower outside corner of the frame is the one end of an iron rod, with the other end traveling on a bar attached to the car side containing a set of spiral springs so adjusted as to bear by compression the shock resulting from the frame and net catching the mail bags. On the same outside corner of the frame, below where the rod is attached, is a hook or finger for the attachment of the bags to be delivered.

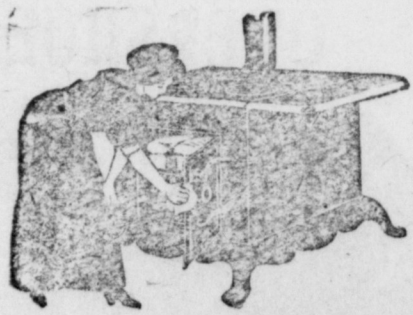
The roadside device, which acts in conjunction with the one attached to the side of the car, is similar in all respects, except that the bags it delivers to the train are hung above the receiving net, while with the car device the bags hang below the net.

The illustrations show clearly how the device operates. One of them shows the car approaching the roadside catcher, with two bags in position to be delivered to the station and one



THE MAIL EXCHANGED.

bag in position to be delivered to the train. The devices meet as the train rushes past, and the exchange is made, the force of impact being absorbed in the slack of the chain net and by spiral springs. The reflex action of the springs throws the frames and chain nets back, as shown in the lower illustration, with the mail bag surrounded by the nets.—Popular Mechanics.



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